MRS. WILSON ADVISES PLENTY OF PRESERVING

Making Jelly and Jam at One Time From the Same Quantity of Fruit Saves Time and Trouble-Try Rhubarb With Blackberries

By MRS. M. A. WILSON (Copyright, 1920, by Mrs. M. A. Wilson. All rights reserved.)

TITH the prospect of little real relief in the price of sugar, it behooves housewife to decide definitely the unt of jellies or jams that she will wire for the next fall and winter, Do not make the mistake of permit ting a season to pass without conserv-ing at least one-half dozen jars for each month. Jelly making has long been considered a tiresome and tedious proc-ess, so I have, by various experiments, found a way to make both jam and jelly

with one process of cooking.

To obtain the jelly just strain the oked product, placing the clear liquid one glass for jelly and the pulp of fruit in the second glass for jam This means that with the one cooking, rou make both a jam and a jelly. Less time is required for cooking. There is no dripping of juice to this process. It is very popular with the busy woman

Current Jam and Jelly

Pick six quarts of currents from the stems and then wash and turn on a cloth to drain. Now place a threepound can of white corn sirup in a pre-serving kettle and add two and one-half nds of sugar. Heat and stir to disrants and cook the mixture until it will egrees Fahrenheit, using a candy ther

elly glass and pour the mixture into the trainer. Let liquid run into glass until strainer. Let liquid run into gassecond nearly full, then place pulp in second glass. This amount will give from dass. This amount will give ifteen to eighteen glasses of jelly. *Blackberries need the addition of a fruit containing more pecta, so in order to make blackberry jelly and jam, place in a preserving kettle

One three-pound can of white corn Three pounds of granulated sugar.

sugar. Then add One quart of thinly sliced rhubarb, Five quarts of blackberries.

Place in a preserving kettle

One three-pound can of schite corn Firup,
Three pounds of granulated sugar,

Measure the peaches after slicing and pack firmly. Bring to a boil and then cook and process as for currant jam.

Important note—These jellies and jams will scorch very easily, so be sure to have a round serviceable asheates.

In the quarts of thinly sliced peaches.

Impossible to secure good results with this kind of fruit. When once the process is started, do not leave, if even for a few minutes, This is just the time it will burn.

No woman can successfully attend to the control of the control

Now a word about the kettle. Do not against the cold days to come.

JUST THINK!

You may be one of the prize win-

PRIZE MENU CONTEST this time next week.

The awards are given for the best menu for a dollar-and-a-half dinner for four persons, and they are as fol-

First, \$2.50 Second, \$1.00 Third, \$1.00

Rules-The foods used must be staples and in season. Each menu must be accompanied by a sales slip showing the cost of the materials needed. The name and address of the sender and the date must be clearly written. Address all menus

Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square

jellies will scorch. Remember that penny wise and a pound foolish still helds good and that any old kettle or saucepan in which you have been cooking ham and cabbage or other foods will not do. All metal utensils are porous and when heated the metal expands and gives forth to the food in the saucepan the flavors which it has absorbed. Keep

the heat marks of the scored are re-moved from the outside of the pot. Scour with pumice stone on the outer sur-face of the preserving kettle, then thor-oughly cleanse the inside. Fill with cold water and heat slowly

When ready to make the jams and When ready to make the jams and jellies see that the glasses are ready and clean. Glasses that you have used all winter to hold ham and bacen fats in will not do. Have the metal lids in good.

This series of articles is designed to Peach Jam

Peaches lack sufficient pectin to make a good jelly. Rhubarb or currants may be added if desired, but personally I think the peach jelly is not a bit good tasting, so why not make a jam which is delicious?

Place in a recommendation of the make a jam which is delicious?

the jelly fermenting between the wax and the lid. Remember that haste makes waste. Use strictly fresh whole fruit; fruit which has started to decay is par tially fermented, and will not do.

Important note—These jellies and fams will scorch very easily, so be sure to have a round serviceable asbestes must under the kettle. If the asbestos must has a break or is worn thin, do not use it. Place six large agate marbles in the kettle. The constant boiling causes the marbles to be agitated or move and thus prevent the solid part of the jam from sticking to the bottom of the kettle.

Now a word about the kettle. The conserving of feed for the winter should not feel that it is all right for some one else to do the canning—we should do our share in preserving fruits and vegetables—plenty of them—

was more theory than fact. I have an idea that now you will be more interested than you were then. I speak for the ice blankets—chemically prepared sheets that fold over the ice—and guess what they do! They keep the ice longer, preventing it from melting so should not feel that it is all right for dear knows, ice certainly disappears quickly now. You can get one of these "blankets" for ten cents.

the old, worn or porcelain lined kettles

Fruits will keep without sugar; just
that have been broken, or have broken
spots in the bottom. Materials are
costly and without fail the jams and
manner.

New Jersey

Macaroni, Baked With Lean Bacon

Butter
Boiled Custard Poured Over

Sponge Cake

SALES SLIP One pound loose macaroni 5 .1

Street

MENU

Baked Porgie
Builed Potatoes With Melted Butter
and Parsley Dressing
Green Pens
Comato Salad French Dressing

Taploca Pudding

SALES SLIP

Two pound porgle \$ 30

(Same heat used for fish and pudding Peas and potatoes cooked over on burner in double boller.)

ANSWERS OUERIES

My dear Mrs. Wilson-Will you

kindly let me know what fruits will blend together and proportion of each

for one good-sized pie? I have tried apple and plum and apple and huckle berries, and they were very good. I tried apple and blackberries, but the taste was not right. Would like to

know what other two fruits would go

Try these combinations: Apple and

lemon, apple and pineapple, apple and cherry, apple and currant, plum and apple, plum and peach, plum and cherry, plum and raspberry, blackberry and currant blackberry and cherry, blackberry and cherry, blackberry

.02 Buter .02 Sugar .07 Tapioca pudding

MRS. WILSON

Bread and Butter

te can tomato sauce

Butter beans

trance in J. V. Bread Butterine leed Tea Seasoning Beets (two bunches)

Cocoa Potatoes Watermelon (ope-half Spingel)

Mrs. Wilson's Menu Contest

My Dear Mrs. Wilson—I am send-ing the following menu for entrance in the contest.

One and one-quarter pounds ham-burg steak
Bread
Bread
Bread
Bread
Bread
Bread

Bread and Butter 10 Anne Georgeson, 4314 Market

Radishes

Deviled Eggs on Lettuce toes Escalloped Tumatoes Pudding

Eggs\$.40

Total\$1.50 This would be a splendid luncheon, but the men folk usually like some-

thing more substantial for their eve-

so I am going to ask you to try again.

My dear Mrs. Wilson-May I sub-

Roundsteak Smothered With Onions

Mashed Potators Chocolate Pudding

Chocolate, cocoa and cornstarch

vegetable to provide variety.

Beefsteak

This menu needs a green-cooked

My Dear Mrs. Wilson-I am sub-

One quarter peck of spinach \$.20

.........

Total\$1.42

Quickly cooked meats are taboo in

more home cooking in it and try again?

Honor List

Mrs. Lewis Green, 825 South Vogdes Street

Green Peppers Filled With Hamburg and Rice (Cooked in Tomato Sauce)

Watermelon SALES SLIP

Bread and Butter

One pound of beefsteak......

Five tomatoes One head of salad

Seasonings

Sugar

mitting the following menu for your Tomate Salad contest.

M. E. F.

Bread and I

Rice Pudding

Spinach

Sticed Tomatoes Bread

MRS. R. D. MacG.

Steak round ... S. 14 Vanilla

Five polators

callions

Comatoes

Sugar

YOUR SOUL'S IN YOUR HAND

By IRVING R. BACON



THE HUMAN HAND The salient natural features of the hand mirror the characteristics of the soul more unmistakably than do those of the face. The latter may mask its possessor's traits; the

The writer of these articles has devoted many years to the study of character reading. There is nothing of the occult about the method which he pursues. His character readings he pursues. His character readings from the conformation of thumbs, fingers and other features of the hand are based upon scientific principles as constant and unfailing as those upon which rests the science of finger-print detection which is being so success-fully used by secret service depart-ments in all civilized countries.

"King Edward's soul rushed to his ce." wrote the wonderful sixteenyear-old poet, Thomas Chatterton, in "The Death of Sir Charles Buwdin! meaning to convey the idea that the real character of the monarch showed itself momentarily in the expression of his countenance. Human duplicity makes Should the food scorch, it is vitally it possible to mask the true character more important to be sure all traces of the heat marks of the scorch are renature has, so to speak, planted the very soul in every person's hand. shaping the fingers and thumb and the contour of the hand itself in accordance with the character of the soul, to make Heat slowly and stir to dissolve the to the boiling point while warm. Scour it a mirror of the latter. Had Sir again. Then add will guarantee an absolutely clean pot. Edward's hands he would not have had

> the soul expresses its various charac-teristics in the hand; and thus any one who will take the trilling trouble of tering what is laid down here we able to read not only his own an friends' character as indicated be hands, but the character of strangers.

(To Be Continued)

Adventures With a Purse

come, I am going to tell you of something I wrote about when summe was more theory than fact.

put out a most fascinating box for the toilet table or dresser. It consists first of all of a generous supply of face powder—a powder that is very much liked by women who use it. Then tucked nails, together with other things for the manicure, such as polish. It is a very complete box, the sort you want to have around.

This isn't something for you to buy necessarily, but is something of interest that I want you to be sure to I speak of the knitted dresses. Have you seen them yet—whole dresses knit-ted just as a sweater would be? I Mrs. Austin Joy, Brooklawn,

Strather fancy they are meant for cooler days. But anyhow they most certainly are unusual looking, and I know that you will want to take a peep at them.

Please Tell Me What to Do By HELEN DECIE

By CYNTHIA

Ask Mother About It Dear Cynthia—Will you answer this?
My girl friend and I met some fellows
from Baltimore once. They were visiting near us. We became acquainted.
We went out several times with them;
about four times, around the Fourth of
July, When they left they asked us to
write. I didn't say I would. Since, they
have written and asked why we didn't
write, Cynthia, what would you do?

PEG AND PEGGY. If your parents are willing to hav you keep up a correspondence with boy answer the letters and keep on answer ing others which come, otherwise writ

a little note saying you were glad hear from them but you cannot keep a correspondence, as your parents do not want you to do so until you ar "De Jure" Made Her Mad

"De Jure" Made Her Mad

Dear Cynthia—Though I have been a constant reader of your most interesting and helpful column. I never have, until now, felt that I had any reason to write to you. But "De Jure" sarcastic letter to "Dan B." caused me to feel righteous indignation.
"De Jure" says that it is rather easy to amuse children, yet judging from his letter I should say he seems to be the bisger child of the two.

Perhaps I have no right to criticize yet, this being my very first letter, but really, Cynthia, I could not help it after reading "De Jure's" childish letter. Even though he tried to be poetical in the latter part of it, his young, unsophisticated way of writing makes his whole letter, poetry and all, quite babyish. My blood is just bolling and I had to get the anger out of my system. I'd like to add, were I asked to meet either of these two boys, and told to take my choice, I would surely choose "Dan B."

Fears Love Not Genuine

Dear Cynthia—I am a young lady early twenty; will be twenty in August, am engaged to a young man nearly

I am engaged to a young man nearly two years my senior.

Now what is troubling me, dear Cymthia, is that I am not sure I love said man, as I have always craved for a home and some one I could love and care for. I am afraid the reason I care for this man is because he can give me that home I crave.

He has a very good position and can easily support a wife.

Every time he comes near my heart thrills and I think of him all the time near me or far away. We were parted for one year and I worried so I became thin and could not eat.

You have no reason to worry about I

A woman naturally loves her home and children and that very love makes her a good wife. Get married soon and be happy with this man you love. A Cynical Bachelor

Dear Cynthia-It amuses me greatly to read some of the letters in column referring to the writers' wonal charms.

cooking need. 24% Butterfat.

Walter Jahris PER-CRE

Rich, delicious, selected cream, prepared by a wonderful new process, one-third richer than ordinary dairy cream,

put up in cans ready for instant use for every table and

Pure Cream in Cans for Every Table and

Cooking Use—Always Handy

Use it with fruit, cereals, beverages and for delicious salad dressings, ice cream and desserts. It Whips when cold. Two sizes, 72 and 15

WHAT'S WHAT



thing to de and when to de it.

Grace is more distinctive than beauty. A well-bred woman makes no awkward motions; her gestures are few and "flowing." Even as a child she had been taught to avoid unnecessary gesticulation; decidedly her manners have "the calm repose" which Tennyson associated with the caste of Vere de Vere. Before she was old enough to spell words of two syllables Lafdy Clara had learned that it is vulgar to be "fidgety." Her finishing school added the final touch to the poise which is not pose, but the self-restraint and self-control of a gentlewoman.

able disposition, but am not popular."
How do they get that way?
I myself am a bachelor, and am inclined to lean toward "De Jure" in his

I have yet to become acquainted with a young lady who possesses all of the many charms claimed for their sex. I do not want to create a false impression, and have the readers think that I do not hit the high spots with many young ladies, because I do, which goes to prove that I will remain single, as I have been going out on an average of

to prove that I will remain single, as I have been going out on an average of four evenings a week with different girls for twelve years, and have never wanted to marry one.

Like "De Jure." give me my gas wagon, but, not like "De Jure." I want a girl with me and a good road, and I guarantee myself a good time.

The falseface models of today expect the men to be captains. Of course I allow them to retain the above impression, but such is not the case.

I do not attempt to insinuate that I never was used as a captain, but a child

Every time he comes near my heart thrills and I think of him all the time near me or far away. We were parted for one year and I worried so I became thin and could not eat.

Now, dear Cynthia, he is back and I am feeling peaceful. What do you think of my case?

I know this man loves me and would die for me if need be

DEEPLY PERPLEXED.

I do not attempt to insinuate that I never was used as a captain, but a child once burnt never touches fire.

I know that there will be plenty of denials of the above statement that all girls are of the above statement once burnt never was used as a captain, but a child once burnt never was used as a captain, but a child once burnt never was used as a captain, but a child once burnt never was used as a captain, but a child once burnt never touches fire.

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I know that there will be plenty of denials of the above statement that I was used as a captain, but a child once burnt never touches fire.

I know that there will be plenty of denials of the above statement that all girls are of the above type, but where are these so-called old-fasnioned girls?

I am from Manayunk, you've got to show me.

You just have not known where to look for the right plants are of the above type, but where are these so-called old-fasnioned girls?

Woman May Run for Senator New York, July 22.—As a candidate against James W. Wadsworth, Jr., for renomination by the Republicans, Mrs. Ella A. Boole, of Brooklyn, state chairman of the Woman's Christian Temperance Union, has announced she would run as the candidate of the Proor commost of the letters begin by stating "I have brown eyes, and dark hair, good complexion, and a lov-

ounce cans, 30c and 50c. You will like it. Every

Rice Milk Products Co., Inc.

Executive Offices—Bush Terminal Building, No. 10, Brooklyn, N. Y.

good grocer keeps it.

IMPORTED

The Woman's Exchange

Two Addresses

To the Editor of Woman's Page:

Dear Madam—Kindly give me the addresses of Norma Talmadge and Conway Do you think they will send me their

Yesterday's Answers
A practical, comfortable rug for
the kitchen is cut from the rubber or covering used in hospital

A chip basket can be kept clean and in good condition if it is washed with warm water and soapsuds once a week. Black and white pumps or slip-pers are correct for afternoon wear with light dresses.

A conffortable garden swing is just large enough for one person

just large enough for one person and is made of striped canvas with a back and canopy.

Handbags that look like beaded bags from a distance are made of heavy silk crepe in plain colors.

A painted table with a finish is convenient for porch use, as it re-quires no cloth and doilies only under hot dishes.

HUSBAND'S DOCTORS RECOMMEND



BOBBY'S SULKY LOWER LIP TURNED OUT INTO A SHELF

And It Was a Blow to His Pride When Mother Told Him He Was Going to Laugh-We All "Used to Do That as a Child"

Do you think they will send me their pictures without my sending money?

B. E. H. C.

Letters addressed to Norma Talmadge at 217 East Forty-eighth street, New York city, will reach her safely. Address Conway Tearle, in care of First National Exhibitors' Circuit, 6 West Forty-eighth street, New York city. Perhaps they will send you the pictures if you do not send the money, but I think it is safer to send a quarter with your request.

The Question Corner Today's Inquiries

The Question Corner Today's Inquiries

I. When food that has an odor is put into the refrigerator, how can the odor be prevented from getting in the house on a rainy day?

I. When food that has an odor is put into the refrigerator, how can the house on a rainy day?

I. When food that has an odor is put into the refrigerator, how can of the short kimone sleeves on summer dresses finished?

I. How can clothes be dried quickly in the house on a rainy day?

I. When should discolored tinware be cleaned?

I. When can an inexpensive attractive way are some of the short kimone sleeves on summer dresses finished?

I. When the odor be prevented from getting in the house on a rainy day?

I. When the control of the properties of the square sallor shape that has gone of the short kimone sleeves on summer dresses finished?

I. How can an inexpensive attractive way are some of the short kimone sleeves on summer dresses finished?

I. When the control of the contr

ndulgently Do you ever do it now? "Why, of course not; that's childsh," you exclaim, indignantly.

BUT remember that argument you had with your sister the other day. She said that it was all wrong for you to wear your skirts so short, and you said that it was your skirt that you were making and you were the one who had to wear it, and you'd be perfectly well able to get along without her advice. She said she didn't care, that it looked ridiculous for a woman of your age to go about with woman of your age to go about with her skirts way up in the air like



EGGS make ideal nour-ishment—and in hot weather there's nothing better for you than eggs and a cooling salad. The Chef here has precisely 365 different ways of preparing eggs. You could come here every day in the year and have your eggs served in a different ay - except Leap Years! And by then, perhaps, you wouldn't want eggs!

> The St. James Walnut at 13th Street J. Howard Slocum, Mgr.



sour?"

basement below it, or in an

unsanitary drip pan and other ice annoyances, and it

A frequent question these humid days. With ice refrigeration you never know cer-

tainly whether foods are spoiling or not. Many cases of disordered stomach can be traced to incomplete, old-fashioned ice refrigeration. Bacteria begin to develop in milk and other foods at about 50°.

At 55° to 65° (the temperature of the average ice box) they are multiplying by the millions. Isko, attached to your ice box, will keep it always 10° to 15° colder than ice can do. Isko protects the health of your household, it does away with the

costs less than ice to operate. Besides, it makes ice for your table use.

Call and see Isko at work -or write us for booklet.

DOMESTIC UTILITIES COMPANY

1717 Chestnut Street, Philadelphia

-Electric Refrigeration



ISKO may be placed on top of your refrigerator, in the

Ice Cream was first served in England at a banquet of Charles I-today it is a popular delicacy every-

COLONIAL ICE CREAM neites you to ask for i by name. Be sure to ask for Colonial, because

world.

ICE-CREAM

where.



Once the Exclusive Recipe of a King Now the Favorite of Millions

COLONIAL ICE CREAM is a combination of Pure Cream, finest Cane Sugar and wholesome Juices of 'Sun-ripened Fruits. And it is made by experts in the cleanest and sunniest ice cream plant in the

"BETTER ICE CREAM CAN'T BE MADE"

COLONIAL ICE CREAM is pure, delicious, nourishing and refreshing.