

MRS. WILSON GIVES DISHES TO SERVE ON SHROVE TUESDAY

Welsh Bread Pancakes Are Made With an Old-Fashioned Recipe That Is Still Delicious—Some Helpful Menus for Supper

By MRS. M. A. WILSON

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THE pancake and Shrove Tuesday are always associated with one another, both in the popular mind and in ancient literature. There has always been a great deal of contention among members of certain families as to which one could most dexterously toss the cake in the pan. For, I would have you know, the truest test of a pancake maker's skill is to toss the pancake so that it will turn in the pan and then toss it to turn in the pan.

In many of the English schools the pupils gather at the 11 o'clock bell on Shrove Tuesday, and when the cook advances to the bar that separates the lower from the upper school and tosses the pancakes where the boys are standing, there is a wild scramble for the coveted cake. The one who gets it unbroken receives a gift of money.

The pancake of early colonial history no doubt took the place of bread, and in many of our lumber and mining districts the masses of early settlers made their pancakes, or flapjacks—flapjacks being the name given because of the manner of flipping it over by twisting the pan.

Here are some famous old pancake recipes for you to try:

Welsh Bread Pancakes
Soak stale bread in cold water to soften and then turn in a cloth and squeeze very dry. Rub through a sieve and remove the lumps. Measure one cup of the mixture and the prepared bread. Place in a bowl and add:
Two cups of flour.
One and one-quarter cups of milk.
One teaspoon of salt.
Four level teaspoons of baking powder.

Raw Potato Pancakes
Wash and pare six large potatoes and then grate on a grater into a little water. This prevents them from turning dark. Strain through a fine piece of cheesecloth. Squeeze very dry. Place in a bowl and add:
Three cups of sirup.
Two and three-quarters cups of milk.
Two level tablespoons of baking powder.
One teaspoon of salt.
One-quarter teaspoon of clove.
Four well-beaten eggs.

Bohemian Pancakes
One and one-half cups of milk.
Three eggs.
One and one-half cups of flour.
One teaspoon of salt.
Two teaspoons of baking powder.
One teaspoon of vanilla.
One tablespoon of melted butter.

Southern Pancakes
Place four tablespoons of oatmeal in the mixing bowl and pour over the meal one-half cup of boiling water. Now add:

Through a Woman's Eyes
By JEAN NEWTON
Stout Heart, Indeed!

And now, ladies, you can see why I do not wear women's hats. Women, he thinks, is a somewhat of an anxiety, the inspiration of romance, poetry and art, and a woman's life is a life with her heart and mind and soul.

The Question Corner
Today's Inquiries
1. What is a new party for Valentine's Day?
2. How can I make a satisfactory cold-water bath for the use of a child?

Saturday's Answers
1. The only way to get a new party for Valentine's Day is to have a party for the children.

SOMETHING NEW FOR A WEDDING



Get Some One to Introduce You
Dear Cynthia—Thank you for publishing my letter. Now, I ask you for a little advice. How could I make my friends with the other sex? I am so shy? But I have started to go to dances and the young ladies seem to hold back from dancing with a stranger. If you throw a little light on this matter I will appreciate it very much.

Her Ideal Husband
Dear Cynthia—I read "Peggy's" letter and am answering her challenge by describing my ideal man.

The Kind of Men Girls Marry
Dear Cynthia—May I address this letter to you? I have a question.

Yes, It's Almost Finished!
And by this time next week you'll be introducing yourself to another one of

Wait and See!
It Starts Next Monday

The Woman's Exchange
And Now Comes a Canary

A Reference Library
Dear Madam—I am almost ashamed to ask you anything more. But I am taking a poetry course and need reference work on metaphors, etc.

All About a Wedding
Dear Madam—I am coming to you as I see others do when they have any trouble.

Things You'll Love to Make
St. Valentine's Dinner-Card-Book-Mark

An Orchid Shade
Dear Madam—The room which you have just decorated is a very nice one.

Please Tell Me

What to Do
By CYNTHIA
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THE BRIDE'S NEW HOUSE LOOKED JUST LIKE HER

It Was Just as Nicely Furnished as She Was Nicely Dressed, but Just as Uninteresting as She Was Uninteresting

"WELL," asked the card club eagerly surrounding the only member who had been to see the bride, "how is she?"

"Perfectly fine," was the enthusiastic reply. "And what is the house like?" came the next question, tumbling over the first one.

"It's—disappointing. It doesn't look like you, if you know what I mean. It just looks sort of flat, sort of uninteresting, sort of—oh, I don't know."

"Looks like her?" suggested a voice. "Yes, that's it, as if it needed pep. They all knew about the house, then. Did you ever stop to realize how much house look like people who live in them?"

"This bride was a nice girl, always pleasant, never disagreeable, catty, quarrelsome or gloomy—but, oh so dull!"

"Her clothes were well made, but drab, colorless with no particular style, just like her conversation."

"And her house was just like her clothes. Things that should have been stood out from the wall were pushed flatly into a corner."

"A rug which should have sprawled indignantly across the room from the slanting doorway to the dayport was placed tiresomely straight beside a table."

"Pillows which might have lent a note of comforting warmth to the living room were correctly blue and properly green, decorously straight and upright."

"It was a very nice house, but not an interesting one—just like its owner."

YOU know the house that the Browns live in, around the corner. Mrs. Brown stands as a most hospitable person, most unselfish, most delightfully graceful with her guests.

IT is the character of the woman who lives in the house which influences its atmosphere and makes it uninteresting, comforting or forbidding.

THAT "BUSINESS BRAIN" will not function when the stomach is overloaded with indigestible, starchy foods.

Two Biscuits with hot milk make a warm, nourishing meal for a few cents.



Jiffy-Tell
The Real-Fruit Dessert—No extra price

Get Jiffy-Tell in these days of the quality dessert. It is due to you and yours.

10 Flavors—2 Pkgs. for 25c