

MRS. WILSON TELLS HOW TO USE UP STRAWBERRIES

These Berries May Be Eaten With Sugar for Breakfast or Cooked in Delicious Shortcake for Dessert

HAVE you joined the

PRIZE MENU CONTEST?

Cash prizes will be awarded each week for the best menus for a dollar-and-a-half dinner for four people. The prizes are:

- FIRST—\$2.50
SECOND—\$1.00
THIRD—\$1.00

SEND IN YOUR MENU if you think you are pretty good at planning wholesome, economical dinners. The foods that you mention must be staples and in season. You must be able to produce the sales slip for the materials used. Your name, address and the date must be written distinctly.

Address all menus to

Mrs. Wilson's Menu Contest
Evening Public Ledger
Independence Square

SET YOUR WITS TO WORK AND MAKE THE HIGH COST OF LIVING APOLOGIZE TO YOU

By MRS. M. A. WILSON

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"RIPE strawberries, red, ripe strawberries"—sings the street fruit vendor as he moves slowly through the street on a warm, sunny May morning. Luscious red, ripe berries, just glistening with the morning's freshness, greeted me as I stepped to the door to investigate. For less than thirty-five cents was the price asked, and then the thought came to me that just two short summers ago these same berries could be purchased for ten cents per box. Oh, for those days that are now no more!

But let us get back to the berries. Strawberries contain valuable cleansing and health-giving mineral salts, and for this reason they should be a welcome part of our diet. Two boxes will treat the family to fresh berries for breakfast, strawberry shortcake and an old-fashioned strawberry custard pie. Turn the berries on a tray and place in the refrigerator to keep for breakfast. Look over the balance and then remove every soft and bruised berry. Wash and wash the soft berries and slice in a saucepan and add two tablespoons of sugar. Cook slowly for eight minutes and then remove from the fire and let cool. Then into a bowl and set in the ice box until needed. These should be about one and one-half cups of soft fruit, and if not, add the smallest berries to make this amount.

To serve the berries for breakfast:

- Au Naturel: Place a tablespoon of powdered sugar in a little butter pat and put it in the center of the fruit saucer. Wash the berries, but do not stem. Lay on a cloth to dry. Now lay in a mold around the sugar. To eat, lift the berry by the stem between the fingers and then dip in the sugar. Strawberry shortcake always brings visions of lusciousness to one's mind. One will declare that a delicious sponge cake is the ideal cake, while another has visions of an old-time shortcake, taken hot from the oven, then quickly buttered with golden butter and filled with crushed and sweetened berries and drenched with the richest of cream.

The Question Corner

- Today's Inquiries: 1. Describe a convenient iceless refrigerator for the small apartment or hotel room. 2. What novel trimming is used attractively on a croque de chine smuck? 3. Is it correct for a bride to have attendants when she is married in a traveling dress? 4. What are polychrome decorations? 5. How can flowers be kept fresh when they are sent a long distance? 6. What convenient cover can be used for the front of a kitchen dresser that has no door?

- Yesterday's Answers: 1. A civil service examination for specialist in kindergarten education is open to women who have had training and ten years' experience in kindergarten work. 2. Fleas brought into the house by a pet can be exterminated by cleaning the house thoroughly, then spreading salt well over the floor and waiting it down. 3. A soothing lotion to use with bandages after any poisoning is a teaspoonful of cooking soda and borax in a cup of water. 4. A healthy normal baby should be able to hold his head up at the age of three or four months, providing his back is supported and placed in a slow open to back until the custard is firm in the center. Now place the balance of the left-over berries in spoonfuls on the top of the pie and bake for five minutes longer. Remove and let the pie cool. Cover with a meringue made from the white of an egg and one-half glass of jelly (apple); beat until the mixture holds its shape.

Japanese INCENSE Face Powder. At all GOOD SHOPS. Samples will be sent of Quadruple Essence Toilet Water, Face Powder and Body Lotion on receipt of twenty-five cents.

Please Tell Me What to Do

By CYNTHIA

Net Ours to Criticize: Bobby and Rina—You will readily understand that one column of a newspaper could hardly start a criticism of a feature of that same paper. You will, therefore, understand why Cynthia did not publish your letter.

What Does He Mean, Infatuation? Dear Cynthia—I am a young girl, sixteen years of age, and have just met a young man four years my senior. Cynthia dear, could you tell me why he always asks me the meaning of infatuation? I would like very much to know.

Cynthia cannot get inside of any one's mind and find out why he or she asks a question. But the young man is evidently wishing to convey the idea that he is infatuated with you. It is simply a bit of small talk, dear, and don't take over meanings out of a light flirtation. Answer back in kind, that is, clever repartee.

What is a Model Husband? Dear Cynthia—To settle a controversy, will you please publish in your "ethical column" what qualifications a young man should have to be a model husband?

As nearly every woman has a different ideal for the model husband, it would be difficult to settle the controversy. The general qualifications on which all would agree are: He should remain the lover after marriage, that he be upright, honorable, straightforward and generous in his affairs and expenses with her and not leave his wife in ignorance of their financial status. That he give her a reasonable allowance for housekeeping and personal wants. And there are a host of other qualifications which you should bring among them. Cynthia invites the readers to write in with their ideas of a model husband would be.

Men Are Fickle! Dear Cynthia—After reading "I C. B.'s" criticism of your wonderful article I cannot refrain from writing and commenting on his remark, "Women usually do things wrong. God made nine out of ten so willful and changeable that nine out of ten men would most suffer." How can he say such a thing? I frankly admit a number of girls are fickle, but I think the boys are about fifty-fifty. May I cite an incident which happened at my home about a year ago? We had moved to a small South Jersey town and the office force employed in the office with my husband decided to give us a house-warming, so about thirty young men and women came down one evening. We played, sang and danced, then some one suggested "spin the plates!" Now, some of these young men were married and their wives were absent, some were engaged to be married and others just "out for a good time" readers.

It is my point: This first step of frantically led to some of the hugging and kissing of these young people (married and single). How can a married man enjoy kisses from other than his chosen partner, then go home and pretend he has been calling on a sick friend, as I afterward learned many of them did? Is this fair to the wife who believes in her husband? Isn't there room for her to be jealous? In it her fault the man is changeable in this case? When you see these same men with their wives and sweethearts you would think they never had eyes for another. Now, boys, meet girls, meet many of them and do not expect more than you give. Don't make the dollar mark your ideal. Please do not think I am an "old crank" or a jealous wife, for I know my husband's weak points and make a broad allowance for same, and at the same time do not profess to be perfect myself, but only.

AN INTERESTED YOUNG WIFE. Do you not make too much of this affair in your mind? It is vulgar and common, but hardly untrue. The wives and sweethearts might justly object to the vulgarity of it, but they would be kissing games, because it gives a license which otherwise could not be. It is an excuse for vulgar familiarity and is never to be encouraged.

My Manny's Shortcake: "She—while of you all game pester me. A dollar to goodness many just naturally have to cook up a shortcake for you all."

Therefore we shall start from the preparation of her very own shortcake. Place in a mixing bowl: Three cups of sifted flour, One teaspoon of salt, Three level tablespoons of baking powder.

Three level tablespoons of sugar. Sift twice and then take one cup of thick sour cream and work quickly to a dough. Turn out on a lightly floured board and quickly pat out the dough until three-quarters of an inch thick. Cut with a large cookie cutter and then lift to a baking sheet and bake in a hot oven for twelve minutes. Split and butter with a good strawberry butter, then fill with the crushed fruit and serve at once with either fresh cream or thin custard sauce with one-half a cup of whipped cream beaten into the sauce.

Ye Olde-Time Strawberry Pie: Line a plate with plain pastry and then place in a mixing bowl: Three-quarters cup of milk, Two whole eggs, Two-thirds cup of sugar. Beat to blend thoroughly and then turn one cup of the cooked berries into the pie plate and pour the custard over them. Cover the custard with inch-wide strips of pastry and place in a slow oven to bake until the custard is firm in the center. Now place the balance of the left-over berries in spoonfuls on the top of the pie and bake for five minutes longer. Remove and let the pie cool. Cover with a meringue made from the white of an egg and one-half glass of jelly (apple); beat until the mixture holds its shape.

IT'S BECOMING AND IT'S COOL, TOO



The foundation is chiffon, and with white net over it. Lace trims the little coatee, and a French rose right in the middle of the waistline is the only touch of color in the whole negligee. But there are lots of roses on the cap worn with it.

A Daily Fashion Talk by Florence Rose

The test of a successful negligee is pre-eminently whether or not it is becoming. For a dinner or a dance, when you know that you and the dress you wear will be lined up, as it were, with other women and other dresses, you naturally select a gown that is distinguished, possibly striking, as well as becoming. You might wear the most becoming gown in the world, but if you sat or stood next to a woman with a great deal of distinction you would pass quite unnoticed. But with your negligees it is different, for in your own home you reign supreme. You need not even worry yourself very much over the most recent mode. Then, too, at this time of the year remember that the negligee should be cool and comfortable. In the sketch today is a negligee that combines all these traits—for it is of the sort that is becoming to nine women out of ten. It is made of white net on a foundation of chiffon. The little coatee is trimmed with lace and two tassels at the front. Quantly placed right in the front of the high waistline is a small French rose—the only touch of color in the dainty little garment. The little nightcap designed to wear with this negligee, however, is lavishly trimmed with French roses. It is suggestively of a Russian turban in shape, which, by the way, seems equally popular for bridal headresses and night-caps.

(Copyright, 1920, by Florence Rose.)

MINNIE ALWAYS CARRIES A GRUDGE AGAINST GERTRUDE

Nobody Knows Just Why She Always Has Something Disagreeable to Say About Her—Perhaps It's a Little Secret Jealousy

"IT WAS all Gertrude's fault," declared Minnie. "If she hadn't told it around it never would have happened."

"What is all Gertrude's fault?" asked Ida. "What wouldn't she have said if she hadn't told what?"

"Well, that's all right. I guess Gertrude knows what," Minnie replied mysteriously, picking up a magazine and looking at it resentfully upside down. The conversation seemed to be closed and Ida said nothing more.

The next time she saw Gertrude, however, she tried to solve the mystery. "What have you told about Minnie," she asked, "and what happened on account of it?" She's saying about it," "About Minnie?" repeated Gertrude. "Why, I haven't seen her to speak for years, not since we left school. I haven't told anything about her. I don't know anything about her to tell."

Not long after that Ida's engagement was announced. The next day Minnie called her up on the telephone.

"Well, I suppose Gertrude's satisfied at last," she remarked. "She's been trying to be a bridesmaid for a long time. Of course, you'll have her in your bridal party?"

"I really don't know," Ida replied. "I haven't planned so far ahead as that yet."

"But you will, of course," insisted Minnie. "You and she are such good friends. Gertrude will be happy at last. She's never been a bridesmaid, and she's always wanted somebody to ask her." HAVE you an acquaintance like this? You can't quite call her a friend, can you? Have you ever found out just what is the matter with her? I wonder whether she or anybody else knows. Perhaps this is merely her idea of pleasantry. Maybe she means to be funny when she makes these disagreeable remarks with that unmistakable sting to them. If she does I'm afraid her sense of humor was dropped on the floor when she was very young and sadly injured. She may have a chronic ill humor which seeks out this one girl as its victim. There may be, down deep in her heart, a secret, hidden grudge that must express itself now and then, no matter how hard she tries to keep it down. Perhaps something happened when they were in school together that put her in the wrong. There may be something even deeper than that. There may be a little strange feeling that could be called jealousy. There is nothing so shameful to the person who feels it, as jealousy. She will deny even to her innermost self that she is capable of such a thing. Yet, if it is there, it cannot be denied, and only the strongest kind of character will be able to overcome it. Perhaps that is why Minnie "had it in" for Gertrude. Way down deep in her heart, below her heart, there must be a jealousy that started when they were in school. She can't explain it any more than anybody else can. She

doesn't like it herself, probably. But she cannot help being just a little "catty" whenever there's a chance. You can somehow imagine that little jealous feeling saying to her: "There, that was pretty good," whenever she talks as she did to Ida.

You can't be very fond of Minnie, because you never can understand her, and you never can be sure of her. But, somehow, you can't quite dislike her either. She's so harmless, and so queer, and so disagreeable, that you just laugh at her a little, and for some reason feel just a little sorry for her.

Then here is another sale I understand is considered a good one. And that is a sale of tennis rackets. I am not a tennis player, and so I do not feel that I can understand the value of the rackets. But Dorothea assures me that their value is exceptional, and, of course, Dorothea knows. Well, then, the rackets are priced at fifty cents to \$1.75. They are fairly light, of course, and are especially recommended for beginners. Incidentally, the balls are sixty cents.

Adventures With a Purse

HERE is a special sale of hair nets!

I want you to know about it right away, for I am not sure that the sale is going to last very long. The nets are of natural hair, and are of a good, big size—big enough, in fact, to cover your back hair. And I consider this a real advantage. Well, anyhow, their regular price is ten cents each, or \$1 for a dozen. But if you buy some right away, you can get them for eighty cents a dozen. I am particularly interested in medium-brown, straight nets, but I understand that all the wanted colors can be secured, both in straight and cap nets.

As everybody knows, now is the day of sales. My word, a body cannot open the paper or set foot in a shop without being assailed with the news of all sorts of irresistible sales. They are, of course, merely of relative importance. But here is one that should be of importance to every one, for the simple reason that every one will be wearing short sleeves this summer, and will, therefore, need at least one pair of long gloves. This, then, is a sale of sixteen-button-length gloves, of very heavy, shimmering silk.

Send a self-addressed, stamped envelope to the Editor of Women's Page, or call Walnut 5000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

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Sugar Cookies that rival home-made "sand-tarts"



ROUND, golden-brown cookies, made rich and flavorful by using lots of tested eggs, pure butter and clarified dairy milk—Covered with a sprinkling of fine sugar—Pulled from the ovens at the very moment of reaching perfection—

Ivins SUGAR COOKIES look as good as home-made, and taste—well, we congratulate the woman who can bake as tasty a sugar cookie!

J. S. IVINS' SON, Inc. Baker of Good Biscuits in Philadelphia Since 1846

We have given your grocer a supply of Ivins Sugar Cookies to be distributed as samples. Ask him to let you taste some. See how truly "home-made" they are.

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