## ZVENING PUBLIC LEDGER-THILADELPHIA, TUESDAY, FEBRUARY 8, 1921

A novel porket in the first place is

which opens up and down instead of

across. And then.

just to make it

curved one

# SOME GOOD OYSTER DISHES SUGGESTED BY MRS. WILSON

## Lenten Season Is a Good Time for Physical as Well as Spiritual Overhauling-Light Diet for Late Winter Months

By MRS. M. A. WILSON Congright, 1921, he Mrs. M. A. Wessen, pared oysters. All rights reserved.

TYOMORROW is Ash Wednesday, the les beginning of the forty day Lenten riod. This has been established by the beginning of the forty-day Lenten period. This has been established by the old Roman church and today accepted by the Christian world at large as a penitential season. This is the ideal time for restricted diet. The blood stream has become overheated and over-loaded by the heavy, rich winter diet. And this, together with the lack of active exercise and poorly ventilated houses, has made the blood stream slughouses, has made the blood stream sluggish and inactive.

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This is the condition which produces the spring languar, which is commonly known under the title of spring fever. Unless we harken to nature's warning and utilize this Lenten season for a physical as well as spiritual housecleaning the early summer days will find us out of tune with ourselves and out of harmony with the world at large

Originally the Lenten season began on powder, what is known as the first Sunday in Lent. It was then agreed to omit Sun-day as a fast day, this making but thirty-six days of fasting: hence four loymore were added by Pope Gregory. Therefore we have what is called Ash Wednesday

Today many of the ancient customs bave supk into oblivion. Where are the boys of the olden days who used to go from door to door, urging the house, wives to give them tidbits? The boys of those days also had their Jack of Lent. which was a sourcerow or figure dressed up in old clothes. They took turns up in old clothes. They took turns shying sticks and billets, crying these words: "If I a forfeit make, make me a Jack o' Lent and break my shins for

the untagged points and counters. An agreeable diet for this season would be an abundance of fresh, succulent vegetables, whole-wheat bread, but-ter, milk, eggs and choose

Early apring always brings to our markets an abundance of fresh fish. Other sea foods are also in their prime. With this hixprings fare, it should be no real hardship to forgo three or four each week the acid-producing meats

### Scalloped Oysters Betholde

Wash and look carefully over fifty

the oyster with a little Grated arian. Finely mineed parele.

White neppe Melted butte

Repeat until the disn is full and take eare to have the ton layer of bread crumbs. Now your one and a quarter cups of thick cream since over the pre-mand dish result. pared dish and use equal parts of strained oyster julce and milk in making the cream sauce. Sprinkle two tablespoons of grated cheese over the top and spoons of grated choose over the top and bake in a moderate oven for forty five stiffly beaten whites and then bake in

### **Oyster Trifles**

Wash and look over ovstete encefully and remove all bits of shell. Lay on a cloth to drain. Now prepare a pastry My Dear Mrs. Wilson-Please print meaning it to say as follows.

follows: One and one-half cups of sifted flour. a rucipe for brown betty. MISS A. R. One tenspoon of sait. Two traspoons of baking powder. Sift and then rub into the flour Sir tablespoons of shortening.

ndd

Four and one half tablespoons of layer of finely sliced apples. Sprinkle after, the apples with brown sugar, cinnamon acater

Chop to form a dough. Ball out the and nutmeg. Repeat this until the dish pastry until quite thin and then cut in is full. Bake in a slow oven for forty-four-inch squares. Now lay three or five minutes. Serve with vanilla sauce.

season with

Salt.

Make about two cups. Add the pre-One-half cup of finely minced pars-One-half traspoon of grated onion. One traspoon of sait Over-half caspoon of white pepper, Two well-beaten eggs. Ove-half

Heat slowly for ten minutes and then

### Oyster Dumplings

This is a delicious dish from the old Colonial settlements along the Carolina Use either a large pudding dish or in-

dividual one, just as you choose. Was, the cloths in hot water and then rui-well with shortening and dust with flour. Now place in a bow! Fifty orsters, free from bits of shel. Three cups of coarse bread crambs, One and one-half cups of four,

Two level traspoons of salt. Two level tablespoons of baking

One-half cup of finely chopped suct.

Two onions, grated, One-half cup of finely chopped para-One-quarter teaspoon of poultry

Arasoning. Mix and then place in a bow!

Two eags. One cup of syster broth.

Beat to mix and then use to mix to plings. Turn into prepared cloths tie, allowing very little room to il. Plunge into bolling water and rapidly for twenty-five minutes for vidual dumplings and fifty minute large dumplings. Lift to a colande-drain and then remove from the th. Turn on a thin silce of toast an-

rve with oyster sauce. These dumplings are very good either bacon or salt park is used in place of the suet. One-half cup of butter may be used in place of suet; also one cup of mixed fat and lean cold cooked ham can replace the metric ham can replace the suct.

## MRS. WILSON'S ANSWERS

My Den- Mrs. Wilson -- Being a Here are some dainty ovster dishes: reader of the paper and of your worth) columns, giving advice to housewives in how to bake and cook. I therefore oysters, removing all bits of shell. Place wish your kind report in the following : n layer of bread crumbs in the bottom of How to make two five-pound sponge wish your kind report in the following : a baking or casserole dish and then a cakes. I am giving a party within two layer of the prepared cysters. Season weeks. I will certainly appreciate your kind answer. I also wish to know how to put coconut on cakes so coconut won't

You had better bake one-pound brown. nkes. Large sponge cakes baked in the home evens are not always successful.

Three-quarters cup of sugar Cream and then add Four tablespoons of cold water One cup of sifted flowr, Tico tenspoons of baking pourder

a moderate oven for thirty-five minutes Cover the cake with coconut with

Grease a pudding dish and then place layer of fine bread crumbs and sprinkle thickly with brown sugar. Dust lightly with nutureg and cinnamon. Next a

My Denr Mrs. Wilson-Please tell me how to make grape sirup. V. M. Three cups of augar. One and one-half cups of grape juice

Cook for ten minutes and then use.

The Question Corner Today's Inquirles What fostly costume did an ex-plorer find a native of Greenland wearing when he visited that country recently?

Describe the latest device for comfort in the theatre.

After washing clothes by rubbing them on a washboard what precaution should be taken to keep the hands from being hard and Central News.

A DIFFERENT USE OF FUR

# THE HUSBAND HATER

### By HAZEL DEVO BATCHELOR Copurisht. 1921. by Public Ledger Co.

Consider, 1911, b Jean Northrup warried her guard-ian, Mark Brand, because she was ofraid of poverty, but after she had yone West with him to his ranch she was very miserable because she did not love him. When she had almost reached the breaking point she went East to wait Cicely Knowles, an old school friend, but life in the city seemed changed. The petimess of it and the feverish unvert made Jean thoughtful and when she finally rea-lised that she had given wore of her-welt that she had given wore of her-

## What to Do By CYNTHIA To "Mr. H. T. N." Cynthia is very sorry but she cannot encourage acquaintanceship between writers to the column. You may write to Dot in the column, but not outside. Difference in Age

Please Tell Me

WHAT'S WHAT

By HELEN DECIS

more interesting. Dear Cynthia-What do you think if fashion adds these a girl of twenty were to marry a man of wide pieces of fur forty-think the difference in their ages and shapes them to fit exactly around too great? BROKEN BLOSSOM. the curve. If you Usually twenty years difference is to Usually twenty years difference is too are getting tired of great, but it depends entirely on the inthat little choker dividuals themselves. neckpiece that

you've been wear "Uncle Walt" Once More ing all winter or if Dear Cynthia-Some folks in usking you have a new one for advice want you to tell them someto take its place thing nice; with mind made up they you could get some write to you, "Dear Cynthia tell me more use out of it what to do," and if I were you in such and acquire this and acquire this new angle by cut. chase. Tis "Hide and Seels" I have in chase. Tis "Hide and Seels" I have in like this and put-(Ob, how I'd like to pull their ears.) If ting it ond put-ting it on the pockets of your new sports crepe suit. There is a collar of the same kind of f ur, stretching a cross the back from one pair of wide lapels. The hat is fur, too. The hat is fur, too. The back from cone to the other of a pair of wide lapels. The hat is fur, too. The hat is fur, too. The back from one to the other of a pair of wide lapels. The hat is fur, too. The hat is fur, too. The back from one to the other of a pair of wide lapels. The hat is fur, too. The hat is fur, too. The hat is fur, too. The back from one to the other of a pair of wide lapels. The hat is fur, too. The back from one to the other of a pair of wide lapels. The hat is fur, too. The hat is fur, too.

man to smoke a cigarette while walk-ing on the street with a lady? Eighth. What is a plck-up? Ninth. What do you think of ladies who smoke? I have noticed that in the hest cafes both in Philadelphia and New York that most all women smoke. I would appreciate it if you would answer me as soon as possible, as I am very anxious to hear from you. Thanking you very much. IGNORANT. 'UNCLE WALT."

Thinks Cynthia's Column Unnecessary Dear Cynthia-I have been a con-stant reader of your column, but I hest-tate in saying that your column is won-derful. Very true, sometimes, some of your admirers send in a good criticies printed are all tranh. How should you. I or any other reader, believe that all the love affairs of your love-school are true? I do not intend to hand our 'panning' to any one in particular, but to all of those writing to you for advice alout judge what you will give for an answer. In my oplinon, one should use their mind to try to figure out just how they should act in regards to their love affairs. Do you really think that all inquirers of your column use that all inquirers

Dear Cynthia-I am an interested reader of your column and have won-dered if you would be good enough to enlighten me on the following subjects. I assure you that I shall be most grate-

# MADGE LIKES TO PRETEND THAT SHE IS INDIFFERENT

# And She Shocks Some of Her Friends by Talking Very Casually About Her Fiance-But Others Know

She Is Only Posing

THE engaged girl's diamond flashed in the sunlight as she put up her left hand to smooth her hair. "How's Jim?" asked the girl with her. "I haven't seen him for an aw-fully long time. You never bring him around on Sunday afternoons any "She is never happier, as there the

Certain colors or combinations of colors are associated with different fes-tivities throughout the year, To Wash-

colors are associated with different fes-tivities throughout the year, To Wash-ington's birthday, Lincoln day, Flag Day and Independence Day are assigned the national colors, red, while and blue. Christmas is traditionally red and green, Easter is violet and white; Hallowen is orange and black; St. Patrick's day, green and goid, and St. Valentine's day, is red and white in compliment to "the candy boxes, menus, tally cards, etc. Little cupids are charming favors for a Valentine, super-dance given in honori may be written, one-half on a white heart for the girl, the other girl, stop down to see him when he max to red heart for the girl, the other half on a red heart for the girl, the other half on a red heart for the girl, the other half on a tree heart for the girl, the other half on a red heart for the girl, the other half on a tree heart of the wait man. Matching the quotations is part of the Valentine fun-hard figure.

MADGE hung on to her air of sur-prised composure, as if she failed to understand why the other girl should expect her to see the see the sector of sur-ing every one who hears her-and re-ceiving great delight at the sight of that shock. If she enjoys it, of course shows expect her to see the man she is going continue to practice it all her life, and to marry every time he comes to her even if you call her bluff and face her

with the truth, she will still lift casual Why should she? ask her lifted eye- e yebrows.

You can't do anything but allow her o go ahead, enjoying herself-but brows. She has other things to take her time and attention, observes the airy shrug of her shoulders.

of her shoulders. Who is he, that she should be so in-terested in him? remarks that careless motion of her left hand, on which the don't make the mistake of belleving a word she says. Don't let her fool.you. She is just as fond of her husband as you are of yours—and he knows it. diamond finshes.

# THE WOMAN'S EXCHANGE

phy under "Schools and Colleges" in the business directory of the telephone book

Your letter was answered some time ago, but perhars you overlooked it in the column. The only place you can get these scales would be at an auc-tioneer's or a second-hand shop. There are furniture sales going on now at the department stores, and you might be able to get one for a lower price than usual there. Will Be Married in Pink

To H. T. A.



"FIFTY-FIFTY"

Paraley Tiny bit of onion

Brush the edge of pastry with oyste Brush the edge of pastry with cyster liquid and fold over, which cyster tightly together. Make a tiny hole in the top and brush with beaten egg. Place on a balang sheet. Bake for twenty minutes in a moderate oven. Serve two as a partien, crushing in the top a little but with speen or kulls and entering with speen or kulls and covering with ovster sauce.

Ossier Sauce

Mince one dozen systers fine and then use equal parts of strained syster juice and milk to make a thick cream sauce

FLANNEL IS SMART

In that convenient way to a new in fastimed without the use of FOR SPORTS WEAR strings or straps? correct for a bride at a home

wohling to wear a bat if she does of mone a veil? What old style is now the newest while for afternoon and street dresses?

### Yesterday's Answers

A new party for Valentine's Day is a heart-to-heart party, for which directions can be had by sending a stamped, addressed en-Nilk can be satisfactorily cooled without the use of ice by placing the bottle under the cold water spigot, with a small cup fitted over the top so fliat the water will drip down the sides of the A fascinating small hat is made

of tan brush wool, with a flowing tan mesh yell that has a band of the wool around the bottom. For the lady who sews a delight ful and elever gift is a sewing-room houghet, with leaves and flewers of different-colored ereps paper, each one holding a needed activity such as a package of pine a small spoul of thread, a thinkle When a loosened nail works large inle in a plastered wall

rap outon around the nail, soak it in glue and drive it in tight. A new manner of making some o the shirts of "dress-up" frocks is to have them hang unevenly, longer on the sides than in back and in front.

By CORINNE LOWE Both the Thames and the Some hav contributed more to flannel culture than our own American resorts. The French woman, for example, plays her smart costume of flannels much better than the plays her game of tennis and, as for the Thames, it is decorated almost

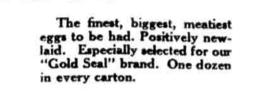
as much by its gay striped blazers as it is by the adorable white houseboats with their red germinus

with their red germinums. However, sports costumes of this ma-terial are taking an ever deeper hold upon the imagination of our designers, and the exclusive New York place of fashion is showing today not only the investment binary which fashion is showing today not only the conventional blazer which so many women select for wear with plaited white flannel skirt, but a number of more adventurous experiments. Of this mood the above costume is indicative. For the blouse of French flannel in brown, blue and yellow accompanies a plaited skirt of yellow flannel, and the vhole presents something entirely dis-panetive for southern wear.



Jean had no impulse to put herselt if it is not good at that kind of thing. The was to impulse to put herselt if it is the was too dure of the white light of a tired child.
She smilled a little bitterly, and her for the white light of a tired child.
The was to a tired child.
The not good at that him into the house the at the timest be a restaurant. It is the said eventy. There are the was not the white has a batterly.
The him she coefficient bians loog to a coefficient bians. So the table of the moon?
The him she coefficient bians loog to a coefficient bians. So the make the said there is the table of the table of the moon?
The him the coefficient bians loog to accele the moon?
The him the coefficient bians is the head much wounded price the table of the table and introduces them to the following subjects to the table and introduces them to the table and into the come table of fails to set.
Jeans what a was not table in there in the table of fails the was not the table and introduces them to the table and into the come table of the mass at an an interesting and the table and into the come table and the table and into the table and into table and there are a the would also the table and table and the table and the table and the table and th





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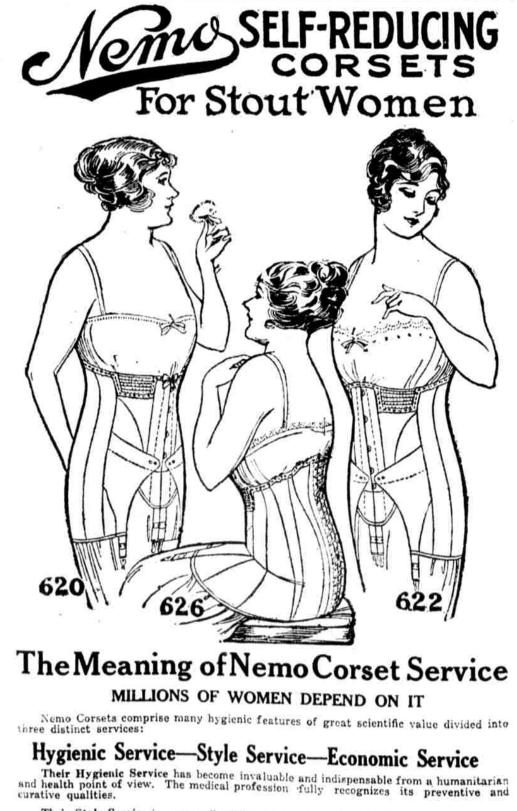
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