Using Different Flours Provides Variety—Recipe for Brown Bread Suggests Home-Baked Beans, and These Two

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OOD bread is a great need in many homes today. It is a real and an appreciated luxury in the homes of the realthy, yet every housewife may ensily prepare good, palatable bread if she will but put forth a determined effort.
During the winter the housewife should plan to bake bread twice a week. when the family is small, and three times, if needed, when the family is rger. This, together with good home-ade pies, pastries, cakes and plenty of the coarse wintry vegetables, w Whole wheat, rye, corn and rice four all afford variety and may be need for bread and biscuits. Try some and home-baked beans for Saturday night supper.

An old-time brown bread recipe:
Use one-pound cans in which coffee
spacked; these will make splendid molds. Grease and flour the mold. Now place in a saucepan

One quart of water One teaspoon of salt. One cup of molasses.

Bring to a boil and add one and one nalf cups of cornmeal. Stir and cook for ten minutes and then turn the mixture into a bowl and let coul. Now

One cup of tye flour.
One cup of whole wheat flour.
One cup of bran.
One cup of serded rainins.
One and one half level teaspoons of

baking soda, dissolved in One-half cup of water. Mix and then turn into molds and fill about two-thirds full. Place in a from the kettle and take off lids of molds. Place in warm oven to dry off.
Plan a menu that will include from Saturday night to Monday's evening SATURDAY DINNER

Casserole of Brown Onion and Cabbage Home-Baked Beans with Tomato Sauce

Mashed Parsnips Lettuce Canned Peaches SUNDAY BREAKFAST

Oranges Cereal and Cream Sausage and Hot Cakes Coffee DINNER

Celery Fricassee of Chicken Onion Salad SUPPER

Bean Croquettes Fruit Salad Rice Cakes Sponge Cake MONDAY DINNER Clear Tomato Sonp Emince of Chicken

> The Question Corner Today's Inquiries

How may last year's serge street dress be t ansformed into this se t.ansformed into this good-looking afternoon

2. What are the latest needles for the talking-machine made of?

3. Describe a smart overblouse to 4. In what new way can some cunning pillows for the nursery be

5. How can one heat milk so that when it comes to a boil it will not bubble over onto the stove? 6. What is the latest fad in fancy.

Yesterday's Answers

1. The only woman's publishing house in the United States which is run entirely by women, with women as heads of all its depart-ments, is located in New York city in connection with the national board of the Y. W. C. A.

2. An exquisite little party bag can be made out of changeable colored taffeta, shaped round. with several parrow bands of ostrich feathers around it, any a mirror which forms the bottom of the bag on the inside and is covered with the taffets on the outside.

A new kind of gas to be used for A new kind of gas to be used for lighting purposes that is experimented with at the present time is made from the funes given off by out, when they are intensely heated. Some attractive guest towels which would be not to use for "very best" have a band of filet, of a simple design, set in each

of a simple design, sor in each one, and this is made still prettice by a tiny cluster of flowers worked in French knots, at either end of the band. An invention of the most prac-tical nature which has recently been devised for the type writer is an attachment which by mean

of a bell gives a warning that the last line of the page being type written has been reached.

6. Little ladies roade of china form the base of some of the new boudoir lamps

Down

Elgin Butter

Make an Excellent Supper

Baked Macaroni with Cheese Spinach Hot Biscuits Butter Lettuce Gingerbread Apple Sauce

The market basket will require Two pounds of apples, One dozen medium-sized oranges, Two bananas,
Two heads of letture.
Two pounds of onions,
Two pounds of cabbage,
tine and one-half pounds of parsnips,

One hunch of carrots. time half dozen eggs. tine half pound of marrowfat beans, tine half pound of rice. tine package of macaroni. Two cans of tomatoes.

One can of string beans. time can of peaches, One purkage of pancake flour, One-quarter pound of barley, One pound of fresh sausage, ro pounds of soup bones, our and one half pounds chicken, time pound spare ribs for baked beans, One bag flour. Our pound of cornmeal,

tine pound of rye flour. Breakfast cereal Raking pawder.

Carrot Cakes Wash the carrots and scrape, then cut into small pieces. Cook until tender, drain and then season well and mash. Form into flat cakes and dip in flour, and brown in hot fat

Casserole of Brown Onion and Cabbage

Peel and cut into slices one and onelarge kettle and fill with cold water to balf cups of onions. Now place one-two-thirds depth of mold. Cover and half cup of shortening in a frying pan bell for one and one quarter hours. Lift and cook the onions until very brown. Do not burn. Add the cabbage, chopped very fine, and smother until the cab-hage is soft. Turn into a large soup kettle, add the soup bones, soup herbs,

One-half cup of barley. Three quarts of scater. One carrot, cut in tiny dice. One-half teaspoon of thyme One can of tomatoes, rubbed through

Bring to boil and simmer slowly for three hours. Thicken and then strain one quart of stock and set aside for barley broth. Season and serve.

Orange Pie Grate sufficient orange rind to measure one tablespoon and then place in a saucepan, and add juice of three oranges, with sufficient water to measure one and one-quarter cups, also

One cup of sugar, Eight level tablespoons of flour. Stir to dissolve the flour and then bring to a boil, and cook slowly for three minutes. Now add

and beat with a dover egg-beater until the mixture holds its shape. Pile on pie and dust lightly with confectioners' sugar and brown slightly.

Frul Salad Pare and dice

no apples. Two oranges. Tico bananas. Place in a bowl and add one half cup of coconut. Toss so that fruit may be covered with coconut and then

One-half cup of apple jelly. White of egg.

a bowl and beat with dover eggbeater until the mixture holds its shape se for saind dressing over fruit salad. Use yolks of eggs in gingerbread.

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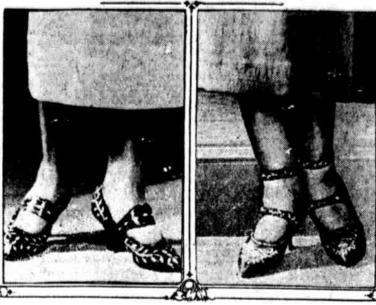
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THE VERY NEWEST



Strap slippers seem destined to make a sensation. They were so different when they first appeared from anything we had worn for a number of years that they were positively startling. Now that they have become as much a matter of course here as they are in Paris something has had to be done to restore them to their former condition. And so some one conceived the idea of having them embroidered and beaded. The picture shows the ordinary one-strap slipper done in eyelet work for street wear, and the more elaborate two-strap affair heavily beaded for afternoon and evening

THE HUSBAND HATER

By HAZEL DEVO BATCHELOR Copyright, 1921, by Public Ledger Co.

Jean Northrup, brought up in luxury, is forced by her father's death and bankruptcy and her own fear of poverty to marry her guardian, Mark Brand, a man she dislikes at sight. She is miscrable out on Mark's western ranch until she meets Dick Mason, a young engineer, and a friendship springs up between them which on Dick's part soon develops into something deeper. He makes the mistake of telling Jean the truth and of asking her to run away with him. Mark overhears everything, including Jean's indignant refusal, and after Dick's departure offers to allow her to return east. Jean visits Cicely Knowles, an old school friend, but life in the city seems full of petty sordidness, and Jean does not enjoy the happiness she had expected.

Jean's Sense of Honor

TICELY belonged to a card club composed of the younger matrons and some of the older girls who had not been married. These latter were nearly Il girls of Janet Heasilp's type, a bit helined to be cynical and worldly wise, bit inclined to look upon love and parriage askance.

All kinds of things were discussed at this club over the card tables, and Jean, who went with Cicely to the meetings, usually sat and listened. If by chance any one of the members happened to be absent for any reason she was discussed as freely as any non-member. There did not seem to be any sense of loyalty among the women.

At one of the meetings a min'r among the means of the meetings a min'r among the means of the meetings a min'r among the meetings are min'r among the min'r

Volks of two eggs.

Two-thirds glass of apple jelly and beat with a dover egg-beater with the mixture hold.

"But, Jean," expostulated one, "surely she's entitled to some happiness, and she's not doing anything wrong." "She's doing this much wrong, she's making it possible for you people to discuss her, and sooner or later, whether her friendship with this man is entirely all right or not, she's going to put herself in a terribly wrong position with her husband. She married him, and she ought to be loyal to him." "Cheely laughed. "Jean doesn't count, girls, her ideas are so colored by her own life that she simply doesn't understand what it is to be unhappily married."

Lean was silent again she thought to learn the she in the spirit of the times."

Tomorrow—"A Little of Everything"

girls, her ideas are so colored by her own life that she simply doesn't understand what it is to be unhappliy married."

Jean was silent, again she thought to herself, "If they only knew the truth!"

Jean had been nearly a month in the city already, and the life, although it absorbed all of her time, somehow seemed to flow all about her without touching her vitality at any time. She had written to Mark once thanking him for some money he had sent her. With the money he had sent a short note hoping that she was having a good time. He said nothing at all about the ranch

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all this, we simply say:

ASCO

Making More Money

When Kate Greason was still a very voung girl, her father noted that she was fond of spending her spare moments in his machine shop and around his office, instead of skipping rope or playing with dolls as did the other little girls of the neighborhood. So he encouraged this love for machinery and, when his daughter finished high school, when his daughter finished high school, he even agreed to her proposal to enter When Kate Gleason was still he even agreed to her proposal to enter Cornell as an active member of the class in mechanical engineering, returning to the shop after graduation and finally taking charge of the entire output of the

and his own affairs, and Jean in the letter she wrote to him retaliated by raving about the spigndid time she was having and how fine it was to be back. She did this partly because she knew in her heart of hearts that she was not having a good time, the feverish life she was leading made her vaguely restless. She did not know what she wanted, but she was certain that it was not the kind of a life she was leading at present. It was just at this time when she was most at sea that an astounding thing happened. It was nat a dance given by one of the young married couples and Jean was looking unusually beautiful. She wore a silver dress and silver slippers, and carried a fan of brilliant orange feathers. Her dark hair was gathered high on her nead and fastened with a comb of brilliants. She knew that she looked lovely, but somehow she did not care. The bright enthusiasm had gone out of her life entirely. Tomorrow-An Unexpected Meeting

Holding Four Men's John

know She gathered from the general conversation that this girl was unhappily married, and had no scruples about seeing and knowing other men, one man in particular.

"She should have married Phil in the first place," Cicely contributed, secure in the knowledge that at least she was entirely loyal to her own husband. "Meli leisn't suited to her, every one said in the first place that he was too old."

"Well, she'd better be careful."
Cicely's partner remarked, "Melville isn't blind, and she and Phil are seen everywhere together."

"I think that's dishonorable," Jean flamed suddenly.

The eyes of the other three women were turned on her suddenly, calculating young eyes that seemed to bore into Jean's very soul.

"But Miss Gleason did not stop there. She had had a taste of "man's work" apply her talents along other lines. The financing of industrial plants appealed to her as one of the big problems of the day and her success was so marked that thought of the board of directors of the First National Bank of Rochester, N. Y., elected her as president of the institution, not. After this recognition of her ability it was only a step to another position on which the sign "For Men Only" had previously appeared—that of a membership in the Rochester Chamber of Compressing in the Rochester Chamber of the proviously appeared—that of a member-ship in the Rochester Chamber of Compressing in the Rochester Chamber of Compressing in the Rochester Chamber of Compressing in the Rochester Chamber of the financing of the cattery.

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"Taste it!"

Instead of telling you about the herds of finely bred, healthy,

girls are getting these days. So if these girls never intend to become mothers, why shouldn't they be treated as men and pay half the expenses? They both (the lady and gentleman) get the same amount of pleasure. If they want to be independent and mannish, why should they be treated as women? When speaking of girls I mean the majority and the majority rules, so I say all girls.

What About Marriage License?

Dear Cynthia—I am a young girl of eighteen. I left my parents in England and came to this country all alone about two years ago. I have been working steady ever since, and have helped my parents as much as I could. About a year ago I met a young man who is an American citizen. We have decided to get married. But he says that as I am under age we could not obtain a marriage license without the consent of my parents. Will you please tell me if this parents.

A girl cannot marry in this state under twenty-one years of age without her parents' consent, or the consent of some one who is named by them as their representative. But it is possible for her to marry in Maryland or New York under twenty-one.

Dear Cynthia—No, I'm not a girl in my 'teens. "considered good looking by the opposite sex," nor am I going to "razz" somebody either. Strange, I adit but true.

"Sure, we appreciate her well cooked meals--but we can't help making a fuss over the extras. like Ancre Cheese." ANCRE

By HELEN DECIE

What to Do By CYNTHIA

Please Tell Me

Don't Do It Gypsy-No, dear, do not marry i who tells you of his love while he is bound to a wife and two little children. You will not be happy with him. Even if the wife has not been all she should be, he owes his babies and their future some thought. Don't do it and try to persuade him against divorce for his children's sake,

Ask Her, Not Her Friends

Dear Cynthla—I am coming to you for advice for the first time. I love a gird very dearly. I go to see her every Saturday night with other friends, but I'm in doubt whether she loves me or not. Of course I never asked. I'll tell you the reason why. When we are together with the she was the first one why. When we are together with the she was the first one why. When we are together with the she was the she seems to be shy and afraid to speak to me. She only looks at me wifen I'm not looking at her and that's why it makes it hard for me to propose to her. Some of her friends told me she admires me very much; that I could easily win a wold me and when some girls tense her about me she blushes and looks an noved?

Would it be proper to write her and ask her why she avoids me or shall I ask her her why she avoids me or shall I ask her her why she avoids me or shall I ask her her why she avoids me or shall I ask her her why will words?

"Whitey" Once More

Dear Cynthla—The other day you told "Billy that "Whitey" ould appear again. Well, I've been awaiting my appearance myself for a couple of weaks.

And many a heart to be instruction and complained. And then she was told why in very convincing words.

So it went throughout the whole list by the end of the week she had tried that.

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So it went throughout the whole list by the end of the week she had tried that.

So it went may be used to the many the she went to the most difficult and strenous than the list.

So it went may be used the many the many the part of the sa

Dear Cynthia—The other day you told "Billy" that "Whitey" would appear again. Well, I've been awaiting my appearance myself for a couple of weeks, but don't bother printing it now.

Anyway. "Billy," it wasn't I who started this wild life stuff, it was the readers who picked out different small phrases in my letters to knock me—or boost me. I wonder how many secret boosters I have, anyway; none. I guess. This is my idea: Why shouldn't girls pay half the bill of a night's fun? They are all proud to say their position is equal to a man's, and lots even go so far as to ask you the question. "Why should I have to marry?" That's the way the girls are getting these days. So if these girls never intend to become mothers.

WHITEY.

Asks Why They Knock

mit but true.

The reason I'm writing to you, Cynthia, is because I believe I should thank you for the huge amount of enjoyment your column has brought to me. For months I have read the various letters,

CHEESE

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ASCO

WHAT'S WHAT



where off the home table, there is a delicious gravy served which the diner wishes to consume, bread may be broken, and as small portion of this can be dipped into the consume, bread may be broken, and as small portion of this can be dipped into the mouth. When dining out, even this fork-dipping is to be avoided.

The sum of the policy of the consumers of the caused me. Say, what is your column for, anyway? At first I had an idea from its title, "Please Tell Me What I to Do," that you are to pass out advice to lovestick kids that are wearing that I had done the usual thing, opened the caused me. Say, what is your column for any house of the corner of the corner by the corner of t

Just because it's human to knock.

SHE COULDN'T WAIT TO TRY HER EXERCISES SLOWLY

She Had to Go at All of Them Right Away, and the Result Was a Set of Aching Muscles-Better Be Like Little Bo-Peep

SHE had been taking a course of out how it is coming along, and just how long it will last.

The friend whom you are besieging

directions for more advanced ones to the friend whom you are besieging do at home.

They were arranged according to feels that if you are going to take a more friendship so seriously and put so the more difficult and strenuous than much romance into it, she must be fail-

They don't fall and get "sad," and they don't go into a decline—they pa-you back in your own coin by hurting you much worse thair you felt you were hurting them.

TT ISN'T always with new exercises I that you attempt this rushing; some-times it is a new friendship, and some-times it is a new position. You can't be satisfied to let it go on in its own slow way, gaining ground,

You must look into it, test it, fine

making itself firm and solid.

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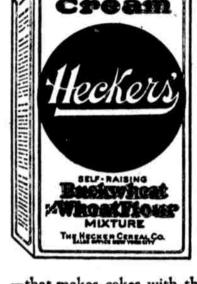
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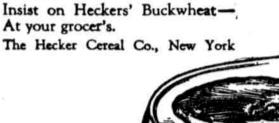


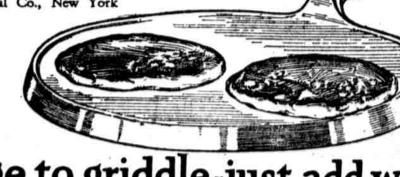
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