The Woman's

Exchange

MEMORIAL DAY PICNIC PLANNED BY MRS. WILSON

Five Tasty Menus for Suppers, With Materials Necessary for Anne Carter had begun life on the straight path that children generally follow, but very quickly the path began to twist and turn into a tortuous street. First, Anne's mother committed suicide, and then her father made life miserable by depriving her of everything she wanted. Fate always lurks around the corner on any street of life, and Fate sent Geraldine Carpenter to be Anne's friend just when the girl needed a friend most. Through Geraldine, Anne met Dane Grey, and uncertain as to whether he cared for her or not, Anne gave him her whole heart. Then came the time when Anne was forced to defy her father, and for the first time in her life she found herself free from his control. But she found also that she could not go back and be the same Anne, that a strange, new independence had come to her and that she wanted to find the right street of life alone and unaided. Each One—A Different Kind of Supper

WATCH for the awards in the

PRIZE MENU CONTEST

which will appear on this page on Monday.

FIRST PRIZE-\$2.50 SECOND PRIZE-\$1 THIRD PRIZE-\$1

These prizes are given for the best menus for a \$1.50 dinner for four persons. The foods must be staples and in season. The sales slip must be given for the materials used. If you don't win a prize __

MRS. WILSON WILL TELL

why your menu was not well balanced and how you should correct it. Write your name and address and the date plainly and address all menus to

> Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square

PILE UP HOME-COOKED FOOD AND SOME CAREFUL PLANNING ON THE HIGH COST OF LIVING AND BREAK ITS BACK!

By MRS, M. A. WILSON

WHILE this day is dedicated to the memory of our loved ones who have passed beyond. I know that were they able to tell you they would have you enjoy this day in honor of them. So dressing, let us make this a real day of sunshine Two bottles of pickles.

should be the feature of Decoration Day. If a pienic is planned, then let us prepare wholesome and palatable food that everybody will enjoy—for when all is said the success of every plenic depends upon the food.

Let us plan to get away from the old style sandwich and pienic foods and replace them with appetizing cuts of bread and butter and springtime salads and then some good pastry or cake. It usually takes a few hours to prepare the necessary materials for a pienic, so right at the start we will plan a menu :

Celery and Potato Salad Whole-Wheat Bread and Butter Chocolate Layer Cakes

Vegetable Salad Bread Butter Ryc Bread Butter Ginger Cake, Marshmallow Filling

Ham and Lettuce Sandwiches Apple Tarts

Young Onions Baked Beans

Pickled Onions Cold Pork Pic Potato Salad Chocolate Cake

Materials that would be needed for party of six. Menu No. 1: One large head lettuce.

Four pounds of potators Six medium sized onions. Two stalks of celery. Parsley,
Two cups of silad dressing,
Two loaves of whole wheat bread,
One-quarter pound of butter,

For Menu No. 3

The Streets

By HAZEL DEVO BATCHELOR

(Copyright, 1920, by Public Ledger Co.)

"WHY ANNE," Geraldine persisted

'you don't know what you're talk-ing about. What does it matter whether you do anything or not? I'm fond of you we can have great fun together, and you do enough for me to salve your conscience, surely."

"But, Geraldine, I can't be a play-thing. Oh, please don't misunderstand me and think I'm ungrateful, but I can't

me and think I'm ungrateful, but I can't do that. I only play at being your sectedary, you know that. Why, for the last three weeks I haven't even written a letter. I wanted to clean up your desk and you wouldn't let me. We've just played, and it was wonderful and I think I must have been drugged, for I just let myself drift. I was so sure that it would all end soon enough that I was determined to make it last and to be happy as long as I could."

"And now you're determined to be miserable." Geraldine's tone was sharp, her soft mouth was pulled into a thin line. She was not used to having her wishes turned aside. She was spoiled, she had always had everything she

of Life

Two heads of lettuce, chopped fine, Two stalks of celery, chopped fine, Six onions, chopped fine, Three-quarters pound of finely minced

Four bunches of radishes, One dozen apple tarts. Bread, butter and coffee, same as

For Menu No. 4

Tico bottles of pickled onions. Six pork pies.

Four pounds of potatoes.
One stalk of celery, Ten onions,

One and one-half cups of Parsley,

Bread and butter, cake and coffee, same as menu No. 1.

Materials for Pork Pies One yound of flour.

Six ounces of shortening. Two and one-half pounds of lean

Put the pork on to boil and cook until tender. Cool. Now place in a mixing

Four cups of flour. One traspoon of salt. One tablespoon of baking powder.

Sift to mix and then chop in two-thirds of a cup of shortening and use two-thirds of a cup of cold water to form into a paste. Roll the pastry one-quarter of an inch thick and line

Mashed Potatoes Spinach Boiled Onions
Lemon Meringue
Tea Bread Butter A Menu Subm Your menu, while it is a very good one, lacks a salad or a green relish to make it a well-balanced metal.

My dear Mrs. Wilson—I am submit-ting a dinner for four people. MRS. R. C. Tipoten treney Orange Muffins Lemon Sacce Bread Butter Coffee (Whipped Cream) rack of lamb at the price and quote

My dear Mrs. Wilson-Max I submit my menn for a dinner for for people for \$1.50% MRS W. E. K. Grapefrait Cocktuil
Broiled Steak

appetizer to make it well balanced

New Potatoes New String Beans liced Tomatoes California Lettuce Bliced Tomatoes Chocolate Floating Is and I and Butter Coffee

Bread and Butter Again we have a quickly moded meat. There is not sufficient potatoes or starchy foods in the menu. Many of the articles in your price fist cannot be obtained here in the cuty. You forgot to give any allowance for seasons

ing you a dinner mena which will provide sufficient food for four people at \$1.50. I have tried it several. times and have found it very success

My dear Mrs. Wilson I am writ-

Calcutta Rice

Coffee MISS E. II.

My dear Mrs. Wilson-I am submitting a menu for four people for \$1.50. MRS. WM. J. F. Brown Gravy

Boiled Potatoes Corn. Tomatoes Bread and Butter

good for wintertime. There must be ment or its equivalent, one starchy food, one green cooked food, a saind or green

bread and butter, a dessert and

tell you, something you ought to I'm Lucy Pratt."

(TO BE CONTINUED.)

Mending

When corset steels come through at the top of the corsets, remove a few of the stitches at the bottom of the steel and sew the steel down a bit fur-

White Paint

The Question Corner

Today's Inquiries

2. How can window shades that are old and "feeble" be freshened?

What is the best way to clean plate-glass kindows?

What powder puff is convenient for the business woman?

made fresh and new-looking for

What use can be made of the vel-

yet crown of an old winter hat?

6. How can a touch of color be added to a plain white shirt-

Yesterday's Answers Attaching a short rubber hose to

the short spout of an oil can will prevent spilling in filling a lamp

A drawing tape in a pettleoat will not pull too far out one end and in the other if it is sewed to the casing in the middle of the front.

Frying pans that have deep fat in

there should have the fat pource out and then wiped with a paper

napkin before being washed in the

A dainty summer afternoon frock

is of pink, with tiny white dots

on it and three rows of white bows in the form of a yoke

around the hips.
An easy way to separate eggs is

to open them into a funnel

1. How can a shabby porch chair be

the natural wood color.

summer?

usual way.

A Menu Submitted by Mrs. C. De C. B. Radishes Green Peppers and Onions Creamed Dried Beef on Toast Spinach Corn Fritters Bread and Butter

Stewed Apples Sales Slip

or a green that tenspoonful butter, one One hard boiled egg, seasoning.

> Total\$1.361-6 This is a splendidly balanced menu, but, madame, why not spend the bal-nace of the money for a more tasty

Rubber Rings

Canning demonstrators of the United Brown Gravy States Department of Agriculture have been studying the requirements of a good rubber ring in order to eliminate canning troubles.

Tests of thousands of rings disclosed This would hardly provide sufficient the fact that color, despite popular food for a good dinner. It lacks the opinion, has nothing to do with the proper balance, and then, too, fried quality or strength of the rubber. A ring should be able to support a material. should be able to support a weight of thirteen pounds without breaking.

To make a perfect seal, rubber rings should possess elasticity enough to take up the unevenness of the jar and the cover, and be strong enough to resist cutting when the seal is made. A ring that cannot be folded or pinched with-

FOR EVENING WEAR



A charming use of the popular Chantilly is shown in this evening hat. The crown of the hat is of black Milan straw, with a wreath of velvet oriental poppies encircling it. The Chantilly lace is wired out to form a flaring brim that is decidedly becoming and very dressy. Incidentally, it gives a fine suggestion for making over last year's hat. Just take off the brim, wire out some lace of this kind, and behold! a brand new.

Please Tell Me What to Do

By CYNTHIA

wishes turned aside. She was spoiled, she had always had everything she wanted. Now she wanted Anne. Of all her friends Anne was the most satisfactory. Geraldine was not emough older than Anne to be her mother, but she liked to play benefactor to her, she liked to dress Anne's slim young figure in soft sliken things, to watch the sparkle in the girl's eyes. Anne had been a great credit to her; in fact, she had become more than a pretty puppet to Geraldine; she had a great and the state of the s Another Letter From "Acetylene"

Dear Cynthia — This to "Friend of Black Eyes." No, you are mistaken. I do not want the modern girl because the modern girl is a wax doll, and a wax or "Baby Doll" is an ornament. There are far too many rumning around leose let through nature.

alleviate the hunger for the company of a girl. Time will always tell, unless the male involved belongs to the stone age.

"De Jure" should open his eyes, adjust his thinking cap, and realize the good things in life, other than speeding through nature. been a great credit to her; in fact, she had become more than a pretty puppet to Geraldine; she had developed into a friend. Her broadening personality, her pleasing sense of humor, her girlish charm, all these had been noticed with delight by Geraldine, and she wanted Anne for her own amusement. She would have been quite content to have Anne live with her, to treat her like a daughter or a younger size, and the pleasing sense of humor, her girlish charm, all these had been noticed with delight by Geraldine, and she wanted Anne for her own amusement. She would have been quite content to have Anne live with her, to treat her like a daughter or a younger sister, and the fact that Anne's spirit was rebelling against arrything of this kind, that she wanted to be free to do as she liked was something Geraldine could not understand. Naturally she thought the girl ungrateful.

If Geraldine had stopped to think that Anne had never been free, that from childhood she had been forced to do as other people sald, she would have understood the girl's first reaction to selfish to see Anne's point of view, she could see only her own.

Geraldine rose, drawing her silken draperies around her. Her eyes were cold and her voice was quite hard as she sald, evenly:

"Then you have decided not to come lists of the place."

do not want the modern girl because the modern dil is a wax doll, and a wax of "Baby Doll" is an ornament. There are shill as nor mannent. There are shill some that no many running around lyose, let for dancing, there are still some that never dancing the modern girl is a wax doll, and a wax of TBaby Doll" is an ornament. There are the modern girl is an ornament. There are the modern girl is a wax doll, and a wax of the modern girl is an ornament. There are the modern girl is an ornament. There are shill some that never dancing them. As for dancing there are still some that never dancing them. As for dancing there are still some that never dancing them. As for dance will do good things in life, other than speeding through nature. He must not think that girls that she wax to have the modern girl is an ornament. There are the modern girl some them. As

pork and add:

Fire onions, minced fines
One-half cup on finely minced parts

Fig.
One-half cup on of thyme,
One-half cup on on exhalf teappoon of steet mery
One-half teappoon of seet mery
One-half teappoon of seet mery
One-half teappoon of pepper.

Take two cups of the liquid in which
Take the cups of the liquid in which
Take the cups of the liquid in which
Take the cups of the

Two loaves of shels wheat brend.
One-quarter pound of butter,
One-thalf pound of sugar.
One-half teaspoon of misser.
One-ha

The girl followed her inside and they THE BUCK PRIVATE.

The girl followed her inside and they stood a moment in the hall. "I won't keep you a minute," she burst out, hefore Anne could lead the way into the from room. "But I have something to Excuse us. T. B. P. Somehow this got lost between two sheets of paper, Cynthia prints it now, even if late.

Try Department Stores

To Leona-It is against the rules of he column for no to print your re-quest in this column. Have you tried he large department stores? I am sure quest in this column. Have you tried the large department stores? I am sure you could find a large size if you ask specially for it. If you cannot, perhaps you could get the nearest size and then set the hooks back or, possibly piece the material when you get it home.

ther, making the sewing strong at the She's Right, E. H. B.

Dear Cynthia—Would you be so k to print this little advice to E. H. B.? I agree with you that this "war" i to print this little advice to E. M. B.?

I agree with you that this "war" has changed a great many of the American girls, but E. H. B. please do not judge them all by a few. Remember, there are a lot of girls that think of something besides clothes, rouge, lip stick and farey things, for I am one of those real girls myself and have a number of girl friemds of the same nature.

Jethand Philadelphian, but make White enamel the inside of your built-in china closet and see how much prettier your china is than to have it

girl friends of the same nature.

I am not a Philadelphian, but make my home here now. I do not want to be classed with the American girls you quote. Tell me, dear friend, his is that you pick the streets such as Pifth avenue. New York city and Chestnut street here in Philly to find that real, simple and common-sense girl? Recently the reach the result of the first here. real, simple and common-sense girl? Remember they are the fashionable streets of either city. No doubt you will find a number of real girls on those streets, but you had better seek other places for the girl of your dreams.

Please, E. H. B., do not judge all the American girls. New York city. Philadelphila girls, or wherever it may be by just a few you have seen. I am just an ordinary home-body girl and I know there are others.

Jo you really expect to find the girl of your "dreams" parading up and down Chestnut street, or Fifth avenue, New York city?

You are right, "Dixie," there are plenty

You are right, "Dixie," there are plenty of real girls, but do not make the mistake that so many do, that of thinking that fashiorable looking girls and so-called society girls are not real. Some of them are as fine as any you may ever meet.

Dear Cynthis—On and on speeds the small dynamic car passing through pastures green, and nature's everlasting fields of beauty. A modern D'Artagnan is at the wheel, and like the D'Artagnan of old, he knows his steed thoroughly. So swift is his flight that he loses track of time. Forward always, leaving but the dark screens of heavy dust behind him. Our modern D'Artagnan forgets that some day he must return by the same road and that a homecoming is full of misgivings.

So it is with our friend "De Jure." Little does he realize that some day the mask of oblivion will fall away, and a new spirit come into his life. The end is inevitable. Machine riding does not

To the Editor of Woman's Page: Dear Madam—Kindly inform me what will remove green paint stains from woolen jersey cloth,

Turpentine is the best thing to use for this. Sponge the stain with a cloth, wet with the turpentine and hang it out in the air to let the turpentine evaporate and to get rid of the stain. If the turpentine leaves a mark on the dress use benzol to remove it.

Removing Paint

Bleaching Linen

To the Editor of Woman's Page: Dear Madam—I bought some unbleached sheeting and Canton from the navy store. Can you tell me how to bleach them quickly? A READER.

Wash these materials and hang them out in the hot sun for a full day. You could bleach the sheeting more quickly by using javelle water, which can be bought at the drug store, but this would not do for the flannel, as it is too strong.

Nonsectarian Homes

To the Editor of Woman's Page:
Dear Madam—Will you pleace publish a list of nonsectarian homes for elderly couples in Philadelphia and vicinity.

This list is too long to publish in the paper, but you can find the list of homes under "asylums and homes" in the business directory of the telephone book. The charge is not very great for any of them.

Stain on White Shoes To the Editor of Woman's Page:

Dear Madam - Kindly inform me through your paper if there is any remthrough your paper if there is any remedy to remove a floor oil spot on white
buckskin shoes. It is not a fresh oil
spot, and how do you clean a grayish
brown kid-top shoe? Please answer
this as soon as possible, as I must wear
the white shoes in a play on Saturday,
June 5. MISS B.

Try turpentine on this stain first, rubbing it with a cloth wet with the turpentine. If this does not remove it entirely, apply a thick coating of French entirely, apply a thick coating of French chalk or magnesia and leave it on until it soaks up the oil. Then brush it off and apply regulation white shoe cleaner. It may require several applications to remove the stain engirely, but if you make the whiting extra thick over the spot you can cover it. There is a special cleaner sold for gray kid shoes in the shoe departments of the large department stores. stone age.

"De Jure" should open his eyes, adjust his thinking cap, and realize the good things in life, other than speeding through nature.

He must not think that girls, always want to see the best shows and visit the jazzlest cabarets. Fur from that. Become acquainted with the right kind become acquainted with the right kind of girls. Then you will see how they of girls.

Mending a Record To the Editor of Woman's Page:

Dear Madam-Kindly answer the fol lowing questions: How can records of a talking machine be mended so as they again? The records are broker

In hair.

I am a girl of fourteen years of age, and I am very anxious to do some sort of work after school. I would not care if I had to ride to work. Can you kindly inform me of a place where I can be employed after school hours? Is a self-addressed envelope necessary?

MEMORIAL DAY BRINGS BACK THE HIGH IDEALS OF WAR

We Get Very Sentimental, but Our Exaltation Goes Down With the Sunset and We Return to the Same . Old Selfishness

WHAT "sacred and stimulating ourselves up to a patriotic fervor, and smatches of "Flanders Fields" come back to us. All this on Memorial Day.

on Memorial Day?

Shall we go back to those thrilling days of the war when we went bravely to the station and waved good-by in spite of the tears that blurred our view of the smiling, jaunty boy who waved back to us? Shall we remember how hard we worked for that boy and all his "buddies" while he was away? Can "buddies" while he was away? Can we fought this war, just as we dropped our Red Cross work when our boys "buddies" while he was away? Can we get once more the sensation of joy and relief that we felt when the overseas mail brought our envelope to us and we knew that our soldier was safe,

at least when he wrote it?

It is certain that some of us will never forget the strange grief of those days that kept on coming and going after that dreaded word from the government arrived—"killed in action," "died of wounds," "missing." It was a terrible kind of grief, for it all seemed so remote and so uncertain. It seemed wrong to grieve over a glorious death, and there were so many boys who felt as one wrote, "If anything happens don't wear black, wear gold for me." Yet, we had lost a boy, we could not help grieving.
We go back to all that on Memorial

When we see the flag that meant so much to us during the war, we remember how we felt about it then. It wasn't just a piece of silk then with a special design on it in colors. It was 'our flag.' and it stood for all the high ideals with which we entered and carried on the war. The lump that has been growing in our throats gets almost too big to manage when we reach this thought as we go back to everyday life and take up the same old selfish, greedy ways that have changed the world so since the war? Aren't we going to step along with them, as we did with our vision on Memorial Day?

Let's pretend we're still at war. Let's go back to the high ideals we used to spout about, and the unselfish, helpful to manage when we reach this thought ing in our throats gets almost too big spout about, and the unselfish, helpful to manage when we reach this thought about the flag. We see lines of khaki, we hear bands playing the ragtime that stirred us so during the war, we feel the rhythm of thousands of feet in step, our heads nod in time with the swing of those broad shoulders as they pass in review before our mind's eye. We work grow, in Flanders Field."

dropped their guns?

Those soldiers who fought so bravely Those soldiers who fought so bravely overseas don't swagger about on Memorial Day and tell how uplifted they felt when they went into battle singing. They don't sob with emotion when they raise their eyes toward the flag they fought for. They probably are saying many of them, "This time two years ago, I was one scared boy. The only reason I didn't run was because my feet were stuck fast in the mud."

When they see the flag they probably grin with glee because they don't have to stand at salute facing it at sundown. They don't fuss about their ideals and their ambitions; they just work for them quietly and steadily.

Are we going to let them shame us as we go back to everyday life and take up the same old selfish, greedy ways that have changed the world so since the

Adventures With a Purse

THERE is a certain shop of which I quite emphatically that without thus THERE is a certain shop of which I day emphatically that without thus and so a woman's summer wardrobe would not be complete. I now add to that list another item—white shoes complete item—white shoes complete item—white shoes complete item—white shoes complete item—white shoes item in the complete item—white shoes item in the complete item. one needs to carry with a silk dress, mer without at least one pair of white pumps or exfords. It becomes, then, self, conferred seriously together and decided that, all things being equal, there should be enough of them left for you to have an opportunity to read about to have an opportunity to read about to have an opportunity to read about found where a decidedly unusual sale them here, and purchase one. Let me describe one for you. It is of dark blue and is crocheted. It measures some five inches long and pulls together at the top with a cord. And sprinkled while the pumps are marked at \$11.

ASCO

ASCO

merely a question of where to buy the best shoes at the most reasonable price



Victor Bread

MONDAY is Memorial Day, and our stores will be closed the entire day, in order to give our employees the opportunity of paying a tribute to the honor and glory of those who gave their all that Liberty might live. Buy enough Victor today—as hundreds of thousands of our cus-

tomers will do-to last over breakfast on Tuesday morning, and prove to your own satisfaction our oft repeated contention that Victor baked today is just as good tomorrow, as the hour it came out of the oven. Some of our customers of dietetic habits claim it is better!

Whether viewed from the standpoint of quality or economy there is not a loaf that compares with Victor.

Victor is produced in our own three bakeries, with a weekly capacity of more than two million loaves. A strong argument in itself as prov-A strong argument in the strong argument in the continued Bread satisfaction that *Victor* brings into hundreds of thousands of homes every day in the

Surrounded, as our bakeries are, with every sanitary provision, backed up by scientific methods, Victor reaches your table as the maximum of quality.

Our Stores Will Be Open This Evening Until 10 o'Clock

ASCO ASCO

ASCO

white runs through the hole leaving the yalk intact. A convenient towel rack can be made out of two clothes hooks and Bread and Butter

Tea or Coffee

This menu contains a fried meat, etc.,

Gelatin out breaking is useless for canning by methods in which the ring is heated (processed), with the jar and contents.

A Word From "Byrne"

Everywhere in Philadelphia and Throughout Pennsylvania, New Jersey, Maryland and Delaware

ASCO ASCO