

FRIDAY MARKET BASKET BASED ON INDIAN LORE

Mrs. Wilson Gives Recipes for Dishes Honored by Aborigines, When Vegetables Were Plentiful

By MRS. M. A. WILSON
SEPTEMBER markets are showing an abundant harvest and the true love of vegetables is just revealing in their luxuriant tastiness.

- SATURDAY
DINNER
Chilled Cucumber
Baked Fish
Sliced Tomatoes
Watermelon
CORN CHOWDER
FRENCH DRESSING
COFFEE

- SUNDAY
BREAKFAST
Sliced Peaches
Boiled Sweet Potatoes
Watercress
DINNER
Clear Tomato Soup
Corn Pudding
Baked Sweet Potato

The winners of the PRIZE MENU CONTEST for last week have been announced. Three prizes are offered each week for the best menu for a dollar and a half dinner for four people.

- First \$2.50
Second \$1.00
Third \$1.00
Rules: The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of all the materials.

- One-quarter cup of finely minced parsley
One teaspoon of salt
One-half teaspoon of pepper
One egg
One and one-half cups of sifted flour
One level tablespoon of baking powder

- One-half cup of fine bread crumbs
One-half teaspoon of ground onion
Three tablespoons of finely minced parsley
Well-beaten egg
Two tablespoons of melted butter
Beat to mix, then turn into well-greased deep layer-cake pan and bake for thirty minutes in a moderate oven.

THE SILK DUVETINE HAT



The small upturned hat is still in vogue for the fall. If you like to wear a face veil, this kind of hat is just the thing.

Please Tell Me What to Do

To One Who Signs "Lover"
"Lover"—I am sorry for you if your heart only began to beat when you first saw the girl.

Wants to Take Him From Another
Dear Cynthia—I would like to have some of your advice. I am a young girl just twenty. I met a young man one evening at a party.

Asks Explanation of Cynthia
Dear Cynthia—(Hope you'll pardon me for calling you "dear"). Yes, I'm masculine gender; and thereby hangs the tale.

He Made Her Angry
Dear Cynthia—I have read "Mr. Never Lonesome Man" letter and oh! his letter made me mad.

He's Married
Dear Cynthia—Will you please tell me what to do and how to act in the following case?

Adventures With a Purse
A cleaning pad has been very popular, due both to its convenient and quick way of taking spots from dark clothes, and to its reasonable price.

The Question Corner
Today's Inquiries
1. What glass utensil is a help in making lemonade?

Uses of Passepartout
Keep several rolls of passepartout binding in different colors in your kitchen cabinet.

WHAT'S WHAT



Informally becomes disreputable when the man of the house exhibits himself to visitors in the most disreputable of a houseman.

Wants Matrimonial Magazine
Dear Madam—Would you kindly inform me through your column if there is a matrimonial magazine published, and if so, where I can obtain it?

Wants P. O. Locality
Dear Madam—Kindly inform me in what part of the city Postoffice Station O is. Also between what streets?

To Remove Spots
Dear Madam—I wish you would kindly let me know, if possible, how I can remove rain spots from my blue serge.

Human Curios
The Peasant Empress
That Tzu-Hai, dowager empress of China, was of humble birth can hardly be denied.

Monday—The Man Who Died of Fright
The death of the "peasant empress" was in complete obscurity.

Burn Your Weeds
Don't let the weeds go to seed around the porch without weeding.

HE WASTED SO MUCH TIME ON WHY HIS WARES WERE GOOD

That He Disgusted His Prospective Customers—He Made Them Expect Something Wonderful—And, All He Had Was Aprons

"Now, I have here," began the salesman who had come up on the porch without weeding.

HE PAUSED for breath and opened the lock of the bag that he had been carrying.

Two Minutes of Optimism
Because He Said It
That was great work, old man. We're all proud of you."

How's This for an Idea!
Put a piece of phosphorus bottle and pour something oil over this until the bottle is about one-third filled with oil.

How to Save Rugs
Rugs that have worn at ends can be fixed by sewing skirt belting at ends.

Dr. Von's Health Biscuit
For Constipation
Baker of Good Biscuits Since 1846

Grape-Nuts
is distinct in form and flavor among ready-to-eat cereal foods. No sugar need be added in serving Grape-Nuts, for it is naturally sweet with its own sugar developed by twenty hours' baking.

CARELESS HEARTS

By HAZEL DEYO BATCHELOR
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Constance Loring
Diana and Julian Long, after three years of married life, decide to separate.

Julian did not see Hortense for several days, and then one morning he received a note from her telling him of her engagement to Bill McGraw.

As for Constance Loring from the time when Julian had first met her she had been a woman who was instantly attracted by her.

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CONSTANT READER
To can beets with the beets and then cook until tender.

Menu Contest Honor List

- Mrs. B. Budgen
19th st. and Sedgley ave.
One can salmon \$1.00
One head lettuce \$0.10
One-half pound butter \$0.12
Tea and lemon \$0.15
Total \$1.37

See issue of August 14 for string-bean methods.