

MRS. WILSON GIVES RECIPE FOR DELICIOUS MUFFINS

They Should Be Made on Saturday Night for Eating on Sunday Morning at Breakfast—Bacon-and-Deviled-Egg Garnish

PRIZE MENU CONTEST

Plan a \$1.50 dinner for four people and send in your menu. The prizes are: FIRST—\$2.50 SECOND—\$1 THIRD—\$1

Helpful Criticism of the menus, telling why they are not good and how to correct them. Remember to use staple foods that are in season and be able to show the sales slip for materials needed.

Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square GET BUSY AND SEE HOW FAR YOU CAN MAKE A DOLLAR AND A HALF STRETCH!

By MRS. M. A. WILSON. The housewife who sallies forth with her market basket upon her arm derives a double benefit from the marketing trip, because it acts as an outing during the pleasant hours of the morning and it also affords one the opportunity to see the stalls of the markets loaded with the appetizing things of the season.

From this time on there is what the farmer calls the seasonable harvest, or a time when each crop reaches its maturity. Now the frugal housewife who is trying to lower the high cost of living will take advantage of these opportunities and purchase a large basket of vegetables or fruits when they appear at the flood time of the markets.

Because of the perishable character of the fresh fruits and vegetables this abundance lasts but a few days and sometimes for a week. For the next few weeks strawberries will be plentiful, so arrange to give the family enough berries to satisfy their craving.

- Breakfast: Strawberries, Bacon, Watercress, Toasted Muffins, Coffee. Dinner: Celery, Braised Lamb Chops, Potatoes, Tomato Salad, Strawberry Shortcake. Supper: Potato Salad, Bacon-and-Deviled-Egg Garnish, Stewed Tomatoes, Strawberries, Tea.

Today's Criticism. Cream of tomato soup, \$1.12. Croquettes, three slices of toasted bread cut in small squares, .93. Roasted veal chops, one pound, .70.

Adventures With a Purse. A RATHER unusual little blouse for a dark blue spring suit is made of middling light blue organdy. It is dotted with darker blue, and the polka dot contrast is exceedingly effective.

Use Talcolette for the complexion. A fragrant, effective skin beautifier. Free Sample tube At your dealer's.

UPHOLDING OUR REPUTATION FOR MEATS at WHOLESALE! In spite of the advancing prices all along the line, MITCHELL'S PRICES have always been CONSISTENTLY LOWER THAN ELSEWHERE!

Mitchell's Market, Inc. 10 and 12 S. Delaware Ave. Phone—Lambard 5110; Main 3209. THIS IS OUR ONLY STORE.

OF BLACK TAFFETA WITH SLENDER LINES

Please Tell Me What to Do By CYNTHIA

Dear Cynthia—I have been a steady reader of your column, but this is the first time that I am contributing to same. I would like to say a few words to "De Jure," also to "Gasoline Gus," "New Friends," "Jasmine Gus" and "De Jure." I have read here that you have written to Cynthia and to my mind you two are automobile salesmen, or in some way you are connected with the automobile business and I think if you want to advertise your business, Cynthia's column is not the proper place of the paper to put it in.

Suggests Settlement House. Dear Cynthia—This is a suggestion to the persons who signed myself "Sure Outta Luck." We have in Philadelphia quite a number of recreational and settlement centers, where activities of various kinds go on. Why not go to one of these centers and get some information concerning these activities?

A Fine Letter. Dear Cynthia—Although I have reached the "doubtful age," having just begun my thirties, yet I enjoy the confidence and advice you give to the youngsters who write to you about their love affairs.

THE material lends itself admirably to platings and frills. The tiny plaits on the front of a Velasquez silhouette, while the square neckline is most popular in Paris. The ruffles on the sleeves are of organdy.

The Question Corner. Today's Inquiries. 1. What simple device will make spilling impossible in filling an oil lamp from an oil can with a short spout? 2. How can a drawing tape in a petition be prevented from pulling too far out at one end and in the other?

Yesterday's Answers. 1. A new window shade of celluloid, made just like the linen one, keeps drafts out without keeping out the light. 2. Marking stockings with various pieces of different dress materials will make the pairs easier to match when they come from the laundry.

Save 25% to 50% By Buying Your LIGHTING FIXTURES. \$7.95 Dining Room Fixture. You Can't Buy Better SUMATRA BLEND Direct From the Roasters 48c lb.; 3 lbs. \$1.40

OHIO-TUEC Electric Cleaner. See It Work at: Nicholson Electric Co., 6201 Christian Geo. L. Purvis, 4747 Mather St. Seville Electric Co., 229 S. 52d St. Charles D. Wilson, 2747 Girard St.

H. C. ROBERTS ELECTRIC SUPPLY CO. Wholesale Distributors 11th & Race Philadelphia

POLLY COULDN'T DECIDE WHICH DRESS SHE WANTED

Although One of Them Was Becoming and Fitted Her Perfectly, She Was Afflicted With Indecision and She Couldn't Say "Yes" or "No"

POLLY was buying a dress. The process was not so simple as the statement, for Polly was surrounded by dresses and she was standing doubtfully before the mirror, wondering. "Do you like it?" she asked the girl with her, "I can't make up my mind. I don't like the collar very much."

Putting Away Fur Coat. Dear Madam—As I am going to put away my winter coat, is there any better way than putting it in a bag with camphor balls? Should the coat be turned inside out, as it is a plush coat, with fur collar and cuffs?

Getting Rid of Rats. Dear Madam—I would like to know how to get rid of rats. We have no cellar. They get under the house and come up around the waste pipes at the kitchen. I have tried several rat poisons, but to no avail. I have got several good hints from your column.

THE WOMAN'S EXCHANGE

So you see if you are of quite perfect proportions you may select either fabric—if you are like the nursery book's notion of Jack Spratt, select taffeta; but if you are rotund like Mrs. Spratt, select the satin.

Ask for Horlick's THE ORIGINAL Malted Milk Safe Milk For Infants No Cooking A Nutritious Diet for All Ages Quick Lunch at Home or Office Avoid Imitations and Substitutes

Phila. Lighting Fixture Co. 32 S. 7th. Wholesale and Retail. About Chestnut St. Open Mon., Fri. & Sat. Evenings

S. W. Cor. 60th and Market Sts. Also at Darby Branch. More Good News! Rittenhouse Bros. Penny Profit Meat Stores Meat Bargains! This Friday and Saturday

Insect Pests. Insect pests in the home are a menace to health and life and the sooner and more energetically the campaign for their extermination is carried on the less work there will be to do.



JERSEYS WITH BERRIES. What more delicious on a hot day than a dish of cooling JERSEY Corn Flakes with fresh milk and slices of fruit or berries? It will please your appetite to "Learn the JERSEY Difference."

JERSEY Corn Flakes

The Summer drink to keep you in fine form. If you would have that true physical alertness—that ability to get up on your toes and smash 'em hard, try buttermilk.

Supplee-Wills-Jones CREAM BUTTERMILK. Food, tonic, and refreshing beverage all in one—Supplee-Wills-Jones Cream Buttermilk is admirable for people who wish to keep physically fit.

Morning Sip Coffee. Morning Sip DRY Coffee. Alex. Sheppard & Sons, Inc. Philadelphia, Pa.

Morning Sip Goes Twice as Far Because It Is Tin Packed. The strength and flavor of coffee depends upon the amount of oils in the bean. Coffee that is ground and packed in paper bags loses much of its strength and aroma because of the evaporation of these flavor-giving oils.