

SPECIAL COURSES OPEN TO TEACHERS

Physical Education Instructors Are to Be Given Training One Night Weekly

Instructors of physical education who desire to take the courses will be given special instruction in the West Philadelphia High School, Forty-seventh and Walnut streets, each Wednesday evening, commencing tonight. The classes will be held for twenty consecutive Wednesday evenings, and will be conducted by the division of physical education of the Board of Education. Teachers who have had two years' experience as heads of playgrounds, or

as departmental teachers in physical training and athletic work, are eligible to take the course, as are second-year students in the Normal School if their work in athletics and physical training has been satisfactory. A few specially qualified first-year students may also be admitted. The course is designed, first, to give teachers a better understanding of the principles, aims, methods and development of modern physical education; also, to train teachers for playground and recreation activities; also for departmental physical training work. Number of Students Limited. The number of students admitted to this course is limited each year, owing to the amount of space necessary for demonstration games and plays. Subjects to be taught will include the theory, organization, administration, play materials, programs, equipment and construction of playgrounds, lectures on special problems and the proper method of handling backward children will be given. There will be a certain amount of practical work, including demonstration of plays and games for young chil-

dren, team games and apparatus work. Setting up exercises for older children and adults will be demonstrated. Songs and dances will be taught and the proper methods for singing playground songs and telling stories will be shown. Special Courses Planned. There will be a special course for experienced teachers, playground workers, departmental teachers in physical training and athletic work, if enough apply to make it worth while. This proposed course will include lectures upon modern viewpoints in physical education and athletics; indoor baseball and correct methods of teaching folk and other dances. According to Miss Elizabeth O'Neill, HARTMAN RADIUM LUMINOUS DIALS. Haven't you seen this feature on a Watch or Clock Dial at night? If you want your Jeweler about the H. R. L. D. FRANK HARTMAN STUDIO. Specialists in the Application of Radium Compounds. 24 So. 17th St., Phila., Pa.

director of playgrounds, the twenty-one open-air playgrounds of the city will probably be conducted through the winter, so great is the interest of the children. Formerly they have been closed during the winter months. Mass-Meeting for Women. About 200 persons, a few of them women, attended a Cox-Roosevelt meeting at 1315 Columbia avenue last night. Patrick Lynch was chairman and the following men spoke: J. Washington Logan, Joseph K. Welling and Maylin Pickering. W. J. STEWART, D. D. S. Removed to 1531 Chestnut St. SPECIALIZING. In artistic, undetectable dentistry, contour and expression restoration and improvement. Radical treatment of pyorrhea, whitening loose teeth. PAINLESS. Extracting, Grinding, Drilling and Nerve Treatment by a safe local anesthetic method which is so unfailingly efficient in expert hands that all dentists will soon be compelled to learn to use it. Advanced Efficient Reasonable

WILL RIDE OVER TRAIL
H. K. Hathaway Will Lead Party on Wissahickon Road
H. K. Hathaway, an engineer, is planning a trip for horse lovers over the trail taken recently by Mayor Moore and a number of Boy Scouts along the banks of the Wissahickon creek. Mr. Hathaway said the Mayor's hike over the trail has suggested the desirability of a similar demonstration by horsemen. A meeting to arrange details of the trip will be held tomorrow night at 5445 Germantown avenue.

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Friday Evening, October 15, 1920, at 8 P. M.

Doors Open at 7:15 P. M.

A portion of the parquet will be reserved until 7:40 for ladies or ladies accompanied by escorts.

Tickets can be secured at the various newspaper offices
Republican State Committee Headquarters
Republican City Committee Headquarters
Republican Alliance Headquarters
The Union League.

Weather permitting, overflow meetings will be held on Broad street in front of the Union League at 8:30 by prominent speakers, after which it is expected that the THREE GOVERNORS will make addresses.

How We Care For Your Meat Cars

When you see a Swift Refrigerator Car going by in a train, it seems a simple thing that it should be carrying fresh meat up and down the country. Like most of the packer activities which contribute to your welfare, you are so used to having this going on uninterruptedly, day in, day out, throughout the year, that you are likely to take it as a matter of course. But it is not a matter of course. Every car you see going by means long hours of minute, scientific, painstaking care in preparation for what it is doing. Every time a car comes in it is washed out thoroughly with scalding water. If any taint, any foreign matter, were present, this would get rid of it. Even the meat hooks are taken down from the racks and scalded with water and live steam. When the car is thoroughly cleansed we put in 5,000 pounds of ice. But that is only preliminary. It only cools the car to the proper temperature. By the time the car is moved over to receive its load, this first ice is melted. More is then put in to keep the car cool. Then the meat is hung on the sterilized hooks and the load of food is ready for its journey. It arrives as it leaves, clean, fresh, wholesome, appetizing; and your meat supply goes on unaffected by seasons or weather. This is only a part of the service which Swift & Company furnishes, at a profit to itself so small—averaging a fraction of a cent per pound on all products over a period of years—that if the profit were handed on to the consumer, it would make a difference of less than a nickel a week in the meat bill of the average American family.

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