AN ATTRACTIVE BLOUSE

Tasty, Appetizing Food Planned for Saturday, Sunday and Monday Evening-Friday Market Basket

By MRS. M. A. WILSON ight, 1920, by Mrs. M. A. Wilson, All rights reserved.) SHE October markets are at the vest flood tide and show an ndance of the late fall and early products. Spinach, cabbage. turnips, carrots, beets will rehe succulent corn, tomatoes and Just about this season lettuce scarce and, therefore, correis tempted to omit it from

The fall and winter diet requires at oundance of green uncooked foods for dads if we are to remain physically A liberal diet of bread, meat and tatoes with pastries and heavy des rts will cause the blood stream to be and it is in this condition that we are not to catch colds and other winter ills. So for safety's sake see that at least ee a day a well-made salad of un poked greens is served to the family in beral portions. This salad need not expensive and yet it must be ap-lizing if the family is to be enticed make it part of their daily diet. If have given up baking during the rm weather you will find it will lower family budget when you start bakhome-made bread, cakes, pies and tries, and the family will also surely eciate the home baking. If you a cold cellar, now is the time to ink about storing potatoes for winter tys, and with this thought in mind the fact plainly before you that any of the so-called farmers who visit city with loads of potatoes are hase from these men see that you ob-ain the full weight—that is, sixty ounds to the bushel and 100 pounds

Every fall I receive many letters men who purchase from a street should be covered with fine dry dand placed in a cool and well.

Solver and the finely shred and simmer for one hour. Season, dust with paprika and serve. chant, only to find that they have nd and placed in a cool and well-ntilated cellar far from the heater. This weekend we are planning a suggestive menu to include a Saturday evening dinner, three meals on Sunday and a Monday evening dinner.

SATURDAY DINNER

Celery Cheese Canape
Cheese Canape
aised Pork with Cabbage. Brown
Gravy
shed Potatoes Creamed Onions hed Potatoes

Lettuce Baked Apples SUNDAY MORNING BREAKFAST Grapes Cereal and Cream Coffee

DINNER Cream Tomato Soup Radishes Celery Baked Shoulder of Pork Brown G Apple Sauce Sweet Potatoes Lettuce Peach Tarts

SUPPER Welsh Rabbit on Toast Apple Cake MONDAY

DINNER Tomato Canapo Olives Cold Cuts of Meat Brown Betty

The market basket will require Two bunches of radishes, Two heads of lettuce,

Perhaps next week you will be a

Prize Menu Contest

Three prizes are offered each week for the best menn for a dollar-

must be given and correct address on the menu. Also the date of sending it. The foods used must be staples and in season, and a

The prizes are: First, \$2.50; Address all menus to

Independence Square

One and one-half pound head of cab-One-half peck of apples. One pound of grapes, One quart of peaches,

One small bottle of olives. One-half pound of peanuts for

alting. Shoulder of fresh country pork, weighing about seven pounds.

Have the butcher cut four slices from the butt shoulder. Dip them in flour and brown quickly in hot fat. Lift and lay on a plate. Then add the finely-shred-

country pork, and, if you desire, the shoulder may be boned and a stuffing put in in place of the bones. Try this for filling: Put through the food chopper Eight outside branches of celery,

Four onions, Haddful of parsley, Diana and Julian Long thought divorce a simple way out of a marriage that bored them. But afterward they learned that them, But afterward they learned that they loved each other. If it had not been for the fact that the people who caved for them undertook to bring them together again, they might have gone through life conscious that they had made a tremendous mistake. They were too proud to admit their love for each other, and Diana became engaged to a man she didn't love, while Julian asked a woman to marry him because he could not bear the loneliness of life without Diana. It was then that Alice Irwin went to Julian and told him the truth, while Rita Graves, who kept the fashionable dressmaking establishment in which Diana had become chief designer, went to Gleaves Maltby and told him thadian was still in love with her husband. One and one-quarter cups of stale

Furn in a bowl and add One teaspoon of salt, One-half teaspoon of pepper. One-half teaspoon of thyme, One-half teaspoon of sage. Mix and then fill into meat.

Place in a mixing bowl One and one-half cups of mashed potatoes, One and one-half cups of flour,

One teaspoon of salt,
One level tablespoon of baking Two tablespoons of shortening, One egg.

Menu

Lettuce and Mayonnaise read Apple Pie Coff

SALES SLIP

Head crumbs for cuters
Lard for frying
One-eighth peck pointoes
One-eighth peck string beans
One bunch heets
One head of lettuce

Flour and seasoning
Sugar
One loaf of bread
Butter
Coffee and cream

Making More Money

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Menu Contest Honor List

Vinegar

Mrs. H. P. Friend, 1304 Powell Street, Norristown, Pa. Mrs. T. Worrell, 5829 Pemberton Street. Sliced Cucumbers and Onions
Salmon Cutlets
Tomato Sauce
Mashed Potatoes String Beans
Buttered Beets

Roast Pork
Apple Souce Brown Gravy
Mashed Potatoes
Stewed or Silced Tomatoes
Bread and Butter
Grape Pie Coffee SALES SLIP

Total\$1.50 Mrs. Anna Abram, 971 N. Marshall Street. Menu

Fried Fish With Fried Potatoes Green Pea Soup String Beans Fruit Ice With Strawberries

SALES SLIP One and one-half pounds of frying

One and one-half pounds of frying
fish
One-egg
Two tablespoons flour
Speck of salt and pepper
Two tablespoons of oil
One pound potatoes
One-quarter peck of green peas
One-quarter peck of green peas
Two tablespoons fat
Two tablespoons flour
Salt and pepper
Two oranges Two oranges box strawberries or raspberries

> Miss Betty MacDowell, 855 Glenbrook Avenue, Bryn Mawr, Pa.

Turtle Soup Baked Flounder Cream Potatoes Corn on Cob ses on Lettuce With Mayonnaise Dressing
Bread and Butter
Peach Roly Poly
Tee Croam Sugar

SALES SLIP turtle soup

and-a-half dinner for four people. YOUR FULL NAME

sales-slip giving the cost of all ma terials must be included. second, \$1.00; third, \$1.00.

Mrs. Wilson's Menu Contest Evening Public Ledger

One large bunch of cclery. One quart of tomatoes, One-quarter peck of white potatoes One-quarter, peck of sweet potatoes, One quart of onions,

One-quarter peck of spinach, One-half pound of cheese,

Braised Pork and Cabbage

bread crumbs.

Mix to a dough and then roll out one-half inch thick and cut with biscuit cutter and bake on a hot griddle for

cutter and bake on a hot griddle for fifteen minutes. Turn to brown on both sides.

Serve the brown betty with the following sauce: Place the skins of the apples in a saucepan and cover with cold water. Bring to a boil and cook until the apple skins are very soft. Drain the liquid and then cool. Now add two cups of the liquid from the cooked apple parings, add three-quarters of a cup of sugar, four level tablespoons of cornstarch. Stir to dissolve the season of the single parings, and three-quarters of a cup of sugar, four level tablespoons of cornstarch. Stir to dissolve the season of the single parings and the show enthusiasm to show enthus enthus to show enthusiasm to show enthusiasm to show enthusiasm to show enthus as the ter written by "Sophist "Well, I just had to laugh the show to laugh the show to laugh. Honestly, it is a fine cure for the shifted to laugh. Honestly, it is a fine ture with final followed. By the end of his thirt that followed. By the end o

ters of a cup of sugar, four level tablespoons of cornstarch. Stir to dissolve
the sugar and starch and bring to a bcl.
Cook three minutes and then add:
One well-beaten egg.
One teaspoon of vanilla extract.
Beau hard and then serve.

St Honor List

Seasoning

Total

a foretaste of what life would be, lived with a man one didn't love.

"Here comes madam now," said Miss Pels, and the three models ran for town inner room as Rita came into the shop, smartly tailored and looking fresh as the morning.

"Both of his body, for he died when only four years and four months old.

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"Both of his body, for he died when only four years and four months old.

"Here comes madam now," said Miss Monday—The Man Who Thought He William on the certainly managed to convey what he meant in his letter. When he writes letters that make you laugh why do you wish him the last of his race? That's not quite kind, is it? the morning.

Two Women

DIANA had been finding it increas-

Diana went up to her and held out her hands Rita took them and looked at the younger woman searchingly. "Hm: you don't look very fit. Any news for me?"

Diana shook her head. Rita was thinking quickly. Somehow she had imagined that Gleaves would lose no time in seeing Dana and releasing her, but, after all, her interview with him last night had probably kept him too late to see Diana afterward.

with him last night had probably kept him too late to see Diana afterward.

She led the way into her own private office, sat Diana down before her and promptly broke the news in her usual crisp manner. Diana gasped once or twice, sat with her head averted, and then in sheer desperation spoke. "I know you think you've done this thing for the best, and I am grateful to you. I'm so tired of pretending and trying to be something I'm not. I ought to be anarry but I'm not, I'm only sorry, terribly, and ashamed. But I want you to know, Rita, that when I gave Gleaves my promise to marry him I wasn't entirely selfish. I thought I could make him happy. I ddn't know—how it would be to have to live a lie every moment I was with him. Somehow, I haven't been myself for a very long time. I used to think I knew myself, and now the whole world seems topsy-turvy, and there's nothing stable to cling to." Total\$1.50

Making More Money

"The Girl Who Leved Goats"
It all becan when Josephine J. Jenke, or Mariatovin, N. J., was only observed at the red set tapping on the first proposed of Morrisovin, N. J., was only observed at the red set tapping on the first proposed of Morrisovin, N. J., was only observed at the red set tapping on the first proposed of Morrisovin, N. J., was only observed at the red set tapping on the first proposed of Morrisovin, N. J., was only observed at the country. All the set tapping on the first proposed of Morrisovin, N. J., was only observed at the country of the country

"The Unwelcome Wife"

Didn't mean to make her husband unhappy, but she couldn't understand the life of a city and the conventions that meant so much to her mother-in-law. A vividly real story of her problems and how she solved them is told by

Photo by Old Musters, Central Name

There are all kinds of fascinating things to wear with suits and separate

skirts this year. This one has sleeves and body of silk voile, with a dainty little edging of narrow lace. The slip-over effect is schleved with a material that resembles net in heavy silk, and there are tracings of silk braid all over it

CARELESS HEARTS

By HAZEL DEVO BATCHELOR

HAZEL DEYO BATCHELOR

in a new serial which begins on Monday, October 11. It's sweet, but not sugary,

pathetic, but not sad: thrilling, but

Please Tell Me What to Do

By CYNTHIA

Worrled and Heart-Broken probably the cause of the trouble. Why not go to a hospital in Wilmington, or this city, as a ward patient? Surely it would be better than continual fussing ind fighting at home.

Take Up Course Dear Cynthia-I am a girl past sixteen. I wanted to go to night business college, but my mother started telling me that it was too much for me to work during the day and from work go to

college, so I, too, decided that it was maided too hard for me.

Love," I could not help but agree with her. I am a lovely blonde of eighteen summers and have many suitors from far and near. I have liked lots of boys, far and near. I have liked lots of boys, but further than that I can't seem to think of love. I have a girl friend who is an Italian. She has large brown eyes and hair—oh, I can't describe it. She is cynical regarding love. She is married, although how she came to do it is beyond me and herself also. Do you truly believe in love, Cynthia? Many a girl "thinks" she is in love and wakes up, to her sorrow and endless regret when she has brought sorrow on herself.

JUST ANNA. JUST ANNA.

Why Say They Are Bad?

Dear Cynthia—It has been quite a long time since I have written anything to your column, so I am writing this letter for your girl readers to answer. What I would like to know is "What is a good man?" To explain what I mean is this: Quite often a girl will write to your column and tell you all the men are no good and they are all alike, etc. I have also spoken to quite a few girls and hear them say that these days a good man is hard to find and you can't trust any of them and a lot more stuff about them.

I have many friends of my own sex that I work with and others on the outside that I go around with and go to a show or a dance, or in fact anywhere. They seem to be very nice and. I think would make good husbands some day. But still there are some girls that will say they are of no account.

Now I am not directing this letter to the girls that do not say these things, but I am directing it to the girl who always says, "A good man is hard to find."

Some girls have gotten into the hablt of saying that there are no good men.

Some girls have gotten into the habit of saying that there are no good men, without actually meaning it. They think it's smart. While there are many bad persons in the world, there are also many good ones, both men and women.

Asks "Sophist" Where He Attended

College Dear Cynthia—Recently I read a let-ter written by "Sophist." Well, I just had to laugh. Honestly, it is a fine cure for

Two Minutes of Optimism By HERMAN J. STICH

The Rookie Must Change Step

DONCE DE LEON frittered away a great life in his fruitless search the world over for the Fountain of Eternal Youth, Yet to find it he had but to look into his own heart, but the commonplace often the last thing to see.

Thousands of alchemists slaved and starved while they chased the rainbox of the transmutation of the baser metals into gold. Properly directed their toil might have brought them lasting name and fame, instead of blinding, grinding poverty and obscurity.

The California and Klondike gold crazes broke more hearts and embittered more years than did almost all of the worth-while endeavors to make the world a better place to live in. Impractical, visionary figurents of fancy have wrought endless human misery

and ruin and sorrow. Every day the United States Patent Office receives numberless appeals to protect perpetual motion schemes, many of them revealing a degree of mechanical ingenuity bordering on genius—abilities which properly focused would make their possessors everlasting benefactors of humanity, but dissipated on fantastic,

impossible theories bringing only heart hurts and blusted hopes and failure. The fascination of the foreign, man's wanderlust, his love of the elusive and mysterious, coupled with his craving for sudden riches, are responsible for

Vision has always ceased to be an asset when distant dreams oust cur-Man's fortune does not necessarily lie far afield-hes is frequently oblivious

It glimpses potentialities and essays predictions of the morrow, but acts Facts must be settled before futures are contemplated, conditions must be

Progress hever asks any man to bridle his fancy, but it insists that he direct it-veer it from nonsense-steer it toward common sense-hold it within The man who fails and wails that he is living far ahead of his day is like

Who said <u>Meats</u> were high? We Sell Wholesale Prices

OYSTERS Soft Shell Crabs

10-12 S. Delaware Ave. Phone Lombard 5110: Main 3200 WHAT'S WHAT



A "large wedding" means hundreds of invitations to enurch and breakfast, a color scheme for decorations and brides-maids' costumes, and a hundred other college, so I, too, decided that it was too hard for me.

But now my mother says if I work during this winter and save my money she'll let me go and I can start either in March or February. It will take me about six or seven months. Don't you think I will be too old, then?

No, dear, you are not a bit too old. Be sure to take the course. The business college you speak of bears an excellent reputation.

A Young Cynic

Dear Cynthia—After having read the letter of "One Who Does Not Believe in Love," I could not help but agree with the T am a lovely blonde of eighteen in two during this winter and save my money she'll let me go and I can start either in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they cally "interested parties" even in the higher social circles that they with the rest of her family!

What a strange, morbid custor was; it seems wrong, cruel to our modern times.

We haven't lost any depth of with the years, although sometimes as soon as if we wedding party with only the immediate friends present. The bride many wear the traditional well and orange blossoms, just as though sold guests had been invited. The engraved announcements, together with the at-home cards of the happy pair, are inclosed in envelopes, addressed, sealed and stamped in advance o

The Woman's Exchange

To the Editor of Woman's Page

Dear Madam—I am invited to a paper wedding to be held very soon and would appreciate your advice as to a few sus-gestions for a gift. A READER.

The Question Corner Today's Inquiries

1. What interesting conference of women will be held next month? 2. How can a dried paint stain be removed from a cloth skirt?
In pressing a pleated skirt in which the pleats have been basted, what should be done to prevent the thread from marking the

material? When a rug or carpet is faded how can its appearance be im

5. What kind of finishing is used on the bottom of many of the new Paris dresses?
6. How should linen be wrung out

Yesterday's Answers Mrs. Angelina Marshall, of Milford, Del., is ninety-two and was the first woman in that place to register to vote for this election. A pretty, easily made searf for the dressing table is of scrim. trimmed with wool-embroidered

flowers. It is not necessary or advisable to use bluing in washing blankets. as the yellowish tint is desirable.

The basket to contain flowers embroidered in wool on a dress can be made by ambiqueire a patch of cross-barred material. Beet root, a bright red, is ex-pected to be popular for winter

frocks and hats.

6. If a nail is heated first it can be driven into a plastered wall with out chipping the plaster.

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WIDOWS OF OLDEN DAYS SHUT THEMSELVES AWAY

And Gave in to Their Grief-The Fact That Modern Women Can "Carry On" Is Not a Sign That They Are Cold or Hard

THE story of the boyhood and life of WHAT kind of women would they Nathaniel Hawthorne tells an interesting fact about his mother, who way to that cry, and shut themselves

After the custom of those old times. her mourning was very deep and very and to smile?

entirely from the family circle; for from liked to call them all "boys" them. that time on she never ate a single

JUST ANNA.

Perhaps you had better remain an old maid if you doubt love. Your young friend does not exert a very healthy influence with you, does she?

Why Say They Are Bad?

Dear Cynthia—It has been quite a long time since I have written anything to your column, so I am writing this letter for your girl readers to answer. What I would like to know is "What is a good man?" To explain what I mean is this. Quite often a girl will write to the setting to go would be a good of the graphing paper in a policy and the string to go with it "for good measure." a roll of paper towelling or some of the dainty paper napkins with colored designs on them.

Wants to Learn English

To the Editor of Woman's Page:

We suffer by ourselves now, too, but the rest of the family. We suffer by ourselves now, too, but want a more practical gift than these would be, you could give wrapping paper in various sizes and colors, adding the family by taking ourselves osteptatiously away from them. There are women to day who have taken off their deep mourning, have almost erased the lines of sorrow from under their eyes, and have gone back to their everyday lives as cheerily as if nothing had ever broken the surface of that brightness.

Wants to Learn English

To the Editor of Woman's Page:

during the day when those women keep that smile on their lips by the force of their will, and go on chatting foolishly just to keep back the cry that comes from the heart... "I want him, I want him."

was widowed when she was only twen- away from their family and their

friends? How would they ever learn to endure

Think of the women whose "boys" She even went so far as to withdraw didn't come back from overseas- ye Why, they would have suffered ten

that time on she never ate a single meal downstairs in the dining-room with the rest of her family!

What a strange, morbid custom that was; it seems wrong, cruel to us in our modern times.

We haven't lost any depth of feeling with the years, although sometimes it seems to older persons as if we had hardened and become cold with the rush and hurry and greed of the century.

And we have to admit sometimes ourselves that some of us do seem to have killed a great deal of what they call "sentimental foolishness" in their natures.

BUT that is only sometimes, and only some of us.

The majority of us are just as ten-



S.R. WEAVER

IIIZ Chestnut St. TARE BLOWN



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