# MRS. WILSON ADVISES VARIOUS GARNISHES

Plain Beef Stew Is Much More Tasty if Made Attractive With Vegetable Trimmings-Macaroni Croquettes Are Good

By MRS, M. A. WILSON

THE old chef says that the woman who desires to have attractive garnishes for various dishes must realize that unless she is willing to cultivate ber own garden oftentimes during the winter she will not be able to have the necessary greens.

Paraley, chives, tarragon, lock and young onions all may be grown in flower pots in any kitchen window; while the oun is not absolutely necessary for their growth, it will help them and if the housewife will select pots that are sufficiently large to accommodate two or three plants, in each pet, she will have nn abundance of green for the entire

Garnishes for a Plain Beef Stew Cook beets until tender and then re-move the skins and cool. Scoop out center of the beets and then til, with finely chopped colesiaw. Chop the beets that are left from scooping out of the center, very line. Now lift the beet stew and use points of toust and the finely chopped beets in the center of the

Small turnips may be used in place of beets. Cut encrots in two pieces and then shape like a cork and pariout until

Glazed onions may also be used; pivel the onions and then rook until tender. Drain, rell lightly in sugar and then der.

### Vegetable Garnish

Pare four carrets, two pumps and three enions cut in slices and pince in a saucepan and add one-half cap of finely chonned celery tops. Add just enough water to cover and then cook until tensalt pork and brown lightly and add the well-drained vegetables. Toss to mix. Now dust three level tablespoons of flour over the vegetables and then toos again to mix in the flour. Add one cup stock that has been drained from the platter and then spread over the rice the prepared vegetables. Place the lamb atew in the center and then garnish with

# Bonne Femme Herbe Garnish

Put six onions, one bunch of pursley, two leeks and the green tops and course outside branches of two stalks of overy through the food chopper. Now place in a frying pan one-half cup of basen or ham fat. When hot add the herbs and half cup of water, cover closely and Brown very light and then season and

Herb Dumplings for Stews

Two grated rate patest One cup of bread coumbs.

One cup of flows.

One level tablexpoor of bakoos porc-

One level teaspoon of sait.
One-half level teaspoon of pepper,
Two tablespoons of meiled skortest-

ing. One tablespace of milk.

Mix and then form into balls the size of a small egg and drop into a same pan containing two quarts of boiling water. Cook for twelve minutes and then lift garnish for stews and goniashes, ste.

# Bean Garnish

Wash and then sould one support anys or marrowfat beans to plenty of water overnight and then in the morning boil until tender. Take cars that the boil until tender. Take cars that the beans do not break. Durin New clood time two outness of sait tests and break lightly. Add beans and tess until a right brown. Season and use as a garrish for lamb, matten or beef stew. Place the beans as a border and then sprinkle with thely chapted pursley.

# Macaroni Croquettes

Chop fine cold, beiled magnetica. Place in a mixing bowl and add One amon, mined the Three fable-power of the series

One-half truspuon of propie Mix and then mold and small ero-quertes and roll each croquette lightly in flour. Brown in bacous or land fut and serve as a gardish with student friens-

Giblet Dumpling Garnish

Crast the gilbers upon tender and then put through the foot stopper, adding:

# New and Better Recipes

That is what Mrs. Wilson wants to give you. When she hears of something that is different from the more wholesome, more tasty, off she goes, no matter how far it is, to get the directions, try them out, and set them down in this

# For You

And if you have questions to ask about cooking, she will be glad to put her answer in the column. Personal answers cannot be given.

# If You Have Any

Recipes that you are specially foud of or proud of, and you would like them to be published with your name attached.

Send Them In Mrs. Wilson will be glad to print

Three branches of parsles

Turn in a mixing bowl and add

One terspoon of salt, time-half terspoon of pepper, One and one-half cups of flo

Two level teaspoons of baking pow-

vegetables and then season and cook and used to garnish slows, not roust, slowly until nearly dry. Form a border goulash, braises, chops and steaks. If of cooked rice around the edges of a hot the brend is tonsted, then spread with

That three enions, two looks and the green tops of two stalks of orders through the food chopper. Place in a mixing bowl and add.

that everything goes on at once.

How can a plain, metal paper
clip be rande into a pretty gift for

# Christma-7

Saturday's Answers. Miss Florence Wisson, of Phila-sielphin, has been made librarian in chief of the League of Nations, A piece of an old suche glove pasted across the inside of the back of the heel will prevent a shoe that is worn from making holes in the stocking.

A nice gift for the invalid who likes to keep her hands busy is a large square of pasteboard, one ered with plain denim with a cretenns pocket a one corner for a deck of cards and a tiny sewing ease in another seemer.

i, Placing the unbeaten white of on egg in thin cream will make it thick enough to whim. evening gowns made

of last have panels of

neven beigth-t descriptive bird rage which stands on a traped has a fringe of oristic drops around the top.

# The Unwelcome Wife

By HAZEL DEVO BATCHELOR

Anthony Hardman's marriage to Charlotte Graves, a girl beneath him socially, was a great disappointment to Mrs. Hardman, who had expected Tany to marry Edith Comstrek, a girl in his own set. Charlotte was treated with scent courtesy and became finally so unhappy that she ran away and went back to her gwillood home without telling Tony that she was to broome a mother. Tony was conscience-stricken when he disovered the finth and resolved if Charlotte were spared to him to make overed the trials and resource if Charlotte were spared to him to make it oft up to her. Charlotte lived and cause back to him, but she seemed charged—she no longer loved Tony in the same will now that he loved her with all his heart.

# Charlotte Meets Nick

IT WAS a few days before her departure and Mrs. Graves was trying to get up courage to speak to Charlotte about the state of affairs between herself and Tony. The truth of the matter was however, that Charlotte seemed to much older, so much the woman, that Mrs. Graves hardly knew how to broach such a delicate subject. It wasn't until she had plunged in that she realized how eager Charlotte was to talk it over

"You see, mother she explained, "it isn't that I don't want to be as I was, but I seem to lack feeling. I can't ef-fercesce and be happy and gay, no mat-ter how hard I try."

ter how hard I try."

And then before she knew it Charlette was telling her mother all about Nek Fowler, and his kindnes to her, and the fact that Tony had misunderstood and had accused her of unspeakable things.

Mrs. Graves listened, making no comments until Charlotte had flubbed, and then she said gravely: "And now you feel that Tony needs a test of some kind. Is that It'"

Charlotte thought about this "Well," she said, after a time, "perhore that is

trace-ball eap of managements.

Gase-ball eap of managements.

Gase-ball eap of managements.

Mr. Single managements.

Mr. Single managements.

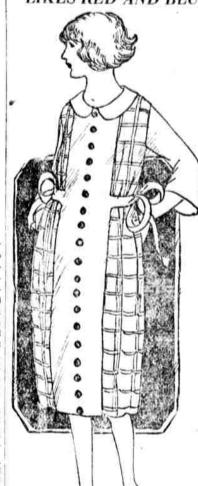
The final management is necessary to the management of the managem

Things You'll Love to Make



the same sort of ornament and a worsted tassel. The girdle is wound around the waist then brought up around the neck As a seart. With sweater, hat and scarf-girdle you will have a most fetching skating costume. FLOHA.

# THE 12-YEAR-OLD LIKES RED AND BLUE Please Tell Me



When a some pan containing two quarts of boding water. Cook for ten mining the and then lift on a cloth to drain for a few minutes. Place as a border on a large hot platter. Cover with the center of the dish with old-fashioned chicken gravy and fined mined parsing.

Figure 3 of the center of the dish with old-fashioned chicken stev.

Pieces of stale bread may be trimmed.

They come in tan, white, and a sort of twelve or fourteen she is quite old compain to wear shirts as short as those of the grandmenter. Also, she is entire to just as deft combinations and almost as simple a fine of frock. This model for the grandment of the gra Pieces of stale bread may be trimmed into shape and either tonsted or fried a mice brown in the bacon or ham fat and used to garnish stews, pot reast, goulash, braises, chops and steaks. If the bread is tonsted, then spread with dressing, which is prepared as follows:

One-half cup of mayonomise.

One-half cup of finely shapped parts.

# What to Do

By CYNTHIA

You Must Correct Faults Blode-You are not actually in lovwith either young man. Botter fight against foolish jealousy and lies. How build you dare to deny that you had the lephoned to the man and pretended to be some one elss. A man will not care for a woman who has lied to blin that is not the right kind of man

Is There Such a Thing as Love
Dear Cynthin—You helped me one, please help me again. Is there anything like the word—love—what is love and can you tell you are in love?

My glrf friend gave up her lover, the one side was engaged to and whom her people dichiked, Just to marry the one they did like, and she hatel. She is the happlest wife today. If hove can be formatice, then she says there isn't any love. Readers, what is love, and how can you tell you are in love?

DANNY.

Yes, there is love in word and truth both.

DANNY.

Yes, there is love in word and truth both.

Will ask some of the readers to define love for you. I am afraid your friend in the controlleds herself if she says sits—is so happy, and at the same time that there is no such thing as love. She did not love the first and she did not love the first and she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not have her husband, for if she had she would not he happy now.

Agrees With C. R. on Love

Day the husband and the had she would not be happy now.

Agrees With C. R. on Love

Day the husband and the husband and the husband and the husband and husband husband husband and husband hus Is There Such a Thing as Love

Dear Cynthin—After reading of R. had to say about "true love thought I might say he has the idea that I have always had. At he I am only seventeen now and have I married just four months. I must stay on adorable husband and him with all my heart and know loves me the same I am had a "va love to the true to the same I am had a "va love to the same I loves the the same. I am not a "va us girls are sometimes called and a war: ueither am I old-fashioned bushend is not the kind that goes

# Questions of Etiquette

From Cynthia—I would appreciate it very much if you would kindly answer the following questions, as I am just beginning to go to dances, etc., and do not



# WHAT'S WHAT By HELEN DECIE



Result a number of them left. Or present a gift.

In the first place there would have been somebody to object on the grounds a new supply. Be that as it may, 1 saw today some more of those comfort.

Some today is the them left. Or present a gift.

In the first place there would have been somebody to object on the grounds of propriety.

"Maybe she wouldn't like us to do the same out and harder, we'll find that way, and take it.

It is a deplorable fact, but none the saw today some more of those comfortMy able warm spencers. They are, as you will recall if you read a former Adyenknow.

"Maybe she wouldn't like us to do
that," she wouldn't like us to do
that, "she wouldn't like us to do
that," she wouldn't like us to do
that, "she wouldn't like us to do
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that," she wouldn't like us to do
that, "she wouldn orb ture about them, lightweight little

transition. I am not, in the manner of speaking, changing the subject. These transition. I am not, in the manner of speaking, changing the subject. These are tailored spats, are quite high and come underwear. I have been ill in a hospital and have little girls that need coats. If I could get some clothing tan and pearl. I saw them in the window as I passed by and made a mental note to stop by as soon as I had a minute and get a pair for myself. I also and get a pair for myself. I also and pearl thankful for an overcoat for him and some underwear. I have been ill in a hospital and have little girls that need coats. If I could get some clothing for the hospital and pay for the mailing. I could also use a coat for myself. I take a size 16. I also the and get a pair for myself. I also tan and pearl. I saw them in the window as I passed by and made a mental note to stop by as soon as I had a minute and get a pair for myself. I also made only a mental note of the price, and if I remember correctly—and I ampretize is \$1.69 a pair. That, I believe, is an amazingly low price.

The length of bobbed hair \$\frac{\partial varies}{\partial varies}\$ | Street is \$1.60 a pair for myself. I also made only a mental note of the price is \$1.60 a pair. That, I believe, is an amazingly low price.

The length of bobbed hair \$\frac{\partial varies}{\partial varies}\$ | Street is a size 16.

Any one of the organizations, the names and addresses of which I am giving you will help you and give you the clothing you want to obtain. They are the Linion Benevolent Association. 715 spruce street: the Protestant Episcopal City Mission, 225 South Third street; the Home Missionary Society, 533 Arch is street, and the Society for Organizing must always be kept clipped to appear to the matting. I could also becomingness with different people, huse a coat for myself. I take a size 16.

MRS. M. D. C.

Any one of the organizations, the names and addresses of which I am giving you will help you the clothing you want to obtain. They are the Linion Benevolent Association. 716 says the hair. I would advise you not to be a subject to the price is \$1.60 a pair. That, I believe, is an amazingly low price.

For names of shops address Woman's Page street, and the Society for Organizing must always be kept clipped to Editor or phone Walnut or Main 3000. Charity, 419 South Fifteenth street. appearing ungainly.

# THEY CLUBBED TOGETHER AND BOUGHT HIM A GIFT

Because They Were Men the Whole Thing Was Easily Done. It Is a Deplorable Truth That Women Could Not Do This Smoothly

TRITERE were just about ten men in else wou'd have added her mite; of I the civilian office where the army officer had been calling several times wouldn't give her a traveling bag maybe she has one."

a week on business. They all became acquainted with him, and when he heard of preparations for a look for it and report the price.

And then the real post where he was stationed, he arranged that they should all go.

Adventures With a Purse Now, suppose it had been ten women that characterizes a group of men under the same conditions.

If there's a way to make a straight

It would take some time to settle upon a suitable gift, and then there would be a committee appointed to go

start.

WE DO fuss, there's no denying it:

That objection ruled out, some one way.

# THE WOMAN'S EXCHANGE

o the Editor of Woman's Page:
Dear Madam—As you have helped | To the Editor of Woman's Page:
Dear Madam—I have two daughters others, I am coming to you for a little one sixteen and one seventeen years old now have another opportunity to buy help. Do you know where I could ob- and they are very anxious to have me tain any out-grown clothes to fit a boy bob their hair. Before I cut it, though From stockings to spats is a natural eleven years old? I would be very I want to get your opinion of the correct

Bobbed Hair

whether they should have bangs also MRS. M. W.

The length of bobbed hair varies

# Ready for the pie-No 'extras' needed What shall we have for dessert?

RICH, wholesome fruit cake? A delicious plum pudding? Or a A mince pie, with all the old-time flavor? Whatever your preference, you can easily and economically prepare it from an Atmore food product. And more important still, no "extras" or other expensive materials will be needed. And very little work. For a really luscious mince pie use

# ATMORE'S Mince Meat with all the old-time flavor

Atmore's Extra Family Mince Meat

It is made of the choicest fruits, spices, finest suet and beef, and Sun-Maid seedless raisins which swell in cooking and absorb the rich juices. Sold in bulk by all grocers, or in number 3 (1 qt.) and number 5 (2 qt.) jars and 5 lb. and 10 lb. pails by many.

PLUM PUDDING

Atmore's Philadelphia

Plum Pudding

English recipe of choicest

ingredients.. One pound serves five people; comes

in 1 lb., 2 lb. and 3 lb. tine. Also individuals, for one or

two persons. Ready to heat

and serve.

Made from a rich old

# The unusually thick, rich, "plumminess" of the pies made with "Atmore's Celebrated" has been famous for generations. Make an Atmore Pie today. Try Making an Atmore Mince Meat Fruit Cake

Atmore's Celebrated Mince Meat

3 Pounds ATMORE'S WET
MINCE MEAT (any
grade)
2 Cups Sugar
4 Tablespoon Salt
2 Tablespoon Salt
3 Tablespoon Salt
2 Tablespoon Salt
3 Tablespoon Salt
2 Tablespoon Salt
3 Tablespoon Salt
2 Tablespoon Salting Soda
1 Teaspoon Nutmen
1 Teaspoon Allspice
8 Cups Flour

To Prepare-Add one pint of water to three pounds Method-Creamshortening, sugar and salt. Then stir the soda into the Mince Meat and add both together

8 Cups Flour

and mix thoroughly. Then mix flour and spices to-gether and add to the mixture. Beat altogether thoroughly and bake one hour in a moderate oven. If you desire a richer cake, add .

Tablespoonful more Raisins, or
 Tablespoonful Cocoa, or
 Teaspoonful Nut Extract (Almond, Pistachio, etc.)

ATMORE & SON, Inc., Philadelphia Craig Atmore, President

# Sweet With Its Own Sugar Grape: Nuts

the ready-cooked cereal that needs no added sweetening.

This blend of wheat and malted barley has a flavor all its own—sweet, nut-like, crisp and altogether different from other cereals

And Grape-Nuts is so easy to digest, so economical and convenient to serve, that it has become a household stand-by.

"There's a Reason" Sold by grocers everywhere!

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# JERSEY PANCAKES My, how good they are at breakfast. Satisfying, easy to serve and economical. make pancakes from

Learn ho JERSEY Difference

Makes cakes lighter, flakier and browner The quick kind mixed just so from specially propared whole-wheat Hour and other cereals all ready except for a little water - needs

no milk, eggs or sugar. Ask your grocer to-day THE JERSEY CEREAL FOOD CO. Also makers of JERSEY Roasted Rolled Oats