MRS. WILSON TELLS OF OLD SANTA FE COOKING

Enchilladas Favorite Dish of Western States-Spider Bread, Indian Pie and Other Recipes

By MRS. M. A. WILSON (Compright, 1920, by Mrs. M. A. Wilson, All rights reserved.)

FEW miles out along the Santa Fe A trail one just naturally comes to a halt at the Last Chance Eating Emhalt at the Last Chance Eating Emporium. This relic of early frontier days still is managed by a grand-daughter of the original founder, one Beadder Fox. Early in '40, Granpap Fox came to the spot and now, hale and hearty at eighty, tells of those meals of long ago.

Supplies from the East were fremently and to be slow and very un-

quently ant to be slow and very un-Among the dishes served at products. Among the dishes served as this famous readhouse were enchi-lladas, which were a sort of combina-tion to take the place of the bread, ment and potatoes. The Spanish and French from Louisiana had brought the early styles of cooking to this portion of the country.

Enchilladas

Place two cups of water in a sauce as soon as it bells, add two thirds cur boil and cook for ten minutes.

of cornmeal. Stir to prevent lumning cool. Now place in a saucepan and cook until thick like mush. Turn into a bowl and then cool Now add One-half cup of wheat flour.

Take a spoonful of this mixture and pat out between the hands into a flat thin cake. When the cakes are cake. When the cakes are all made, fry a golden brown in bacon fat.
Place two-thirds pound of finely
chopped meat in a frying pan and
brown well. Add

Two finely chapped onions. Two tablespoons of flour,

Four green peppers, minced fine. One and one-half cups of cold water. Bring to a boil and simmer slowly for one-half hour. Now add one and one-half cups of well-drained kidney beans, which have been cooked until tender. Season to taste.

To serve, place one of the corncakes en a platter and cover with about two-thirds cup of meat and bean mixture and cover with a second corncake. Garwith finely minced parsley and

Cold cooked meat may be put through the food chopper and used to replace the chopped beef.

Spider Bread ince very fine one-bulf cup of salt

pork and place in a saucenan and add One-half cup of cornneal,
One and one-half cups of boiling bake

Stir to prevent lumping and then cook Turn into a bowl and let cool. Now add

One cup of flour, One level tablespoon of baking powder. One cup of water.

Beat to mix and then place six table. paring the dumplings. pan and when smoking hot turn in the mixture. Cover, reduce the flame and cook for fifteen minutes. Turn by inverting the plate over the frying pan beans, and then cook for 'twelve minutes and add longer; or bake for twenty-five minutes in an oven. Serve with baked beans. Hopping Jo

Place in a saucepan

Two and one-half cups of boiling One onion grated, One cup of cornmeal.

To prevent lumping, stir and then add two-thirds of a cup of shredded codfish. Remove the sait by placing codfish. Remove the sait by placing the fish in a piece of cheesecloth and then dipping in warm water and squeez-ing dry. Season to taste. Add one egg. Beat well to mix. Drop in smoking hot fat from a spoon and cook until brown. Serve with the following

One cup of stewed tomatoes, One-half cup of finely chopped onions,

One cup of water, Three level tablespoons of cornstarch. Stir to dissolve the starch and then bring to a boil and cook for ten min-utes. Add two tablespoons of butter

Indian Pie

Piace in a saucepan One and one-half cups of boiling One teaspoon of salt, Two-thirds cup of cornmeat.

You Will Win \$2.50 if your \$1.50 dimer for four people is the best one sent to the

Prize Menu Contest Three prizes are offered each week-First, \$2.50; second, \$1;

Address all menus to Mrs. 'Wilson's Menu Contest Evening Public Ledger Independence Square

Your full name must be given and correct address on the menu. Also the date of sending it. The foods used must be staples and in season. and a sales slip giving the cost of all materials must be included.

Stir to dissolve and then bring to a

One pound of stewing meat, cut is One and one-half cups of kidney or pinto beans, which have souked over-

Three and one-half cups of water, One cup of finely chopped onions, Four finely minced green peppers.

Cook slowly until the beans are tender and then season and turn into a casserole dish. Spread the corn mush the top, like a crust of pastry, and then pat into this corn mush crust one-half cup of finely chopped salt pork and cup of finely chopped salt pork and bake in a slow oven for three-quarters

Drop Biscuit

Place in a bowl

hour.

Two and one-half cups of whole One teaspoon of salt. level tablespoons of baking

Rub between the hands to mix and Four tablespoons of melted shorten-

One cup of milk. One cup of seedless raisins.

Beat to blend. Drop by the spoonful a greased baking sheet and then ke in a hot oven for twenty minutes.

Bean Dumplings Place two quarts of water in a sauce-

One teaspoon of salt.

One onion, cut in slices. Bring to the boiling point while pre-

The Dumplings

Rub through a sieve One and one-half cups of cooked

Tico onions grated. Two green peppers, minced fine, One tenspoon of salt. One teaspoon of pepper, One cup of flour,

One tablespoon of baking powder,

One cup of finely chopped salt pork. Form into balls the size of an egg and hen drop in boiling water and cook for fifteen minutes. Lift with a skimmer and then place on slices of buttered toast. Serve with Spanish cheese sauce and garnish by sprinkling thickly with finely chopped parsley.

Spanish Cheese Sauce

Place in a sausepan Two cups of milk,

One egg.

Five tablespoons of cornstarch Stir to dissolve and then bring to a boil and cook for five minutes. Add

One cup of thick tomato pulp, rubbed One-half cup of finely chopped onions,

parboiled. One-half cup of finely grated cheese, One teaspoon of salt. One teaspoon of paprika.

Beat to mix and then simmer slowly or ten minutes and use.

This dish can be used to replace meat.

Menu Contest Honor List

Mrs. Charlotte Bass, Norristown, Pa. Menu Fricatelli D Cucumbers Potatoes Butter Coffee

Penches With Milk SALES SLIP One pound of fresh pork One-half cup of bread crumbs Salt and pepper One-half teaspoon on on juice.

Two eggs.
Bread and butter
Potatoes
French dressing
Four ears of corr
Two cucumbers
Coffee
One-quarter pound Fresh peaches ...

Mrs. Charles Frank, 2321 North Twenty-first Street

Brown Veal Stew
Buttered Beets
Stewed Tomatoes
Baked Potatoes
Joseph With Onlors
Fresh Apple Pie
ad Butter Coffee SALES SLIP

One and one-quarter pounds veal from leg
Four tomatoes
One bunch beets
One head of cabbage
Eight small potatoes Two onlone Two tablespoons shortening Three apples
Six teaspoons coffee
Bread and butter
Top of milk Total

Mrs. J. Schwartz, 265 West Susquehanna Ave.

Steak Potatoes
Fried Onions
Pridding Apple Sauce
Bread Butter Coffee SALES SLIP pudding (milk, rice, sugar)...

Mrs. A. C. Haussmann, 433 Christian Street.

Menu Pot Boust Knuckle of Vell (without bone)
Boiled Potatoes
Creamed String Beans and Corn
Colesiaw Bread and Butter olesiaw Bread a

SALES SLIP One and one-half pounds of meat. \$
One-third of one-half peck potatoes.
One quart of string beans
Four ears of corn
Small head of cabbage me red pepper One red proposition of milk one-half pint of milk one-half pint of butter one-half loaf of bread one-half loaf of bread

The Question Corner

Today's Inquiries What remarkable trip was re-cently made by Mrs. H. J. Lutcher, of Orange, Tex.? 2. In what attractive way are many

new sport hats trimmed? What is a tie-dyeing? Describe a new make of floor mop that is soft and pliable.

What striking trimming is used on some of the light-colored after-noon dresses for winter? When a hostess wishes all her guests to wear the same style of costume at her masquerade, how should she indicate it in her invi-

tutions? Yesterday's Answers

Some of the newest muffs seen in Paris are made in uneven draped shapes, to match suit in color. An amusing gift for the baby in long clothes is a hand-made bath-robe of soft white cloth with a cord around the waist.

A novel ornament for the cloth or velvet dress is made of a point of monkey fur held with wool embroidery.

4. The windows can be attractively prepared for Halloween with black

cats and witches pinned in solemn rows on the white curtains. A good-looking serge dress is trimmed with white flannel, em-

broldered in eyelets.

A nice farewell gift for the woman who is starting on a long train trip would be a package of soft Japanese face tissues with which to remove cold cream.



A NOVEL BRIM

The hat is of panne velvet, with a full crown, cleverly draped, and a most interesting brim. The two sides are cut away and the vacancy is

Two Minutes of Optimism

in with lattices made of crystal beads. Loops of the beads hang from beneath the hat

Don't Wait Till You Have To

IIT JUST can't take a vacation," a man once said. "It is impossible for me to get away. If I stayed away, things would simply go to smash." One day he rose to shave; keeled over; doctors, nurses and consultants ere called in; a small fortune went to resurrect an overused, much-abused pody and brains. And the smoke went up the chimney just the same. Overwork and underrest are trademarked "Made in America."

The doctrine of "Grind" bas a stranglehold on the United States. America is famous as the land of opportunity, sanatoriums and insane

We live far faster, we exhaust life much more quickly, we labor under much greater stress, we strain at far more feverish heat than elsewhere or ever Always against time we struggle fiercely and furiously, always at enormous

human wear and tear. We know no rest. We refuse ourselves the consideration we extend our machines. We work double shifts, rob ourselves of sleep and play, and dig our own graves while sharpening the scythe that mows us down in our prime. Every city is a congested mass of seething hives, where human lives are

burnt up, drunk up, eaten up, consumed in the mad, fruitless scramble to beat Even disease, it is claimed, has caught the contagion, apoplexy and heart failure vying with lingering tuberculosis as the weapons or the grim reaper. Why the mad rush? Why the suicidal speed hysteria? Life is short-why

make it shorter? Let's ease up. Let's relax. Let's get the maximum of fun out of our one-way trip.

Life was not meant to sizzle through our fingers. There are few of us who, if we had to, could not get along just as well if we played a little more, rested a little more, skipped a day here and thereand slaved a little less.

THE UNWELCOME WIFE

By HAZEL DEVO BATCHELOR Copyright, 1920. by Public Ledger Co.

the men knew that it was their duty to dance with Tony's wife, but to each

and every one she was forced to explain that she had never danced. Sitting out

with them was nothing but a long agony, for she said l'ttle or nothing, re-plying to their own tentative leads with

surrender that Tony had never not'ced in the old days of their friendship. It

Costumes

So many girls have written for novel costumes that there is scarcely space enough to answer them all. Here are some suggestions for everybody:

osyllables, and conscious that they

Charlotte Groves and Anthony Har-Charlotte Groves and Anthony Har-riman vere married before either of them had given much thought to mar-riage. Charlotte was a country girl, and when Authony brought her to the city she somehow did not fit into his life, so well as he had thought she would. His mother took no pains to hide the fact that she was disap-pointed in the natch, and that she had thought all along of Edith Comstock, a lender of the pounger set, as Tony's wife.

The Wallflower

The dinner party was small, there were only twelve, but Charlotte, who had never been at such an affair in her life, felt that she had never seen so many people. If any effort had been made to give her self-assurance, if she made to give her self-assurance, if she had been made to feel like a daughter of the house, and accepted as she should have been, she might, perhaps, have weathered this first social function, but as it was she was too self-conscious, too fearful that something she might say would be all wrong, and so, too eager not to make mistakes, she said nothing at all.

Her partner, the tall blonde giant who had sat next to her at dinner, turned and stared at her, murmuring something politic about it being what he wanted to do, and Charlotte was forced to sit on in that awful silence conscious not only of her own failure, but of the fact that he was dancing a great deal with Edith Comstock. Edith danced wonderfully well. She had a little way of teaching him new steps, stepping away from him a moment and then coming back to his arms with a soft surrender that Tony had never noticed in the head of the part of the fact that may be sufficiently and the provided that a soft with the sufficient of the fact that a soft was not popular.

And he did notice it in spite of the fact that he was dancing a great deal wonderfully well. She had a little way of teaching him new steps, stepping and the continuence of the fact that a soft was not popular.

The man at her right was Penbroke Stevens, a tall blonde, young giant accustomed to a great deal of adulation from all the girls who knew him. He thought Tony's wife pretty in a blonde, colorless way, but after a few attempts to talk to her he gave it up as a bad job, and decided that she had no pep. Thereafter he devoted all of his attention to the girl on his other side, a dark, vivadjous little creature who laughed at everything he said.

at everything he said. The man on Charlotte's left was older and therefore more tolerant. He told her some anecdotes, to which she lis-tened gravely, showing no interest. Ali of her attention was centered on Tony, who sat on the other side of the table. Edith Comstock was on one side of him, and they were apparently enjoying each other to the full. Charlotte could see Edith across the low centerpiece of hothouse roses and lilles-of-the-vailey. She was in black and wore a tall Spanish comb in her dark hair. She talked so easily to Tony, and her low, soft laugh rippled out so often that Charlotte was lost in admiration that was half pain. Charlotte had learned not to be frightened by the array of silver utenfrightened by the array of silver utenstils at her plate, nor by the fact that silve at her plate, nor by the fact that silve at equite correctly, but as Mrs. Harriate there is scarcely space some suggestions for everybody:

Valentine girl—A plain white dress trimmed with ten-cent store lace that has been stiffly starched. A tiny red heart here, an old-fashioned bouquet there and a trailing message. "To my valentine," on the skirt.

Seamstress—A bright blue dress with short skirt and a girdle made of paste-board scissors covered with silver paper: necklace made of tape measure and cords hanging from belt, holding paper, scissors, thimbles, pincushion and buttons.

Spirit—Long gown of gray material, belted with narrow chain, flaring sleeves with long points. Head dress of gray tulle covering head and flowing down to the waist all around.

The girl had no poise, she was almost insignificant.

"On a girl like Edith that silver gown would be gorgeous, on Charlotte it is yuterly lost." thought Mrs. Harriman

would be gorgeous, on Charlotte it is utterly lost," thought Mrs. Harriman grimly. She looked down the table at Edith, sure of herself and conscious of her ability to interest men, and sighed.

What a fool Tony had been.

Mhat a fool fony had been.

Afterward the young people danced, and here, too, Charlotte was at a loss.

Of course, she had plenty of partners, all

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A LONESOME YOUNG GIRL Write to Woman's Exchange The Club Admirers—Thank you very much for your appreciation of Cynthia's column. Your questions, however, should be sent to the editor of Woman's Page. Cynthia helps in heart and ethical problems; she does not give beauty suggestions.

Please Tell Me

By CYNTHIA

To "Four Lonesome Y. Men"

Here is hoping you get some nice

What to Do

Heart-Breaker—Cynthia will be glad to print your leiters if they are not so exaggerated, as was the recent one sent to the column. She realizes you are having fun all to yourself, but at the same time your tone is not just as respectful as it might be and while she appreciates the humor of the letter perhaps some of the humor of the letter perhaps some of the readers might not, so try again and don't be quite so funny.

Oh, but He's Slangy

Not the Right Motive

Not the Right Motive

A Sad Girl.—No, my dear, there is no convent where a young girl would be admitted for the reasons you give; that is, a motive to get out of the kind of life you are living now and to teach your relatives a lesson. Convent life requires a special vocation, and you do not appear to have it. You might inquire at any hospital to find the requirements for a nurse's course. By law your father could insist on your remaining with him until you are twenty-one. Men seldom show appreciation because they do not seek praise themselves, but they do appreciate all you do. I am sure. Suppose you take that point of view. You'll find things are very different.

Speak to Her in School

Dear Cynthia—Please tell me what to do in this case.

I am a young fellow studying here in a college. I am a stranger and I don't know the customs here very well.

I met a very nice girl. I like her. I don't know her well.

In the afternoon we go out and I look for her in the street and I see her always looking at me but at the same time walking so fast I can't follow her. I will be very glad if you tell me what to do in this case.

Ask her while you are in class if Dear Cynthia-Please tell me what to

Ask her while you are in class it you may walk home with her. Since you have met each other you need no further introduction and there is no reason why you cannot become good

Stands Up for High School Girls Dear Cynthia — In answer to A. L. r.'s letter, I would like to say I'm sure the trouble cannot be with the West Philly girls, for most of the girls are loily and like a good time in a nice way. I am a William Penn junior, so I can speak of experience among high school rirls for over two years. At our school we have many clubs which any one can join if she desires. But maybe A. L. T toesn't try to get acquainted when she loesn't try to get acquainted when she has the chance to meet the boys and girls of a better class, or maybe she doesn't take part in any of the school activities, for I am sure West Philly has clubs like other schools. It never pays to be forward, but if she uses a little "push" I'm sure she will meet girls who are not "snobs." Philadelphia girls are not generally snobbish, so it must be the fault of A. L. T. It seems incredible that her schoolmates show such a lack of

od time wherever I go. Now for the

were looking at the dancers with longing eyes. Once she said desperately. "Please dance, there's no need of your sitting this out with me." I have been going out with a young man about three times a week for the last three months. Now I know that he Her partner, the tall blonde giant who cares for me because he always tries to whatever pleases me, and is always looking out for my comfort. I also think I care for him, as I think of him all the time. Now, Cynthia, do you think he is serious, because he never mentions may riage, but he wants me to meet his neeple. I have met his sister and prothers and also spoken to them over the phone. They seem real nice to me.

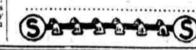
A FRIEND IN NEED. Probably the young man is very much attracted to you Meet his family, by all means, and have him meet yours. But do not show him that you care for him. Be always interested and very nice to him. but avoid demonstration of affection Time will tell if he cares seriously, and



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Eleven Dollars



WHAT'S WHAT By HELEN DECIE

THE "PEANUT" SHOCKS THOSE

Because They Think There Are Only Terrible People Up

There But the "Up-Top" Audience Is Just Composed

of Other Human Beings

WASN'T it a good show? Where did your row, and you find that your seat is just about in the middle of the house, couldn't be better.

A girl in the fresh white waist and suit skirt of a business woman sits next to you and her mother in silk waist and sext suit is with het.

On the other side you have a freshly collared, pinkly shaven youth with his dimpling blue serge "lady friend."

Just in front of you are four girls, from the same office, perhaps, or maybe near neighbors who belong to the same sart "up top" in the theatre, or they have done it once and have had the house.

Mother, Aunt Jenny and the girls,

with Freddy next to mother, all talking, laughing, having as good a time when the lights are on as they do when the

A kinky-haired boy with a basket

of "chocluts," puts all the emphasis

Another boy, light hair slicked straight back, bearing just a bit jaunty, in spite of his demure uniform, miracu-

lously passes paper cups of water about without spilling any of it—fascinating

Sure-footed ushers going up Sure-footed ushers going up and down those steep, wide steps, never ful-tering, never slipping, never even con-sidering pitching headlong into the or-

TERRIBLE people? No more terrible

than anybody else in the world.

Probably no one looking over the audience in the "peanut gallery" would pick you out as being "different" from the rest of them sitting there.

Just one more human among a lo

of other humans, that's all!

Are you one of those persons who say
"Oh!" in answer to this little remark

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loasties

about the peanut gallery?

curtain goes up.

to watch!

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please you more.

VOU get comfortably settled, and

I this mountainous person in volu-minous furs and a large hat enters

your row.
You grab frantically at your hat, your candy, your flimsy little family-circle program and stand up, slanting

BUT other times you manage to crowd past the fat man (there are

lots of fat people "up top") who guards

WHO NEVER SIT UP THERE



Formal evening dress for men changes little from decade to decade. The suit should be liack and of fine texture, preferably broadgloth, cut with the "clawhammer" coat, which is the sole survival of eighteenth century tailoring. A white waistcoat may be worn, or one of the suit material. Other prescribed details are the shirt of white linen with upstanding collar and string-tie of white lawn tied in a bow, the riuds of plain Roman gold or of white enamel, the black patent leather shoes with black silk socks. Any long overcoat may be worn, together with an opera hat and white kid gloves.

The Tuxedo (short black sack coat) is informal evening dress, for family dinners, stag parties, etc. With this are worn a black waistcoat and trousers, a black satin string bow tie, a collar, either upstanding or turndown; a black soft hat is never used with the clawhammer suit.

How dreadful, the speaker seems to exclaim, to sit way up there in that awful place. Such terrible people!

But most of the persons who give vent to these exclamations have never set "up top" in the theatre, or they have done it once and have had the misfortune to sit next to a very fat woman on one side and a restless, sticky-handed child on the other.

It's only natural under either of these circumstances that they should look with horror upon even the thought of sitting in the "peanut gallery."

There are times when you find yourself "out of luck" after you have mounted the millions of steps that lead up to this haven and then climb perilous be worn with a Tuxedo. Conversely, the soft hat is never used with the clawhammer suit.

VOU get comfortably settled, and the comfortably settled, and the comfortably settled, and the comfortably settled, and the comfortable set of the same of the persons who give were to these exclamations have never to these exclamat

Exchange

The Woman's

"Hula Hula" Costume

To the Editor of Woman's Page:

Dear Madam—I would like to know how I could make a Halloween suit they call "Honolulu Girl" or "Hawailan Girl."

You could use tan cheesecloth or chints for the raffia of your "Hula Hula" costume and stiffen it by running a line of shellac down each strip. You can have it as long as you like, for the effect is just the same. Wear short tan bloomers under it. It would be pretty to make a plain, rather close-fitting bodice of the same material, plaiting a wreath of the strips to wear around your neck and twining artificial flowers here lear that you sat in the family circle! ings of those who say, "Oh!" when the

wreath of the strips to wear around your neck and twining artificial flowers here and there through it. Wear the flowers in your hair, too.

Sew the strips on a plain band of light green that has long ends to cross and bring around the waist again to form a gircle. Wear heelless bedroom sl'ppers or ballet slippers of brown, with brown silk stockings. I hope you will have a good time when you wear this costume.

A Gipsy Costume

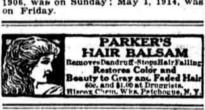
To the Editor of Woman's Page: Dear Madam—Finding your column very helpful, I again come for advice. How could a gipsy costume be made and what colors should I use? I weigh about 113 pounds, am five feet four inches tall—is that about correct? What day did April 5, 1996, fall on? May 1, 1914? Wishing your column the best

14-YEAR-OLD WORKING GIRL. her schoolmates show such a lack of schoolgirl interest in her.

"BILLIE."

Needs a Friend's Advice

Dear Cynthia—So many people come to you with their troubles, and some how you seem to help them out, so I hought perhaps you could help me. I am a young lady of twenty years, not good looking, but can pass in a crowd, and as I am of a jolly nature can have a grood time wherever I go. Now for the



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