

MRS. WILSON ADVISES DAINY DISHES FOR SUMMER

And Suggests a Menu for Saturday Dinner and Three Meals on Sunday With This Fact in Mind

By MRS. M. A. WILSON

August days bring a feeling of surfeit of the meat dishes and a natural longing for the non-meat-producing foods that are satisfying and cooling and that appeal to the eye.

Many housewives fail to realize that the contact between the eye and the stomach is of the utmost importance.

So, with this fact in mind, we will plan a four-meal market list for the Friday market basket, that will include the Saturday evening meal.

SATURDAY DINNER Clam Broth Tomato Aspic with Ravagotte Sauce Deviled Egg, Garnish Potato Salad Peach Pudding Coffee SUNDAY BREAKFAST Sliced Peaches Squash Fritters Bacon Garnish Sliced Tomatoes Toast Coffee DINNER Cheese Canape Eggplant Croquettes Parsley Sauce Boiled Potatoes Corn on the Cob Blackberry Rolypoly Vanilla Sauce SUPPER Fried Tomatoes on Toast, Cream Sauce Rice Pudding With Sliced Peaches Tea

The market basket will require: One-half dozen clams, One dozen eggs, One carrier of peaches, Two squashes, One-half peck of tomatoes, One large eggplant, One-half dozen ears of corn, One peck of potatoes, One-half peck of blackberries, One bunch of parsley, Three green peppers, Two heads of lettuce, One-quarter pound of cheese, One box of gelatin, Two bunches of radishes, One-quarter pound of bacon, One quart of vegetable cooking oil, And the usual weekly staples.

Tomato Aspic Place in a saucepan One cup of flour, One teaspoon of salt, One tablespoon of baking powder, One-half cup of sugar, Four tablespoons of shortening, One cup of bread crumbs, One cup of crushed peaches, Two well-beaten eggs, Two-thirds cup of milk, Beat to mix and then let chill and spread over the tomato aspic.

Deviled Egg Rub three hard-boiled eggs through a sieve and then add: Two tablespoons of grated cheese, One teaspoon of salt, One-half teaspoon of paprika, One-eighth teaspoon of mustard, One tablespoon of melted butter. Mix and then form into tiny eggs.

Peach Pudding Place in a saucepan One cup of flour, One teaspoon of salt, One tablespoon of baking powder, One-half cup of sugar, Four tablespoons of shortening, One cup of bread crumbs, One cup of crushed peaches, Two well-beaten eggs, Two-thirds cup of milk, Beat to mix and then turn into well-greased baking dish and bake in moderate oven for thirty minutes.

Squash Fritters Pare and grate two squashes and then measure the pulp, and if not sufficient, add enough cold water to make two cups. Place in a mixing bowl and add: One and one-half teaspoons of salt, One-half teaspoon of pepper, Three cups of flour, One tablespoon of sugar, Four level teaspoons of baking powder, Two well-beaten eggs, Beat to mix and then fry in hot fat, or bake on a griddle.

Eggplant Croquettes Pare and cook the eggplant until tender and then turn on a piece of cheesecloth and squeeze dry. Turn in a mixing bowl and add: One and one-quarter cups of fine bread crumbs, One and one-half teaspoons of salt, One-half teaspoon of pepper, One-half cup of finely minced parsley, Mix and then form into croquettes, roll in flour, then dip in beaten egg and roll in fine crumbs. Fry until golden brown in hot fat.

Blackberry Rolypoly Place in a mixing bowl Two cups of flour, One level tablespoon of baking powder, One level teaspoon of salt, Sift to mix and then rub in the prepared butter, seven tablespoons of shortening and use four tablespoons of water to form to a dough. Roll out one-fourth-inch thick and then spread with the prepared berries. Sprinkle with fine sugar.

PRIZE MENU CONTEST

offers three prizes for the best dollar and a half dinner for four people.

The prizes are as follows: First, \$2.50 Second, \$1.00 Third, \$1.00

Rules: The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of all the materials. The name and address of the sender and the date must be distinctly written.

Address all menus to Mrs. WILSON'S MENU CONTEST EVENING PUBLIC LEADER INDEPENDENCE SQUARE

Beat to mix and then turn into well-greased baking dish and bake in moderate oven for thirty minutes. Serve with vanilla sauce.

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THE NEWEST STYLE



The Woman's Exchange

Wants to Reduce To the Editor of Woman's Page: Dear Madam—I have read how you helped other girls and women in their different troubles, so I thought I would ask for your help in my trouble.

Adventure With a Purse NATURE has been proving that she is indeed perversely by such unusually cool weather, and the vacationer is confronted with the problem of what to take for a wrap that will not occupy much room.

Summer Bags To the Editor of Woman's Page: Dear Madam—What are the latest style summer bags?

Suprise Packages To the Editor of Woman's Page: Dear Madam—May I come to you again for advice for a surprise party of six couples?

Molded Frocks According to the fashion experts of Paris the "molded frock" is among the smartest of the new fashions.

Don't let baby scratch Teething-rash, prickly-heat, chafing-skin, are a few of the trying skin ills which make baby fretful and keep anxious mothers busy trying to soothe the torment.

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DREAMLAND ADVENTURES

CHAPTER V Hunting Wild Candy LONESOME BEAR was feasting in the blueberry patch on the top of the hill when suddenly he looked up and called to Peggy and Billy, who were among the dewberries vines not far away.

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The Marriage Trifler

By HAZEL DEYO BATCHELOR

Barbara Remains Firm The marriage of Barbara Knight and Keith Grant has not turned out so well as was expected.

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WE HAVE THE DESCENDANT OF THE "CLINGING VINE" NOW

She Is the "Leaning Tower" and She Is Impossible to Get Away From—You Sit Next to Her in Trolleys and Trains

NO, we haven't many "clinging vines" nowadays, but we have the "leaning tower," which is a direct descendant and quite as hard to find necessary to probe Keith's likes and dislikes.

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Menu Contest Honor List Miss Bertha Marple (Fifteen years old) 752 South Fifty-second Street MASHED POTATOES, BROILED LAMB CHOPS, BREAD, TOMATO SALAD, CANTALOUPE, SALES SLIP, Mrs. W. B. S. Allen, Wenonah, N. J., Mrs. Loretta Oberdorf, Danville, Pa., Mrs. Annie McHale, 2210 North Eleventh Street

PHOTOPLAYS through the STANLEY Company of America. APOLLO 522 & THOMPSON STS., ARCADIA CHESTNUT Below 10TH, BALTIMORE 51st & BALTIMORE, BLUEBIRD BROAD STREET AND ETHEL, BROADWAY Broad & Snyder Ave., CAPITOL 722 MARKET STREET, COLONIAL 4th & Mulberry St., EMPRESS MAIN ST. MATINEE DAILY, FAIRMOUNT 26th & Girard Ave., FAMILY THEATRE—181 Market St., 56TH ST. THEATRE—Below Spruce, FRANKFORD 4715 FRANKFORD AVENUE, GREAT NORTHERN 2, 7 and 9 P. M., IMPERIAL 60th & Walnut St., LEADER 41ST & LANCASTER AVE., LIBERTY BROAD & COLUMBIA AVE., MODEL 425 SOUTH ST., OVERBROOK 63D AND HAVERFORD AVE.

Kinnoy's THE BIGGEST SHOE SALE IN YEARS. \$3,000,000.00 SHOE SALE. Men's, Women's and Children's. \$1.98, \$2.98, \$3.98. BARGAIN BINS SPECIALS. Women's Pumps and Oxfords in a large miscellaneous assortment. Big Bargains... \$2.98. Don't Forget the Address 116-118-120 No. 8th St. Above Arch St., Philadelphia, Pa. Don't Forget the Address Saturday Until 10 P. M.