A WEALTH OF INFORMATION IN MRS. WILSON'S DICTIONARY

It Is of the Kind Not to Be Found in the Ordinary Cookbook. Chestnuts Have Decided Nutritive Value

By MRS. M. A. WILSON

(Copyright, 1921, by Mrs. M. A. Wilson, than those grown on the Continent, The nutritive value of the chestnut is very THE dictionary of foods gives the housewife a true and comprehensive knowledge of foods and their uses; this knowledge is not found in cookbooks housewife a true and comprehensive knowledge of foods and their uses; this knowledge is not found in cookbooks and it should be a help to the housewife selection and purchasing of food purpose.

supplies for her larder. For many years the farmer has nut is prepared into a flour and is also udied, experimented and tested out the ground into coarse meal and made into various rations of food for the cattle, awine and poultry, with the express idea of not how cheap he could feed them, but how could he supply them with the food needed for their upkeep in a physical state of perfection and thus increase their money value without expending use and was therefore fed to the cattle are supplyed in the cattle are supplyed in a physical state of perfection and thus increase their money value without expending use and was therefore fed to the cattle are supplyed in a physical supplyed in the cattle are supplyed in the cattle are supplyed in a physical supplyed in a phys

Hence it is for the purpose of helping the housewife to gain a concrete knowl- sonk in plenty of warm water over edge of the food supply that I have ar- night. Then cook in a manner similar to ranged this dictionary of foods.

Cheesecake—This dish is originall-

spice, eggs, etc., and turned it into a too well known to need any description, deep pan which had been lined with The various terms used to designate the plain pastry; the mixture is baked in a different varieties are:

slow oven until set. This is a delicious tart.

Cherry—History tells us that the cherry tree is a member of the peach.

Apricot and nectarine family, and, like these fruits, it came from Yersia. The cherry is a popular fruit, served both cooked and raw, when in season; it is canned and dried for conservation for future use; it is also prepared into cordials and peaked into hotely and old fowls are much cheaper than any of dials and packed into bottles and known the above varieties

Wild cherries, both fruit and bark. Wild cherries, both fruit and bark.

are used medicinally, while the fancy cherries, cultivated in the famous Mission Valley of California, are famous for their delicious and delicate flavor.

Jams, jellies and conserves are made from this fruit. In Brittany, Flanders

Chicory—Two well-known varieties of this succulent green are used for salad or cooked greens.

Chile is the Spanish and Mexican name for the popular pod pepper, which is very pungent. It is used in Spanish, Creele and Mexican cooking. and Switzerland, during the famous cherry season, the schools close so that the children may help harvest the crop of perishable cherries. There is also made a delicious cherry soup, which many tourists linger for weeks in the season to enjoy.

large sums of money, as would be the or used as a green fertilizer for poor case if he did not know the constituents soils. Today the chick pea has a place and cost of the various feed rations on on the bill of fare equally important as the soup or marrowfat beans. To cook, wash and sort and then

that used for the navy bean. It will be found to be not only a welcome Cheeseake—This dish is originally be found to be not only a weather from the old Holland housewives, who mixed the fresh curd of either butter-ing food of high food value.

Chicken—A barnyard fowl which is Chicken—A barnyard fowl which is

In various parts of Europe the chest

under the trade name of maraschine Capen is a male bird cared for in a cherries and de minthe cherries. This special manner to increase the size and Capen is a male bird cared for in latter style is used for garnishing and make the flesh a delicate white and ver

Chicory-Two well-known varieties

Senson to enjoy.

Chervil—A delicate and dainty French
garden herb, used for garnishing, seatable sauce made of tomatoes, onions, chestnut—This nut is found in almost every temperate zone. The it forms a rich, thick mixture.

(To be Continued)

Helping "Trouble"

For a Party

Punch Stains

To the Editor of Woman's Page:

The Woman's

"FIFTY-FIFTY"

By HAZEL DEVO BATCHELOR

Copyright, 1921, by Public Ledger Co. The marriage of Frances Carter of the marriage of Frances Carter of the marriage of Frances of the marriage of the marriage of Frances of the marriage of the The marriage of Frances and Jerry Page began on a fifty-fifty basis. Frances was working and insisted upon paying half the bills, but she did not realize until the Harlowes shall Jurry Page began on a fifty-fifty basis. Frances was working and insisted upon paying half the bills, but she did not realize until the Harlowes moved into the same apartment house moved into the same apartment house and she saw Jerry's attitude toward Clarissa that she had cheated herself of her husband's chivalry by becoming a financial prop. Hardly knowing what to do, but conscious that she must do something, Frances all at once decided to go to the other extrems and to make herself almost entirely dependent upon Jerry. She also adopted a new method toward Clarissa and sald admiringly:

CHAPTER XXIV

A Nose Out of Joint

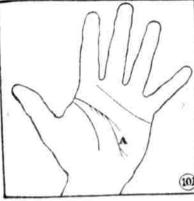
JIM HARLOWE was not at all the type of man that could ever appeal to Frances. He was just the ordinary is seigntific tends that were slightly cold and skid confidingly, as though she wouldn't have being little and kittenish she wouldn't have had much chance. The other woman of the party. Elsle marriott, was more quietly dressed. In Harvey Hunt's scientific knowledge enabled him to see the flaw in the false testimony of the farmer, Jackson Grimes. Grimes had testified that there had been just light enough for him to note that the woman were a light blue kiterish she wouldn't have minded her so much if she wouldn't have minded her so much if she wouldn't have minded her so much if she hadro't laughed at everything Frances said. She seemed to adore Frances, and afterward, when they were having dressed and rather out of it, turned to Clarissa and said admiringly:

"Isn't Frances wonderful? We were at college together and she was always one of the most popular girls there."

Clarissa looked at Elsie out or round, but the seemed to adore frances. Grimes had testified that there had been just light enough for him to note that the woman were a light blue kite, the wond was always one of the most popular girls there."

Clarissa looked at Elsie out or round, but the she wouldn't have minded her so much if the wouldn't have minded her so much if the wouldn't have had one further the wouldn't have

Your Soul's in Your Hand By IRVING R. BACON



Descending Lines on Head Line A. Descending lines always indi-cate deterioration. The long de-scending line ending in a fork in the above illustration shows a dangerously expressive imagination.

Descending lines on the head line are A great drawback to one's success. They ure interpreted as indicative of a downward tendency on any line; but their evil significance is read with double em-phasis on the head line. This becomes especially true when the head line, droops toward the Mount of the Moon ine publish in the column, you see. (Section X), which is the reflector of one's imagination. In this case, one is apt to be always conjuring up visions of apt to be always conjuring up visions of disaster. Such a person tarety ever launches upon any enterprise without announcing beforehand: "Well, I suppose I'm in for another disappointmen." And, of course, when anything is undertaken in such a spirit, what else, in nine cases out of ten, can the outcome be but failure?

To the Editor of Woman's Page:

Dear Madam—Will you kindly tell me slightly. "I don't think it will be necessary to do so." laughed Hunt. "I know who water can be used to remove these. Is that so."

Will you also please tell me how a gingham dress can be made effectively? BETTY

When a descending line from the head line reaches as far as the Mount of the Moon the imagination is likely to be so excessive as to make it hard for its possessor to distinguish between reality and fantasy. And when, in addition, this long split line has a fork of its own. like in the illustration to this section, the person finds it hard to stick to.

The spots can be removed from both of two who she is. She's the doctor's negrapher."

"BETTY.

The spots can be removed from both of two who she is. She's the doctor's negrapher."

"But the note was written on other machine," bljected DeKyne.

"That means nothing," said Hi spear. It is best not to use the soap and water.

The gingham dresses are made vary another machine all right but the control of the section. own. like in the index it hard to stick to the reality and truth at any time, almost always preferring to deal with maginary things and alsehood. Such l'eople make wonderful liars.

(To be Continued)

IRREGULAR EDGES OF COLLAR AND TUNIC



By CORINNE LOWE

The seissors are mightier than the We are tempted to alter the to the modern garment. For example, the blouse of jade georgette illustrated today depends for its distinction nor so much upon the all-over design of beige floss embroidery as upon the snipping away of collar and peplum into irregular sections. The fringe is of beige floss, and the accompanying taffeta skirt is in the same tone.

TODAY'S MYSTERY STORY By PHILIP FRANCIS NOWLAN

who is the writer? Yours very truly, Elizabeth Frobish, M. D. The anonymous note inclosed with the letter evidently had been written on common wrapping paper, cut to size. It

Exchange Your scandalous conduct with Reuben Danzman, one of your patients, has been observed. Do not think for that a professional woman To the Editor of Woman's Page:
Dear Madam—Would you be so kind of a fundor? It is small yet, and I do so want to do away with it. I am fifteen years old, and I know this bunion is going to ruin my feet. TROUBLE, You must go to a chiropodist to have the business section of the telephone directory.

For a Party

one minute that a professional woman in your position can get away with it. You might conceivably induce Mr. Danzman to marry you, but you know you could not make him happy. Unless you cease your attempts to lure him into matrimony you will regret it. There are things that he could be told that would turn him from you in disquest, and unless you cease your attempts they will be told to him. (Signed) Determined."

As DeKyne finished reading the two one minute that a professional woman

For a Party

To the Editor of Woman's Page
Thear Madam—A girl whom I know has a birthday just six days after mine, which is on April 5. Do you think it would be all right if we had a party between these two dates? We will both be fifteen years old. And would you please tell me what refreshments could be served, and also what games could be served, and also what games could be played? I know I will find your advice helpful to me as it has been to many others. LILL AND KITTY. It would be very nice to have the party at the time you suggest, and celebrate both birthdays at once. Serve a salad, rolls and clives, followed by ice cream, cakes and hot chocolate. As DeKyne finished reading the two brate both brithdays at once salad, rolls and olives, followed by ice salad, rolls and olives, followed by ice cream, cakes and hot chocolate.

If you send me a stamped, addressed envelope I will send you some games that you'll surely like for your party. Capital "D," and a black ribbon, whereas, the doctor's machine, whereas, the doctor's machine, whereas, the doctor's machine, whereas to be perfect. purple ribbon and appears to be perfect. I don't envy you your job checking up all Mr. Danzman's lady friends who might be jealous. I know the fellow

know her personally, and I don't know her name. I never laid eyes on her to my knowledge, but I can tell the doctor who she is. She's the doctor's stenegrapher."

That means nothing, said Hunt.

The gingham dresses are made very simply this year, relying mostly upon their collars and cuffs and narrow leather helts to give them smartness. A straight, one-piece dress would be good looking, belted in, and with collar and cuffs of eyeletted material to relieve the plain effect.

The unsuer will appear Monday.

The unsuer will appear Monday.

DREAMLAND ADVENTURES

"THE GREAT FIRE" By DADDY

CHAPTER VI

Pleeing From Fire FIRE, screeched Great Horned Owl. "Fire!" shricked the birds of Bird-ind, flying past the tree where Great Horned Owl was a prisoner. "Fire!" and the birds seemed in a ter-rible residual.

rible panic,
"Hee-haw! Hee-haw!" brayet Talky
Sam, and he raced about, kicking up
his heels and making a terrible fuss.
Whoo! Whoo! Fire! Fire!" shricked
Judge Owl, sounding like a fire engine

A Nose Out of Joint

Jim Harlower was not at all the year that were slightly cold and said confidingly, as thought she would like to win Else over to her side:

It was a the left; but for that evening she intended to monopolise Jim. She wanted Clarissa. to know how it felt.

Elsi smiled. Was this poor itst that the monopolise Jim. She was not it was quite possible that Clarissa was limited at the monopolise Jim. She was a content to look at them way she looked. Clarissa, in her own was he looked at Jim with the was a content to all back and possible that Clarissa was titude that bethered Clarissa, in her own was he looked at Jim with her own was he looked. Clarissa, in her own was he looked at Jim with her own was her own was her were the look white by contrast and with a high spanning own hrust thin her put that make her white skin look white by contrast and with a high spanning own hrust thin the put that make her white skin look white by contrast and with a high spanning own hrust thin the put that make her white skin look white by contrast and with a light spanning own hrust thin the put that make her white skin look white by contrast and with a light spanning own hrust thin the put that make her white skin look white by contrast and with a light spanning was heard to leave. But Jim was having a good gime, took good at time was a content to all back and to the point of the point of the was not because the put that was all the device of the house. The was a light which he was not titude that better of the put that the was not titude that better the put that a first of the put that the was not titude that better the put

like to fix up and use in connection with some other material to make a new dress, how about lace? I know of a shop that is having a sale of beautiful Chantilly lace flouncing for \$3.95 a

The Question Corner Today's Inquiries

How is a quickly arranged boudoir cap made which is becoming to the piquant face? What novelties of many years ago

are coming back into style with interior decorators again? Where are the ends of the newest flowing veils worn in Paris

Describe a convenient little de vice which should be kept in the medicine closet. In what striking way is the bottom of an overskirt trimmed on a white silk frock? What is handkerchief drapery?

Yesterday's Answers . A good-looking cover for the card table is made of black satin, or

sateen, with a gay tassel on each of its four ends. Vividly colored Indian plaid designs make some of the newest wool sports sweaters strikingly different. An easy way of removing an ink

spot from a silk fabric is to soak the material in milk.

Shirred bands of cretonne fitted over the head and foot of a plain iron bed will make this more attractive. An exquisite fan that would not

be hard to make is fashloned of silk gauze, cut in points, and fastened to a wooden frame, the material having been tie-dved, so that each point is a different shade of pink.

With the dark serge dress a quaint sort of girdle that could be worn is a cord strung with wooden beads in bright colors. WHAT'S WHAT By HELEN DECLE



Whoo! Whoo! Fire! Fire!" shricked Judge Owl, sounding like a fire engine siren.

"Fire! Fire!" yelled Peggy and Billy. Now there really wasn't any fire at all. The alarm was just a part of Billy. Now there really wasn't any fire at all. The alarm was just a part of Billy. Now there really wasn't any fire at all. The alarm was just a part of Billy. The alarm was just a part of Billy plan to drive Great Horned Owl out of pecker had told fire stories that the other of Great Horned Owl on the pecker had told fire stories that the other had been determined the whole woods seem ablaze. Be sides that smoke was curling around Great Horned Owl's head—smoke that made him gasp and choke.

But the smoke wasn't from a forest fire, as Great Horned Owl, thought it was from a tiny smudge Billy had made at the bottom of the tree. Peggy was blowing the smoke through a little hole in the trunk.

"Hoo! Hoo! I'm burning up." screeched Great Horned Owl. "The fire is so hot I can't stand it." Of course the fire wasn't bot at all, but Great Horned Owl. "The fire is so hot I can't stand it." Of course the fire wasn't bot at all, but Great Horned Owl. "The fire is so hot I can't stand it." Of course the fire wasn't bot at all, but Great Horned owl was so much excited and scared he didn't know that. He really though the was being roasted in the hollow tree. "Great Horned Owl." Good-by igood breading surface polish it would he was being roasted in the hollow tree. "Great Horned Owl." Good-by igood breading never morely surface polish it would he was being roasted the bridge of the brid

went past again. Great Horned Owl thought all Birdland was in frantic flight.

"Save me! Oh, don't let me burn up! Oh, my feet are on fire!" screeched Great Horned Owl, and he squeezed and he squeezed to get his body through the door of the hollow tree. But Great Horned Owl had eaten too many fat mice—he was so fat he couldn't possibly get out. Then Reddy Woodpecker came flying up making a great fuss.

"I'll get you out," screamed Reddy. To can't let you get burned up, even if you are an old-bird-catching pirate."

"Oh! Hoo! Hoo! Get me out and I'll never be a bird-eating pirate again!" screeched Great Horned Owl. "I'll be good!"

So Reddy Woodpecker began to bore holes beside the door of the tree and he bored and bored, while Peggy blew in more smoke from the smudge below. Great Horned Owl gasped and choked and squeezed, and at last he squeezed so hard he squeezed himself through.

"Flee! Flee! Fer your life!" screamed

"So went on the fiving room, a log young, sat in her living point, and her living room, a log young, sat in her

of method of sourceed, and it last he choked and source and the choked and the sourc

nice." the girl said. "for some one who is going to a dance or party." I know you will like them, and will consider them well worth their price of \$3.

If you have some satin you would like to fix up and use in connection with some other material to make a new dress, how about lace? I know of a shop that is having a sale of beautiful c'hantilly lace flouncing for \$3.95 a yard. This is a special price, and the lace would make up most attractively with some other material.

For names of shops address Woman's loss that would make up most attractively with some other material.

For names of shops address Woman's "Our little daughter Allegra is all that is left me. I have only now heard about you and your loneliness, as you see I instantly sought you and now. Polly, I ask will you marry me?"

"Oh Blobard it is too late. Why, I was some the material the past. Lucy in her last illness told me about the note you pent me. She did not guess its importance and gave it to one of your pupils to give to me. Later she learned he had failed to delive it. Of course when I did not hear from you I concluded that your silence meant not consent, but refusal I married Lucy.

"Our little daughter Allegra is all that is left me. I have only now heard about you and your loneliness, as you see I instantly sought you and now. Polly, I ask will you marry me?"

"Oh Blobard it is too late. Why, I

instantly sought you and now. Polly, I ask will you marry me?"

"Oh, Richard, it is too late. Why, I am no longer the girl whom you loved long ago. I am forty years old!"

"Well, I am fifty and consider myself in the prime of life. There may be a few years of happiness for us yet. It is never too late to be happy and I am sure Allegra will love your cooking, and by the way, your dinner is getting cold."

His joking and mentioning of his daughter appeals to Polly. She said, "But, oh, Richard, as they say in novels, this is so sudden." this is so sudden"
"Sudden after all these years. Forget
it. I am waiting for your 'Yes.' Won't you say it?"
So Miss Polly says "Yes."

Next complete novelette-"The Third

Things You'll Love to Make



What could be more quaint than this INDIAN-POUCH BIB for a blue or gray silk or a linen blouse! Cut two oblongs of the material, the lower one twice as wide as the upper one. Join them with red stitching. Sew a narrow band two inches wide to the top. It should be long enough to fit over the head and leave the correct neck opening. Crochet a simple scallop all around the edge Make loops of the worsted (or silk) across the bottom and fasten small tassels to each loop. Embroider the design on each oblong and this INDIAN-POUCH BIB makes an exquisite triffiming for your blouse. (It may be lined and worn loose, or not lined and solved to the blouse.) to the blouse.)

Please Tell Me What to Do

By CYNTHIA

Use Your Own Judgment Dear Cynthia—Please tell me what to do next week when I am invited to supper where I will meet a young man who is "interested," as I am, too. Shall I invite him to come to see me (I live in another town) or wait for him to ask? I am twenty-five and I think he is about twenty-nine or thirty.

You will be better able to decide when you meet the young man again. If he still seems interested and is perhaps shy about asking if he may call, you might auggest it, but do not seem eager to see more of him. Do it casually; no man likes to know he is being sought.

Join a Girls' Club

Dear Cynthia—As I have been reading your column nearly every day, I feel as though I were privileged to ask you a I am fifteen years old and go to high school. Naturally, you will think that at high school you have a chance to make friends, but I don't find it so. Of course, I know numbers upon numbers of girls, just to speak to, and I don't find it spough. Do you suppose that I am too self-conscious? I get very lonely because I don't go out at all, and there are no girls near my home.

Can you suggest any club, etc., where I could find diversion? I ONELY.

There are clubs in the high schools for girls of your age. Consult your teacher about joining one. Have you ever thought of joining a troop of Girl Scouts? You can get information about the scouts at their headquarters, 1503

Paddie's Pratie Party

Say the name over to yourself, and se

THE WOMAN WHO CONSIDERS THAT HER LIFE IS A FAILURE

Is Afflicted With Either Bad Health or Too Much Spare Time. If She Were Busy She Wouldn't Be Able to Worry

He told of various good deeds that she has done and is doing all the time, church work of various kinds. Red scashore every summer, nursing her mother, her husband and her daughter through illnesses, and in the mother through illnesses, and illnesses illnesses

books which urges introspection and

other high-sounding things. "My life is a complete failure," she sighed when she finished it. "because

"All her work has been on the emotional side of her life," she declared. "She wants something on the creative side. Women should have more chance to develop this creative side, to create their characters.

to develop this creative side, to create in business, writing, art and music."

Still another woman remarked:

"Either she has too much spare time their characters.

A man has his home as his creative work—but is it ever the man who holds the family together and makes their home a pleasant place to help? to spend in reading silly books and home a pleasant place to be in? brooding over them, or else she is not

And that is a very sensible way of looking at it.

TF YOU follow the advice of some per-A sons you won't do anything but or several of each.

"I must find myself," you will cry office with a typewriter, or a studio despairingly. "I must decide what my life work is to be, I must do something with a paint brush, or musical instrument—it's up to us to keep at that which we call work and others call which we call work and others call And while you are indulging in this creative genius, even if we yearn for a

introspection something worth while home to make comfortable, and a family comes along in a very homely, humble to fuss over. comes along in a very homely, humble inconspicuous garb—and you are so busy wondering about yourself that you don't see it at all.

You become so self-centered, with

A MAN recently wrote to the news- your intention of being otherwise, that you are no good to any one, in fact you are a good deal of a bore.

mother, her husband and her daughter through illnesses, and in the meantime attending to her home and bringing up two daughters.

And recently she read one of those And recently she read one of those whom she has helped as proof to the contrary, how can she say that she has done nothing worth while?

As for her creative ability, isn't it pretty fine to be able to create an at-mosphere of comfort and peace at

Look about you-is every home than Another woman, having read the husband's letter, wrote one herself, in which she sympathized with this wife. outside?

THERE are few persons, men or women, who are developed on both the emotional and the creative sides of

And, anyhow, what's the use of get-ting all worked up over it? Some of us are given the chance to make friends.

comfortable homes and grateful proteges—if we can do it well, we're got to be satisfied, even though we long to create a book, a painting, an opera, chance for accomplishment lies in an

an autobiographical record of struggle, starvation, passion, compassion, the pawnbroker, occasional fleeting comparative success, laughter, tears and love-a fairly full sum total of an average human life, and depicted with the art of genius and a

liest kind of affair. Green decorations which aren't the ordinary sort, but still aren't "too fancy" to be hard to arrange. Green things to eat, such as Irish patties and clouds of Erin. And the praties themselves—why, the funny little things are a part of the invitations, and when you get to the party you find them helping with the games.

Does this make you want to know more? Well, a stamped, addressed envelope sent to the Editor of the Woman's Page will bring back to you a full description of the party in plenty of time for \$4. Patrick's Day.

I still sum total of an average human life, and depicted with the art of genius and a soul affame.

We are going to hear a good deal more of Knut Hamsun—we should have heard of him twenty years ago, at which time he seemed to have been securely ditched by Dame Destiny—a trick the old jade is notoriously fond of playing.

But Knut Hamsun has what has been called "the unconquerable soul." He had made his decision to follow the gleam, and he could but "sail on sail on and on." No seas of disappointment could make him founder. No waves of dispersation would warp his timber.

And so, Knut Hamsun's ship has come home.

FARM AND GARDEN

FARM AND GARDEN

FARM AND GARDEN



We are offering for spring planting two attractive collections of shrubs and plants that will appeal to every home lover. These shrubs and plants have been carefully selected from only the highest grade stock. Their variety of color, foliage and blooming season make them especially popular with the discriminating planter. Do not delay sending us your order. Get an early start now The "Cottage Collection" of Flowering Shrubs and Roses

1 Hydrangea Paniculata Grandiflora 1 Spirea Van Houtte (M) Althea ("Rose of Sharon") (T) 1 Snowball (T)

For the Sunny Side

1 Hydrangea "Hills of Snow" (M)

2 Buddleia, Blue (tall) 2 yr. old.....

2 Tartarian Honeysuckle, Pink, 21/2 to

1 Tartarian Honeysuckle (T) 2 Lilacs, White and Purple (T) 1 Crimson Rambler Rose 1 Clematis Paniculata (Vine) 11 Specimen Plants for \$5.00

1 Weigela (M)

The Special Collection of Foundation Plantings 2 Snowberry Red (dwarf), 11/2 to Back Row

2 Barberry Thunbergil, 11/2 to 2 ft. Front Row Spirea Reevesil, 11/2 to 2 ft. Front Row 2 White Snowberry, 21/2 to 3 ft.

2 Spirea Reevesii, 172 to 2 ft. Front Row 1 Rhodotypus, 2½ to 3 ft. Back
14 Choice Flowering Shrubs for \$5.50 14 Choice Flowering Shrubs for \$5.50 Our Landscape Architectural Division is at all times ready to offer its services and advice in the arrangement of grounds. If you have a planting problem write to it. It will be glad to help. Do not forget to send for your 1921 catalog.

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