

SOME GOOD HOT BREADS SUGGESTED BY MRS. WILSON

Creole Rice Muffins Are Split and Roasted—Bacon Cornbread and Kentucky Sally Lunn Are Delicious Southern Recipes

By MRS. M. A. WILSON

THE southern housewife has long acknowledged the fact that the men folk of the South just must have their breads three times a day. Modern bakers' machinery has made the task of making bread so inviting and profitable that today one city but counts the bakeries in its territory, and the housewife is indeed in danger of losing her real housewifely art.

Let us go back to the before-the-war days and let us make plenty of home-made products—such as breads, biscuits, cakes and pastries and real home-made puddings.

Here are some of the delicious breads my mother used to bake—and they owed their success to the beating of the batter:

Creole Muffins
Cream well
Four tablespoons of sugar.
Yolk of one egg.
Two tablespoons of shortening.

Wash one-half cup of rice in plenty of warm water. Now place two and one-half cups of water in a saucepan, and when boiling add the rice and cook until the water is absorbed and the rice soft.

Creole Rice Muffins
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Bacon Cornbread
Mince two ounces of bacon or salt pork in small pieces and brown lightly in a frying pan and then turn the fat and all into a mixing bowl. Add

Ham Scones
Place three and one-half cups of flour in a mixing bowl and add three level tablespoons of baking powder.

Snails
Place in a mixing bowl
One-half cup of sugar.
Four cups of flour.

Cannot Change Intep
Dear Madam—You have helped so many others I hope you can help me. How can I raise my instep? It is very annoying to have on low slippers, because my feet look so long.

Things You'll Love to Make
Wrapped Dinner Gown
To make this simple yet captivating garment, take a yard of georgette and one-half yard of silk and long enough to reach couple of inches above the waist.

The Question Corner
Today's Inquiries
1. How can a comfortable rest for the invalid's breakfast tray be made at home?

Yesterday's Answers
1. An exquisite feather fan is fashioned oddly into a woman's head, the handle forming the face and the feathers the hair.

SILKS DRESS GOODS WOOLENS
MEN'S SUITINGS
54-56 in. All-Wool Tricotine, permanent finish, \$5.00 value..... \$2.00

THE HUSBAND HATER

By HAZEL DEVO BACHELOR

Jean Northup married her guardian, Mark Lincoln, because she was afraid of poverty, but after she went with him to his ranch she hated her husband and was very unhappy. Her only desire was to get away and finally Mark offered to allow her to go East, where she could live with her old school friend.

Cicely's News
JEAN was packing when Cicely came into the bedroom and closed the door behind her. She stood with her back against it watching Jean food her things into the trunk.

By CORINNE LOWE
Even though you have never before been a tea gown taster, the models that have come out during the last few years will tempt you to take up the profession.

Striking New Styles
Fashion Shows Prophecy a Startling Frock of Vivid Colors for Spring.

Must Accept Invitation
Dear Cynthia—I am a steady reader of your column and have always enjoyed it immensely.

Answers to Queries
Dear Mrs. Wilson—I recently made some grape jelly, but in the process I burned it slightly.

Busy Americans Are Breakfast Rushers
They need food that tastes good, is eaten easily without impairing digestion, and that tunes up body and brain for a driving day's work.

Grape-Nuts
This food contains in easily digestible form the concentrated nutriment of selected wheat and malted barley.

Grape-Nuts Needs No Sweetening "There's a Reason"
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Please Tell Me What to Do

By CYNTHIA

Most Men Do Like Red Hair
Dear Cynthia—I am a constant reader of your interesting column, and I would like to reply to a query of Monday's evening paper in regard to "Red Hair No Longer Popular."

Etiquette Questions
Dear Cynthia—I trust you will advise me on several points of etiquette with which I am not familiar.

WHAT'S WHAT
By HELEN DECE
The old-time beau thought nothing of scattering flowers of speech at the feet of every woman and, whether she was seventeen or seventy, the old-time belle seems to have liked this form of homage.

Adventures With a Purse
REMEMBER the other day I told you about the neck chains with two or three links or rather loops that in appearance reminded one of small delicate pearls—silver-lined? Well, now, if you please come along the "Peggy bracelets" that are the exact counterparts of these chains, only they consist of just one long chain that can be looped over and over one's wrist until one has many bracelets in one.

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SHALL WE CORRECT THEM FOR TALKING BABY TALK?

Shall We Call Attention to Their Funny Mistakes and Mix-Ups?—Tell Them How to Speak Correctly and Make Them Into Little Prigs?

THE old lady who nags a child for not talking like a man, writes a sensible woman, "should bid him walk like a man in the same breath."

Of course, there are children whose parents keep after them and at them all the time until they are merely miniature of their elders, stilted little things, with all the originality taught out of them.

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RIGHT ON THE JOB

every day, every week all the year round, with the vim and vigor that come from simple, nourishing foods that are easily digested—foods that do not tax the stomach or poison the intestines—that's the man who eats Shredded Wheat Biscuit. It contains all the body-building material in the whole wheat grain, is easily digested and keeps the intestinal tract clean, healthy and active.

Try this simple, natural diet for a few weeks and see how much better you feel. Two Biscuits with hot milk make a warm, nourishing meal.

Shredded Wheat Biscuit

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Advertisement for Shredded Wheat Biscuit, featuring an illustration of a woman and child, and text describing the product's benefits for health and digestion.

Advertisement for Louella Butter, featuring an illustration of a butter box and text describing its quality and availability at ASCO stores.