

WEALTH OF INFORMATION IN MRS. WILSON'S DICTIONARY

It is of the Kind Not to Be Found in the Ordinary Cookbook. Chestnuts Have Decided Nutritive Value

By MRS. M. A. WILSON. The dictionary of foods gives the housewife a true and comprehensive knowledge of foods and their uses; this knowledge is not found in cookbooks...

American chestnut is just a little smaller than those grown on the Continent. The nut is smaller, the chestnut is very great; the protein, fat, sugar and starch elements give this nut a prominent place in the list of foods...

Hence it is for the purpose of helping the housewife to gain a concrete knowledge of the food supply that I have arranged this dictionary of foods in a very simple and practical way...

Chick peas is the field pea of the South. This pea was until quite recently thought to be too coarse for table use and was therefore fed to the cattle...

Wild cherries, both fruit and bark, are used medicinally, while the fancy cherries, cultivated in the famous Mission Valley of California are famous for their delicious and delicate flavor...

Chick peas—Two well-known varieties of this succulent green are used for salad or cooked greens, canned in the Mission Valley of California...

"FIFTY-FIFTY"

By HAZEL DEVO BACHELOR. Copyright, 1921, by Public Ledger Co.

The marriage of Frances Carter and Jerry Page began on a fifty-fifty basis. Frances was working and he was a student...

Jerry so successfully that even if Clara had felt like being little and kittenish she wouldn't have had much to complain of...

A Nose Out of Joint

JIM HARLOWE was not at all of the type of man that could ever appeal to Frances. He was just the ordinary young business man with not any of Jerry's keener perceptions...

Clara's mouth closed with a snap and she moved slightly away from Elsie. Her eyes that were shining so brightly were dimmed...

Your Soul's in Your Hand

By IRVING K. BACON. Descending lines on the head line indicate deterioration. The long descending line ending in a fork in the above illustration shows a dangerously expressive imagination.

The spots can be removed from both of these materials by applying to them a solution consisting of a teaspoonful of hyposulphite crystals dissolved in a quarter cup of water. It may take several days to give the desired result. It is best not to use the soap and water.

The Woman's Exchange

Helping "Troubles." To the Editor of Woman's Page. Would you be so kind as to tell me how to get rid of a "hump" on the neck...

IRREGULAR EDGES OF DREAMLAND ADVENTURES

"THE GREAT FIRE" By DADDY. CHAPTER VI. Flying from Fire.



"Fire!" screamed Great Horned Owl. "Save me! The woods are ablaze!" "Fire!" shrieked the birds...

By CORINNE LOWE

The scissors are mightier than the needle. We are tempted to alter the old proverb when we note how much incisions and applique work contribute to the modern garment...

TODAY'S MYSTERY STORY

By PHILIP FRANCIS NOWLAN. Yesterday's Mystery Solution.

IN THE case of "The Red Sweater" in Harvey Hunt's scientific knowledge enabled him to see the flaw in the false testimony of the farmer, Jackson Grimes...

It is a scientific fact, however, that the color of red cannot be distinguished in a light which is barely strong enough to reveal the color blue.

Adventures With a Pulse

LET me tell you about the nice gloves. And before I go any further I want to say that I may be a little out of sync there will not be some of them left...

You have heard about the Peggy bracelets, those delicate chains that are one winds round and round one's arm until they are four or five loops.

Who Anonymous?

HERE'S an amusing little mystery. "Dear Madam:—I have had a letter from you which was very interesting. I am enclosing an anonymous note which I received this morning. It is very amusing. Will you undertake to find out for me who is the writer? Yours very truly, Elizabeth Frohish, M. D."

The anonymous note enclosed with the letter evidently had been written on common wrapping paper, cut to size. It read: "Your scandalous conduct with Mr. Reuben Danzmann, one of your patients, has been observed. Do not think for one minute that your professional woman's position can get away with it."

The Question Corner

Today's Inquiries. 1. How is a quickly arranged bouclé card made with a handkerchief becoming the dominant factor?

Next week Judge Owl will turn story-teller. He has a lot of queer stories. Can you imagine what they are about?

Yesterday's Answers

1. A good-looking cover for the card table is made of black satin or crepe, with a gay tassel on each side. 2. Vividly colored Indian plaid designs make some of the newest flower sports sweaters strikingly different.

WHAT'S WHAT

By HELEN DEWIE. Use Your Own Judgment.



A young woman does not gain credit for superior knowledge by the presence of others; on the contrary, the general verdict must be that she is ignorant...

THE DAILY NOVELETTE

Polly Payne's Pretending. By CLARA L. BELL.

Miss Polly Payne, aged forty years, looked brightly in the open fireplace. To the cat, she was enounced on the door of the hollow tree.

Dear Cynthia—Please tell me what to do next week when I am invited to supper where I will meet a young man who is interested in me as I am, too. Shall I invite him to come to see me (I live in another town) or wait for him to ask? I am twenty-five and I think he is about twenty-nine or thirty.

Join a Girl's Club

Dear Cynthia—As I have been reading your column nearly every day, I feel as though I were privileged to ask you a question.

Dear Cynthia—Just a word or so to let my friends of the column know I am still alive and kicking. However, since there was nothing in the column lately to raise a kick over, I have been somewhat silent.

Paddy's Pratie Party

Say the name over to yourself, and see if it doesn't make you imagine the jolliest kind of affair. Green decorations which aren't the ordinary sort, but still aren't too fancy, to be hard to arrange.

FARM AND GARDEN

Two Minutes of Optimism. By HERMAN J. STICH. "Knut Hansum's Ship Has Come Home."

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THE WOMAN WHO CONSIDERS THAT HER LIFE IS A FAILURE

Is Afflicted With Either Bad Health or Too Much Spare Time. If She Were Busy She Wouldn't Be Able to Worry.

A MAN recently wrote to the news-editor about the discontent of his wife. He told of various good deeds that she had done and was doing all the time, church work of various kinds, Red Cross work, sending a cripple to the seashore every summer, nursing her mother, her husband and her daughter through illness, and in the meantime attending to her home and bringing up two daughters.

your intention of being otherwise, that you are no good to any one, in fact you are a good deal of a bore to your wife. No one who has done so much good in the world as this discouraged woman gets over such a thing as this in a moment.

But with the happiness of her family at home, the affection of her friends and neighbors, the grateful admiration of those whom she has helped, a study of the contrary, how can she say that she has done nothing worth while? For her creative ability, isn't it pretty fine to be able to create an atmosphere of comfort and peace at home?

Look about you—Is every home that you know of a happy, contented place in the evening when everybody is present? Is everybody there, or have some of them left because they must be amused outside?

Two Minutes of Optimism

By HERMAN J. STICH. "Knut Hansum's Ship Has Come Home."

There are few persons, men or women, who are developed on both the emotional and the creative sides of their characters.

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