MRS. WILSON SUGGESTS A WEEK-END OUT OF DOORS

And Gives Some Good Suggestions About Arrangements as Well as Recipes for Preparing Food

By MRS. M. A. WILSON

wright, 1930, by Mrn. M. A. Wilson, All rights reserved.) TANY requests have come to this corner for a menu suitable for a Sunday spent out of doors. Get every alt of sunshine and fresh air while the colden and balmy days are here, for soon the wintry winds will be on their way send us shivering to the warm cozy ndoor rooms.

Last summer I chanced to visit a ommunity where three families banded together and spent Saturday and Sunday camping on a sandy stretch of beach ach week. The tents and shelters were stored each week for a trifling sum and Saturdays in August are the futu-bliday, the men folk left early in the morning to have things in readiness for the family when they arrived.

The nomadic and Bohemianlike holi day brought health and strength and happiness to these families. And while I know it is not possible for all of us to take advantage of this kind of an outing. urely we can spend a day in the coun try or park, and come home at dusk tired, but happy and oh, so sleepy. For a week end holiday you will re-

quire a large shelter tent and two pup tents for the children and if you have a car many conveniences may be taken along; a folding sewing table makes an ideal table for either cooking or dining. Take along two wire shelves from the These can be laid between at gas range. the stones stones and they afford a flat sur-

face for all cooking purposes. By all means take along the bread-box to use as a place of storage for foods box to use as a place of storage for foods and supplies. Ants and bugs as well as After dinner on Saturday start to preflies infest these place and unless care is

during the summer. Carry just as few dishes as you can get along with alut plenty of paper napkins, a bathing suit for every one, a hammock, a ball and a bat, bean bag for the children and for the milk.

plenty of newspaper in ice-cold water and then wrap the crock in the wet papers and then in plenty of dry ones and the butter will remain firm. An outdoor menu will include Satur-

day and Sunday Saturday Dinner-Noon Cold Sliced Ham Colesiaw Coffee Gingerbread Supper Toasted Smoked Sausages Potato Baked in Ashes Sliced Tomatoes Watermelon Sunday Breakfast Cantaloups s Boiled Potatoes Coffee Baked Beans Toast Dinner Beef Stew Potatoes Baked in Ashes Sliced Tomatoes Coleslaw Corn on Cob Coffee Sliced Peaches

Supper Ham Sandwiches Sliced Tomatoes Ginger Bread Tea For a party of twelve the market basket will require Seven pounds of meat for stew, One ten-pound ham. One basket of potatoes, Two watermelons One basket of tomatoes. One basket of cantaloupes, One basket of corn. Four large heads of cabbage. Two pounds of beans to bake, Two and one-half pounds of salt

THE PRIZE MENU CONTEST offers three prizes for the best menu for a dollar and a half dinner for four people. The prizes are as follows:

First, \$2.50 Second, \$1.00 Third, \$1.00

Rules : The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of all the materials. The name and address of the sender and the date must be distinctly written.

Address all menus to

Mrs. WILSON'S MENU CONTEST EVENING PUBLIC LEDGER INDEPENDENCE SQUARE

beans on Friday. Also bake the gingerpread. You will require about fifteen arge loaves of bread for sandwiches and bread. three pounds of butter. The preparation of this menu will require very little effort, as most of the real preparation can be made on Friday

Divide the coffee into three portions and tie loosely in a piece of cheese

flies infest these place and unless care is taken they will destroy the food. A bar of mosquito netting or old lace curtains will shelter you from the insects that are so plentiful in all places during the summer. Carry just as few during the summer. Carry just as few dishes as you can get along with and minute of paper applying suith and Make coleslaw dressing and place in

book for mother. Back the butter in a crock and soak anty of newspaper in ice-cold water tenty of newspaper in ice-cold water tenty of newspaper in ice-cold water sources. Rub the face, neck and arms tenty of newspaper in ice-cold water with a mixture of glycerine and perox ide of hydrogen, having two parts glyc erine and one part peroxide of hydrogen and then powder well. This will nelp to

prevent sunburn. -Noon Lemons are reasonably priced, so Potato Salad make a large jar of lemon sirup. Lemon Sirup

Grate rind of ten lemons and then ream out the juice of two dozen lemons. Add four pounds of sugar and heat slowly until the sugar is dissolved. Bring to a boil and simmer for ten minutes. Cool and then turn into fruit jars, seal and use as needed. To use Dilute with cool warer. If potato salad is lesired, boil the polatoes in their lackets before leaving home and it will then be an easy matter to make the salad. Oftentimes people like a layer cake complete the menu. Make one as follows: Cocoanut Layer Cake With Chocolate Sauce

SALES SLIP

vinegar and lard.

MRS. WILSON'S ANSWERS

My Dear Mrs. Wilson-I have used

My Dear Mrs. Wilson-I am a con

Use the white corn sirup and sugar

MRS. WM. W. O.

MRS. E. J. S.

All

Apples for ple



Central News

The wide-brimmed hats are necessary as well as becoming for August days when the sun is bright. This one has a novel touch in the wealth of morning glories of many colors that climb over the crown. It is a rough straw, and the upper side of the brim is faced with silk to match the lighter shade of the flowers

CARELESS HEARTS

By HAZEL DEVO BATCHELOR (Copyright, 1920, by Public Ledger Co.)

self and his irony directed at her and the situation. He did not blame Margery; but sup-pose he had cared for the child! He saw now that there were marriages far worse than his own and Diana's had been. Margery Weston, with her small tyrannies, her childish temper, her shal-Margery Shows Her Hand Diana and Julian Long after three years of married life decide to sep-arote. They have not quarreled, but life has been too dull, too stupid, and as they both say, two people who have known each other from childhood ought not to marry without weighing matters very seriously first. Innne-diately after the separation, much to Julian's surprise. Diana drops out of things entirely. She is determined not to accept his help in any way and so she accepts a position as designer in a dressmaking establishment. She re-tains one friend. Allee Irwin, but pledges her to secrecy as to her there abouts. At Allee's home one evening, Diana meets Dan Bishop, who vaguely interests her. In the meantime Julian Diana and Julian Long after three tyrannies, her childish temper, her shal-low ideas of life, could have made mar-rlage unbearable. With Liana, life had been only dull

When Julian left that night, Margery raised her small face, tender and ap-pealing. She wanted to be reassured; she felt the change in Julian. "You're sure everything is all right?"

"You're sure everything is an one she asked, anxiously. "Quite all right." Julian smiled down at her, holding her fingers in his a moment as he would have held the hand of a child. "Good night." The friendship between them was not super resumed. "Nothing more than one camouffaged cheap cars made over at a local garage which we see running around the city. Come, now, be a man and say there is nothing nicer than the company of a nice girl and agree with A JOLLY OLD BACHELOR.

interests her. In the meantime Julian has met a woman, Margery Weston, who is enough different from Diana to make her friendship novel.

JULIAN saw Margery Weston quite Adventures With a Purse

frequently. He could hardly avoid seeing her, inasmuch as he had made no attempt to give up the old crowd, and

Coroannit Layer Cake with Chocolate Sauce Place One and one-half cups of sugar. Two-lived cups of sugar. Two-lived cups of sitted floar. Two-level tablespoons of baking one and one-quarter cups of milk. One and one-daily tespeons of baking one and one-half cups of surgar. The same places. One and one-half cups of surgar. The same places of the sa

Please Tell Me What to Do

By CYNTHIA

He's Rather Refined He's Rather Refined Dear Cynthia—I am a young lady in my teens, rather good-looking. I have just met a young man in my place of employment and I believe I have fallen in love with him. He comes over to my deak quite often during the day and he seems to like me from the way'he talks, but he does not make any en-gagements. Cynthia, dear, I am going to give a party in a month or so. Do you think it would be all right for me to invite him? I would like to have my parents meet this young man, as he is rather refined. IN LOVE. It would be quite correct to invite him It would be quite correct to invite him

to your party

Women who like to wear what use Ask Physician o be called "common-sense" shoes, that Cecilia G.—Do not worry and do not allow this friend to talk on these mat-ters to you. On what authority does she base all this knowledge? Consult your doctor is, shoes with broad toes and low heels, are apt to criticize those who prefer high heels, especially when French heels are worn, incorrectly, with athletic

WHAT'S WHAT

By HELEN DECIE

Human Curios

Captain Bates was known as t Kentucky Glant," and had enlisted

Monday-Doctor Fell

Making More Money

34

How to Introduce Girl and Man clothes. Yet some of the critics err in Dear Cynthia—I am a young girl of sixteen summers. I have just been al-lowed to have callers in the evening. Would it be proper for, me to suggest going to the movies? I feel that sit-ting around and talking is rather slow. When being introduced, should I offer to shake hands? When introducing a young man and woman, what should I say? he other direction, when, with elaporate afternoon gowns designed for indoor functions, they wear flat shoes intended for morning wear, or for golf, tennis o 'hiking" at any hour of the day. Thus the young woman illustrated has destroyed the effect of her exquisite DOLLY. georgette gown by wearing shoes built for hard outdoor exercise.

Better let a suggestion to go out to the movies come from your visitor, as he would have to do the paying. It is better just to bow, and not to offer your hand when being introduced. "Miss B__, may I present Mr. C__? Or "Let me introduce Mr. C__, Miss B__" 'Mr. and Mrs. Glant"

Mine B-Always present the man to the

Thinks "De Jure" Fabricates

"Mr. and Mrs. Giant" On June 17, 1871, there took place at the Church of St. Martins-in-Field, in London, what is supposed to have been the most remarkable wedding ceremony ever performed, so far as the size of the participants is concerned. It was at this time that Captain Martin Van Buren Bates, of Kentucky, and Miss Anna Swann, of Nova Scotia, were mar-ried. Captain Bates was seven feet two and one-half inches tail, while his bride topped him by three inches—their com-bined height being fourteen feet eight Thinks "De Jure" Papricates Dear Cynthia—Don't you think it time "De Jure" was cutting some of the gas off that rondster he covers so many miles with? With every letter of his published I was more convinced I had formed the right opinion from the first, and when his letter appeared on the 13th instant there was no longer any doubt. blined height being fourteen feet eight inches and marking them as the tallest married couple of which there is any authentic record.

"De Jure," some of your letters may sound very well to the occasional reader, but to those who follow the column regularly you have certainly proved that your theories apply only in the minority of cases. At first your time was too valuable to

"Kentucky Glant," and had enlisted in the Confederate army when only sixteen years of age, though he easily passed for twenty-one. At the close of the war he had attained his full height, and, unlike the majority of glants, his body was well proportioned and he weighed about 450 pounds. Miss Swann, the "Nova Scotia glantess," was two years younger than her husband, and the two of them were able to accumulate a con-siderable fortune through joint exhibi-tions. Finally, tired of the notorlety which attended their public life, they pretired to the Bates farm near Guilford. At first your time was too valuable to epend on the opposite sex, as you were looking forward to greater things in life, now you try to interest the readers with what you call interesting facts. "the price of a kiss." If you consider your time well spent on such pastimes may God help you and your future. It has been proved to the readers by the writers of the column (with one

writers of the column (with

The "Butterfly Man"

Call Him an Iceberg

BETTY TOOK ONE OF EACH KIND OF DRESS SHE HAD

When She Went Away for the Week-End, and Forgot Her Toothbrush-Elsie Didn't Prepare for It at All

BETTY was going away over the arranging things on the bureau. With a gasp of dismay she realized that she had forgotten her toothbrush.

"Now I'll need a gingham dress for Sunday morning, and maybe Saturday THAT same Saturday morning Elsis Sunday morning, and maybe Saturday afternoon," she planned. "And then this voile dress for Saturday night, and She lived about two hours away, and pumps to dance in." had come over for lunch and tennis

"I suppose I'd better take a silk the afternoon. dress, in case it rains, and then I'll want a waist and skirt if we play tennis, or go for a walk or something. "Wonder if I need a long coat? Oh, they can lend me things—still, they

night have other people to lend things

to; better take it. "Now, hats. I'll wear this dark one, and take along my white one. Then, if we should go anywhere on Sunday, I ought to take this lace one—maybe I ought to take this lace one—maybe I could wear this one for that. I guess fun." "Well," began Elsie, weakening rap-

idly. After all, why shouldn't she stay? folded and pushed and tugged to make everything fit into one suit-

managed to carry it.

to make everything fit into one suit-case. It was pretty heavy by the time she finished jamming things into it, but she managed to carry it. And so she stayed. And had every bit as good a time as Betty, who had brought every type of dress in her wardrobe—"just in case."

clothes." "It's only an informal dance, every-

SHE arrived on Saturday morning WHEN you stand away from a visit Start in time for lunch. Wand look at it with careful eyes

Since and hung them on the hang-ers thoughtfully provided in the closet. The waist and skirt were presentable. So she put them on, and then began ten leave out the most important!

THE WOMAN'S EXCHANGE

Cleaning a Hat

essary. The classes can be arranged to your convenience. That is, you can take one a day or three a week, or however you prefer to take them. I do hope it will make life more pleasant for you, To the Editor of Woman's Page:

To the Editor of Woman's Page: Dear Madam—As you have helped so many with their problems, I am now coming to you. I have one of those ribbon and straw hats, so popular this summer. Mine, although it has a straw brim, has the white ribbon sewed down with French knots of rose-colored yarn. The ribbon is now becoming soiled and I would like to know how I can clean it without spoiling the wool. I am afraid to use a liquid for fear of the color running.

AN INTERESTED READER. AN INTERESTED READER. Carbon tetrachloride, which you can buy at the drug store, will clean this ribbon for you without making the color run. Use a clean cloth and wet it with the liquid, then rub the solled places until they are dry. This does not spoil the shape of the hat, either, for you never get the straw wet enough to be-come limp.

come limp. A Tall Sunflower

To the Editor of Woman's Page: Dear Madam-Would you kindly let me know if there are prizes given for sunflowers at least nine feet tall or more?

The set of the study of butterfiles, their when he came to the conclusion that articles decorated with butterfiles ought to find a ready sale, it took many months for him to work out the method ture without injuring the delicate wines. Finally, however ty treatine

Finally, however, he discovered that by treating the butterflies with a solu-tion—the formula for which he keeps strictly to himself—and then placing them under a protective covering of glass, he could turn out a number of beautiful and artistic bits of unusual

unable to understand what is being said and I hesitate to call on my friends, for and I hesitate to can on my frends, to they must raise their voices for me to hear and that, to the unaccustomed loud talker is irritating. I am a lover of good music and plays, but I cannot hear them. I cannot even go to the motion pictures, for my eyes are very weak, and if I do break my rule and go see a moving picture I suffer for the whole next week. So you see I'm in

beautiful and artistic bits of unusual decorative ware, such as ashtrays, pin-trays jewel boxes and the like. Even parasol handles could be made with one of the smaller varieties of the insects, while the more gorgeous blue and purple

The case of cuporated milk, programmer and the programmer and the control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the control. The start of control. Server and the programmer and the programm atraits y attra rather hard straits. Now do you think "Ip reading, taken up in advanced years, is advisable? Do you think I will be better able to understand what is going on around me? If so, will you please tell me where I can take up such a course ones made exceptionally attractive pues and other articles of personal jeweiry. Determined that he would not have to depend upon any one for his stock in trade, Fulda installed a "cocoon-incuba-tor" where he raises hundreds of dell-cate iridescent moths and watches them The original thick flakes stay grow to their full beauty. and the possible rates of same? AN INTERESTED READER. grow to their full beauty. "The butterfly industry," says Fulda, "is, of course, unique, but years ago I determined to find a field where the competition was not great and where I would be independent. I think I've dis-covered it and, while I'm not bidding for competitors, it's disclosing no secret when I say that any one who wants to make money could do worse than to fol-low my example." I'am sure it would help you to learn lip reading. Many deaf persons have been helped and made happier by this. It must be a very lonely, unhappy ex-istence, although I am sure your friends crisp in milk that you are sensitive and feel it. You on take a course at the Speech Reading Club, 1666 Locust street. The course is \$75, and this consists of thirty lessons. Including a full morning of classes and practice, which I am told is very nec-

Menus of simplest to the the most elaborate. most elaborate, can be arranged from the hun-dreds of new recipes, and Mrs. Wilson's best "tried in the fire" meth-ods of good cooking just

Mrs.Wilson's

Cook Book

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the retired to the Bates farm near Guilford Medina county, O., where they lived in comparative obscurity.

Dear Cynthia-White Adventures with a Furse ONE shop is having what it pleases to call a housecleaning sale, which should appeal to every woman, for who does not get the light of battle in her eye when spring and fall, those times

the writers of the column (with one exception) that your arguments are not well founded. The one exception is your-self. It seems you do not approve of majority rule. I am inclined to believe you have been flying fake colors and if this column would permit I would will-ingly give you the odds on a wager on the basis of a limousine to the left front wheel of your car that it is nothing more than one of the many camouflaged cheap cars made over at a local garage which we see running

One and one-half pounds of coffee.

neese

matoes tring heans

Cucumbers and Bread and butter

am. sugar, coffee ur and cinnamon

Green pea soup One pound stewed brisket New potators Eggplant ... Lettuce Huckleberry publing Bread, butter Coffee milk, crackers, flour flavoring 55

Mrs. Frank Irwin Sharon Hill, Pa.

Menu Baked Treat Fish String Beans Creamed Baked Potatoes in Casserole Cucamber Salad Sliced Tomatoes Hot Biscults Tea Baked Huckleberty Rollypolly SALES SLIP

My Dear Mrs. Wilson-Our break-fasts consist of evaporated apple, stewed, or oranges when not too high in price; oatimeal with sugar and milk. toast and coffee. Will you kindly sug-gest something in place of oatmeal? I leave early in the morning and have no time to cook it. Have no coal or wood thre, only an oil store. Too late at night to start in to cook cereal for break-fast. During the winter my time is my own. Also all we have for our late ten at night is ontmeal left from breakfast and a glass of milk. I would like to substitute something in place of oat-meal for both meals and keep the cost about the same. MIXS. S. B. Try shredded wheat or toasted corn-fakes. Why not try a fireless cooker for cooking the cereal and keeping it bot? Fish (two pounds) one quart) Cucumber CONTRACTOR OF STREET, S Three large tomatoes Flour Baking powder Milk ----One-quarter pound butter Tea, vinegar the aluminum paint on the oven of my gas range as you directed, let dry before Half box huckleborries using The paint turned brown and scaled off Will you please tell me what is the cause of it? Mrs. Cora M. Rutherford 8413 North Eighteenth Street the oven is heated. Scaling is due to the fact that the grease and rust were not entirely removed as directed. All Menu grease must be removed from the oven by washing with soapy water. Use Lamb Stew Boiled Potatoes Sweet Corn on Cob emery paper to remove the rust. Cold Creamed Cabbage Lettuce Salad With Chilled Egg Dressing Lemon Pie stant reader of your columns in the paper and notice you use a white corn sirup so frequently. Will you kindly let me know whether corn sirup can SALES SLIP Stewing lamb (one and one-half pounds \$ 27 be used instead of sugar in making strawberry jelly, also how much sirup Potatoes weet corn (one-half dozen) in equal parts to each cupful of sugar ream and sugar for cabbage. in equal proportions. It will require vinegar for lettuce07 a longer time to cook the jelly.

Julian must have the best with while. Julian began actually to tire of Mar-gery Weston when he began to see through her pretty tricks. It was then that he saw the real Margery, empty haded, and yet hard and calculating. He grew to resent her appropriation of him It was Margery's way with men and hitherto it had succeeded rather well. They liked her little domineering ways. With Julian it did not succeed at all, and one night when Margery, piqued and angry because her method of bringing Julian to account had not succeed wonder Mrs. Long could not live with you." Julian had laughed. The slight interest that Margery had If a very small amount of lard is

MRS. WILSON'S ANSWERS My Dear Mrs. Wilson-Our break. My Dear Mrs. Wilson-Our break. If a very small amount of lard is added to your sealing wax, and mixed thoroughly while heating, it will keep it from becoming so brittle when cold, and also help to keep sediment from the bot tom of the pan.

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Pelt Watched Women's Feet)

your JERSEY grocer

Ask



practice, which, I am told, is very nec-

E VERY time you buy "Asco" Blend Coffee, you are saving money—because it would cost a great deal more to get the same coffee satisfaction elsewhere -if you could really find it at all.

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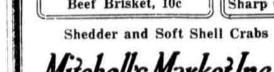
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