## **DINNERS FOR FOUR DAYS** PLANNED BY MRS. WILSON

Forequarter of Lamb Makes Casserole for Saturday, Roast for Sunday, Chops for Monday and Potpie for Tuesday

By MRS. M. A. WILSON

(Copyright, isse. Sy Mrs. M. A. Witson, All rights reserved.) cggplant are coming into the market stalls in abundance and therefore will be more reasonably priced. While we can find but little real relief in the price of potatoes. I am going to suggest this week to purchase one side of a forequacter of lamb, with the whole neck, and then arrange to plan the

> SATURDAY DINNER

Raspberry Cocktail Casserole of Lamb With Macaroni Tomato and Onion Salad Huckleberry Pie

SUNDAY BREAKFAST

Cantaloupe Cream Gravy Rice Waffle

DINNER

Tomato Canane Roast Shoulder of Lamb Raspberry Water Ic

SUPPER Cheese and Pepper Sandwiches Tomato and Deviled Egg Salad Ginger Bread Iced Ten MONDAY

DINNER Clear Tomato Soup I Chops - Hech Garnish Braised Chaps
Browned Hominy Str
Lettuce Stewed Tomatoes

Peach Dumplings TUESDAY

Cheese Canape Radishes Young Onions Lamb Pot Pie With Vegetables eslaw String Beans
Cornstarch Pudding Coffee

The market basket will require, for

Two boxes of raspberries.

One box of huckieberries. Two cantaloupes,

One carrier of peaches,
One-quarter peck of string beans,
Three small or two large squashes,
Three heads of lettuce, One-half peck of towators.
One bunch of watercress.

One bunch of radiabra Three bunches of scallions, Six green peppers.
One large bunch of paraley,

Pour pounds of onions.

One cucumber,

three carrots, One bunch of beets. One small head of cabbage, One pound of rice, One-half pound of hominy,

One-half pound of cheese. One dozen eggs, One package of macaroni.

And usual weekly staples.

Casserole of Lamb With Macaroni Have the butcher remove the neck

a saucepan and add four cups of boiling dip in flour and brown in hot fat. One half dozen onions, cut in slices.
One carret, cut in dice.
Cook slowly until tender and then hicken the gravy slightly and season.

Lamb Pot Fie

Cut the leftover roast lamb into pieces and place in a saucepan and cover with cold water, adding Eight small onions.

thicken the gravy slightly and season. Cook the macaroni and then place two-thirds of the cooked macaroni in a casserole and then pour over the macaroni the prepared and cooked neck of lamb. Cover with the balance of the

shoulder and when ready to roust pack hominy, cut in thin slices. Brush with one-half cup of finely chopped onions shortening and sprinkle with fine

## HAVE YOU SENT IN

four menu for a dollar-and-a-half dinner for four people to the

If you do, you may win one of the prizes. There are three of them:

Third, \$1.00

inctly written. Address all menus to

Evening Public Ledger

### Creole Rice

Use the bones of the lamb for the stock. Now wash one cup of rice and place in a saucepan and cover with five

and add

Two tablespoons of bacon or ham

then place in a saucepan and add One quart of water.

fruit is soft, then add Tico cups of sugar.

ice-cold water for the raspberry cocktail for Saturday evening dinner. The market basket will require, for the Saturday dinner, three meals on Sunday and Monday and Tuesday dinner—

One side of forequarter of lumb with add to the rasphervies. Rub this mix-

> white of one egg. Pack and allow one hour to ripen. Braised Chops With Herb Garnish

One-half bunch of paraley, Six onions.

Two green peppers.
And the coarse outside leaves of the

ing pan, lift to a saucepan and add

### Browned Hominy

One carrot, cut in dice.

macaroni and sprinkle with fine bread-crumbs and three tablespoons of grated in small blocks and place in a deep cheese. Bake in a hot oven for thirty minutes.

In small blocks and place in a deep layer in a large casserole. Season and then turn in the prepared lamb. Sea-son and cover with the balance of the

# Menu Contest Honor List

street Fried Fish

d Fish Buttered Beets
bistoes String Beans
Tomatoes and Lettuce
Peach Shortcake
Iced Tea SALES SLIP Fish (three pounds pargies) .... \$ 25 String beans

Miss Peggy Fleming, Camden, N, J,

MENU Fruit Salad French Fried Potatoes Ment Loaf Bread and Butter

## First. \$2.50

Second, \$1.00

Rules: The foods used must be staples and in season. Each menu aust be accompanied by a sales slip showing the cost of all the ma-terials. The name and address of he sender and the date must be dis-

Mrs. WILSON'S MENU CONTEST Independence Square

cups of boiling lamb stock, adding Three onions.

One green pepper, Two tomatoes, mineed fine.

Cook until the rice is soft and the water absorbed and then season the rice

Raspherry Water Ice Wash the berries on Saturday and

Bring to a boil and cook until the

Stir to dissolve the sugar and then bring to a boil, remove and cool. Use one cup of this mixture and dilute with

and one-half cups of cold water. Freeze in the usual manner and then, when nearly frozen, fold in the stilly beaten

Mince fine the green tops of the scal-

lettuce. Place one-half cup of shortng hot add the herbs and cover closely. Now brown the chops quickly in the fry-

Two tomatoes, cut in bits. Cover and simmer slowly for fifteen minutes and then lift to small pieces of toast. Cover with herbs and then pour the gravy over all and dust with pa-

Cook one-half pound of hominy grits. like a thick mush, and season well. and cut into thick slices. Wipe and Turn into a loaf-shaped pan and set then roll in flour and brown. Place in aside to cool. Cut in thick slices and

One-half cup of finely chopped pars-

And cooked beets.

### into the meat and roast in the usual erumbs and grated cheese, thirty-five minutes in a moderate oven.

Mrs. H. A. Davis, 643 Preston Mrs. Jeffrey Stewart, 2524 South Cleveland avenue Fruit Cup Tomato Egg Salad Belgian Potatoes String Beans Lemon Meringue Scotch Scones

Iced Ten SALES SLIP stap-fruit, one banana, one orange, stoned cherries (half-pound) alges ....... one sould onlon

egg, sugar, milk, etc.

Mrs. R. Peet, Carneys Point, N, J,MENU

Meat Loaf Boiled Potatoes Escalloped Corn Stuffed Tomutoes Bread and Butter Tea Butterscotch Pie SALES SLIP

Cine pound of Hamburg steaks Two eggs

### MRS. WILSON ANSW ERS QUERIES

Dear Mrs. Wilson-About two weeks ago I saw a nice recipe of yours for a thick marshmallow filling for a layer cake. I have lost or mislaid it. Will you please publish the date of the paper that I can find it in? C. A. H.

Marshmallow Cream Cake Filling Place in a saucepan One-half cup of sirup, One cup of water, Four tablespoons of cornstarch.

Stir to dissolve the starch and then bring to a boil and cook for three min-Then add one cup of marshmal Beat to mix thoroughly and

# FOR THIS KIND OF WEATHER



# Please Tell Me What to Do

"27" Approves of "Bachelor"

Dear Cynthia-I have read with much nterest the letter signed "Bachelor" and wish to indorse most heartily his remarks relative to the girls of today, My opinion is that the twentleth century rop of the female sex, taken as an average, is a bitter disappointment. The have no desire to cultivate a home interest. All they dream of is paint and powder on their faces and scheming how to have a good time at some poor book's expense. What these girls want to do is to take an inventory of themselves and find out their real worth. "Bachelor" shows rare judgment by remaining single.

Oh! Now, now, "24?" You wouldn't be so hard on all girls, would you? There are lots of fine ones in this little old would. world of ours.

### She's Broken-Hearted

Dear Cynthia—I am a young girl of seventeen and madly in love with a young man two years my senior. Last week we went to a dance together. At the dance I met a girl friend whom I have from the garden.

Says She's a Butterfly

Dear Cynthia—Some one askel "what attents boys first?" In telling my story perhaps the question can be answered. I have a very good friend. We went to school together and were called "Mutt and Jeff." We are both good looking and the same age. Now, she is tall, sim, straight shouldered and in all ways upright and dependable. She is very outspoken and truly a combination of iron and sympathy. Her hair is golden bronze and her complexion is free of make-up. I am the very opposite. I am short, dark and noted for never keeping an appointment. I fear to be outspoken. I like the men. (She hates them.) I dress very stylishly to catch their attention and I am a constant user of make-up. She dresses veay sensibly and looks remarkably well in her clothes. All the young men I maet she meets, and atthough they carry on and "rush" me for a while they soon drop me and try to gain her friendship.

I am horribly jealous and want to

The Question Corner Today's Inquiries

What is a new fad in sllk sweaters? 2. Describe a convenient frunk that is easily strapped to the back of an automobile when traveling. How is organdle used on a new

4. Describe a dainty handbag that is pretty with summer dresses or as a light touch with a dark dress. 5. If it is difficult to keep mules on at the heels, in what pretty way can they be secured to the feet?
6. How can more storage space be obtained in a house that has an

### Yesterday's Answers

1. The aprend of the high cost of living is shown by amusing staliving is shown by amusing sta-tistics from Uganda and the Con-go which prove that a wife cost four spearheads before the war, while she now costs eight. 2. A convenient inside beiting for summer dresses is stiffened with

boning that can be sewed through without blunting the needle. 3. The top of a new powder box i covered with sanitary gauze that keeps the soiled puff from coming into contact with the rest of the

powder.
A pretty, neat-lopking bathing suit fits into the knees like u riding habit, shedding water better and looking more trig than the full-gathered knee. 5. The newest style of alarm clock is "disguised" in a mahogany

case.
6. A suitable and pretty gift for the bride who does her own garden-ing is a set of small garden tools. decorated with hand - painted

day she will make a wonderful

or some young man, as she has a apartment where both she and her r live together. She is painfully holds down a wonderful position the idol of all who meet her. She ly twenty-one.

tried to model my life after hers

t simply isn't in me, and therefore come out. I am only a butterfly ing time. O. Kitty, some men like pendable person and some like a rfly. dependable person atterfly.

Just a word, "Truth." Be yourself, on't try to copy another. Live up to be best that is in you and you'll find you won't be such a butterfly.

### He Can't Make Friends

Dear Cynthia-This is the first time have ever attempted anything like this, but I wanted to get your advice and the counsel of your ready and sympathetic readers. Can you imagine a young man of twenty years of age who has no friends, who can dance, sing, play the plane well and be a good sport and spend money, sometimes in excess, who is a have known for five years. She called the to the dressing room and told me many tales about this boy, which it for a degree, who is sociable and entertelling him not to call on me again, the telling him not to call on me again. they.

And cooked beets.

Simmer slowly until the meat is very tender and then cut the leftover hominy in small blocks and place in a deep dayer in a large casserole. Season and then turn in the prepared lamb. Season and cover with the balance of the shortening and epithics.

Brush with shortening and epithics with fine crumbs and grated cheese. Bake for thirty-five minutes in a moderate oven.

Many tales about this boy, which he legtow hard and the great that a letter telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the telling him not to call on me again. I have learned from true faces that the tell thing here the leaves that the reason for such a condition?

Li man tales about this boy are not true and the reason for such as the true him a letter fand the reason for such as condition?

Li must learned from high school I was complicated by my parents to stick would vou advise me to go to him or true faces that the tell thing and the reason for such as condition?

Ly must learned from true faces that the

all things you should never act on hearsay. Always give another opportunity
to clear himself. Write and apologize,
but he will be a most exceptional man if
he feels the same toward you as beforLearn the lesson not to listen to tales,
and never act on hearsay. You are
very young to be madly in love, dear.

Same Children Butterfit.

# THE MAGNESIA DOCTORS RECOMMEND





Quick Lunch at Home or Office

Avoid Imitations and Substitutes

### Adventures With a Purse

AM going to take a long chance on all of today's adventures. For I am going to tell you of some things I really want you to know about, for some or all are things that you will want. But you will have to be quick about seeing them, or the chances are ten to one that they will be gone. First of all, there is the writing paper. When you go away for your vacation you are undoubtedly going to need an extra supply of stationery for all those letters home. Well, then, one shop has a perfeetly fascinating sale of paper. It is a pale blue, and running through it horizontally are eighth inch bars of darker blue. Then a gleaming silver edge finishes each sheet. This is exceptionally rich looking paper. It is priced at sixty cents a quire, and the envelopes to match are sixty cents a

Then there are the black beaded cealed in his cleverly cut pockets?" handbags. There was a scant handful which appeared like uniforms are relieved with a very dull gray.

As all well-bred people know, a gentleman rises to greet a lady, and remains standing while she stands.

"Apparel off proclaims the man." but not in this instance. No matter how well dressed he may be, violation of this rule of mannerly conduct stamps the offender at once as ignorant of the most ordinary usages of good society.

They are lined with a very dull gray that the tops are of gummetal, and so are the chains.

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# WHAT'S WHAT

By Helen Decle



What's wrong with this picture? Evidently the girl is a lady; quite a

vidently the man is not a gentleman. Why not? He is expensively and fashionably attired. But-are his manners con-

As all well-bred people know, a gen-

made entirely of tiny gummetal beads, the dullest of the dull. The tops are of gummetal, and so are the chains. They are lined with a very dull gray material that resembles sued. And you will never guess the price—Seach!

Lastly, there are the bracelets. If you have followed the fashions at all—and whit woman does not?—you will know that the new bracelets are those of the soft links. Well, one shop has some lovely soft—or is it flexible?—They certainly are heautiful, and they are surprisingly priced at \$2.50.

Human Curios

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No. 5—The Man Who Fooled the Worla They

# LUCY'S CLOTHES ARE FUNNY JUST BEFORE VACATION

Like All the Rest of Us, She Is Saving Up to Go Away-Every. body Goes Through This Some Time During the Summer

Lucy hurried on. She was so hot

and get into a cool battato.

mother was s'tting on the porch, fanning, when ale arrived.

"My goodness, Lucy!" she exclaimed, "Aren't you hot in that serge skirt? Oh, well, I suppose you have to wear it, though don't you? Well, it won't be long, now."

waists and skirts for the evening of the pretty voile and organdie that are in the closet. Just befor the won't even spare waiskirts, we resort to old things. Then vacation comes along, the long, now."

tion. You see, Lucy is just going tiorough that desperate period of saving money, clothes and everything that she may possibly need on her vacation. It's a good thing that these scenes are repeated in so many households in summertime, for, if they weren't, it might be hard for some of us to understand just why there are so many funnylooking people around.

THE girl across the table at lunch, for instance, wears a shabby, wornlooking dress of warm silk, on a day like this! When you ask your faith-

GOING swimming tonight?" asked one of the girls, as she passed Lucy on her way home.

"I don't believe so," said Lucy, hesitatingly, "I have a good many things to do, and I'm sort of tired, anyhow, and—"

"Yes, I know," interrupted the other girl with a wise smile and a wink, "I girl with a wise smile and a wink, "I girl with a wise smile and a wink, "I know how that is. I just got back, heav."

mediately get scared about our clothes.
Why, they'll all be worn out before we Lucy hurried on. She was so not that her only thought was to get home that her only thought was to get home and get into a cool bathtub. Her waists and skirts for the evening instead of the pretty voils and containing the of the pretty voile and organdie dresses that are in the closet. Just before vaca. tion, we won't even spare waists and

Then vacation comes along, and for two weeks or a month we are so dressy that we hardly know how to behave. And first thing we know, vacation's won't be long, now."No, thank goodness it won't be long!" echoed Lucy fervently, as she went into the house.

At dinner time she came to the table have a lot of perfectly good summer dresses on our hands. We do it every summer!

### A Matching Coat

It is certainly most welcome-that latest Paris whim-for it gives the delightful convenience of the well-loved suit without the usual "broken" appearance of the skirt and blouse that so many women find unbecoming.

In Harper's Bazar for August there are several examples of this new mode as developed in delightful ways. One is of blue serge with a long-waisted bodice of white crepe de chine, stitched in white, and with a crushed girdle of

# "The Mill Never, Never Grinds on the Water That Has Passed"

And You'll Never, Never Save Money on Your Shoes After A Sale Like This Has Passed. Buy Today!



So During the Closing Days of This Sale It Behooves All Thrifty

to Buy a Pair of These Shoes at

While They Last! Sale Ends Soon!!

You'll find every style and last that you will need, and it's only a question of getting around before they are all gone. In such clearance sales like this, it is well to know the character of the store which conducts them, as well-as the values represented. It is upon these two things that Kinney has built so successfully.

Don't Forget the 116-118-120 NO. 8th St. Don't Forget the Address Above Arch St., Philadelphia, Pa. Store Open Friday Until 8 P. M.

Address Saturday Until 10 P. M.