MRS. WILSON ADVISES GIRLS TO LEARN HOW TO COOK WELL

And Gives Some Recipes That the Housewife of Holland Must Know Before She Is Considered a Good Wife

By MRS. M. A. WILSON

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(Copyright, 1920, by Mrs. M. A. Wilson, All rights reserved.) COOKING is a serious business, and the girl who does not know how or who feels it too much trouble to learn has no real right to marry, any more than a man who would say that he doesn't know how to earn a dollar, but he imagines he will get along somehow. Now until the daughter realizes that she should take right in her own home a course in homemaking she will not be able to master efficiently, in an economic way, the problems of the home. daughter learning to cook will give to this girl a dependable knowledge of sustaining life other than rushing to the nearest delicatessen shop and garnering a partly cooked or full-cooked meal to provide the requisite nutriment which enables the most of us to cling to life. The old Dutch housewives of Holland have an old saying that she who goes

to the husband's home not knowing how to cook chains him as though he were a galley slave in the oarbocks of the boat of misfortune. No household can save and hay aside for a rainy day warm plate and cover with a paper or deal are prepared for a single cover with a paper and old age when the wife cannot work napkin to drain. Serve with cheese sauce.

out an economical meal. The American public spends from 40 to 60 per cent of its entire earnings for food.

Vantenderer, a Dutch housewife of the old school, who is now about ninety-two years of age, tells of the economics practiced in the house-holds after the war of 65. Few, if any, bakeries then existed and certainly Vrouw no delicatessen shops. The housewives of those days had the coffee kiatches and their quilting parties, and yet they salt. found time to have an abundant sup ply of good, nutritious food for their

families. Here are some o'd Holland Dutch recipes from the Vrouw's recipe book :

Ragout of Sheep or Pork Liver Wash one pound of liver and then place in a saucepan with

Two sliced onions. One-quarter teaspoon of thyme,

Bit of garlic. Cover with boiling water and simmer slowly for forty-five minutes. Drain and then wash under cold water. Now

place in a frying pan : Four tablespoons of shortening.

Five tablespoons of flour. Brown the flour until a dark mahogony brown and then add two cups of cold water and bring to a boil. Add

water and bring to a boil. one cup of sliced onions. Two carrots, cut in dice and par-

boiled The liver, cut in piece size of scalnut, One-quarter teaspoon of sweet mar. ped fine,

One-quarter teaspoon of thyme, Pinch of cloves. One teaspoon of salt.

Three tablespoons of strong cider cinegar.

simmer for fifteen minutes. Serve with boiled potatoes and mashed turnips.

Fish Noodles

Use any variety of inexpensive fish. Clean the fish and then tie in a piece of cheesecloth and plunge into boiling water, adding

Tet. One clove Due small onion.

Cutlet

Cook the fish, allowing twenty minutes to the pound. One-half pound of fish will be sufficient for the dish. When

Have you sent your dollar and a half dinner for four people to THE PRIZE MENU CONTEST? Three prizes are offered each week lo the best menu.

First prize, \$2.50. Second prize, \$1. Third prize, \$1.

Give your full name and correct address on the menu. Also the date of sending it. The foods suggested must be staples and in season. Send a sales stip, too, which will give the cost of all materials used. Address all menus to

MRS. WILSON'S MENU CONTEST EVENING PUBLIC LEDGER INDEPENDENCE SQUARE

Bread and Cheese Fritters

Bread fritters will help utilize the left-over ends of stale bread. Soak the stale bread in cold water until soft

Two tablespoons of bacon fat, One and one-quarter teaspoons

One cup of milk, One and three-quarters cup of flour. One level tablespoon of baking pourder.

One-half cup of grated cheese. One-half cup of finely minced pars-

ley. One egg. One tablespoon of grated onion.

Beat to mix and then fry like fritters and serve with either tomato or parsley sauce. The Dutch housewife of Holland and Place was damaged all over. those in old New York serve a delicious hot salad which is made in the following manner:

Hot Potato Salad Mince very fine four strins of bacon

the vinegar,

parsley.

and cook until a nice brown. Now pare six cold boiled potatoes and then cut in thin slices and cook to heat through, taking care not to brown. Now ndd

Four tablespoons of rinegar.

One-half tenspoon of pepper.

One teaspoon of salt.

Pinch of mustard.

One level teaspoon of sugar mixed in

Three tablespoons of finely minced

Toss to mix and then serve at once on

one and

One medium-sized sour pickle, chop-Three medium-sized onions, chopped

One-half teaspoon of pepper.

Heat to the boiling point and then

either crisp lettuce or endive. Try this delicious pudding: Cut two ices of bread one inch thick, and then place in a saucepan and add one-quarter cups of milk. Heat slowly

Bit of bay leaf.

to the boiling point and then cook until the mixture may be rubbed through a coarse sieve. Now add Two red or green peppers, chopped fine One medium-sized onion, chopped the fish is done, remove and then drain fine, and cool. Remove the bones and flate F_F Four branches of parsley, chopped



Photo by Central News Servi Of the hats that will be worn this coming winter. It is a velvet hat with a wide brim that turns back and folds over directly in front. The wing that surmounts the fold and extends around both sides of the brim is a rich blue. It is the kind of hat that looks well with furs, as in the picture, and would be equally good-looking worn with a blue-serge street dress for fall



Profiteering Tenants

Lease said no repairs.

Rent strictly in advance.

No notice. No address.

But not the water bill.

I wanted to shake her.

Then he stalled two weeks more,

Every week he mailed me a check.

chin?

Can you beat it?

But I didn't.

I had her traced.

She was to pay for water.

He was back six weeks. I had a tenant-fine references. He jollied her along. She'd take good care of the house. She soaked up flattery like water .-He fed her sugar plums. She thought him in ove with her. He was some flirt, that boy, She sent checks three weeks late. More weeks clapsed. Four plumbing bills were deducted. I was ten checks ahead. Windows and locks were broken. But finally she wanted the money. He phoned her from the office. She beat me out of two months' rent. He was called out of town. She broke her lease and moved. Too bad about that little bill ! Would she take his trunk? A lot of things turned up missing. She would, and did. She broke it open. It was stuffed with newspapers. It was there for me to pay. Yet she wrote me from nowhere It wasn't worth \$10. "Hope you find as good a tenant, He sent his board bill to me. I was no bother on rent or repairs. It equaled her debt to me exactly. I left everything in fine order. I sent her a receipt for same. Polite thanks were in it. Talk of profiteering landlords ! She wrote me a sizzling letter. Profiteering tenants are worse, I referred her to the Bible. Dunderhead, Stunid, No conscience, Had she ever heard of it? There was a text in it. It was called the Golden Rule. recommended it to her highly. She was keeping a boarding house. Sure cure for sore feelings. I sent her a boarder, my cousin. I was casting pearls before swine. But I felt fine-had my money. All unbeknownst, of course. He paid the first week in advance. What's a pearl more or less? The second a half week late. The third a whole week behind. Isn't it odd?

Some tenants profiteer indecently, But they yelp when pay-day comes,

CARELESS HEARTS

By HAZEL DEVO BATCHELOR

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WHAT'S WHAT

LIVERY once in a while I run across

thought of winter with its cold

She Wants His Friendship Dear Cynthia—I am a girl of eighteen. I have plenty of boy friends who like me, but there is one I really love. I made an appointment I made, his excuse for not coming was he was tred. He thinks an awful lot about his beauty. Ot course, he does not know that I like him. He talks to me at parties, built I act very cool to him, and he fools around with the other girls to make me jealous. I do not see him anywhere any more to try to win back his friendship. but my girl friend always calls him on the phone to make me jealous. I make me an like you to please advise mo what to do to win him back, as it was my fault that I lost his friendship. If the young man has repeated broken engagements with you, you would make a mistake to seek his friendship. If the young man has repeated broken engagements with you, you would make a mistake to seek his friendship. If you have plenty of friends be con-tent with them and let this other one go. Disapproves of Letters

Adventures With a Purse

Disapproves of Letters

L a bargain that is such a real, hon-Dear Cynthia-My belief has atway Dear Cynthia.—My belief has atways been that your column was created for the purpose of imparting advice in matters erotic to those greatly in need of the able counsel you render so capa-bly, and also for the additional purpose of affording interest to your paper's readers. Am I not right? It is my further belief that (this be-ing the case) such absurd, imbedie liter-ary efforts as contained in "Scopies". est-to-goodness bargain. I wish I could see you right face to face, and talk to you carnestly and seriously about it. And this is one of the times. Now, I know that I have written more than one Adventure about silk stockings, and in every case the value and price have been But today I can tell you of some ry efforts as contained in "Sophist's' effor of recent date should not be perthing that is more than good. One of letter of recent date should not be per-mitted to occupy space of genuine value to the micest shops in the city has just one the nicest shops in the city has just one tableful of silk stockings, mostly all black. These, if you please, are not the while I have never heretofore availed invself of the privilege of writing you. I feel compelled to protest vehemently against the publication of "Sophist's" blatant banalities or letters of kindred puerile nature. They sully the column. the nicest shops in the city has just one tableful of silk stockings, mostly all unfailing sign of good hosiery. They are a well-advertised brand, and their price is \$2.25, plus three cents war tax. I know three or four people who have bought some, both for themselves and PRO BONO PUBLICO.

Some of the writers and readers of the column enjoy the "Sophist's" letters and the "Ex-Top Kick's" and the others and so some of the letters are printed; but the column is primarily for advice, pairs lie and while such letters interest the read-many. for others. By the time you read this Adventure there should still be some pairs left, although I doubt if there be ers now and again, they cannot be en With the first approach of cool days

Does She Love Him?

ouraged too much.

weather becomes an obsession with me Deer Cynthia—I am a young girl and will be nineteen in December. I nave been keeping company for about seven months with a gnileman eight and one-half years older than I. He is a blonde and I am a brunette. We are the best of friends: there's half years other more the above explanation for this Adventure We are the best of friends; there's and the following one. First of all, I never been a couple more chummy than want to remind you that porch steps, Now Cynthia, this man has fallen in from the constant wear on them be-Now, Cynthia, this man has fallen in los with me and has asked me to marry him, but I'm not sure whether I love him or not, and I want to be sure be-fore I take the fatal step. I'm always thinking of him and counting the minutes come slippery, and worn in places. particularly is this a dangerous condiion when winter, with cold days and fore I take the faint step. I'm mixely it inking of him and counting the minutes when we will be together again. I can hardly wait till I see him. and I'm as happy as a lark when I'm and I'm as happy as a lark when I'm with him and always hate to see him. bow may have to see him. bow may have to see him. throw what it is to be in love. And, Cynthia. dear. I let him kiss me and love me up, but not unless we're post-tively alone, and to tell the truin i enjoy it. Do you think it all right*to do so? If you do not intend to marry nim you have no right to allow him to kiss and carees you. Better make up your mind soon. No one can tell but you yourself if you love him, thougn it sounds as if you did from what you tell me. state to be the provide the state of slippery pavements, comes along.

ONE WOMAN IN THE ROW OWNED A VACUUM CLEANER

And the Other Women Had None, So She Rented It and Her Services to Them by the Hour-Could You Do That?

SHE lives in London, the story says, Sand evidently in a neighborhood where a vacuum cleaner is a luxury. Here a vacuum cleaner is a luxury. Here a vacuum cleaner is a luxury.

At any rate she had it. There's nothing very remarkable about that: plenty of us have things that our neighbors haven't. And we're rather proud of the fact, too.

housework along the street as easily as she would wheel a baby carriage.

too. We show off our possession WHY wouldn't the community cleaner great air of nonchalance, reveling in the nvy and admiration of our callers. We don't mean to be disagreeable, but we can't help this "aren't-we-lucky?" neighborhood?

eling. But this woman worked on it. She said, "Wouldn't you like to be

She snid, lucky, too?"

There have been so many jokes about lending and borrowing and failing to You can imagine what the answer would be in a neighborhood where one woman had a vacuum cleaner and the return these implements that they are other women had none!

But why not lend yourself along with them for a consideration and bring them A ND so she combined shrewdness, Akind-heartedness, tact and ability me again? An electric iron, a washer, a fireless into a money-making scheme. Now she rents her vacuum

cooker-why, the people in your street could have a wonderful time with the and her services in using it by the hour throughout the neighborhood ! luxuries that you feel so exclusive about. And you could make enough pin money on the rental of your "too!" She has broken down the wall that

on wheels be a good thing for your

It needn't necessarily be a cleaner.

It has long been the custom for one

man in a row to supply the other men

in the same row with lawn mower, snow shovel and various things of the kind.

envy and admiration might have built and your services to have a wonderful She has made her own exclusive luf-She has made her own exclusive luf-ury possible for every housewife who knows of her. this little idea in your row.

Two Minutes of Optimism

By HERMAN J. STICH

"Heah's Mah Fren!"

THERE is much foolishness talked about saving. Let us hope this will not prove another contribution.

Most people speak of saving as a virtue, with difficulty acquired, and danrously elusive thereafter.

Nothing could be further from the truth. Nothing is easier than to save. Saving is natural. It is deeprooted and instinctive. Even animals respond readily to the feeling. Squirrels gather nuts. The bee keeps increasing its honey. omb. Boys and girls collect stamps, stones, birds' eggs and even animals. And very one of us can get the best results by starting when young to direct this mpulse into proper and profitable channels and increasing the dose as we go along.

You don't have to be a wizard to do stunts with money. All you have to do is to put more in the bank-regularly and frequently. A good day to do it is Wednesday. Other good days are Thursday, Friday, Saturday, Sunday (if the banks were open as they ought to be), Monday and Tuesday. It is a very bad thing to draw savings on any of the days mentioned. And mark you-

Your money will get to the bank whether YOU put it there or not. It is up to YOU to decide WHO will deposit YOUR money, whether the dollar YOU earned yesterday will work for YOU or for somebody else. It is plain horse sense to do your own banking.

Just another phase.

The human brain is a most sensitive organ that works well only when free from worry and care.

And the best antidote for brain fag and anxiety is a savings account. With a great big, generous savings account back of you rolling along and growing snowball fashion, you can look any man in the face on a very satis

factory basis. Money is something a man needs as long as he lives. And there is no sense of security like knowing that there is a strong arm doing glouble duty for you. working night and day and holidays to build something substantial for you and yours to lean upon when your working days are over. A man's first duty is to make money-his second is to save as much of it as he can.

There is far-more truth than poetry in the old negro's remark

"Keep yo' han' on yo' bankbook an' say, 'Heah's mah fren !"

Be sure to save when you have it. There's no danger of your saving when you haven't!



What Has Hurt Our Friend- go as she had been would have meant

One morning in her mail she discov- A Daily Fashion Talk by Florence Rose Salesmanager at Nineteen

	at a metalogical metal	fine.	Sitte //.
1.1.1	Four tablespoons of finely minced parsley. One tablespoon of fively grated onion. One teaspoon of salt.	One teaspoon of salt One-half teaspoon of pepper, One-half cup of any kind of meat. chopped very fine.	Diana and Julian Long for divorce hanging heavily on the after they had been separat few months. Sometimes it is
	One-half traspoon of prpper.	I so the nut butter knife on the food	we have that we value least though these two young pe
	Pinch of thyme. Two tablespoons of bacon fat.	Solks of two eggs.	quite certain that they were a
	One tablespoon of rinegar.	Two tablespoons of melted butter or bacon fat.	with each other, a short proved them both wrong, D lized this fact first, and b
	Bet aside and then prepare the		
	moodles. Break one egg in a bowl and	Beat the mixture to blend thoroughly	suspect the truth, she engage to another may, leaving Juli
	add :	and then grease the custard cups well	out the news for himself.
	Four tablespoons of scater.	and then fold into the mixture the	did through Alice Irwin.
	C . Late to serve at sold	stiffly heaten whites of eggs Turn into.	self has been very much infl

One-half teaspoon of sait, and sufficient flour to make a very stiff dough. Knead the dough until smooth and then roll out until as thin as paper. Cut in four-inch squares and place one tablespoon of the prepared tish mixture on the noodle dough. Wet the edges of the cups and the noodle dough. Wet the edges then cups and the noodle dough. Wet the edges then cups and the noodle dough. Wet the edges then cups and the noodle dough. Wet the edges then cups and the noodle dough. Wet the edges then cups and the noodle dough. Wet the edges then cups and the noodle dough. We the edges then cups and the noodle dough. We the edges then cups and the noodle dough. We the edges then cups and the noodle dough. We the edges then cups and the noodle dough the the edges of the cups and the noodle dough. We the edges then the shows of the cups and the noodle dough the the edges of the cups and the noodle dough the the edges of the cups and the noodle dough the the edges of the cups and the noodle dough the the edges of the cups and the noodle dough the the edges of the cups and the noodle dough the the edges then the cups and the noodle dough the the edges then the cups and the noodle dough the the edges then the cups and the plane the cups and the noodle dough the the edges then the cups and the cups Wet the edges then turn on this slices of toast and were times when he felt that he could on the noodle dough.



und their teir hands ted for a the thing and at ople were of in love rd herself an to fin which he

Alice her-wenced by

emotion in the next few days. There

panel and the straps on the Meeves are done in rich Oriental embroidery. With the frock is worn a small hat of flame-colored feathers and yelvet of the same shade, that carries out the predominant note in the cubronery.

iddis. Already he had the idea that iddis. Already he had the idea that is future wife oughtn't to be working, worried him to see her go to the idee every morning, and besides he inted more of her time. But he found and extremely hard to influence. She intained a certain sweather or more ntained a certain sweetness of man-even while she kept on in her own y and did as she pleased. She did even while she kept on in the did and did as she pleased. She did come out with plain words and say she would not leave filta until she but Gleaves could not

the softness of her manner toward him. Diana was finding it increasingly hard to leave Rita, and between the two women there had spring up a cer-tain coolness. Diana had felt some-thing allen in Rita's manner toward her. At first it had only seemed that Rita watched her closely, and then finally a veil had dropped over Rita's friendli-ness and blunt cordiality; and Diana had responded with a Buave courtesy. Rita's manner left her uncomfortable, and she wondered if it were because she was going to leave. She asked Rita one they. They had been taking inventory and had in consequence been thrown more closely together than usual. Rita straightened up and looked at

Rits straightened up and looked at her evenly. "It isn't that," she said, slowly. "Of course, I shall miss you; and I wish you could find it possible to stay on here in your capacity. Of course, I shouldn't expect all your time; you could arrange that to suit yourself. Many married women do, you know." Rita's tone was eager. "I wish I could Rita, It's because

"I wish I could. Rita. It's because I hate to go that I am staying on like this. I've been so happy in this work; it seems as if I can't give it up. But," she said, suddenly remembering the trend of their conversation, you haven't told me yet why you are dis-pleased with me. What is wrong, Rita; what has hurt our friendship?"

EMBROIDERY IS USED

LAVISHLY THIS YEAR

ways remaining a clerk or a stenog-rapher. I don't belleve in a woman at-

Making More Money

Tomorrow-By Filling Color Prescrip-tions

Novel Coat Dress

One of the newest coat dresses isn't coat at all. It doesn't even look like one when you examine it closely. But the clever arrangement of knifepleated taffeta gives the effect of a loose fitting blouse with a tail falling just below the hips.

The Question Corner Today's Inquiries 1. Describe a simply made but deli-cious beverage for Indian summer

2. What is the best way to mend a silk stocking which has a run up

the side? 3. How can a woolen sweater be

- washed without stretching? 4. How is it possible to wash hand-kerchiefs and dry them so that
- they will need no ironing? 5. What kind of underwear takes
- up least room and is most easily laundered while traveling? 6. Who was Anna Howard Shaw?

Yesterday's Answers

- 1. Fur will be worn on shawl-shaped collars on many of this season's
- suits. 2. Pink note-paper is not considered
- as suitable as white, which an-swers every purpose. Susan B. Anthony was the author
- of the nineteenth amendment. A woman must have attained her
- twenty-first year in order to vote. Ellen Glasgow wrote "The Bat-5.
- tleground.
- The dancing masters have announced the new step this year will be the cat step.

I yielded to the wishes of a lady, who was alone all day, and gave her the black one for company. She was kind to him, but he cried continually, and a few days ago disappeared, and no trace of him has been found. I would rither have heard of his death. The gray was taken away by a sen captain, who, judging from his genial manner, would be good to anything. This will remove the spot without harm-ing the silk or taking the stiff dressing out of it. I am glad the Woman's Page helps you with its suggestions.

Steaming a Coat

To the Editor of Wonrai's Page: Dear Madam—Will you kindly tell me what will take the shine off the back of my silk coat, rubbed there by rubing in automobiles? I have been afraid to try to do it without being certain how to remedy the trouble, my coat being an expensive tailor-made one. I make this request being an old subscriber to the MRS. T.

Poor little, homesick black kitten! It's on bad; but I'm glad the gray one is ettled. Thank you for letting us all settled. know about them. request, being an old subscriber to the EVENING PUBLIC LEDGER.

A Dress From a Coat

A Dress from a Coat To the Editor of Woman's Page: Dean Madam-i have a black taffeta silk coat, three-quarters length. Would like to have it made into a dress and combine it with a light color torquoise blue or old rose. What sort of goods in black would you suggest to combine with it. velvet or saim? I find there is a small white spot on the coat. Think it is shoe cleanser. What would you try to



ready to, but Gleaves could feeling the steel of her will up softness of her manner toward him.

(28)

This good-looking frock is of black velvet, in straight, long lines. The severity is relieved by the rich em-

broidery in oriental colors, and the

small hat of flame-colored

gay note is introduced by the wear-ing of a small hat of flame-colored

feathers

One morning in her mail she discov-ered a letter in the old familiar hand-writing that for three years she had seen everywhere without a trace or emotion. Now it brought the blood to her checks: and she opened her letter with trought the blood to her checks: and she opened her letter with trought the blood to her checks: and she opened her letter with trought the blood to her checks: and she opened her letter with trought the had wanted to her comparations of facility. He had wanted it to express just the right shade of feeling. He had wanted to her comparations of facility, stater than because the line titing, and he had succeed.
Salesmanager at Nineteen pounds, is really quite an important work friend."

Diana read the short note over and over. It was signed "Your sineter friend."
No wit is bort note over and over. It was signed "Your sineter that the read of a family of it." Your sin-cere friend." She could have the kernet that Julian."
This dees not mean that sould care the world. The new that I world a the irony of it. "Your sine that American women are buying con-that the stress it when he heard the thers?" That would account for her disappointment in his letter. How the french would express it when he heard the thers?" That would account for her disappointment in his letter. How the french is going to disard it in hast. The frenck size had her below not heave not heaven the stress the nothing more than kind. The frenck size had her elemently. And she was not even stiff with convention agains the to be other than the dua in the scale plut had the work of the origing con-she was not even stiff with convention again to be other than the dua in the scale plut had the dua in the scale plut had the dua in the scale plut had wom and the dua in the scale plut had wom and her fore the was writh no because the press. That would account for her mage and the the dea the idea in the scale plut had the dua

rapher. I don't believe in a woman al-tempting to replace a man just for the sake of doing it, but when she is of-fered the big chance, there is no reason on earth why she shouldn't take it. I'm going to keep on taking every one that comes my way and, if I fall down. I can always 'hit the road' again. But, until my younger sisters and brothers get large enough to take my place as head of the family. I'm not going to fall down-for falling down on the big job has hurt the business woman more than anything else."