A rack or holder which may be at-

Before Birds and Buds

A FOLDING IRONING BOARD

Well-seasoned 1 or 114 inch material board when not in use is also conveniis usually used in these boards. A ent. The upper part of the holder is board of convenient size can be made of 214-inch material and is 5

by using the following dimensions: 4 inches in depth. It is 12 inches across feet 8 inches long, 15 inches wide at the top and is shaped to fit the contour

attached end, and 8 inches at the free of the smaller end of the ironing board. About 2 feet from the attached In the center is a button which holds end the board begins to taper gradually.

"FIFTY-FIFTY"

The United States Department of Agriculture tells how to make this

convenient energy saver, which takes up only a small space

N IRONING BOARD which can be A fastened up against the wall and is

With Suggestions for a Luncheon That Has All Kinds of Amusing Irish Dishes-Baked Ham Biddy Doyle for Dinner

By MRS. M. A. WILSON

Telaxed a little on this day, in honor of the Saint of Erin—this celebration generally takes the form of a lunchron or a dinner. The decorations for the table give the honor of the ladies.

Amid the greens fasten little souvenirs, so that just before dessert is served they may be drawn—tiny clay pipes for the gentlemen and cocked hats for the ladies. table give the hostess a real opportunity for planning a most attractive affair.

A candelabrum or candlestick with green candles and a low, green center niece help to lay a very lovely table.
The favors may be clay pipes tied with a bit of green ribbon for the gentlemen, and little pots of growing shamrocks for the ladies—or just a few green carnafashioned bouquet.

At one St. Patrick's luncheon the tablecloth was scattered with little paper shamrocks, which had been applied with a little starch and pressed that with an iron barely warm. The folded napkins also had shamrocks placed in the corners. At the close of the luncheon a shamrock pie was brought in on a tray and each guest found a card with a ribbon runner from the pie to the guests assembled around the table. "Erin Go Braugh" was put on the Victrola, and as the last strains of this Irish air died away the guests pulled the ribbons and found the dainty souvenirs — an exquisite Irlsh linen handkerchief for each guest.

### St. Patrick's Day Luncheon

Grapefruit Cocktail Puree of Spinach, Paddy Doone
Saltel Nuts Olives Young Scallions
Medallions of Lamb
New Potatoes Pens

Lettuce and Green Pepper Salad Pistachio Ice Cream Killarney Rocks

# Old Country Tea

Puree of Spinach, Paddy Doone Wash several times in plenty of water one-quarter peck of spinach and and add

Two lecks.
Two onions Bunch of paraley.

Chop very fine and then place in saucepan, and add two quarts of cold water. Bring to a boil and then sim-mer very slowly for one hour. New rub through a fine sieve and return the stock to the sausepan, adding

Four bouillon cubes dissolved in one

half cup of boiling water.

Two-thirds cup of flour dissolved in two-thirds cup of cold water.

One and one-half teaspoons of salt.

One teaspoon of white pepper Beat to blend and then cook slowly for twenty minutes. Serve in cups

### Medallions of Lamb

Remove the flank end of the loin Lift on rounds of tonst, using the doughnut cutter to cut the slice of before toasting. Cover with ravigote sauce.

# Ravigote Sauce

cup of thick cream sauce. Yolks of two eggs.

One-half cup of melted butter, One teaspoon of sait.

One-half teaspoon of white pepper, One teaspoon of paprika, of mustard One-half teaspoon

lend together. Heat to the scalding point and then use.

## Killarney Rocks

St. Patrick's Day Dinner

greens and from it run a parrow green (Copyright, 1921, by Mrs. W. A. Wilson. ribbon to each place. Have a tiny All rights reserved.) THE usual Lenten regulations are cards. Amid the greens fasten little

Cabbage Soup Baked Ham Biddy Doyle

Brown Gravy Spuds, Dublin Style Current Jelly Colevian

Delin Murphy's Killarney Cream Coffee

of finely chopped cabbage and three quarts of water in which the ham was ooked and three bouillon cubes. Hring to a boil and simmer very slowly two hours.

hopped parsley. Thicken slightly with flour and then season with pepper and

ten pounds. Wash and boil slowly for two and one-half hours. Let cool in the water and then remove the skin and score the fat into blocks, cutting out of the way when not in use is a shout one-half inch deep. Sprinkle with allsnice. Now place in a bowl well-seasoned 1 or 1½ inch material board when not in use is also conveni-

One cup of fine bread crumbs. One-half cup of brown sugar, One teaspoon of nutmeg. One teaspoon of cinnamon.

One-half teaxpoon of ginger Mix and then pat into the ham.

One-half cup of vinegar.

# Spuds, Dublin Style

### Delia Murphy's Killarney Cream

Place in a saucepan Three cups of milk. One cup of sifted flour.

Two-thirds cup of suga

Two tablespoons of butter. Yolks of three eggs. One-half teaspoon of nutmeg.

Bent and cook for two minutes longer. Rinse oblong molds and turn in the mixture. Let cool and mold. Cut in slices and dip in flour, then in beaten egg and mills. Roll in fine bread erumbs and fry golden brown in hot lat. Serve with Caledonian cream, which is made from whites of two eggs and two-thirds of a cup of jelly, beaten together until the mixture holds its

One green pepper, chapped very fine.
One cup of finely chapped paraley.
One bunch of finely chapped scallions.

Dear Mrs. Wilson - Will you

Tico cups of sirup.

One tablespoon of vinegar,

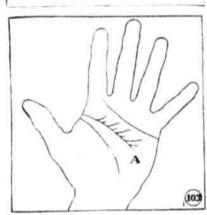
# THROUGH A WOMAN'S EYES

# By JEAN NEWTON

Nagging (?) Mother

A young girl I know told me the other the burden of maintaining a home sole-

### Your Soul's in Your Hand By IRVING R. BACON



Ascending Lines on Head Line A Small ascending lines show a desire. The one evening that she does stay at rise. The larger ones indicate the disciplines or channels by which one as:

at 1 o'clock, finishing the latest novel.

When there are many splits rising from the head line, note whother they note large or small, if small they indicate a general and not well-defined upward striving—a vague sort of ambition to get somewhere on the heights, someliow.

Mother begs her to stop and go to sleep.

"All right," she says, "let me alone: it's the last chapter." That's why mother nags at night.

And then mother nags about the boys denighter goes with. "Not one among them," she says, "who is worth wasting your time on. You have been that.

If the splits are large, observe their direction for each one spells a different lind of ambition, according to the mount it seems to be striving to reach when you have accertained the direction refer to what you remember concerning the mount types esections lif to X), and apply the characteristics of whatever mount the split-line points to ward. In this way you will be able to tell whether it is the Jupiterian ambition for leadership; the Saturnian wisdom; the Apolionian artistry; the Mercurian business ability, or Martian agreemiveness, etc., that constitutes the attraction and channel by which the tubict swels to rise.

The Continged

(To be Continued)

Grapefruit Cocktail ery Olives Scallions

### Cabbage Soup

Mince one-half pound of bacon fine and add one-half dozen onions. Brown very slowly and then add three pints

Season and add one-half cup of finely

Place in a baking pan and just as soon as it commences to brown baste with water in which the ham was boiled.

# Wash and scrub old potatoes well and then trim a paring one-half inch wide from end to end. This separates

the skin by this strip removed in the usual manner.

Dissolve the flour and bring the mixture to a boll. Cook slowly for five

Dear Mrs. Wilson — Will you kindly publish a recipe for making apple taffies? Mrs. J. J. B., Jr. This recipe has been published many

One cup of sugar.

Break pieces of spongecake into irregular pieces. Use a fork for this purpose. Cover with mocha water icing and add thin slices of citron here and there to represent the moss.

Mocha Icing

One and one-half cups of XXXX

Magar.

Two level tablespoons of cocoa.
One teaspoon of mocha flavoring.
Sufficient hot coffee to make a mixture that will run slowly from the spoon. Now lay a wire rack over a large dish and place the calca on this rack. Slowly spread the icing over the cakes, allowing the excess to drip to a plate below the rack. This icing may be gathered and used again.

St. Patrick's Day Dinner

One tablespoon of butter, on earth is that frightful little bionde cat whose husband you vamped so successfully?"

Then fasten the apples on sticks, dip in the sirup and place on oilcloth or waxpaper to harden.

Then fasten the apples on sticks, dip in the sirup and place on oilcloth or waxpaper to harden.

My Dear Mrs. Wilson—Will you please tell me what amounts to buy of the following to make a fruit cup for 200 people? This is to be served as a luncheon. We wish to use oranges, grapefruit, pineapple icanned) and white grapes.

Then tablespoon of butter, on earth is that frightful little blonde cat whose husband you vamped so successfully?"

Poor child, I'm sorry for her." Elsie said from the dressing table, where she was adjusting her last season's hat "She's so jealous of Frances Her Cheeks were flushed. The evening would have been quite perfect if Jerry had responded in the least. But his manner toward her had been just the same. Not come had he looked at Mildred. Her mild the still the first toward her had been just the same had no exer flushed. The evening would have been quite perfect if Jerry had responded in the least. But his manner to buy of the following to make a fruit cup for checks were flushed. The evening would have been quite perfect if Jerry had responded in the least. She was thing at the sees things all crookedly."

Ny Dear Mrs. Wilson—Will you please tell me what amounts to buy of the followi

not have kept them that long, going

after she has shut the windows and

turned on the heat—to get up, and get-

alone. I'm getting up," until finally, about an hour late, daughter turns

everything topsy-turvy and scurries out

rending struggle, sapping her waning energy. That is why mother nags in

Oh, yes, mother rings at night, too, "Don't go out tonight again, dear, too to bed and got some sleep. You know you are too delicate to burn the candle

nt both ends. You'll break down again like you did in the spring.

"You can stay out Saturday nights-

sleep Sunday morning if you want to. But it won't do all week. You must keep that job; your sickness and being out so much has used up most of what

Does daughter heed? She does not.

Mother begs her to stop and go to sleep

(league ind

Every morning the heart

lown, as she does, half asleep. That's why Jane's mother nags in the morning; pleading with daughter-

ing in return nothing but

the morning.

Twenty grapefruit.
The cans of pineapple.
Five pounds of white grapes,
Two dozen bananas.

"If I could only get outside of the fact that I am his wife." Frances kept re-volving around and around in her mind. "He thinks he knows me so well that anything I do is nothing but a phase." anything I do is nothing but a phase. Prances would have been giad at that moment if Jerry had been utterly furious. After the guests were gone and she faced him across the living room in her black velvet dress, the high Spanish comb in the loose waves of her ruddy hair, she would have thrilled to his roughness. She would have welcomed any sign of jealousy. But Jerry did nothing melodramatic. He yawned, and if his eyes noticed with any signs of satisfaction the fact that Frances looked unusually attractive he said nothing about it.

on account of her mother's nagging.

"She nags in the morning, she nags in the morning, she nags in gift. I get it at breakfast, dinner and supper, and I can't stand it any more," she said.

It just happened that I know both mother and daughter very well. Her mother, an elderly widow, has assumed bright," says her mother. The comfort of this last single daughter is supposed to shart shart it should be supposed to shart shart it should be supposed to shart shart it should be can very easily do out of her salary—when she is working.

But during the year she has had five different jobs, losing several weeks at each change for but one reason—lateness.

"If she were not exceptionally bright," says her mother "she would be supposed to shart shart it.

"Did you have a good time, Jerry?"
Frances asked softly. That question called for comments from him on the evening. She was wide awake, she wanted to talk it all over, but Jerry was tirted and wanted to go to bed.

He was in bed long before she had begun to undress, with the covers pulled into the pillow. Frances stooped over him, a catch of tenderness at her "If she were not exceptionally right," says her mother, "she would

### The Question Corner Today's Inquiries

For what interesting purpose in Miss Cornella McLoughlin, of Lou Angeles, studying to add sviation to her skill in sculpture and ath-

In painting kitchen woodwork a light color, what attractive touch can be given to protect the places

that are handled a great deal? What is a good rule for correct placing of the under-arm seam en putting in a sleeve? How can a pleasing shade of tan be secured in a white sweater or

muffler with the use of home made Describe an attractive new helt which would look well on a knit-

ted sweater. In what easy, inexpensive way is a pretty candle shield for a hedroom made?

## Saturday's Answers

A boudoir cap that is quickly arplauant face is made of a band of georgette crepe, edged with ruf-tled lace and tied under the hair at the back of the neck.

Percelain figures of dogs, houses. ties many years ago, are coming back into style with interior decorators. The newest flowing veils worn in Paris have the ends hanging down

the sides. A convenient little device which should be kept in the medicine closet is a tiny corkscrew for re-

moving the corks of perfume and

medicine bottles. The bottom of a white silk overskirt is effectively embroidered in black evelets. Handkerchief drapery consists of ruffles made by attaching a square iece of material by one point and

letting the other points hang in declared satisfic

Please Tell Me What to Do

By CYNTHIA

"Sunshine" Writes Again Dear Cynthia—Kindly print this for I read your replies to my letter and I appreciate same, as you have given me a little courage; and now as I have the point down pat, to my relief I am getting less disgusted. So I am going to be patient and trust to luck. Let me hear from you all again. Don't you think Cynthia's column is wonderfu!? Three cheers for Cynthia! What say ye, gentlemen? SUNSHINE.

Worried About Coming Marriage
Fear Cynthia—I'm taking the liberty
in writing to you for the first time, as
I need your advice very badly. I'm a
girl of nineteen. About a year ago. I
met a young man three years my senior,
to whom I took a liking in a friendly
way, and as time passed on we started
to keep "steady company." Being an
orphan and living, with an aunt. I
thought I needed a good friend and a
pal like him, although I didn't love him,
just thinking that by and by I'd learn
to love him.

not after marriage.

### Do All Men Dance?

When the bluebirds and robins make their appearance it is time to make plans for starting garden work, but several things can be done before the birds and buds appear that will prevent delay when it is desired to start actual operations, say specialists of the United States Department of Agriculture. Plan the garden on paper. Get the seed and make sure it is of the best quality. Good seed will not sleep long in good garden soil, but poor ones may never wake up. All tools should be in proper order before it is time to use them. this letter. WONDERING.

Dancing is a very sensible and healthful exercise when induiged in in moderation, and you are making a mistake to discriminate against men who dance. Discriminate if you will against the men who do nothing else but dance, but remember at the same time that a great many worthwhile men do know how to dance and dance well, and it is rather an asset than a liability.

THE RICHEST MAN

IN THE WORLD

can't get nutriment out of expensive foods that contain no

nutriment. There is more real

food in one Shredded

Wheat Biscuit than in an

equal weight of beef, eggs or

potatoes, and it costs much

less. We didn't push up the

price of Shredded Wheat-

so we don't have to come

down. The price was advanced

so little you didn't feel it.

Shredded Wheat is with-

out doubt the cheapest

food in the world today.

Two Biscuits served with hot milk make

a warm, nourishing meal for the cold days.

Delicious with sliced bananas or other fruits.

### WHAT'S WHAT By RELEN DECIE



ye, gentiemen? SUNSHINE.

An Overheard Conversation

Dear Cynthia—Will you kindly print the following in your coles as it might be prevented to the under side of the board strip is screwed to the under side of the board il inches from the free end. The length of the brace depends upon the height of the board as a it is hard to find a young man nowal with a dandy free end. The length of the brace depends upon the height of the board as a it is hard to find a young man nowal with a dandy when the board is in position the brace. A piece of galvanized iron may be tacked without a kirl just because he takes her out for the hording the position of the brace. A piece of galvanized iron may be tacked without a kirl just because he takes her out for the rest signing the position of the brace. A piece of galvanized iron may be tacked to the wall. Skirts may be easily ironed without a kirl just because he takes her out for the hording the position of the brace. A piece of galvanized iron may be tacked to the wall of the board as an iron rest. The board is to holding the portable ironing board.

Rack for Portable Ironing Board A rack or bolder which may be at tached to the wall or the highly and a pour advice very badly. I'm a tatched to the wall or the highly and the pour advice very badly. I'm a land of nice the work of the board of the pour advice very badly. I'm a land of nice to the will be a direct to the wall or the highly and the proving the position of the brace. A piece of galvanized iron may be tacked to the wall or the highly and the proving the position of the brace. A piece of galvanized iron may be tacked to the wall or the highly and the proving the position of the brace. A piece of galvanized iron may be tacked to the wall or the highly and the proving the position of the brace. A piece of galvanized iron may be tacked to find the proving the position of the brace. A piece of galvanized iron may be tacked to find the proving the position that the proving the position the proving the position the proving th

# The Woman's Exchange

For a Clear Complexion For a Clear Fo the Editor of Woman's Page: Dear Madam—What is a good remedy Dear Madam—what is a good remedy Dear Madam—what is a good remedy

attached end, and 8 inches at the free end. About 2 feet from the attached end the board begins to taper gradually. The free end is rounded.

A strip 14 by 15 inches is securely fastened by screws to the wall at a convenient height. The height at which the board is placed varies with the board is placed varies with the board is placed varies with the board is hinged to the wall strip with two No. 3 butt hinges.

The leg or brace, made of material 1 inch thick and 4 inches wide, is fastened with a No. 3 butt hinge to a lend with two screws to the wall to form a rest for the rack is fastened with a No. 3 butt hinge to a lend with two screws to the wall or door.

A strip 14 by 15 inches is securely fastened by screws to the wall at a spring and to provide a finger hold for easy movement. The upper hold for easy movement of the rack of word "love" and I'm afraid I won't be able to go through with it.

Now, dear Cynthia, everybody knows to the wall or door.

The bottom or lower part of the rack is finched end, and it is for the ironing with two No. 3 butt hinges.

The leg or brace, made of material 1 inch thick and 4 inches wide, is fastened with a No. 3 butt hinge to a lend of the ironing that by and by I'd learn that to love him.

Now I'm engaged to him and am going to be married in May, but with every new day I realize that I can't learn that to be married in May, but with every new day I realize that I can't learn that to be the married in May and I'd rather deep and I'm afraid I won't be able to go through with it.

Now, dear Cynthia, everybody knows I'm good condition? That will rather die than tell him the truth face to face, so please tell me what to do, as proved to face, so please tell me what to do, as proved to face, so please tell me what to do, as proved to face, so please tell me what to do, as proved to face, so please tell me what to do, as proved to face, so please

### Here's Something Nice To the Editor of Woman's Page:

had the pleasure of knowing them. Some day I may. Who knows?

Well, Cynthia, I hope I am not taking up too much of your valuable space and time and that you will forgive me. I want to see if there are any regular fellows who write to your column. Hope you don't mind my intrusion. I will be your grateful to you if you will print this letter.

WONDERING.

Dancing is a year senable and has the property of the prop

ASCO

## LONG ENGAGEMENTS ALWAYS GET THEIR SHARE OF CRITICISM



Wouldn't Themselves HEAR Nellie's engaged. What's her of anybody's business until we're read,

For Outsiders Cannot Understand Why the Principals in the

Affair Don't Announce It Right Away-But They

TT'S very hard for others to under stand this logic, and it is no won-der that Nellie's best friend's brothe

But, on the other hand, you can' help being a little sympathetic at the thought of Tom sitting down to smoke father's long black cigars while some consequences. wouldn't do; oh, nothing special——"
wouldn't do; oh, nothing special——"
father's long black cigars while some one else walked off with the light of his pany questions and much probing. "He one else walked off with the light of his right. that some on

fiance like?"

with former beaus unless she could think up a very good excuse—and she couldn't always think up another "date" in a hurry.

So it was absolutely necessary, once in a while, to go with somebody else.

and on these evenings Tom could do nothing but grash his teeth and tear his smoothly slicked hair.

Do you wonder that he sneaked into house sometimes even when knew that some one else was going to all be there? A LONG engagement areas of criticism. LONG engagement always comes in

"Why don't they announce it, if they're engaged?" the friends of the couple want to know. "Or, of they aren't engaged, why does he have to look like such a bear when anybody dares speak to her?"



# Pioneer Factory-to-You

ASCO

ASC0

Are we serving you? If not, begin today to trade in one of our mest markets. We guarantee you meats that are tender, sweet and wholesome, and, furthermore, you are always certain of receiving sixteen ounces to

These Prices in All Our 181 "Asco" Meat Markets

Rolled Beef 15 | Boneless Pot Roast 15 15c

Milk-Fed Stewing Chickens 1b 43°

Fresh Beef Liver 150 Thick Rib Roast 16 20c

Breast'	Neck
Rack Chops 1b 28c	Rib Chops lb 35c
Shoulders lb 22c	Loin Chops 1b 40c
Rump Roast 16 35c	Cutlets 15 50c

# Meat Delicacies Ready to Serve

Sliced Cold Boiled Ham, 4-16 18° Large or Small Bologna, 13° Baked Meat Loaf .... Cooked Corned Beef .. 4-15 10 Cold Boiled Tongue ... 34-16 15° Sliced Lebanon Bologna, 4-15 10° Sliced Luncheon Roll . 4-15 14° Ring Liver Pudding .... 18° Frankfort Style Sausage, 16 25c

We much appreciate the splendid business the housekeepers living in the vicinity of our big new combination Grocery and Meat Market, at 289-241 So. 10th Street, are giving us.

Asco Stores all over Phila, and throughout Pennsylvania, New Jersey, Delaware and Maryland

"Oh, he's all right," replied the rother of Nellie's best friend, "only "Queer? What do you mean?"
"Oh, nothing at all; he's a very nice cellow; only he's done some things that

> It served him right, that some on clae probably thinks, for not announc-ing his engagement in order to ward of such catastrophes—but watch that selfsame some one else do exactly the sam thing, as soon as he gets aboard the

Adventures With a Purse HAVE you bought your new blee pumps or slippers for spring?

POOR Tom! He must have had a terrible time.

Nellie is a popular girl, and there are always several invitations a week for parties, dances, theatre, movies or something of the kind.

When Tom came along she lost all interest in the other invitations, and after they were engaged she didn't care whether she ever saw anybody else again or not.

But since it wasn't announced and she had to keep it a glorious secret, she couldn't very well refuse to go with former beaus unless she could

I have told you before of the ting cunning rubber panties for bables—the kind that silp on and are held in place around waist and chubby legs with ruffled elastic. The panties, I might as —not the bables. Well, I have found that the same mathers think this hadden. mot the bables. Well, I have found that some mothers think this banding legs and waists is constricting and in not good for little bodies. But there is another kind you can buy that does no carry with at this objection. This style fastens around the waist with a tap and can, therefore, be as tight or a loose as mother desires. loose as mother desires. And up each side is a row of buttons. Many mother like this kind better than the other. The price is 75c a pair. For names of shops address Weman's

\$55.00, 9x12, Special. \$29.50 Britisele and Vel\$50.00, 8.3x10.6 ... Special. \$29.50
\$40.00, 7.6x9 ... Special. \$23.00
\$35.00, 6x9 ... Special \$19.50 Bargain Prices. Come in Today. LOMAX RUG MILLS Jasper Above Cambria No. 3 on 18th from centre of city, to Cambris 82. Open Every Evening Till 6

**ASCO** ASCO Why Pay More

when you can buy, in an "Asco" Meat Market the very best meats to be had at such low prices?

Whole Cut Chuck Roast 10 121/2°

Ho mp	Beef	16	8*	Lean Bolling	Beef	16	10°	Marrow Breth	Bones
***********			-	-			-		
				lk-Fe					

"Asco" Dried Beef .... pks 12°

ASCO & ASCO

ASCO