And Gives Several Sample Menus, Showing How Salads and Other Tasty Dishes Can Take the Place of Meat

THE PRIZE MENU CONTEST

Offers the following prizes for the best menus for a dollar and a half dinner

First, \$2.50 Second, \$1.00 Third, \$1.00

Call a conference of your wits and see how good a meal you can plan. s. Wilson will tell you why your menu isn't good if you fail to win a prize,

The foods must be staple and in season; you must inclose the sales slip or the materials used; and you must send both the menu and the sales slip, just one or the other. Write your name and address and the date clearly and address all menus to

> Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square

THE ANNOUNCEMENT OF LAST WEEK'S PRIZE WINNERS WILL BE MADE TOMORROW ON THIS PAGE

By MRS. M. A. WILSON

DAINTY and attractive tables dur- in a small bowl and add ing the summer are pleasing to the eye and tickle the palate. They cause the housewife but little extra trouble. It is easy to serve a platter meal during the warm weather that pera most attractive arrangement of

Remove the crust from a loaf of bread and cream the butter and season with a little mustard and paprika and spread lightly upon the bread. Cut into thin slices, and then fold together. Make little paper cups, using paper napkins. Place the bread-and-butter arrange for each service.

This does away with the bread-andbutter plates, and somehow on a day this seems especially good. Have the salad cold and crisp and use a va-riety of dressing. Now the question of dessert looms big, and I would suggest the use of plenty of fresh fruit in the natural state. Heavy, rich desserts have no place in the summer menu. A suggestion for planning a cold eve-

ming meal: Tomato Canape Hoem-Mad Relish Deviled Egg Bacon Garnish Potato Salad Asparagus

Cherry Pie Iced Tca or Coffee Sardine Canape Radishes Cold Cuts of Roast Chicken English Cream Sauce String Bean Salad

Cup Custard Jellied Bouillon Young Onions Chicken Salad Stuffed Tomatoes Chartenke Coffee

Little Neck Clams Crabmeat Ravigote liced Tomatoes

Sour Cucumber Dressing it Coffee Fresh Fruit Celery Sardine and Potato Salad String Beans and Sliced Onions Russian Dressing Cherry Roly-Poly Coffee

Cheese and Watercress Sandwiches mate and Onion Salad Pudding Caramel Sauce Bread Pudding Coffee

Fruit Cocktail Salmon and Tomato Salad Deviled Eggs Mayonnaise Dressing

Deviled Eggs Deviled Eggs

Hard-boil three eggs and then rea fine sieve. Then add One teaspoon of salt.

One-half teaspoon of papeika. One-quarter teaspoon of mustard, Two drops of onion extend. Two tablespaons of grated chrese, Two tablespaons of melted batter. Mix with a fork and then form into eggs and roll in finely chapped parsley and garnish with strips of bacon.

Dear Mrs. Wilson-I would like to

submit following menu for contest.
MRS. D. C.

Rice, Spinach, Egg, Parsley Sauce
Eggplant Fritters
Red Radishes Bread and Butter
Steamed Strawberry Pudding

Iced Tea

SALES SLIP

Eggplant
Bread crumbs, seasoning, lard, egg

One half pound of sugar One and one half cups of flour ...

Radishes

Rhubarb Pie

Cucumber and Scallion Salad Crackers and Cheese

Parsley and a few Celery Seed Mashed White Potatoes

Lettuce

Grackers

Fread and butter Fil, vinegar and spice

Shortening

Dear Mrs. Wilson-I am sending a

dinner menu for four at a total cost of \$1.50. I hope it will win a prize. I try so hard to cook well at small cost.

Ragout of Mutton

Strawberry Flummery with Cream Tea or Coffee

This menu needs a green cooked vege-

MRS. E. B. M.

Bread and Butter

Scallions One-quarter pound of cheese

Bread and Butter

limit, though.

Crisp Piain Lettuce

Sardine Canape

Open a box of sardines and then drain One tenspoon of grated onion,

Two tablespoons of mayonnaise Mix and then spread on strips of tonst and dust with paprika.

English Cream Sauce

Place in a small bowl Three tablespoons of evaporated milk. One teaspoon of mustard, One-bull tenspoon of paprika

Beat slowly to mix and then add owly eight tablespoons of salad oil sandwiches in the cups and fold and then and a tablespoon of vinegar. Beat until thick and creamy.

Crabmeat Ravigote

Wash the crab shells thoroughly. Allow one large shell for each service. Place one pint of crabment in a mixing bowl and add

Four tablespoons of finely minced parsley, One medium-sized onion,

Two green peppers.
One and one-half teaspoons of salt, One-half teaspoon of mustard One-half teaspoon of paprika.

Toss with a fork to mix thoroughly and then fill into the crab shells and cover with ravigote sauce.

Ravigote Sauce

Place in a mixing bowl One-half cup of cold eream sauce. Two-thirds cup of thick mayonnaise. One-half cup of finely chopped pars-

Two onions, channed fine. One green pepper, minced very fine, One teasmoon of mustard.

Mix thoroughly and then dust the

crabs with paprika. Set in a nest of crisp lettuce leaves and serve. Celery Sardine and Potato Salad Pare and cut eight cold boiled new

potatoes in thin slices and then add One cup of finely chopped celery, One cup of mayonnaise dressing, Three onions, minced fine, Two tablespoons of vinegar, (ine and one-half teaspoons of salt, One-half tenspoon of paprika. Toss gently to mix and then turn into

a nest of crisp lettuce and garnish with boneless sardines. String Beans and Sliced Onions

This is a Dutch dish that is quite a favorite in Holland. Marinate One pint of cooked string beans,

Four medium-sized onions, sliced in French dressing for two hours. Chill and then, when ready to serve, place on a serving plate beside the salad and serve with Russian dressing.

Russian Dressing One cup of mayonanise. One green pepp r, chapped fine, One raw carret, grated, One raw beet, grated,

One truspoon of suntr. One traspoon of walt, One-half tenspoon of paprika. Beat to mix and then serve.

Mrs. Wilson's Menu Contest Dear Mrs. Wilson-I send the following menti and price list for the con-

Cream of Potato Soup Spinach Fried Fish French Fried Potatoes
Red Tomatoes and Lettuce Salad
Fruit Gelatin Bread and Butter

SALES SLIP and one-half pounds of ,20 One-quarter peck of spinach

81 42 One schinge seconds This menu is hardly sufficient for four Dear Mrs. Wilson-1 submit the following menu in the control MRS, S. E. C. Baked Eggplant, Filling Bread, Onions

cooked vegetable. submit the following menu for the con

Ten test. MRS. F. B. Clear Soup Veal Croquettes Cream Potatoes Hot Corn Muffins Butter

Raisin Pie SALES SLIP

One half cup of barley\$.05 Three quarters pound of yeal, .23 0% time half pound of butter. ... 10 time pound of flour 10 One pint of milk 10 One can of peas ... If you had added a green cooked vegetable, this would be a splendid meal.

It does not come quite within the price

Total\$1,49 1-6 This meal is lacking in balance; there is no provision for a salad or green, which is necessary for the proper diet.

Please Tell Me ·What to Do

By CYNTHIA

"Byrne" to "De Jure" Dear Cynthia-Through you may answer "De Jure"? Your letter was also exceptional. True, I speak of the future, for it is what the future has in store for us that is worth living for. Your contention that "he is lost to whom it happens' before his spurs are won" is true.

Remember, however, "De Jure," that

you cannot win your spurs by climbing up one ladder and attempting to jump to the top of another. What you say regarding the vineclinging type of girl is true. They endanger the lives of the average young fellow. Saving a few hundred dollars and relying on your salary is seldom practical or sound in theory. It means but an extra expenditure of health and happiness. Success in our businesss en-

deavor should always guide in matrimonial ventures. "De Jure," you write a very sensible "De Jure." you write a very sensible letter, but please change your opinion about the car. I'm sure you feel the same about the car as I do. Sometimes I like to sit down in my own little roadster and ride through the country. Howover, there are the times, too, when the company of a girl is most enjoyable. Come, speak up. "De Jure," and admit that our individual opinions hardly differ.

BYRNE.

Why Refuse to Introduce?

Why Refuse to Introduce?

Dear Cynthia—Lately quite a few of the readers of your column have asked you to acquaint them with writers to your column whom they are interested in, and in all cases you have said it is against the rules of your column to bring about an acquaintance. I would like to know what your reason is for enforcing such a rule. Many strange young men and women have journeyed to this city and through your columns have asked for acquaintances, and in all instances I have seen, you referred them this city and through your columns have asked for acquaintances, and in all instances I have seen, you referred them to the Y. M. C. A or Y. W. C. A., as the case may be; but during my travels I have stayed at the Y. M. C. A, of different cities and not at one place did I meet a man whom I could call a real friend, as the word friend has a very broad meaning. I do not want to knock the Y. M. C. A., as they have done good work, but I have never found the better class of fellows staying there either.

found the better class of fellows staying there either.

Many young ladies and men have contributed their tales of woe to your column and in many cases I believe you could have been able to bring about some good friendships had you cared to, Remember a friend in need is a friend indeed.

AN EXPERIENCED ROMEO. There is only one mistake in your let-ter, and that is that the readers of the olumn who have asked for introductions

have in all instances been referred to the Y. M. or Y. W. C. A.

It is true they have been suggested, but other institutions have also been mentioned. And the chief advice that Cynthia gives is to consult the rector or pastor of one's church or one of the curates of the church, who will know of nice young people it would be advisable

You forget that Cynthia does not know the writers to her column. How, then, could she bring about the introduction of young men and young women

So listen. Betty Bonnet, while I work to square myself. I served in the same people at home in the luxurious warmth of upholishing home in the luxurious w

Adventures

With a Purse

A RE you one of those fortunate ones while can get fresh country eggs all summer long? (Or is it all winter long that one gets fresh eggs?) Anyhow, if you are 1 should not be surprised if you are 1 should not be surprised if worked in Keith's office.

Katherine Newbery worked because It would be better to omit the potato out know all about preserving them, or out in this meal and add a green bottling them or whatever it is one does to keen them, so that they will last ne all through the eggless season. Dear Mrs. Wilson-I would like to you know what I mean. The above what the following menu for the convenience you that I know little est.

MRS. F. B. lows will inspire in you a great respect for my wisdom. For I now tell you of a prevaration prepared by a provident drug house that will preserve eggs after you have put them up in jars. One adds so much of this to each certain quantity of water. The full directions come with the purchase, of course. The

price of this is twenty-five cents. This adventure is directed particularly to those who are going to the shore for the summer, for my experience is that is there that card parties are more frequently given during the summer months. If you plan to give at least one eard party this summer, stop in and see the delightful painted numbers. They come in a set of six, from one to six, of course, and one is laid on each card table to indicate the number of that table. The numbers are metal, hand-painted with tiny sprays of flowers, and in fact are most attractive. I have also seen them used on apartment doors. The set costs \$1.25.

Mending Gloves

When kid gloves split near the seam try this method of mending: Turn them wrong side out, pull the edges very carefully together and paste them with a piece of black court plaster with a piece of black court plaster with a piece of black court plaster of the split of the spl The bangle bracelets are fascinating. They consist of a narrow black twisted cord, and on either end is a fussy little

THE DRESS OF NATIONS



combines the chic of of England, the the art of the Slav stripes on the skirt graceful cape which completes the costume is lined with white and blue satin. seashore or even at

Photo by Central News

The Marriage Trifler

Introducing Katherine Newbery

soldiers on parade, and isn't it pitiful how litt's there same people will do it he poor soldier once the danger is over? Wasn't it glorious the way the people at home flocked to have Liberty Mones and helped the Red Cross? We who were in it hardly thought that some of these same need to rough that it is over as to throw a soldier's family out into the street while he is in the hospital recovering from wounds. We did not think that there would he so many buck privates out of work just because their jobs were alled by stay-at-homes.

Understand "Betty Bonnet," that my letter was not meant as a hawling out for you, but just the wail of an exception application and "Ex-Top Kick." This letter, with several others, through some mistake was not properly filed, and so was very much delayed in the printing.

Adventures

she had been glad enough to drop it after it ceased to be fashlonable. It wasn't that it pities after it ceased to be fashlonable. It wasn't that it pover? Wasn't that Earbara disliked to work, it was simply that she had not learned to look at work with the proper perspective. She had never known that a position could be absorbing, that it could add zest and interest to life. She had never known that a position could be absorbing, that it could add zest and interest to life. She had never known that a position could be absorbing, that it could add zest and interest to life. She had never the working girl in one great class with no shadings, no gradations. She thought of her as always rushing from place to place, of sliting in office, taking dictation, of never having much fun, and she was sorry, but she didn't see what could be done about it. Once in a while there was a girl in Barbara's own set who broke away from conventions and took a job. Barbara looked at this differently again. She smiled a little and thought it "faddy" and rather silly. Generally the girl got fired of office hours after a time, or else if she were in earnest and persisted in it, the other girls gradually lost track of her. She dr

debutante's life.

If Barbara had gone to college her trend of thoughts would have been different. For four years she would have been forced to accept entirely democratic ideals. She would have known other girls not so rich as she, but equally as well bred, girls who were willing to work their way through, girls who went to college as a preparatory school for life. Here who would have met many

whose names alone are known to her?

How could she be responsible for bringing about friendships between persons whose homes and conduct she knows in thing about?

It is perfectly true that some very good friendships might result from such an introduction, but, "Romeo," if you are as experienced a man of the world as you claim to be by your signature you should know enough to be the inadvisary between the fact that she has been spoiled, have given her a false idea of man been made and it must be kept.

To "Betty Bonnet"

Dear Cynthia—Just a few lines to "Betty Bonnet." You're a good scout. I don't know that I could be so generous as to take the part of a person who had handed me the bawling out that you thought I land to you had been so person who had handed me the bawling out that you thought I land they are not wealth and proved the part of a person who had handed me the bawling out that you thought I land to you. So listen. "Betty Bonnet," while I wo the land you. So listen. "Betty Bonnet," while I wo to see the part of a person who had handed me the bawling out that you thought I land to you. So listen. "Betty Bonnet," while I wo source myself. I served in the army for six years, a greater part of the time as a pinconomissioned only a part of the time as a pinconomissioned only the fact that she has been so listered limousines, there are other girls should be so generous as to take the part of a person who had handed me the bawling out that you thought I served in the army for six years, a greater part of the time as a pinconomissioned only the fact that she has been should be so generous as to take the part of a person who had handed me the bawling out the your person who had handed me the bawling out the your person who had handed me the bawling out they not person who had handed me the part of a person who had handed me the part of a person who had handed me the part of a person who had handed me the part of the time as a pinconomissioned only the fact that she had been a professor of Latin in a publishi

(Tomorrow-Feathering the Nest.)

ASK FOR and GET Horlick's Malted Milk for Infants and Invalids Avoid Imitations and Substitutes

> Summer-time is salad-time. Make a delicious salad with imported ! POMPEIAN OLIVE OIL

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THE JERSEY CEREAL FOOD CO.,- Cereal, Pa. Also Makers of Jersey Whole Wheat Pancake Flour.

The Woman's Exchange

Removing Water Stain

To the Editor of Woman's Page:
Dear Madam—Will you kindly tell
how a water stain can be removed from
a new piece of radium taffeta silk (navy
blue shade)?

MRS, C, A, M. Take another piece of the same material and moisten it with cold water. Wring it out pretty dry, then piace it over the stain. Press with a moderately hot iron until the taffeth is dry. This will remove all signs of the stain. Press all around the space so that there will be no marks of the process left.

Getting Rid of Centipedes To the Editor of Woman's Page:

Dear Madam—Will you kindly advise me how to rid a cellar of centipedes and other disagreeable insects?

Also, is cocoa butter harmful if used on the face for fattening the cheeks? DAILY READER.

If the cellar is moist at all this will encourage the centipedes, as they are always abundant in moist places. Keep killing them whenever you see them and sprinkle pyrethum powder, which can be bought at the drug store, wherever they are seen most. If possible, let fresh air into the cellar every day and keep it as airy and dry as you can. If you white wash the walls and the cracks of the floor you can stop up a good many cracks and crevices that are filled with the pests.

The cocoa butter is not harmful.

Washing a Blouse

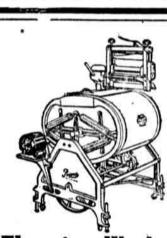
Dear Madam—I would like to ask you Dear Madam—I would like to ask you a few questions concerning the washing of middles. My daughter has a number of middles that she does not like to wear because they have turned gray. Could you tell me some way of washing or anything that will tend to keep white middles from graying? I might suggest that some have blue linen collars and cuffs and some the red, white and blue insignia. Would it be too much to ask for a good method of starching these so that they will not be too stiff to iron easily? If you can help me. I shall be indebted to you. I like the Exchange very much. It has helped me a great deal.

MRS. G. S. L. Wash the blouses in warm water and pure white soap. Then rinse them in several waters and finally in water to which a little bluing has been added. This should make them white and keep them white if you do it every time they are washed. Let them dry in the sun and do not starch them very much. Perhaps it would be better to use a cold starch instead of the boiled kind. This is made by dissolving the hard starch in cold water, using as much as will give the desired strength to the starch. Let the blouse get almost dry before you iron it, for if it is ironed when it is very wet the starch will be stiffer. I am glad that the Exchange has helped you. I hope this will help you again.

An Egg Shampoo

To the Editor of Woman's Page Dear Madam—Will you please give me the following information? How can white kid slippers be cleaned? How me the following information? How make the following information? How can white kid slippers be cleaned? How walk in a most disconcerting way, as can white silk stockings and gloves be washed so as not to turn vellow? How can a skirt be accordion plaited at home? How is an egg shampoo made? Have thow is an egg shampoo made? Have feel like Alice in Wonderland, as if she written before concerning the shampoo, but I am afraid I did not make myself clear enough, as your answer wasn't what I wished to know.

Then all at once the explanation came to her. She had grown too tall. The



Washer **Electric** Sale

Closes Tomorrow!

TOUR big opportu-I nity to buy one of the well-known Prima Electric Washers at its present extremely low price and on the special easy payment terms closes tomorrow, Tuesday, at 5 o'clock.

Save \$35

by buying your Prima Electric Washer tomorrow! Right now the Prima costs \$20 less than any other washer in its class. On June 16th, price must advance \$15. Buying now means a definite saving of \$35-besides the assurance of getting one of the best electric washers money can buy.

Very easy terms of payment - \$10 with order and \$10 a month. Remember: These special terms will not hold good after 5 P. M. tomorrow-Tuesday.

THE PHILADELPHIA ELECTRIC CO.

MARGARET DISCOVERED THAT SHE HAD GROWN UP

She Thought the Distances Had Shrunk in the Town Where She Lived as a Child, but She Found She Had "Stretched"

MARGARET was all excited! For the first time ince she had really grown up she was going back to visit the town where she had lived most of her childhood. The family had moved the childhood. The family had moved the childhood is shattered all to bits in this unexpected and to be some cherished dream of your childhood is shattered all to bits in this unexpected and to bits in this unexpected and the control of the for a long time that you are older than you used to be, but then, you flatter yourself, you feel exactly the same as you did when you were only a child. Then some illusion, some cherished dream of your childhood is shattered all to bits in this unexpected. away when Margaret was about ten shattered all to bits in this unexpected way. You think for a long time that years old, and she had been back there

She remembered, as the distressingly "local" train neared the terminus, that "local" train neared the terminus, that it was quite a long walk from the station to the house where she was going to stay. It was a warm day, and she hoped there would be a "hack" of some kind to take her up. Then as she left the train she saw a very modern-looking "jitney" drawn up beside the platform and felt a mixture of relief and of awe at the elegance of it.

she had been thinking about had shrunk into not more than two blocks. Another miracle seemed to have taken place, too. Margaret remembered the house as set back from the street, but it had taken about three steps forward, until it was nerched perilously close to the gate. She reached the porch in four startled strides, and she knew that it used to take easily ten. Then the "yard." In former years it had stretched back from the house so far that it was difficult the house so far that it was difficult to see the back gate. There had been a path from the back gate to the house that had been long and winding and filled with terrors for Margaret when the had walked it are abilities. she had walked it as a child.

Yet, as she stood for a moment and looked back into the depths of lawn behind the house, there was the back gate coming right up to meet her. The mysterious path led down to it in the most commonplace, straightforward way, with only a slight twist in two places. The vast lawn was scarcely large enough for one good-sized tennis court. What had happened? By the time Margaret reached her hosts was perfectly prepared to find that they had shriveled, to. She was some-what surprised to find that they were still the same size that they had been when she last saw them.

THE same disappointing surprise I greeted her everywhere during her stay in the town. The houses that had looked so huge to her when she lived there seemed only moderately sized, and strangely close to the street.

what I wished to know.

A CONSTANT READER.

There are cleaners that are sold for white and light kid shoes. Have you tried them? They are really safer than anything you could make or use at home and they are not very expensive.

White silk will not turn yellow if it is washed at night in lukewarm naphtha where could reach twice as far The young imagination that found terrible tramps and ogres and wild animals in grotesque shadows, and saw palaces where only houses were, had matured and had learned at last to know things as they are instead of as they are as they are instead of as they seem

several times on short visits, but not since she had reached the grown-up haven't changed, you have. You've grown up.

Loose Chair Rungs

Common far rubbers that are not good

enough to use for preserving this year are excellent for mending loose rungs in chairs. To do this, remove the rung, place a small piece of rubber around the end and put back into the hole. The Question Corner Today's Inquiries

What economy can be practiced in making ice cream at home? How can an ecru or khaki-colored linen table or pillow cover be

kept the same color after repeated washings? In cutting out a dress with paper pattern how can wear and tear be saved on the pattern? Describe an attractive little silver

tea ball. What good-looking curtains can be made for the summer bunga-Describe a new fad in imitation for decorative purposes.

Saturday's Answers If an evening dress is too tight from the hips down, it can be widened by inserting panels which

A garland of flowers cut from wall paper can be pasted across the top of a window frame instead of a curtain valance. It should be covered with shellac.

form organ pleats standing out at

After a spool of thread is used up the spool can be painted and used as a curtain pull.

Fabric-covered walls should be cleaned with a stiff brush. Beeswax should be softened until it is like putty and then used to fill in cracks in furniture, will not show after the article

varnished. dainty evening frock of white taffeta and net has a long basque waist and plain taffeta skirt. The overskirt reaches the side of the front only and is made to stand out on the hips by a narrow double ruffle of taffeta.

Renovated BRASS BEDS RELACQUERED FEATHERS STERILIZED
AND MADE INTO MATTRESSES
BOX SPRINGS REUPHOLSTERED

ACME RENOVATORS

2ND & WASHINGTON AVE.



the making of candy sugar, chocolate, fruit fla-vors, etc. — have advanced greatly in price, but everybody doesn't know that we are accepting less than our regular small profit in order to keep our selling price low. That's why this ad will be real news to some people.

CHOCOLATES FORTY 60c l

60c lb. JOHN G. HOLLIS, 920 Chestnut St.

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FOR ELECTRIC WASHING **MACHINES**

PEARL BORAX SOAP CHIPS are advertised principally for Electric Washing Machines, but they can be used in any washing machine of any make, whether operated by hand or power.

> The use of these chips is not confined necessarily to washing machines, as they are excellent, either in the laundry or kitchen, for almost any purpose.

Pearl Borax Soap has always given the best results in washing machines, it being customary to cut the regular bar in small pieces or chips for this purpose. This is no longer necessary, as you can now buy the same soap already cut in thin, thoroughly dried chips, ready to use.

A small quantity dissolved in hot water will make a rich soap solution that will clean any garment of any material thoroughly and quickly with absolute safety.

The Modern Soap for Modern Methods One Package Will Do a Large Family Wash