## MRS. WILSON BRINGS SOME RECIPES FROM MAINE

In the Hope That These Wholesome Old-Fashioned Goodies Will Tempt Housewives to Do More Home **Cooking for Their Meals** 

By MRS. M. A. WILSON Wepyright, 1821, by Mrs. M. A. Wflaon, Sauce, All rights reserved.)

10

"CHANGE for Exeter Corners." Called the conductor-and quickly I grabbed my bag and was ready to stepto the platform as soon as the train stopped

'Marm, if you please, it's quicker and near to the Corners if you take for five and near to the Corners if you take this high-speed trolley over; it runs blend, and then fold in the stiffly beater on the hour and if you step lively you white of egg and cool. Serve. can make the car standing over yonder.

After similar ride of nearly an hour's duration. I reached the Corners, and there found Miss Meredith wait-ing for me with the cutter and a spanking pair of bays, to take me to Mrs. Meredith's home -the home of the famous cook in the state of Maine.

A long, low, rambling story and half farmhouse, standing upon a hilly slope glistened in the winter sunshine. As I was ushered into the big, roomy kitche I was greated by the dearest little woman in the world. Her face was with happiness and ming clared to goodness that somehow or other she just loved to cook and ninke good things to cat-in fact it was just

like doing embroldery work, so far ashe was concerned, "When I go to the big cities and see the little children, I just wish that I could take them home with me and turn.

them hoose in the orchard and fred them with plenty of milk, cinnamon cake and other o'd-time goodies. Do you know, this summer I figured it out and I find that I can make more housy selling my kitchen products than almost any other thing I can do," said Mrs. Meredith, "And do you realize that this should mean a great deal to the bank) housewives in this country?

Now that flour and other commo are becoming lower in price. I feel that bringing Mrs. Meredith's recipes to this page will induce many house-wives who have formerly purchased many of these deliencies to return again to their kitchens and make beets of dainties for the family.

## Pork Spice Cake

This recipe is over three hundred ears old. It makes a delicious oldyears old. It makes a delicious on time goody. Place in a mixing bowl: Four ounces of fresh park, sausage

Four ounces of lard One and one-half cups of brown

Three and add Three and one-half cups of four. One-half cup of coro. Two terspoons of contamon. One teaspoon of nutney, One-half traspoon of allspice

Three level tablespoons poucder. One cup of black coffee, One-half sup of molasses, One cup of seeded raisins

Beat hard to mix, and then lake an oblong baking pan in a slow oven for fifty-five minutes.

Indian Meal Dumpling-Lemon Sauce

Place in a saucepunt One and one-half cups of water. One-half cup of simin. Two-thirds cup of broken sugar. Six tablespoons of mod observations. One traspoons of sail.

Bring to a boil and add : One cup of comment. Cook until thick, like my CHAIL DOALD

furn into a bowl and evel, and they and ing well with the fat Grated rind of one lemo

One-half package of weded strated, One-half pound of prunes, stored see

and boil for one hour. Serve with lemon Lemon Sauce

Grated rind of one lemon. Strained juice of two lemons, Two-thirds cup of sugar, One cup of water, Six tablespoons of cornstarch Stir to dissolve the sugar and starch and then bring to a boil and cook slowly minutes. Remove from the fire

Old Fashlened Brown Betty

Grease a pudding dish, and then dust

wen for thirty-five minutes and then Then the problem becomes knotty inserve with buttersoutch sauce.

## Butterscotch Sauce

Place in a saucepan time and one-half caps of brown paid for and could not change a purple orar, thildespoons of butter, the was sell that was in this lies tablespoons of water, took until a rich brown that will a soft bail when tried in cold

ater and then add

One cup of milk. This children and constance.

Three tablespoons of cornstarch. Dissive the starch in the milk, then bring the mixture to a boil and cook slowly for five minutes. Remove from the fire and add due tenspoon of vanilla extra t. The upholstery stuff had to be chosen and the draperies and the ac-cessories selected. She had a daven-

sides.

deed

## Spanish Steak With Spaghetti

cessories selected. Unce the butcher cut one and one-quarter pounds of round steak one inch thick and then cut in pleces two inches wide by three and one-half long. Pat plenty of flour into the ment and brown We selected fabries and accessories

pienty of floar into the ment and brown quickly. Now add two cups of water and two cups of sliced onions and corer. Cook very slowly for one hour. Now, while the steak is cooking cook the parkage of macaroni in boiling water for twenty minutes. Drain, rinse under cold minuing water and then turn the prevaroni into a large, well-greased haking dish. Now minee very five The macaroni device of the lambrequin, we selected vel-veteen in dive gray. No side draperies, as we willed to economize, but the hor meaning water and then turn the meaning dish. Now minee very five

Two unners of sait pork.

Three oniona

a boil and season with (ne and one-half teaspoons of salt, One-half teaspoon of papelles, One-quarter teaspoon of white

to pla One-eighth traspaon of cloves, One-half cup of finily mineed pars-

ul he neepared steak and one-half Lozen adves cut in tiny bits. Pour over over far thirty minutes,

## Corn howder

Mines very line two ounces of sait part and fry a delicate brown. Now a ld three tablesponfuls of flour, blendone onion grated. tier large notato, die One and one-half cupe of which, Two tablespoons parsless

MAKE IT HARMONIZE WITH YOU

Please Tell Me What to Do By CYNTHIA

> To "Disgusted" Yes, dear, accept the invitation for the week end and go. Do not spoll your own life because your mother has made a faise step. Your friends want to help you to bear it. Face it and make the best of your own life, and do not cut yourself off from others.

Another for "McWizzburgh" Liear Cynthia-McWhizzburgh would ever let one like the Plebe get him

hear Cynthia-ac winnerse get him nad. He writes very interestingly on love, the most interesting subject in the world. As your column is devoted to young people's troubles I think Me-Whizzburgh is just the one who can answer them' right. I knew a local preacher that spoke so well on love, strongly advising no marriage without have that his church was always

church for anything." The Piebe is jealous. He could not write en any subject as well as Me-Whizzburgh does on love. So here's one who wishes you every success. McWhizzburgh. Please keep up the good work. I'm sure your own to a ford work. I'm sure your own to a ford work of the prospet for being the required harmony of the occasion up the good work. I'm sure your own love affairs deserve to prosper for being

so generous in helping others.

Shall He Ask Her? Dear Cynthia-While attending an entertainment with my boy friend we met two attractive young girls. We have been going out with them three times a week for pretty near a month. One night my boy friend went out with the one girl that he met at the ente-tainment and asked her if she had a "ateady friend," and when she said "no" he prompty asked her if he could he her steady, to which she replied yes. So much for my boy friend. "The girl I go with is a very attracbe her steady, or with is a very attrac-So much for my boy friend. The girl I go with is a very attrac-tive and lively girl. I like her very much and I have reason to believe she likes me. Do you think I would be likes me. Do you think I would be her "steady friend," even though I have not been going with her very long? I know she has no othef "steady friend," because I've asked her. If you think I nm perfectly all right in doing this how should I go about it, and if she should refuse because I have not been going with her long enough an-vet mys there is hope and that I may ask some time later, what proper length of time should I wait? E. G. S. He good friends with the girl, but

ONE WHO READS THE COLUMN EVERY NIGHT, Shall He Ask Her?

WHAT'S WHAT

By DUTEN DECTE

preacher that show marriage without strongly advising no marriage without love, that his church was always crowded. The girls used to say "H-preaches tonight: 1 wouldn't miss preaches tonight: 1 wouldn't miss

So many of them have no daughters where in the dialing-room peace every where in the drawing-room, peace every where in the realm of tranquil pleasure of the second of propriety with you; it only excludes the occasion.
So many of them have no daughters where in the density does not arrue points of propriety with you; it only excludes the occasion.
An Accomplished Linguist
They have never known the kind of the mission his thanks to her and his degree that of the subscience that cannot be worked to be well educated to be well educated.
They have never is the legal and moral relations of a matic to fail the legal and moral relations of a matic to know. In addition, show the subscher subject mecessary for the rules of a matic to know. In addition, show the subscher subscher meeting to a matic to know. In addition, show the simplifies a fairly accomplished musician, and the details of practical housework.
So many of them have no daughters whoat to the simplifies to help, have never known the kind of the subscher meeting to another subject meeting to know. In addition, show the simplifies to a fairly accomplished musician, and the details of practical housework.

GIVES A YEARLY DINNER At a Certain Mission House Must Feel Great Joy at Being Able

to Make His Homeless, Lonely Guests Feel at Home for One Evening

THE RESCUED TRAMP WHO

A VERY casual little news note an-tain man had just given his annual binner at a mission. This affair has been going on for a mumber of years, ever since the host, a broken-down, ill, penniless, homeless tramp, was walking past a mission of this kind and heard a woman's vorce singing a hymn. He recognized it as the voice of his own daughter, from whom he had cut himself off, and he wont in. From that time on he has been taking

No wonder he wants to entertain men who are down and out; whatever the cause of their downfall, they need the From that time on he has been taking his place in the life and work and home that was his before he went "down and From that time on he has been taking his place in the life and work and home that was his before he went "down and out." That word "home" must have a special significance for him after this experience, and perhaps that is his chief reason for wanting to extend a little of to those who are as he was on that night years ago. So many of them have no daughters whose voices can bring them back to a

# Philadelphia's Favorite Cake Now Baked In a New Shape!

Lear Cynthia-I appeal to you be-cause I have no older sister or friend, and I would apprediate it tremendously if you would advise me. I am a girl of fifteen and am very big. Working as a stenographer I am naturally not very "babylike." I have known a certain young man, whiteen, who was a very good friend f mine for some time.

I would have you understand that

He Kissed Her Hand

I would have you understand that no so-called "low-making" was involved in this affair, as he is a rather refined and educated boy and I am considered a girl with common sense.
Why, yee." Jean said slowing "of the different from all this but it is fascinating." She was tainling on she spoke. Did she refully like the life.
Why, yee." Jean said slowing "of the people the absence of a kind to the people the absence of pointiveness of a kind to her heart? He sho said "Wonderstand. I don't. "WONDERNAL" Temerrow-"What do you think of He meant to pay you a compliment, but let it end there.

come:

VINSPOUND, that famous cake long preferred by Philadelphians, is now baked in bread-loaf shape. Higher, longer, not so wide-when cut, only one inner-surface is exposed. That means its



Good advice given by an expert in These framed in the wall space nicely

dow eventually will be a fireplace. This is just opposite the davenport. At this wall space we hung a decoration, a painting of roses and larkspur keyed

to blue. We placed beneath the painting, to emain here until the fireplace is built, small carpentered open bookcase, ends rather high and rounded x-ith we treated as a part of the woodwork of the room, painting it old ivory o match. To reflect the light from hese two windows we hung a long, Adjoining was the dining room-n'ainly in view, furnished in mahogany, bright blue seats to the chairs, blue

incrow mirror, horizontally over the and tauge draperies, blue and tan rag. One wing chair we covered in rose

aupe and dark blue damask brocade, and the other in dark blue velveteen. At the windows on the whole first floor we placed silk gauze in changeable gold and blue. The fabric has wonderful and blue.

resilience, looking greenish gray, which b'ends well with the stucco from the utside, and golden where the light 'alls through it, viewed from within. Now everything was well excepting th rose-colored strips in one wing hair and the amethyst velvet figures if the davenport. These colors were of meant for a Titian blonde, so we

made a cunning little pad of old blue affeta, with ornamental tassels at each side to "background" her head on the wing chair, and on the davenport table

of time should I wait? It is the girl, but He good friends with the girl, but it is better not to keep "stendy com-pany." Talk to her about it if you want to and feel that she may expect it, but unless you are old enough to become engaged do not the her or your-self down to each other. Have plenty self down to each other they fill treally we placed two vases of Italian ware, figured in blue and lemon mock oranges, with blue green leaves. These we made into lamps and topped off with bright turquoise blue silk shades. self down to each other, till it really of friends and wait for love till it really

Three onions and brown well in a fixing pan, adding one and one-half cups of canned to-instore rubbed through a line size, and Four tablespoons of connstarch. Dissolve the starch in the tomato income before adding to the salt pork and onlon and stir well to blend. Bring to a boll and season with On the table we placed a turquoise

## THE HUSBAND HATER

### By HAZEL DEVO BATCHELOR Copyright, 1921, by Public Ledger Co.

an Northrup, brought up in lux-is forced by her father's death backmaptey into a marriage with putrilian. Mark Brand, a man is he desikes at sight and hates whe is married to him. Mark takes where to his ranch, where sho is luck Mason, a young engineer.

after she is married to make where she meets block Mason, a young engineer. Dick mistakes her friendship for love and comes to her one night with the supportion that she run away with hits. Jean is shocked and horrifed, and Mark, who comes home and overand Mark, the constraints to be from go have everything, offers to be lean go have east, satisfied that he cannot make her happy. She goes east to visit an oil school friend. Cicely is disactisfied with the constraint circly is disactisfied

Gronse a pudding dish, and then dust liberally with breaderumbs. Now place a layer of finely chopped apples and senson each layer with brown sugar and chanamon and a dash of cloves, ginger and three tablespoons of candied citron, three tablespoons of candied citron, three tablespoons of fine bread-crumbs between each two inch layer of a topics, and have the breadrumbs on top. Now melt three tablespoons of butter in one-half cup of water and pour it over the betty. Bake in a skow ber water for thirty-five minutes and then the problem becomes knotty in-the other, that of flattering the client. The other that of pretaining certain belowings, is directly at variance with the other, that of flattering the client. The there the problem becomes knotty in-Fancy this case for example, told by a decorator: Mrs. Client had moved into a new home. She had bought and

One teaspoon of nutmed. Mix thoroughly, and then tark into boil, and cook slowly for five minutes, well-greased and floured totaling bag. S ason and serve with toasted crackers. Barbara Hens

THROUGH A WOMAN'S EYES

By JEAN NEWTON

Lest We Forget

Barbara Heaslip

JHAN found that Cicely was not the only woman dissatisfied in some way with her husband. It seemed that most of the young married women she met had some grievance or other and no soruples about discussing it quite openly and frankly with each other. This Jean

ambrequins were shaped down at the

There is a woomn out West where is and is the justley, is justley, is further, is of the array of the indext and at all. She wong and promises that is the justley, is justley, is differences and at all. She wong and is the indext and at all is the woonen did unfer an is the second of the indext and is a s

a would return to be table had determined they would be yound be be y

Things You'll Love to Make

## Yesterday's Answers

Some fascinating paper doils that can be made with a small bit of ingenuity are fashioned out of tissue paper fastened on wires, which give the little ugues a life-tion.

Ike appearance 2. A new way to went a peak 1 and lace is to double at and use is a a bracelet a conformable and effective area

- the foot may be made out of a pleasar sponge, not too thick
- which forms a spring cushion. 4. A graceful skirt for an even for an evening from of black satia and maline has a foundation of the satia and overskirt of the maline, ac
- an inversion of the first second se each.

6. A simple trimming that will freshen the appearance of the ve-lour hat that has been worn all winter consists of several nar-row bands of black southche braid, which fusten at the side with small buckles.

Real "Sky Pilot" is users of western formal to not have the term "Sky polot" explained them-entry know that it in the ver-man of the plains for a clargyman, a lifter of the gain, who makes it or for normals to turn into angein 1°. Withing to turn into angein 1°. Withing the solution in the random who is a sky pilot" in the random huriling through the sir and random huriling through the sire and random huriling the size of the size of

Wooden-Beaded Hat Crown

Inclusion of the second of

that be can and does reach, selic extinuities are sent out to and on good sending rights the best answered by rinchinen a reach in Heatest church in these cause of continues in and bead the crown with rma, wooden beads. If you want ugged the church and index from the nearest church on the worst hights be can get may have the beads of the same color as and collaborn and be Wells if als offman are delivered to the station in plenty of time to be working the crown. The effect of this worker-beaded hat crown is quite email. FLORA. ed all through the Southwest.

Friday-A Clown at Ninety



-you get that fresh-fromthe-oven flavor in

freshness is preserved longer



is untouched by hand. The batter is poured (by a special machine) into paper-lined pans-baked to a turn-taken out and put into the box, still wrapped in the original baking paper!

When you buy Ivinspound from your grocer, the cake itself and the thick, smooth, creamed-sugar icing are as fresh and tasty as they can be! The goodness is completely sealed in.

And only the finest ingredients (plenty of tested eggs, pure butter, fine sugar and high-grade flour) are used.

Give those choice ingredients to bakers whose skill is augmented by our 75 years' baking experience -nothing but pure and delicious cake could be the result!



Lunch-on-Thins

THE crispest, tastiest cracker you've ever eaten! Lunch-on-Thins are our pride - our masterpiece.

Buy them in whatever quantity you prefer, or in the lvins 'household caddy" that keeps them always fresh and ovencrisp. Serve them with soups, preserved fruits, jellies, cheese, warmed and buttered. Lunch-on-Thins are all-ways good !

## COOKIE-CAKES AND CRACKERS

are the ideal food for everyone, especially for the children. Tasty, wholesome, highly nutritiousand they cost so little. Buy them from your grocer, every day.

J. S. IVINS' SON, Inc. Baker of Good Biscuits in

Philadelphia Since 1846"