

MRS. WILSON ADVISES LIGHT SPRING LUNCHES

And Suggests a Few That Are Easily Digested—A Glass of Water an Hour Not Too Much for Good Health

- No. 1. Deviled Egg Salad. Butter. Dates Stuffed with Nuts. Milk. No. 2. Celery and Nut Salad. Butter. Orange. Radishes. Milk.

The deviled eggs may be prepared and wrapped in wax paper. Bread should be buttered on the loaf, and then cut in thin slices, cut into a loaf.

Raisin Sandwiches. Spread whole wheat bread with butter and cover with seedless raisins and some finely chopped nuts.

MRS. WILSON'S ANSWERS. My dear Mrs. Wilson—I am a reader of the paper and enjoy your recipes very much.

"FIFTY-FIFTY"

By HAZEL DEYO BATCHELOR. The marriage of Jerry and Frances Carter, which was so widely reported, has proved a success.

Your Soul's in Your Hand

By IRVING R. BACON. A shallow and chained head line shows a shallow and chained head line, indicating a shallow and chained head line.

When the head line is shallow enough to move rapidly, it is a sign which professes to be guided by other men of its own.

Safe Milk. All-By Horlick's THE ORIGINAL Malted Milk. For Infants & Invalids. NO COOKING. The "Food-Drink" for All Ages. Quick Lunch at Home, Office, and Fountains. Ask for HORLICK'S.

Filet Stitching



Photo by Old Masters, Central News. Here is an ingenious method of trimming a cape which otherwise is very plain.

The Woman's Exchange

Keeping Women's Quiet. Dear Madam—Being very much interested in your paper, I would like to know if you can tell me what to do with a pair of shoes that speak when I walk.

Two Cats. Dear Madam—I have two white cats, one blue and the other one blue and one yellow eye.

Starting to Save. Dear Madam—Kindly give a novel and interesting method to induce a small child to save money.

Things You'll Love to Make. Pearl Shoulder Straps and Clasps.



An attractive novelty in the way of shoulder straps for a chemise, jacket, evening gown are these PEARL SHOULDER STRAPS AND CLASPS.

IT'S BUCKWHEAT TIME! For that real old fashioned taste Heckers BUCKWHEAT. THE HECKER CEREAL CO. NEW YORK.

Please Tell Me What to Do

By CYNTHIA

Shall She Be Bridesmaid? Dear Cynthia—I am a constant reader of your paper and am writing to you for advice.

Advices "Sunshine" Not to Kiss. Dear Cynthia—in reference to "Sunshine's" request, no "Sunshine" you should not give a fellow a kiss because you have enjoyed yourself with him.

To Pay Social Obligation. Dear Cynthia—How should a person "pay off" a social obligation such as an invitation to dinner and accepted?

Anxious Wife and Mother. Dear Cynthia—I am in rather a quandary. You see, it's this way: My hubby wants to go to the city and he would like to go for a couple of weeks.

The Question Corner. Today's Inquiries. 1. To what responsible railroad position has Mrs. Elizabeth Hull, of Bellefonte, Pa., been appointed?

Yesterday's Answers. 1. On the brass handles on a bureau are ugly and disagreeable, black cords make a good substitute for them.

WHAT'S WHAT



When a man offers to a woman his seat in a street car, she should accept it gratefully, even though she may have but a short distance to go.

DREAMLAND ADVENTURES

The Hungry Visitor By DADDY

CHAPTER IV. Judge Owl's Company. PEGGY and Billy, listening on the telephone line, heard the call from the great Horned Owl.

That news upset both Peggy and Billy, for they supposed that by this time the great Horned Owl was far away.

Very Anxious. This is a matter that only you and your husband can settle. My dear change is always hard for any one.

The Winner of Mitchell's Last Limerick were: First: Mrs. M. R. Wingert, 1048 N. 2d St. Second: Mrs. Isabelle Hutchinson, Glendale, Pa.

Baby's food by right of merit. Proved through 63 years of rearing better babies. Borden's EAGLE BRAND Condensed Milk.

LIGHTING FIXTURES

Direct to the consumer for less than some wholesale houses are now paying. Look over these specials—Just a few of our many offerings. Every fixture guaranteed to give entire satisfaction.

A PLEA FOR THE WOMAN WHOSE HAIR IS A SIGHT

Unless She Just Willfully Lets It Straggle, She Needs Your Pity More Than Your Criticism—She Has to Live With It

"GOOD heavens!" exclaimed the neatly veiled girl, "look at that woman's hair, all straggling out around her face! I don't see any excuse for that kind of thing in these days of hair-nets and veils."

The woman she was talking about was quite worthy of all her remarks. She was the "sensible" type, wearing a sport suit, a tailored shirtwaist and a severely simple hat.

There was just the loosest end of a limp, discouraged-looking knot showing under her hat at the back. A loop of exhausted hair hung down over one eye, behind the edge of her glasses.

They make you want to carry a brush and a net about with you, and there anything more nerve-racking than to sit in church or at the theatre behind a woman whose "back hair" falls in short spreading curls all over her collar?

Maybe the woman whose hair is a sight can't help it, just as much as you do. Maybe, when she gets to a mirror or a store window, or the inside of her powder box she is struck dumb with disgust and discouragement.

Perhaps her net is one of those temperamental ones, which refuse to stay moored behind the ears, and slide restlessly up toward the crown of the head until only a double square inch is protected by them.

AKN Philadelphia's finest BUTTER. H.R. AIKEN 128 N. Delaware Av., Phila. Ask your dealer.

Baby's food - by right of merit. Proved through 63 years of rearing better babies.

Borden's EAGLE BRAND Condensed Milk. Do you think Great Horned Owl will get revenge on Peggy and Billy? Or do you think he will be stopped? Who will stop him, and how?

LIGHTING FIXTURES

Direct to the consumer for less than some wholesale houses are now paying. Look over these specials—Just a few of our many offerings. Every fixture guaranteed to give entire satisfaction.

all on board with it—and, as a result, there was a scarcity of trees in Chicago that Christmas, while Mrs. Schuenemann's hair and almost nothing is left on her hands and almost nothing is left on her hands.

WOMEN

Every woman reader of the Evening Public Ledger will receive upon request, free of charge, our new color card showing the latest colors that will be worn.

When Nerves are "On Edge"

one cannot possibly do his best work. For this reason many are led to discontinue their accustomed meal-time beverage and adopt

INSTANT POSTUM

—a wholesome drink of rich coffee-like flavor, and without any harmful effect. This delicious beverage is made instantly in the cup, at the table, by adding hot water.

The Winners of Mitchell's Last Limerick were: First: Mrs. M. R. Wingert, 1048 N. 2d St. Second: Mrs. Isabelle Hutchinson, Glendale, Pa.

BUY YOUR MEATS WHOLESAL

STEAKS 18c Sirloin, Ramp & Porterhouse. 4 lbs. Real Sharp Cheese for 95c. The Season's First Shad Just In! Headquarters for Fresh Fish of All Kinds.

MEDLAR Baby Sponge Cake—small size enough for six generous slices—simply captivates you with its wholesome goodness.

MEDLAR BISCUIT COMPANY