

MRS. WILSON GIVES ADVICE ABOUT GAS-STOVE COOKING

And Also Tells How to Make Delicious Dishes From Shin Beef and Flank Steak—Recipe for Pork and Cabbage

By MRS. M. A. WILSON

WITH shin beef per pound from sixty cents to eighty cents, it means that the housewife will have to curtail her purchases of these cuts of meat. The frequenters of beef contain cuts that are more nutritious and more reasonably priced, but they require long, slow, moist cooking, and since the gas range has supplanted the coal range, many women feel that the fuel bills, and so they come to depend upon purchased cooked meats from the delicatessen shops or butcher's steak.

A young housekeeper once told me that she could not keep the food from burning, and when she asked me why, because of the intense heat she seemed quite surprised and said that she always turned down the flame and left it only a little above the simmering point. I told her that this was far too strong a heat to cook the tougher cuts of meat.

In European countries, where the folk know how to make a delicious soup or goulash and braise, they usually do all the cooking with a charcoal fire and add a handful of charcoal from time to time, and then melt the pieces of food in the saucepan just bubbles now and again, and when it is cooked it has a most delicious flavor.

Shin of Beef. Select a two and one-half-pound piece of shin of beef and have the butcher leave the bone in the meat. Now cut it with a spoon make little holes in the meat. Put one-half cup of flour into the meat and then melt the pieces of fat in a deep saucepan and add to the meat. Brown nicely on both sides and add three cups of boiling water.

Menu Contest Honor List. Mrs. Harry C. Meyers, 2800 North Swanson street. Menu: Baked Slice of Ham With Spice Sauce, Baked Potatoes, Corn on Cob, Colelaw, Bread Butter Coffee, Baked Peaches With Cream. Mrs. William Schilling, Atlantic City, N. J. Menu: Tomato Soup, Baked Butterfish With Bacon and Onion, Creamed Potatoes, Dressed Lettuce, Bread Butter Coffee, Cantaloupes Filled With Ice Cream.

Mrs. Frank R. Pearson, Vineland, N. J. Menu: Beef Stew With Dumplings and Potatoes, Baked Tomatoes, Bread Butter Coffee, Bananas and Cream. Mrs. Wilson's Answers. Dear Mrs. Wilson—We have been so greatly helped by the recipes in the paper, so come to you for a little help.

Things You'll Love to Make. Vestee Slipover Blouse. Slipover blouses are charming and convenient—if they are made with the right material and in the right way.

ON THE WAY OVER



Photo by Central News.

CARELESS HEARTS

By HAZEL DEVO PACHELOR. Copyright, 1920, by Public Ledger Co. Tea for Two. When Diana and Julian Long decided to get a divorce they had been married three years. They had been a marriage based on a lifelong friendship and the thrill and romance of courtship had never been theirs.

DIANA trusted Rita, and Rita was the one woman in whom she confided the fact that she had met Julian. Rita looked at the younger woman again, and she said, "There were some things about her that were not quite right."

HUMAN CURIOS. General Tom Thumb. Probably the most famous dwarf in comparatively recent history was "General" Tom Thumb, who was born in England in 1844, bringing with him three other dwarfs, "Commodore Nutt" and the "Warrn Sisters."

Making More Money. Feeding Wild Ducks. In the vicinity of Oshkosh, Wis., where Clyde Terrill lives, duck shooting is one of the principal outdoor sports.

The Question Corner. Today's Inquiries. 1. How can rust on steel or iron be removed if a bathtub has no effect upon it?

Yesterday's Answers. 1. A set of wide shelves, near the floor for toys in the little girl's nursery, will be useful in later years.

On Ice. RISTOCRAAT SPARKLING CIDER. "Three bottles always" said Betty. One for Jack-two for me. 15¢ at Grocers' and Druggists' CLASS & NACHO Philadelphia.

What's What. An Open-Air School. Dear Madam—Would you inform me of the nearest open-air school to this address, 2012 East Sargeant street, in Kensington?

Wants Advice. Dear Cynthia—I am a young woman of twenty-two. I was married to a young man two years ago. Now I feel that I must become simple-minded.

Was She Right? Dear Cynthia—Please give me your opinion about a man who has just met a man. Since then I did not hear from him until early in the summer of last year.

Two Minutes of Optimism. By HERMAN J. STICH. "Just Did It." A devastating fire was raging in San Francisco. Captain Funston, as he was then, opened the window and saw the flames.

Please Tell Me What to Do

By CYNTHIA

Liked Anti Poem. Dear Cynthia—This letter is to congratulate Miss Anti-Suffragist on her poem to Miss Twenty-one. A very fine piece of work, and it explains everything as it should be.

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IT'S VERY EASY TO GIGGLE NO MATTER WHAT YOUR AGE

Sometimes You Try to Keep Up Your Dignity and Turn the Giggle Into a Grown-Up Laugh, but It Sounds Pretty Giggly

THEY got on the trolley sedately enough, but their feelings were too much for them. They found an empty seat they rushed into it pell-mell, landing in a huddle on top of each other by the window.

One was eight and the other must have been at least ten. They both wore their hair "slicked" back and held with barrettes.

The ten-year-old was thinner, rather pale, and slow to move. The little fat one snatched up to the other one's shoulder and whispered merrily in her ear.

She chuckled, and the chuckle sounded very much like a giggle. And grand-mother chuckled. And that sounded very much like a giggle.

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