WHAT DO YOUR EYEBROWS TELL ABOUT YOU?

### **SOME CHRISTMAS PUDDINGS** GIVEN BY MRS. WILSON

Recipes Are Handed Down From Early Rome, Old England and the Orient-One Strictly American Dish

By MRS. M. A. WILSON

(Copyright, 1936, by Mrs. M. A. Wilson. A BOUT ten days before Christmas is the usual time to prepare the seasonable dishes so necessary for the success of the holidays. The plum pudding is a direct descendant of the plum porridge of early Roman day, and it was deemed essential for the guests and family who might be beneath the roof-

tree to eat abundantly of this pudding, so as to bring luck and prosperity to the homestead. Later England improved upon this dish. The early Saxons brought to England many attractive ways of cook-ing and serving foods of this kind. European traditions say, "woe betide the slack housewife if Christmas morn

the slack housewife if Christmas morn finds the home puddingless."

Luck and prosperity come aplenty to the home where the Christmas pudding hangs five days old. Each housewife has her own pet recipe and I have garnered for you some very old and inexpensive recipes, including a Hungarian and an Oriental version of the famous old Roman, Saxon and Norman plum porridges, that are a survival of plum porridges, that are a survival of the Roman or spoon period of cookery. The culinary artists soon turned their

forts to prepare this great holiday dish to that it would rival all other dishes of this special season. Hence it is that the Christmas pudding graces the festive board and outshines all previous this time of year. Some are prepared in fancy molds, while others were placed in bags and when cooked were turned platter and surrounded with holly d mistletoe. Spirits were poured over the pudding and then it was set aflame.

Early Reman Pudding

One and one-half cups of stirabout, One cup of stale bread crumbs. One tablespoon of baking powder, One tablespoon of seedless raisins, One tablespoon of currants, One teaspoon of cinnamon, One-half teaspoon of salt.

One tenspoon of nutmey, One-half tenspoon of allspice, One and one-half cups of brown One cup of candied citron, cut in

Way pieces.
Two well-beaten eggs.
One cup of beef suct, cut in tiny

The stirabout is made of whole wheat and is a very thick breakfast porridge. You may use one and one-quarter cups of cooked oatmenl and one-quarter cup of bran, mixed with the cooked oatmeal. Grease and flour a pudding mold and then mix the pudding and pack the pudding into the mold. Fill the mold about two-thirds full. Cover and place in a kettle; fill the kettle with boiling water to two-thirds of depth of the mold. Boil for two hours and then remore the lid and place in a warm even to dry off. Turn the pudding from the mold and spread lightly with spiced plum preserve or applebutter and then store in a crock until needed. This pudding may be placed in the usual pudding bag in place of the mold, if wished.

### Hungarian Plum Pudding

Place in a mixing bowl One and one-half cups of brown Jugar, Two-thirds cup of shortening,

Two eggs.
Cream well, and then add
Two cups of flour.
One cup of bread crumbs.
One gup of crumbs made by putting
clean ginger snaps through the food chopper, One cup of seeded raisins.

One cup of currants. One cup of spiced jam or One and one-half teaspoons of cin-

One-half teaspoon of nutmeg. One-half teaspoon of allapue. One-eighth teaspoon of anise seed.
One cup of candied citron, cut in tiny

One cup of finely chopped nuts.
One cup of cold black coffee.
Mix well and then fill into a mold and boil for two hours, then finish as directed for early Roman pudding.

Shah of Persia Christmas Pudding Place in a mixing bowl

Two cups of brown sugar Two-thirds cup of shortening Tico eggs. Cream well and then add

Two teaspoons of cinnamon. One teaspoon of nutmeg. One-half teaspoon of mace, One-half teaspoon of allspice. One cup of finely shredded dates.

Two-thirds cup of finely chopped One and one-half cups of seedless One cup of currents

One cup of currants.
One-half cup each of candied orange and lemon peel.
One cup of shredded citron.
Two-thirds cup of chopped almonds.
Two cups of flour.
Two level tablespoons of baking man monder.

One level teaspoon of salt,

### The Question Corner Today's Inquiries

1. What two distinctly opposite kinds of work are done by Miss Grace Wolfe, a stenographer, of Topeka. Kan?
2. How can an eyeglass case be equipped with a clamp to hold it firmly in place in a pocket?
3. What precaution should be taken by the owner of an imitation ivory toilet set in order to pre-vent it from being discolored? in what easy, inexpensive way can a pretty top for a child be

5. Describe an attractive Christmas gift easily and quickly made by the woman who crochets. What innevation is predicted for lvess skirts in the spring

### Yesterday's Answers

Run-down rubber heels can be replaced by new ones cut to fit out of automobile thre patches. A new make of ment chopper that requires less work on the part of the rook has a lid and a clamp which presses it down upon the unterial to be chopped and needs no holding with the

Sal ammoniac and boras make a good soldering finid for re-pairing brass and copper yeasels at home.
4. If the soap for a shampeo to be

done at home is melted and boiled with a little lemon juice. pleasant fragrance can be dis tributed through the bair with

out injuring it.

A heavy ball to be used on the Christmas tree for the purpose of pulling down a branch that is stiff can be made by gilding or silvering a child's wooden top. A fashionable new supper, known as a "sabet," has high heels, pointed toes and a butten fes-tening on the side of the in-

## Christmas Dinner!

You want it to be the best meal that your family ever ate, don't you! You would like to know just how to prepare and serve each dish. wouldn't you? You do not want to feel that any

material is wasted, do you? Well.

### Ask Mrs. Wilson She Knows!

Only you won't have to ask her, because she tells you all about it in an article specially prepared for the occasion, which will appear on

WEDNESDAY, DECEMBER 22. One and one-quarter cups of strong black coffee.

Mix and then pack into two small well-greased and floured molds. Fill the about two-thirds full and then place them in a saucepan and have the water to two-thirds of the depth of the mold. Cover closely and boil one

and one-quarter hours.

An Old English Plum Pudding One and one-quarter cups of sugar,

One and one-half cups of breakfast porridge, cold,
One and one-half cups of bread crumbs,
Tico-thirds cup of finely shredded

Two cups of raisins.
One cup of preserves.
Two well-beaten eggs.
Two-thirds cup of milk. Two level teaspoons of cinnamon, One-half level teaspoon of nutmeg, One-half level teaspoon of allspice, Two-thirds cup of flour, Two level tablespoons of baking powder.

Mix thoroughly and then fill into mold or bag and cook as for early Ro-man pudding.

An All-American Christmas Pudding Place in a mixing bowl

One and one-half cups of brown One and one-quarter cups of flour, One and one-half cups of bre crumbs.

One teaspoon of salt. Tico teaspoons of cinnamon.
One teaspoon of nutnieg.
One-half teaspoon each of allspice and cloves.

Two level tablespoons of baking powder. Rub between the hands to mix. Now rub into this mixture Two-thirds cup of shortening,

Then add One-half package of seeded raisins,
One and one-half cups of currants,
One-half cup each of finely chopped
candied lemon and orange peel,
One cup of finely chopped citron,
One cup of finely chopped hickory
nuts.

One cup of spiced preserves. One and one-half cups of cold black coffee.

Mix and then pack into the mold or bag and finish as for early Roman pud-

To prepare the bag for the pudding Dip it in warm water and then wring dry and then rub liberally melted shortening and dust with flour. Place in the pudding and draw up the bag, leaving the pudding sufficient room for swelling. If you wish, you may use the ordinary pudding cloth in place of the bag. Many of the old European housewives prefer to pack the Christthe top of the bowl with a plece of unbleached muslin. This is fastened down securely with a stout string. The bowls are then placed on a rack in the broiler and water to the depth of half the bowl is added. The broiler is closely covered and the pudding is boiled for two hours. Remove the broiler and then turn the bowls upside down on a wire rack to cool. When cold, store in a cool, dry

To serve the puddings: Heat in a water bath for one hour and then cut slices and serve with vanilla, or ybon sauce. In Bohemia the pudin slices and serve with values, or saybon sauce. In Bohemia the pudding is cut in slices and then laid on a well-greased pan and brushed very lightly with melted butter. It is then placed in a slow oven to heat. This requires careful watching to prevent drying or scorching the pudding.

Place in a saucepan Two-thirds cup of sugar, One-half cup of butter, Yalks of two eggs. Cream until light and frothy and then

oranges.

Juice of one-half lemon.

Six tablespoons of sirup from bottle of maraschino cherries.

One-half cup of cold water.

One teaspoon of vanilla extract.

Place on the stove and heat slowly the boiling point. Remove and then eggs and then chill and serve.

### Adventures With a Purse

One shop is having an amazing spe-One shop is having an amazing special of pearl necklaces. They have French nearly, indestructible, mind you, for \$3 a string. They are eighten inches long, which would, I suppose, be called opera length, and have solid gold clasps. I have seen them myself, and can assure you that they have lovely lustrous sheen, and beautiful colors. But think of finding real French industructible nearly for \$2.1.

A dish of

POST TOASTIES

makes a good square meal

to round out the day with

— says

Toaslies



ings that are assigned to them: Much space between the eyebrows and the eye at the outer corner denotes

great love of enjoyment. An economic person has long, drooping eyebrows, with the upper part of the nose broad.

Eyebrows that lie wide apart denote an even disposition. They must not present a ruffled appearance to bear this interpretation.

When the hairs of the right eyebrow near the root of the nose turn up, a grateful spirit is shown. Ruffled, irregular eyebrows that are

well pronounced and not far from the

eyes, give intellectuality and irritability. a not unusual combination. When the hairs at the outer extremity of the left eyebrow stand up, the sub-ject is likely to believe in creeds and dogmas; this will certainly be the case



Dear Cynthia—Your enjoyable and very helpful column has given me great pleasure and interest each evening, and I am going to ask you for your preclous advice on a matter that grieves me much. I am a young Polish girl seventeen and am liked by both sexes. I have had a few respectable young men calling, and they were what girls would call good-looking, and were also college graduates each of them. They all had splendid positions, two as civil engineers. The trouble with me is that after a little length of time I get tired of them, and Cynthia dear, they are so good to me they would give their heart if possible, and I feel so sorry, something in me seems to hate them. I often cry about this. The time when I begin to hate them is when they ask to take me out and buy me presents. When I go out with one of them I notice the least little thing that displeases me while to other girls it would make them glad. I have a young man calling now who is a civil engineer and is teaching at nights in a violin school and in other spare times writes music, but I am so afraid I shall grow to dislike him soon. What I like are fellows that are plain and good dancers and I can't seem to like these classy men, which are what I mostly get. Please, dear Cynthia, excuse the long letter, but if you will suggest some remedy for this dreadful disease, I won't know how to think you. Also, Cynthia, I am the most nervous girl. Perhaps this has something to do with it.

A POLISH LASSIE.

You are nervous and fanciful, dear. Get a doctor to give you a good nerve

French, indestructible pearls for \$3! presents unless it is flowers or candy or a book. A girl ought only to accept handsome presents when she is englished or phone Walnut or Main 3000.

CORN

FLAKES

SUPERIOR

QUALITY

A low and wide forehead denotes

A square, high, broad forehead de-

cleverness

notes faithfulness.

Instead of Having So Many Lessons at Night-She Is Like

Many Other Mothers Who Interfere Unnecessarily

GERTRUDE'S MOTHER THINKS

SHE SHOULD STUDY IN SCHOOL

WE HAVE an awfully long history sons studied during study hour in school!

And more study hours wouldn't solve

"Oh, I know," answered Gertrude, emphatically, "I don't see how we'll SCHOOL girls love to complain about ever get it done. My mother thinks it's Sthis, fuss about that and weep over awful that we have to study so much at the other thing. home. She doesn't see why we can't do it at school in study hour." I'm afraid Gertrude's mother is not

A genius has two or three lines on

t home.

And a girl of that age needs only the girls and they all got good marks: each side of the forehead, which slant at home.



Many mothers realize this, and let them fight their own batt'es over their difficulties.

But there are some, like Gertrude's mother, who take it all seriously, and She is giving Gertrude the idea that she is abused because she has to study sie said that it wasn't fair because she

de of the foreheau, to a point in the center.

perpendicular forehead with a nose a sinks down at its root denotes a sinks down at its root denotes.

THERE is nothing so hateful to the heed horizontally denote hopeful sessons.

THERE is nothing so hateful to the average school girl as that pleasant time just after dinner or just before it which she has to ruin with a whole lot of dull, tiresome lessons.

A forehead extremely perpendicular no outline denotes absence of imagination, especially if the forehead be smooth and unwrinkled. Such a person will be very practical, taking a matter-of-fact view of things.

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A mean person has a forehead disvive of the transport of the teacher about it, and the teacher has to explain all about discipline and obeditions choice from bursting into tears.

Why doesn't mother keep out of it?

In the first place, if she could jus

aginary.

And it adds so much to the burden of teachers and principals who are already heavily weighted with troubles of

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\$1.75 to \$2.50

Made to retail at \$3.50

\$5.00. Very beautiful.

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