MEALS FOR THE WEEK-END GIVEN BY MRS. WILSON

Country Fried Ham Is Tasty for Breakfast on Sunday Morning. Fillets of Flounder for Dinner and Sheep Tongues for Supper

Tartar Sauce

One-quarter cup of paraley, chopped

One sour pickle, chopped fine,

One cup of milk, Two-thirds cup of sugar,

One-quarter teaspoon of salt, One-quarter teaspoon of mace.

White of one egg, left over, One-third glass of jelly.

And beat with Dover egg beater until

Pickled Sheep Tongues

Select two nice fresh sheep tongues and wash in plenty of cold water. Then

place in a deep saucepan and cover with

Bring to boil; cook slowly until tongues are tender and while hot take equal parts of vinegar and liquid to

One teaspoon of paprika, One and one-half teaspoons of salt.

North Reese street.

Menu
Fried Porgie Fish
Stewed Asparagus Salad
Boiled Potatoes
Bread Butter Coffee
Cake (home made)
Haspberries

One head salad
Potatoes
Vinegar for salad
Butter
Bread (one-third loaf)

Works, N. J.

Menu
Clear Tomato Sonp
Baked Lamb Croquettes With Peas
and Bice Border
Colesiaw Brown Betty
Bread and Butter Iced Tea

Peas
Haif pound rice (best)
Sait, pepper
Cabbage dressing
Brown Betty, stale bread, two
apples, one egg, pint milk,
piece butter, flavoring, sugar
Sugar

Sugar Tea. lemon, ice Bread and butter

Adventures

UNLESS you happen to be in town and in the neighborhood I would

advise you not to see about the gloves until you have first called up the shop

to make sure that they still have some left, for I am sure that they are not

going to last long. They are white kid gloves, sixteen button length, find are of lovely quality. And think of it! Their price is only \$4.95 a pair. If that

sn't a bargain I don't know what is,

And you may say what you please about it, although you may be willing to go out with short sleeves and no gloves for every day, on the other hand, for dress-up you really need one pair of good

Here is a bathing costume accessory

that might interest you. In the first place, by way of introduction, many women wear with their bathing suits

colored stockings which match the trim-ming on their suits. And, of course,

with such black garters are rather un-

with such black garters are rather unsightly. Also try as you may, it is not always possible to keep your garters from showing. Now I know where you can buy pure rubber garters, attractively gathered and in several different colorsed, blue and green. They are the same sort of rubber that bathing caps are made of and they bid fair to become very popular. Their price is ten cents a fair.

With a Purse

Sugar

long gloves.

One-quarter teaspoon of thyme,

Yolk of one egg.

Two whole eggs,

Now place in a bowl

lightly with cinnamon.

oiling water, adding

over tongues, then add

One bay leaf.

One faggot of soup herbs.

One clove.

MRS. M. A. WILSON 1920, by Mrs. M. A. Wilson. All rights reserved.)

HE abundance of fresh nearby fish can be utilized to replace the highed meat for Sunday dinner. Flounder is particularly plentiful just now and when served as fillet is delicious.

If your fish dealer is unable to fillet the fish for you, you can easily do so at home. Scale and then wash well and then with a sharp knife split down the center of the fish, through the center of the fish, through the hickest part, cutting right down to the bane. Roll meat away, cutting very close to the bone; make four fillets from each flounder. Sea trout and blue fish may also be filleted.

Planning a menu for three meals.

Planning a menu for three meals on Sunday: BREAKFAST

Cantaloupe Cream Gravy Country Fried Ham Cream Grav Hashed Brown Potatoes One-Egg Muffin Coffee

DINNER Clam Broth Fillet of Flounder Flounder Tartar Sauce Baked Potatoes Raspberry Custard

SUPPER Pickled Sheep Tongue otato Salad Sliced Tomatoes Ryc Bread and Butter Sandwiches Raspberries Iced Tea The market basket will require

Two cantaloupes,
Three boxes of raspberries,
One bunch of paraley.
One head of lettuce, Three tomatoes, One-quarter peck of potatoes, One-slice of ham, about one and one-

carter pounds,
One large flounder, weighing about
too and one-half pounds, Two sheep tongues, Three squash, One-half dozen eggs.

Country Fried Ham

Cut the ham in pieces suitable for serving. Now mince fine some of the fat and fry out. Dip the ham lightly in flour and then brown in hot fat.

Add two tablespoons of flour to the
fat in the pan. Blend and then add One cup of milk,

One-half cup of scater. Simmer the ham slowly for five minutes. Lift to a warm platter. One-Egg Muffins

Place in a bowl tablespoons of sugar, Four tablespoons of shortening. Cream until light lemon color, then

cups of flour, level teaspoons of One level teaspoon of salt, One cup of milk. Beat to mix thoroughly and then turn

in well-greased muffin pans and bake ip hot oven for eighteen minutes. To Cook Fillets of Flounder

Place the fillets in deep plate and Three tablespoons of salad oil, One tablespoon of vinegar or leme

tablespoon of grated onion, One-half teaspoon of salt, One-quarter teaspoon of paprika.

to mix before pouring over the high priced, fish. Let fillets marinate for one-half hour. Lift, roll lightly in flour, then dip in beaten egg, then in fine brend crumbs, and fry golden brown in hot fat. Garnish with parsley. Serve with tartar sauce.

high priced, with others that are abundant and therefore reasonable in price. Do not purchase foods the family disliks, no matter how cheap; catering to the personal family peculiarities in food is a splendid sauce for the appetite.

Grape Fruit

Meat Cakes Brown Potatoes

Lettuce Salad White Radishes

Tea Bread Butter

Fruit Bars

Fried meats are not allowed in this contest. Other foods could have been used for the price which the meat cost. A green cooked vegetable is also needed in this menu.

My Dear Mrs. Wilson—I am sending he following menu for the contest: MRS. C. A. W.

MRS. C. A. W.

Boiled New Potatoes Green Peas
Hamburg Steak
Tomatoes on Lettuce Leaves
Rolls and Butter
Junket
Iced Tea Lemon
Steaks and fried meats are not allowed

My Dear Mrs. Wilson—I would like to send in the following menu for your consideration:

Bag Omelet Butter
Potatoes Tomatoes
Cake Lettuce Ginger Snaps
Bread Peas
Twelve cents is not a sufficient price to allow for the omelet for four people.
Baked beans and omelet do not combine very well. Try again and send me an all-home-cooked menu.

Honor List

Blanche Chavis, Ambler, Pa.

Lamb Stew With Potatoes and Onions
Salad of Tomatoes and Letture
Rice Pudding
Bread Butter Tea

One and one-quarter pounds of

one-half quarter peck of new potatoes

one large onion
one head of lettuce
one egg
Two tomatoes
Mustard, vinegar, salt, oil
Two tablespoons flour
one oup of sugar
one quart of milk
Three-quarters cup of rice

Three-quarters cup of rice

Perhaps next week you will be in-

cluded among the winners of the

PRIZE MENU CONTEST

if you send in a good menu for a

dollar and a half dinner for a

Second, \$1.00

RULES: The foods used must be

staples and in season. A sales slip

showing the cost of all material must

be sent with the menu. The name

and address of the sender and the

date must be clearly written. Ad-

RS. WILSON'S MENU CON-

PUBLIC LEDGER,

Third, \$1.00

First, \$2.50

menu contest.

Mrs. Wilson's Menu Contest

My Dear Mrs. Wilson—I am submit-ting the following menu for your con-test:

Mrs. John Zimmerman, 2304

North Reese street.

Marriage Trifler HAZEL DEYO BATCHELOR Copyright, 1980, by Public Ledger Co.

Barbara Knight and Keith Grant are married, and a brilliant life is prophesied for them, for they have love and everything else as well. Barbara, however, has never been taught to be unselfish, and she does not take into consideration Keith's likes and dislikes, only her own. It isn't until she discovers friendship between Keith and Katherine Newbery, his private secretary, that her attitude changes. The affair is entirely innocent, but a lack of frankness on Keith's part causes trouble. To two-thirds cup of mayonnalse

The

THE Barbara of the wext few days was still a different Barbara from any that Keith had, known thus far. She was different from the Barbara he had known in those wonderful days together, and different from the Barbara he had known since his marriage. She "betwixt and bestill made society frivoling her aim and ambition, but now instead of enjoying it as she had, she did everything coldly, she approached life with the attitude that Eleanor had. She was whimsical, elusive and very nervous. Keith was not out of her mind a single minute, and she magnified everything so that a square outline de-her imagination pictured the impossible sign with a desper-

and she magnified everything so that her imagination pictured the impossible thing happening always.

Barbara was clever. Not for the world would she have let Keith suspect how she felt, and she forced herself to act naturally. This wassparity because she was afraid of what she might say, and partly because she was uncertain how to proceed. Barbara was doing more thinking than she had ever done in her life before. She wished vaguely that she had some one to talk to, some one whose advice she might value, but among the people she cultivated there seemed to be no one who looked on life seriously. Their motto seemed to be, "Live for today, for tomorrow we die," and Barbara was seeing her life more in perspective than she ever had before.

Her own mother could not help her, not even if she had been disposed to confide in her. Keith's mother was out of the question, and no one of all the women she knew was any better. She thought of Leslie and shuddered. Leslie was miserably unhappy. Lawrence was arinking steadils, their life together was a hollow mockery and had been almost from the very first, for Lawrence was not disposed to think seriously of any woman for long. He had been attracted toward Leslie because of her rather bitter wit, the fact that she always had a comehack, but now that she was his wife and used that bitter tongue too often on him, he thought of it no longer as an asset. Barbara was terrified lest Leslie get hold of Keith's attraction for Katherine Newbery. She knew how Leslie would talk, for Leslie, ever since Beat to mix thoroughly and then pour over custard. Now cover top of pie with inch-wide strips of pastry, making a cross-barred cover of pastry. Place in slow oven and bake until custard sets. To test, insert knife in custard and if none of the custard clings to the knife, it is sufficiently baked. Remove from oven and cool. Now place in a bowl mixture holds its shape. Pile on pie in place of whipped cream. Dust very

Leslie get hold of Keith's attraction for Katherine Newbery. She knew how Leslie would talk, for Leslie, ever since Barbara had walked off with Keith, had not been the same.

One afternoon Barbara was walking down Fifth avenue when at one of the crossings in the sudden stop of traffic she almost bumped into a girl who was coming from the other direction. She murmured an apology and the girl looked at her with bright dark eyes, a sudden "Barbara Knight!" she said quickly, smile of recognition dawning in them. "Why, Elise!" Barbara returned, and there was real joy in the words. "Elise Bartlett!" It was the Elise of boarding school days, the little Bolshevik, the girl who had rebelled against society and had arraigned Barbara for planning a life that held no broader significance. Elise was dressed quite simply in a little blue serges suit with a wide white When ready to serve, cut in slices and lay on large platter lined with crisp

"I was married less than a year ago.
My name is Grant." Barbara made no
effort to say what Grant, she doubted if
Ellise would know anyway, and somenow
it did not seem to matter.

"I'm with one of the magazines."
Elise returned, "working like mad. My uncle died shortly after I left school. It was he who paid for my education. He left all of his money to his wife, who has always hated me, and so I scrambled around for a job. I intended to anyway, but I did want to go to college."

There was such a world of regret in this remark that Barbara knew the dis-appointment must have been very great. (Tomorrow-More about Elise)

A Baby Gift

 Cake (home made)
 .15

 Milk and sugar
 .10

 Two pints raspberries
 .36
 Are you wondering what in the world to make for your best friend's new baby? Well, why don't you make a lace Mrs. B. Wiegand, Waterford Then continue gathering the lace around and around on the crinoline until the circle is entirely covered. Put a shower of baby ribbon in the center and tiny rosebuds here and there. It makes a lovely, dainty gift. If you like you can make some little bonnet bows to match, and when the young lady goes out with her rosette pinned on her robe with a safety pin and her ears adorned with bright bows she'll be the dressiest thing on the street.

The Question Corner

Today's Inquiries Describe a pretty, useful gift that can be easily made.

2. How can a light quilt, kept on the porch swing, be protected from dampness and dust when not What attractive trimming can be

made in filet crocheting on a summer dress?
4. How can children's stockings, worn out at the top, be mended for continued use? Where is the bow of the sash placed on the very newest frocks from Paris? How should new preserving jars be "tempered" before being used?

Yesterday's Answers Iron and steel utensils stored during the summer vacation can be kept free from rust if they are covered with paraffin or

wrapped in newspaper.
A good rule to follow in setting a place at the table with several of each kind of utensils is to put the one to be used first on the out-

Blankets that are to be stored for the summer should be washed in a tubful of cold water into which a package of naphtha suds has been strained and dissolved. Let them soak for twelve hours and rinse with cold water.

4. A veil with a reddish tone is best

to protect the skin from sunburn.

5. A small iceless refrigerator for a picnic or outdoor meal can be made by inverting a flower pot in a bowl of cold water. Sanitary drinking cups are prac-tical and convenient for holding individual helps of salad at a picuic. ARE YOU GOING AWAY?



a dress like this for those short trips you'll probchurch on Sunday morning, for "cooltween" times when you want something comething formal but not dressy. It is of tan cartridge is a satin collar and the sleeves flare into bell - shaped cuffs, also embroidered. The hat is of silk to match, and a



Please Tell Me What to Do

and lay on large platter lined with crisp lettuce leaves.

For the clam broth purchase one-half dozen clams and place on ice until meeded. Now wash, scrubbart ables to be composed to clot water. Cover the sauce pan closely and steam until shells open. Remove the clams and one of nine. He can be composed to clot water. Cover the sauce pan closely and steam until shells open. Remove the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and one of nine. He can be composed to the clams and pare occupied to the clams

"Dan B." Writes to "De Jure" Dear Cynthia-I have been watching your column especially to hear "De Jure" rave. And how that boy does

Jure" rave. And how that boy does rave!

By the way. "De Jure." I noticed you quoted the fallary that "he travels fastest who travels alone." There's quite a story about a young fellow who drew his portion in advance that he might travel alone. He sure did travel fast, too. Then he came back home and presented "his most humble" to his pater. The story does not tell much more, but I'm quite sure he got married and lived happilly ever after.

Your statement that "the present function of girls is simply to propagate the race" is like the statement that a re-

The Woman's Exchange

A Surprise Party

To the Editor of Woman's Page: Dear Madam-I come once more to you for help. I would like very much to give a surprise party for my friend. but I cannot even begin to plan how to I date? entertain our guests, who will range from sixteen to twenty-two years of age. They are all good sports and l m going to have about twenty guests Could you suggest any way in which I could entertain besides dancing? variation the guests won't feel that you are trying to make "infants" of them Break the ice by having a Paul Jones for the first dance. That always gets things nicely started. The leap year party I am sending, too, as it may give you some ideas for varying the evening. You might have one leap year dance and use the "Auction" to pair off the partners.

A Farewell Party

the Editor of Wemon's Page:

Dear Madam—I am about to leave present place of employment to the restriction of the present place of employment to the restriction of the present place of employment to the restriction of the present place of employment to the restriction of the present place of employment to the restriction of the present place of employment to the restriction of the present place of employment to the present place of the present place of the place of the present place of the place of would like some games that will be

up an entirely new line of work, and before leaving desire to entertain the girls from the office at my home. Will you kindly advise me what could serve, how to serve same and how to entertain the girls?

When you entertain the girls from our office why don't you have a regular icnic supper and serve it on paper plates, just to have something a little That's understandable. The man of todifferent? You could have sandwiches day is just a little worried about and deviled eggs, olives, pickles and cheese and crackers and some kind of provinces. Before this he has had the business and professional world almost cheese and crackers and some kind of punch or lemonade. Then have either ice cream or watermelon. Serve it in baskets twined with flowers. Have them placed on the table if you have places set, or else if you have the refreshments served in the room where the party is held have the baskets brought in and passed to the guests, with the necessary plates, paper napkins and paper drinking cups.

If you prefer a more format affair, you could have a buffet supper of a salad and potato chips, rolls and ice cream and cake. I am sending you some games that you could play. If you are going to have boys at the party, which I am also sending. Perhaps you could fit m rome of the stunts anyhow.

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Special Sale! Smoked Sausage, 19c a lb.

WHAT KIND OF PERSON IS THE "WOMANLY WOMAN"

Has She Gone Out of Date, or Is It Just the Old-Fashioned Meaning of This Term That Has Been Dropped?

Is THE "womanly woman" out of date?

Well, just what do you call a "womanly woman"? If you mean the dainty, pretty, helpless "clinging vine" who has been written about and jeered at for so many years, the answer is yes, she went out of date a long time ago. But was she womanly? The women of today are just a little reluctant to claim one of these delicate flowers as an ancestor of theirs—they think she mist be seen the seen they think she mist be seen the seen that the seen they think she mist be seen that the seen

certain charm. Some men go even farther and fraukly admit that for them the womanly woman is still an "ideal.

can be strong and able without losing any of her womanliness; she has found that it is possible to work and not be any the less feminine. Surely she is no less ornamental than she used to be, yet at the same time she is just as worthwhile as the most manly of men. No, womanly doesn't mean insipid and helpless any more. It means something very strong and fine, very tender, very sympathetic, and very well able to take care of herself. It isn't the "womanly woman" who is out of date, it's the old interpretation of her. She's still womanly, our ideal woman, but she isn't the clinging vine.

Yet this article goes on to say that to the man of today the old type of "womanly woman" still preserves a certain charm. Some men go even farther and frankly admit that for them

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