MRS. WILSON TELLS THE HISTORY OF GINGER PLANT Und Gives Some Tasty Recipes in Which This Delicacy Is Used.
Water-Ice, Cake Filling, Pudding and Stufing for Prunes Water-Ice, Cake Filling, Pudding and Stufing for Prune


Mrs. Wilson's Menu Contest tom
Honor List

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## The House that Heppe built




| The Woman's |
| :---: |
| Exchange |

ARE HUSBANDS SELFISH
OF THEIR OWN ACCORD?



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