

MRS. WILSON BEGINS SERIES OF LESSONS IN PRESERVING

First Step Necessary for Successful Results Is the Looking Over of Jars and Rubbers Before Starting

PRIZE-MENU CONTEST

Plan a \$1.50 dinner for four people and send in your menu. The prizes are: FIRST—\$2.50 SECOND—\$1.00 THIRD—\$1.00

Helpful Criticism of the menus, telling why they are not good and how to correct them. Remember to use staple foods that are in season and be able to show the sales slip for materials received.

Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square GET BUSY AND SEE HOW FAR YOU CAN MAKE A DOLLAR AND A HALF STRETCH!

By MRS. M. A. WILSON Copyright, 1920, by M. A. Wilson. All rights reserved.

THIS is the first lesson of the fruit canning series, and during the entire summer the various fruits will be prepared for canning, preserving and jelly making in these columns. Watch for these lessons.

The present shortage of sugar is causing the housewife serious inconveniences, but nevertheless this need not deter her from canning fruits which are so necessary for her winter supply.

It is a known fact and has long passed the experimental stage that fruits which are canned without sugar will keep just as well as those that are canned with an abundance of sugar.

Fruits canned without sugar are in many cases much more desirable, they not only hold the delicious aromatic flavoring of the fruit, but many people who are prohibited from enjoying these very fruits because of the large quantities of sugar in which they are preserved may now eat freely of them.

When you wish to sweeten the fruit simply drain off the juice and add the desired amount of sugar and stir to dissolve thoroughly. Bring to a boil and cook for a few minutes and then pour over the fruit and allow to cool.

For delicious fruit jelly, canning without sugar, then add the sugar when required. This will materially reduce the canning cost in the summer time.

Before starting to can, first decide upon the jars, and then if you are going to purchase some, by all means select the all-glass jar; by this is meant those which have the clear glass jars. If you already have the jars, then the next step is to assemble them and see that the lids fit securely.

CRITICISMS OF MENUS SENT TO PRIZE CONTEST

My Dear Mrs. Wilson: I wish to enter the following in Menu Contest: Lamb, 30c Potatoes, 10c Asparagus, 10c Bread, 10c Butter, 10c Sugar, 10c Coffee, 10c Milk, 10c Dessert, 10c

There was no menu you included only the market list and some instructions. No criticism can be given, because the conditions of the contest were not followed.

My Dear Mrs. Wilson: I am submitting the following menu: Macaroni with Sauce and Tomatoes, 10c Baked Potatoes, 10c Asparagus with Butter Dressing, 10c Custard Pie, 10c

This shows a smart woman for greater cost for any article elsewhere than in Lancaster. But I think most of these things can be bought for the same price anywhere.

My Dear Mrs. Wilson: My menu is as follows: One can of sweet corn, 10c One pound of veal, 10c One egg, 10c One quart of new potatoes, 10c One loaf of bread, 10c One can of sweet condensed milk, 10c One-quarter pound of butter, 10c One-quarter pound of lard, 10c One quart of milk, 10c One-quarter pound of sugar, 10c One-quarter pound of coffee, 10c One-half pound of rice, 10c One-half pound of flour, 10c

The Woman's Exchange

Copyright Office To the Editor of Woman's Page: Dear Madam—Kindly let me know in your column where the United States copyright office is.

Communications addressed to the copyright office, Library of Congress, Washington, D. C., will reach there safely.

Finding a Friend To the Editor of Woman's Page: Dear Madam—I would appreciate a little information from you very much. How could I go about looking some one up that lives in Washington or did the last time he was heard of?

Look up this person in a Washington telephone book and Washington directory. If you cannot find him there, inquire of any friends of his that you know there, or at his place of business, or at the address where the family used to live. Inquire of the postoffice for a change of address, or write to the old address and mark the letter "Please insert in a Washington newspaper."

Height and Weight To the Editor of Woman's Page: Dear Madam—I come to you in doubt to see if you can help me with a few questions. I am seventeen years old, five feet six inches tall. How much should I weigh? How can one reduce weight without dieting? What does your writing suggest?

Your weight for your height should be 105. If it is anywhere near that? Exercise is the only other way of reducing, but even that does not help a great deal, unless you cut down a little on your eating habits. You would do well to consult a handwriting expert to find out what your writing signifies. There is a regular service to that.

Removing Grease Stain To the Editor of Woman's Page: Dear Madam—Kindly inform me through your paper how I may remove an old hard spot from blue linen.

Try placing a blotting paper under the stain and pressing it on top with a hot iron. This will absorb some of the grease and may take it all. If it does not take it all, apply French chalk or magnesia thickly and allow it to remain until it gets gummy with the grease. You may have to use several applications of this to remove every trace of the stain.

Likes Woman's Exchange To the Editor of Woman's Page: Dear Madam—I have been reading the woman's column for a long time and like it very much. I have several moles on my face and a wart on my thumb and I want to get rid of them. I am sure you can tell me the best way to get rid of them. "Cinderella's Daughter" ended on "How can I get it?"

MOTHER'S BABY. I am glad to know that you enjoy the woman's page. It is too bad to turn you away the first time you come for help, but I'm afraid I cannot help you with the moles and warts. You will have to consult a physician about that. They can both be removed in some way. I suggest you consult a physician about that. They can both be removed in some way. I suggest you consult a physician about that.

Work quickly—This means that you are not to attempt large lots. Rather run six or eight jars at the most, unless you have help, and when completed, let nothing delay you. Just a few minutes will permit changes to take place that will be favorable to bacteria and they will destroy the product and allow it to ferment.

Next week—Preserve, with a minimum amount of sugar.

My Dear Mrs. Wilson—I submit the following menu: Baked Macaroni and Cheese, 10c Fresh String Beans, 10c Fresh Asparagus, 10c Lettuce and Tomato Salad, 10c Bread Pudding, 10c

Madame—I enter following menu: Steak and Onions, 10c Mashed Potatoes, 10c Marinated Eggplant, 10c Stewed Rhubarb, 10c Cakes, 10c Bread and Butter, 10c

Our menu at a time. Surely, when you stop to think you must realize that No. 2 is hardly using your ingenuity. I hope that I can look to you for a real cooked meal. The meat menu is nicely balanced with two puddings, also the macaroni and cheese and then the bread.

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PINK DOTTED SWISS WITH A PINK HAT



The fabric shown in the cut is very popular for summer frocks this year and is used in various color combinations. An attractive one is violet and pink. The hat is also a popular style, being pink and made of organdie without trimming.

ARE you prepared? Up goes the thermometer, not demurely and gradually but with a wild and undignified rush. That is the way it is in our climate—one day we feel none too warm in a woolen suit and the next we are hurriedly surveying our wardrobes in order to find something suitable for outdoor wear in the way of a thin cotton frock.

And that always means, of course, that with the rise of temperature most of us make a quick trip to the shops, hurriedly to invest in something cool and comfortable.

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JEANNETTE'S "DIVINE RIGHT" IN PLANNING HER WEDDING

Existed Only in Her Own Imagination—She Was Just as Selfish as Alma, Who Objected to Everything When She Was Bridesmaid

NEXT week will be June, the month of brides. This week is still in the month of preparation for weddings. Dresses are being chosen, made, tried on and admired; hats, are discussed, approved, rejected, and plans are made.

Are you going to be a June bride? What are you going to wear? Are you going to be like Jeannette? Jeannette was married in April, but her bridesmaids and her maid of honor still remember all about that wedding.

For Jeannette had the idea that, being a bride, she had a "divine right" to decide just what her attendants should wear and how. She decided upon the color as every bride does. She decided upon the kind of hats. Then she decided the style of dresses and without consulting her friends at all she informed them what kind of costume they would wear.

One of them murmured a protest against the short, high waist which would not be becoming to any of them. The bride, being short and high-waisted herself, always wore her dresses that way and preferred them to the natural or long waist. When somebody suggested humbly that perhaps such short skirts wouldn't look well on the tall girls, the bride hushed her quickly. "I like them short," she said. That settled it.

There was another wedding last month in which Alma was a bridesmaid. The bride at this wedding was very willing to consult her friends about the dresses.

"I don't care what you do with them," she said, "as long as I have the color and the effect that I want. But if there's any individual touch that you want to give them, go ahead."

EVERYTHING went smoothly until Alma suddenly decided that a black tulle sash would be the only way to redeem her costume. "It's too pale," she declared. "It needs toning down in color." It just happened that a tulle sash changed the whole idea of the dress, and nobody else liked it at all. The other bridesmaids managed to talk Alma out of that desire, and then she started on the sleeves.

"They oughtn't to be so long," she objected, "or else they ought to be fuller." This was changed for Alma, and then she made another protest. She went on going against the wishes of the bride and the other bridesmaids until they were all sorry that they had ever thought of having a wedding. The bride was ready to elope to escape all the discussions.

It is one of a bridesmaid's first duties to make the wedding as happy as possible for the bride—she cannot do this by protesting against every desire that the bride expresses. On the other hand, a bride has no more right than any one else to climb to happiness over the discomfort of others. For a wedding consists in more than just walking up a church aisle on a certain day for both a bride and bridesmaids. It's these days of preparation and planning that make it happy or unpleasant. If one person's will is exerted against the other, there's sure to be some unhappiness on that day. If there has been concession and willingness to comply with the wishes of the majority on the part of bride and

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Cleaning Steps To whiten concrete steps and sidewalks that have become discolored and gray, scrub them with the following mixture: To one gallon of warm water add one quart of lime, one cupful of soda and a handful of salt. Mix well and scrub the surface with a broom or brush dipped in the mixture.

POMPEIAN OLIVE OIL Sold Everywhere

L. Stone Co. 1306 Walnut Street SPECIALLY ARRANGED FOR TOMORROW A Remarkable Clearaway Sale of Original Models at 56.00 ea.

The Fur & Millinery Shop, Inc. 1423 Walnut Street 20 Per Cent Reductions on all Cloth Coats

Benguyer 1214 Walnut Street Also a Store at Allentown, Pa. 20% Off Our Exclusive Stock Until Further Notice

Japanese INCENSE Perfume Reminiscent of a summer night in old Japan

MANN & DILKS 1102 CHESTNUT STREET TYROL is not a wool jersey or a jersey made of wool. A worsted fabric suit on sale here only.

GET THIS HEALTH HABIT: Drink a glass of pure water as soon as you get out of bed; drink a small glass of pure orange juice just before you eat breakfast; for breakfast heat two Shredded Wheat Biscuits in the oven (to restore their crispness) and eat them with hot milk or cream.

CREAM in CANS Ask your grocer for Walter Jahn's Super-Cream. It's one-third richer than ordinary cream and very economical.