September Is Glorious Month for Out of Doors, and Dainty Repast Adds to Outing's Pleasure

ht, 1976, by Mrs. M. A. Wilson, All INTHER by trolley, train or with METHER by trolley, train or with your own car, a day's outing early in September brings a sparkle to the year and renews one's interest in Mother tature. September is the queen month a the year and, like the royal little ady she is, she tinges the woods with the most wonderful foliage and gives us balmy and invigorating breeze to harpen our appetites, for, after all is laid and done, more than half of the pleasure that comes from an outing is to be able to stop in some attractive spot for a picnic luncheon.

Most tempting to the party will be this dainty, al fresco meal, for, with anodern appliances and a bit of ingenialty, one may serve a repast that will

odern appliances and a bit of ingesity, one may serve a repast that will
e with the best hostelries. With wanriust supreme for the day, arrange
r an early start and, like the nomadic
psy, if you have a car at your comand, start forth carefree and seek unthe spirit invites you to reat; then
prepare this delightful meal.

MENU NO. 1

Olives Radishes
Virginia Fried Chicken
Tomato Stuffed with Potato Salad
Thin Bread and Butter Sandwiches
Individual Tarts Coffee

MENU NO. 2 Pickles Salted Nuts Ham and Minced Green Pepper Ham and Minced Green
Sandwiches
Watercress and Cheese Sandwiches
Individual Potato Salads
Tea

For a party of four or six-menu No. Select a three and one half pound ing chicken. Cut as for fricasseeing cook until tender. Cool and then the chicken in flour, dip in beaten then in fine crumbs and fry until len brown. Drain on soft paper. Segolden brown. Drain on soft paper, Se-lect medium-sized tomatoes, then cut a slice from the top, scoop out the con-tents and prepare the potato salad as mollows:

Potatoes, place in a bowl and add One medium sized onion chopped fine. Four tablespoons of parsley, chopped

One teaspoon of salt, One-half teaspoon of pepper.

Toss to mix and then fill into the

Butter the bread on the loaf and then cut very thin and fold together. The tarts may be the old-fashloned turnever, only be sure you have plenty of them.

New, if you are going by trolley, divide the packages so that no one person will be called upon to bear the entire burden. Select paper cartons and

son will be called upon to bear the entire burden. Select paper cartons and wrap in wax paper. Take along a few sandwiches made of bread and butter burden in individual portions, each piece in wax paper, and pack into odd one who doesn't like these delicious beparate carton or box.

Do the same with tomatoes, bread and butter and the tarts, while the arrangements for the coffee can be divided with the balance of the party; use paper napkins and cups and also the paper spoon and fork, so that after the luncheon all may be gathered together and either buried beneath the leaves on the readside or burned.

ham or cheese sandwiches.

Oftentimes the family just feel that the meat sandwich is not what they have, as the Scotch say, a real hankering for; so prepare some sandwiches, using rye bread and finely minced raising and finely chopped peanuts.

For variety try apricots and prunes, chopped fine, adding a little lemon juice.

The winners of the PRIZE MENU CONTEST

for last week have been announced Three prizes are offered each week for the best menu for a dollar and a half dinner for four people. The prizes are as follows:

First \$2.50 Second, \$1.00 Third, \$1.00

Rules: The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of all the materials. The name and address of the sender and the date must be distinctly written.
Address all menus to

Mrs. WILSON'S MENU CONTEST EVENING PUBLIC LEDGER INDEPENDENCE SQUARE

Now to prepare luncheon menu No. 2 for a party of six or eight you will need

One pound of nuts to salt, Two large bottles of pickles, One pound of cooked ham, Six green peppers, Tyco bunches of watercress, One pound of cheddar or store cheese, Six potatoes for salad, Cake.

To prepare the ham and green pepper sandwiches cut the tops from the pep-pers and remove the seeds, then add Tico small onions. The ham.

Put through the food chopper and use the medium fine knife. Turn into a bowl and add

One-half cup of mayonnaise dressing. One tablespoon of lemon juice.

Mix thoroughly and then spread the bread lightly with butter. Then spread with the prepared paste, lay top slices of bread, press firmly and then cut into triangles and wrap in wax paper.

Watercress and Cheese Sandwiches

Four tablespoons of parsley, chopped fine.

Four strips of bacon, chopped fine and nicely brown.

One-half cup of mayonnaise dressing.
One teaspoon of salt.

Wash the cress and sort over very carefully, then put the well-washed cress, the cheese cut into small pieces, two green peppers and two small onions through the food chopper. Turn into a One-half teaspoon of salt.

One-half teaspoon of paprika, One teaspoon of Worcestershire sauce,

One-half cup of mayonnaise dressing. Mix and then spread between the lightly buttered bread. Cut into triwrap in wax paper and then

Cut the cake in individual portions

## Menu Contest Honor List

MENU Temate Soup Crackers
Pienic Ham Stringbeans
states, Sliced Temates and Scattions
Radishes Bread and Butter
Coffee Taploca Pudding

SALES SLIP

Mrs. P. C. Duncan,

p of choice, per can..... \$.11 ham or shoulder, one one-half pounds, at 18c....

Stringheans, one-quarter peck...

Pointoes, one-eighth peck...

Radishes, two bunches for...

Bread, one-third loaf. 

ornstarch or taploca, two table-

Mrs. Anne Peirson, 4329 Lancaster Ave. MENU

Scallions
Pricassee of Veal
Scaroni an Gratin
Bread and Butterine
Combination Salad

Ic Bhubarb Ple SALES SLIP

Scallions Stewing yeal (20c per lb.) 2 lbs..... Bread and dressing
Bread and butter
Iced tea
Haif of a rhubarb pie

> Mrs. F. Kenneth Moore, Norristown, Pa. MENU

Compote Fruit
Asparsgus and Egg (Instead of Ment)
Creamed New Potatoes
Boiled Swiss Chard Bacon Fat Flavoring
Lettuce French Dressing
Fruit Cornstarch Cake Pudding
Joed or Hot Tea SALES SLIP

Three oranges ..... \$ 10 ne grapefruit ur eggs
ilt and pepper
ie quart new potatoes
ie-quarter peck Swiss chard
ilk and seasoning. reach dressing
lik, egg, cornstarch and sugar,
omemade cake
ome preserves
read and butter.

> Mrs. F. M. T., Riverton. MENU

icassee of Veal With Potatoes and
Texas Onions
Little Blacuits Radishes
Lettuce and Temate Salad
Cherry Relypoly
Coffee or Tea

SALES ELIP one and one-quarter pounds \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

\$.03 done with elderberries and wild cher-

THE EMBROIDERED SERGE FROCK



Camera Craft Studio, N. Y.

# CARELESS HEARTS

By HAZEL DEYO BATCHELOR

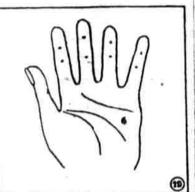
By HAZEL DEYO BATCHELOR

(Copyright), 1986. by Pablic Leders Ca.)

A Visit to Alice

Diana and Julian Long, after three years of married life, decide on a diverse control of the party of

"And I never expected to with the control of the co



What to Do

Please Tell Me

By CYNTHIA

Glad to Receive Letters J. Dudley-Certainly write to the column any time you want to. Your letters will always be welcome.

To Junior College Girl Just 18 A man should get out of his car and accompany the girl he has had riding with him to the porch on their return from a ride, even if he is not going to etop.
Yes; always say you enjoyed a dance.

Talk of books, movies, games, sports. Lead the man to talk of what interests

Of What Are They Jealous? Dear Cynthia-Do fellows as a rule fall in love with the pretty girls, or do they fall for a girl's disposition? I am a girl of twenty years old, but I am not beautiful, by any means. But I am always full of fun and laughter and ready at any time to do anything any one else does, providing it is all right Now, I have no real girl friends, as they all get jealous of me. Of what, I want to know? I am far from a vamp. Could it be my disposition? I have a number of men friends.

Cynthia is sorry, but as she does not know you, nor the girls you know, she cannot answer what they are jealous of. Are you as nice to the girls as you are to the boys? Do you want them to join in your fun?

Some boys fall in love with a beautiful disposition. It depends on the man.

To Use Blue Serge Cape

To the Editor of Women's Page:

Dear Madam.—Having been helped by your wonderful advice I appeal to you again. Kindly tell me what use can be made of a girl's blue serge cape. It is a very good one and I don't like to throw it away. Also tell me if there is any place that teaches knitting. My little girl is a beautiful knitter, but cannot shape anything. She wants to make a sweater.

Combined with taffeta, or crepe de chine or some such material, either in blue or a dark henna. the cape could doubtless be cut over into a frock.

The department stores teach knitting, when the wool is bought there. they fall for a girl's disposition? I am

Conscience Stricken—It is well always to remember that we are answerable for our actions, words and thoughts, according to the light or knowledge we have at the time of the offense. A child is seldem supposed to have use of reason or sense of right and wrong before he is seven. He tells a lie to get out of being punished, without realizing his responsibility in the matter.

Many persons growing up to the full light of reason, grieve over faults and fallings and sins of childhood, allowing themselves to judge those faults as if they had been committed with the full

"Plain Jane" Writes

WHAT'S WHAT By HELEN DECIR



Lead the man to talk of what interests him and put in a few words here and there. If he will not talk much, try different topics until you gain his interest.

If the young man goes to have your program filed, either have him take you to a seat first or wait for him at the dressing room door. Do not stand alone on the dance floor. If you have a chaperon (and there should be one), go to her until the young man comes for you, if you do not want to wait in the dressing room.

In educatel society there is no place for the bigot whose prejudices are expressed in public without the slightest consideration for the most sacred feelings of others. To answer in kind merely stris up strife; to ignore the utterance is not consistent with self-respect. In the illustration, the departage on the dance floor, If you have a chaperon (and there should be one), go to her until the young man comes for you, if you do not want to wait in the dressing room.

### The Woman's Exchange

Would Reduce

by exercise. M. J. W.
Consult a competent hair dresser for treatment.

Be careful not to eat rich, starchy foods, and take plenty of exercise. Be gradual in taking exercise, start swimming for instance, a little each day, adding five minutes each swim, till you get up to about three-quarters of an hour daily. This will be a help.

one think that it will be found ac-ceptable by smart women. In fact there Dear Cynthia—Although "Zadee" only wanted the boys opinion of her letter, I am taking the liberty of answering it, lection made by the women who have made selections of autumn clothes early.

You are right "Zadee"; what the boys of the letter is already evidence that it has been found acceptable judging from the selection have made selections of autumn clothes early.

You are right "Zadee"; what the boys of the letter is already evidence that it has been found acceptable judging from the selection and by the women who have made selections of autumn clothes early.

Too.
You are right, "Zadee": what the boys want is a drugstore beauty who has no scruples about paying for the good time with a kiss.

The girl who believes in neatness and all the higher things in life finds herself left out of social things. She is all right in a pinch, but to take around she is too slow.

I am deed by the women who have made selections of autumn clothes early. I am showing you an imported suit of brown wool mixture recently selected. There is a brown fur collar in stores I have found a glass rolling pin with ends that unscrew, that they may a new selection made by the women who have made selections of autumn clothes early. I am showing you an imported suit of brown wool mixture recently selected. There is a brown fur collar in stores I have found a glass rolling pin with ends that unscrew, that they may a new selections of autumn clothes early.

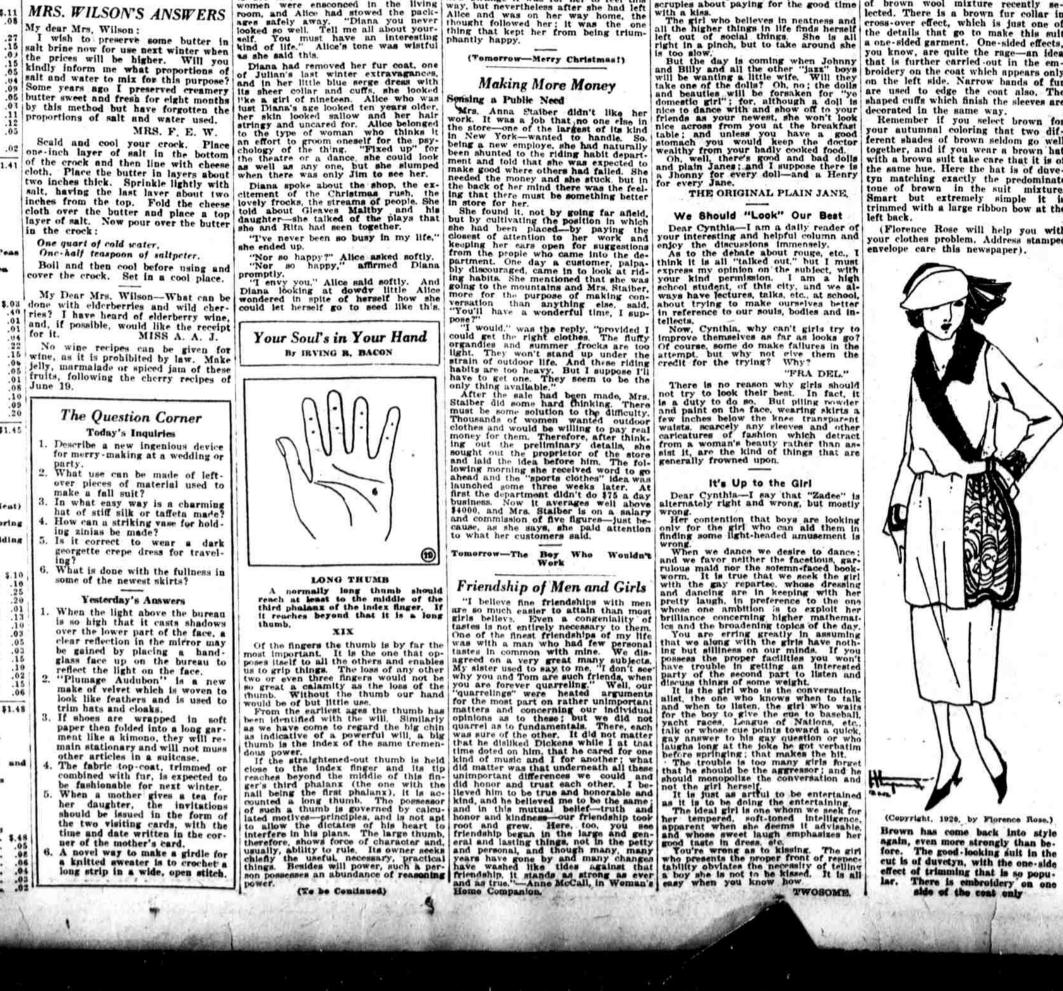
I am showing you an imported suit of brown wool mixture recently selected. There is a brown fur collar in stores I have found a glass rolling pin with ends that unscrew, that they may be filled with ice. This makes pie crust that tastes like "mother used to make." you know, are quite the rage—an idea. cross-over effect, which is just one of the details that go to make this suit a one-sided garment. One-sided effects, you know, are quite the rage—an idea that is further carried out in the embroidery on the coat which appears only on the left side. Narrow bands of fur are used to edge the coat also. The shaped cuffs which finish the sleeves are decorated in the same way.

Street, Baltimore, have announced the engagement of their daughter, Miss that tastes like "mother used to make."
They are eighty-five cents, and as the supply is limited, I suggest an early trip to the store.

The seasons is approaching when the shaped cuffs which finish the sleeves are decorated in the same way.

The seasons is approaching when the winter coat is too warm and the fall whiter coat is too warm and the fall where the supply is limited. The seasons is approaching when the shaped cuffs which finish the sleeves are decorated in the same way.

tyn matching exactly the predominate tone of brown in the suit mixture. Smart but extremely simple it is trimmed with a large ribbon bow at the left back.



### "SHE'S ALL OF FORTY-FIVE!" WOMEN EXCLAIM IN HORROR

Some of Them Attach a Great Deal of Unnecessary Importance to This Foolish Little Detail-But What Difference Does It Make?

The comment was made in reference to another woman who had stood up to shake the sand from her skirt and passed them with a pleasant nod on her way up to the Boardwalk.

She was good looking.

Her sweater was a soft blue that just matched her eyes, and she wore a slightly drooping hat of the same shade.

What difference did it make whether she was forty-two, fifty-two or thirty-two?

She was just as good looking, just as well dressed, just as pleasant and charming, no matter if she had been eighty-two.

SOME women place so much importance upon other women's ages, "My dear," they exclaim in horror, she's all of forty-five!"

Their voices slide up into their head

portance upon other women's ages.
"My dear." they exclaim in horror,
"she's all of forty-five!"
Their voices slide up into their head
with very horror of the idea of such a

shade.

Her figure was the trim, neat kind that wears sport clothes well, and she carried herself in the erect, confident way that women gain when they know that they are well groomed and correctly dressed.

A NOTHER member of the group Horor at the idea of such a thing.

But, after all, why shouldn't she be forty-five?

Or, if she isn't forty-five, why say that she is forty-five?

What good does it do; what end does is accomplish?

There are plenty of women who, by their care of themselves and their way of taking life, have always managed to look about five years younger than they really are. ANOTHER member of the group looked after her.

Her eyes narrowed a little.

"She looks very well." she admitted.
"Do you know she's all of forty-two?" "Is she really?" replied the first woman, indifferently.

"She certainly is! Most people think she's about thirty-nine or thirty-eight, but I know for a fact that she's forty-two. She was in school with my sister, and my sister is now forty. That girl was just about two years older than Margaret, and so that makes her just—""

What good does it do; what end does is accomplish?

There are plenty of women who, by their care of themselves and their way of taking life, have always managed to look about five years younger than they really are.

There are other women who have taken life harder, or have had it harder, and haven't had the time or the desire to take care of themselves, and they look several years older than they really are.

DUT that is entirely their own affair.

They find life just as pleasant and just as troublous if they are forty-five

She went to all the bother of proving ber foolish, unnecessary little point.

And when she got it all pointed out and proved nobody said anything more exciting about it than "Is that so?"

They and life just as pleasant and just as troublous if they are forty and look forty, as they do if they are forty and look forty, as they do if they are forty and look forty.

And, anyhow, there are so many other more interesting things to talk and think about and bother about!

#### Two Minutes of Optimism By HERMAN J. STICH

The "Idle Rich"

Why should we "have it in for" the "idle rich," so-called? Certainly the grudge is not personal-few of them have ever done any-

In fact, most of them because of their fron-clad whims for foibles and frills keep many of us in good jobs and obese bank balances, not to mention smiles I know one man at any rate, a swimming instructor, who has absolutely

nothing against them, who, in fact, is quite fond of them. The other day learned why. It seems that some time last summer, a richly-dressed, middle-aged member of the clan drove up to his natatorium carrying a poodle dog in her arms.

"Oh, Mr. Jolleyem," she said, "I want to have my dear little dog taught to swim. He might fall into the water some day and be drowned. Can you

teach him?" 'I think so," said Mr. Jolleyem, after a little thought.

"How much will it cost?" "Madam, I don't see how I can do it for less than one hundred dollars."
"Oh, thank you," she said with an ecstatic hug at the poodle. "And when could you give the dear boy his first lesson?" "Right away, ma'am," said the swimming master, as he

Suiting the action to the word, he took the "little doggie" from the arms his mistress, walked across the floor, and pitched him some twenty to

twenty-five feet out into the water. "Oh-h-h! The darling!" half shricked the fond mistress. "Doggie," in an instant, turned right side up and paddled back to the

Mr. Jolleyem lifted him out of the water, partially dried him with a towe gravely remarked: "Fine dog, madam; most intelligent animal I ever saw. No trouble at all to teach him. Needs about two lessons more, two days apart. Come any time in the morning between 10 and 12 o'clock."

"Oh, you dear, brave, little doggie-woggie. Is you learning to swim? Jolleyem, I cannot thank you enough," cried the happy mistress. "Don't mention it, madam," replied the benefactor. "Glad to have a

chance to serve you." Two more lessons made the dog an expert swimmer. My friend likes the "idle rich."

Adventures With a Purse white, with a blue plaid, and the other white, with a blue plaid, and the price was ten cents for one-third of a yard.

on the left side. Narrow bands of fur are used to edge the coat also. The shaped cuffs which finish the sleeves are decorated in the same way.

Remember if you select brown for your autumnal coloring that two different shades of brown seldom go well together, and if you wear a brown hat with a brown suit take care that it is of the same hue. Here the hat is of duvetyn matching exactly the predominate tyn matching exactly the predominate other was of dark blue with white

left back.

(Florence Rose will help you with your clothes problem. Address stamped envelope care this newspaper).

When I was going to school the 8th of September loomed up large and forbidding to spoil all thoughts of the summer vacation. But for the little person venturing forth the first time, it is a red-letter day, and is looked forward to with joyful expectancy. Naturally, everything is wanted from a pencil eraser to a brand new bag to sling over eraser to a brand new bag to sing over the shoulder. There can be purchased a black leather pencil case—quite com-plete—for eighty-five cents. It con-tains four lead pencils, a penholder, pencil sharpener, eraser, ruler and drinking cup. Everything a child should need or want in that wonderful realm of

Peter was helping with the dishes and nearly drove me to distraction with his constant demands for a dry tea-towel. Fortunately I had quite a supply on hand because I had bought some that I found while "adventuring." They were of two kinds—one white, with a red

Charles H. Baird to Wed

Mr. and Mrs. Edward Codrington Carrington, of 1311 North Calvert street, Baltimore, have announced the Baird is a grandson of the late Mat-thew Baird, and also of Judge Charles Hendrickson, of the Supreme Court of

New Jersey.



Markets Throughout the United States



Special Friday and Saturday Bonita Mackerel,

20clb 25clb 22clb Sh'iders 18c Lean Plate Plate BOIL 10c Shoulder 25c Shoulder 25lb

Choice 28c Fancy Stewing 8c Chuck Chuck ROAST 23c MUTTON 8lb ROAST