

MRS. WILSON SUGGESTS VARIOUS CANADIAN RECIPES

Great-Aunt Tilda Pickup Relish Is Delicious With Cold Meats. Gooseberry Pudding Is Tasty and New

HAVE you joined the PRIZE MENU CONTEST?

Cash prizes will be awarded each week for the best menus for a dollar-and-a-half dinner for four people. The prizes are: FIRST—\$2.50 SECOND—\$1.00 THIRD—\$1.00

SEND IN YOUR MENU if you think you are pretty good at planning wholesome, economical dinners. The foods that you mention must be staples and in season. You must be able to produce the sales slip for the materials used.

Address all menus to Mrs. Wilson's Menu Contest, Evening Public Ledger, Independence Square

SET YOUR WITS TO WORK AND MAKE THE HIGH COST OF LIVING APOLOGIZE TO YOU

By MRS. M. A. WILSON (Copyright, 1920, by Mrs. M. A. Wilson. All rights reserved.)

THE province of Ontario borders on the great lakes and their tributaries and, if one chooses, one may spend a pleasant day riding on the boats from one port to another along these shores, which are teeming with the ancient lore of the early settlers of Canada.

In the days of yore the speediest means of travel was by water and then inland by horseback. Sometimes a stage coach, but more often on foot. Just a few miles from the beaten high-ways one soon finds the relics of yesterday and these good people who reside in this community have handed down to posterity the wonderful housekeeping lore of days gone by. Among the many recipes which I culled from this district is one I must give you right away. It is called

Great-Aunt Tilda Pickup Relish Put through the food chopper One dozen white onions. Two stalks of celery. Twelve branches of parsley. One small head of cabbage.

Place in a mixing bowl and add One tablespoon of salt. One tablespoon of celery seed. Two tablespoons of mustard seed. Two tablespoons of sugar. One teaspoon of pepper. One cup of mayonnaise dressing. Four tablespoons of vinegar.

Toss gently to mix and then pack into all-glass fruit jar and keep in a cool place. Serve with cold meats, with stew, roasts and chops.

Gooseberry Pudding Stem and tail two cups of gooseberries and then place in a mixing bowl and add

One cup of flour. One cup of finely shredded sweet. One cup of fine bread crumbs. One cup of brown sugar. One teaspoon of salt. One tablespoon of baking powder. Rub between the hands to mix thoroughly and then add

The gooseberries. One cup of milk. Mix and then turn into a pudding cloth and plunge into boiling water. Cook one and one-quarter hours. Turn

The Question Corner Today's Inquiries

- 1. What interesting civil service examination is open to women who have had training and ten years' experience in kindergarten work? 2. When a pet animal has brought fleas into the house how can they be exterminated? 3. What lotion is soothing to use with hazel eyes for eye poisoning? 4. At what age should a normal baby be able to hold its head up? 5. How can yellowed white silk stockings be renewed? 6. What convenient device used by hairdressers make the bobbed hair most possible for the girl with long hair?

Yesterday's Answers

- 1. A faulx elvet hat crown of the tam o' shanter variety can be dyed and made into an attractive hat for the summer. 2. A new accessory for the summer porch is a wicker stand containing a glass aquarium in the center, with tin pans for flowers on each side, and two arched over-head on which to hang a bird cage. 3. A band of ribbon with a steel-wired ruffle of tulle makes a pretty headress for the June bride. 4. The skirt of a silk or satin evening gown that is too old to be used as a dress, makes a good petticoat or drop-skirt. 5. Some hostesses are introducing the fad of using white silk shawls, with deep fringe, as table covers at luncheons and wedding breakfasts. 6. Organdie is used as a sash, bordered with taffeta, in a light taffeta dress.

SALADA Orange Pekoe is served when the debutante makes her bow to society. It's the tea men like. It's the tea served in homes where the afternoon tea-hour is the pleasantest of the day. It's the tea that once tried is always used. The song of the teakettle is fast becoming a National air—fittinly accompanied by—

on a hot platter and serve with sweet cream sauce.

Veal and Ham Pie Use a slice of ham weighing about one pound and one and three-quarters pounds of breast of veal. Trim the bones from the veal and place them in a small pot. Add the ham bone, one onion and sufficient water to cover. Cook slowly for thirty-five minutes, then strain, and when cold measure and add sufficient water in which the meat was cooked to measure two cups, and

One teaspoon of kitchen bouquet. Two teaspoons of Worcestershire sauce. One teaspoon of salt. One teaspoon of paprika. Three level tablespoons of gelatin.

Stand aside for ten minutes to soften the gelatin and then heat to the boiling point and chill. Put the ham and veal through the food chopper, using the finest knife, adding

Two onions. Three branches of celery. Four branches of parsley. Tie in a piece of cheesecloth and drop into a pot of boiling water. Cook for thirty-five minutes and then cool. If it will be much easier to cut.

Now place in a mixing bowl Three cups of flour. One teaspoon of salt. One tablespoon of baking powder. Sift to mix and then rub in the flour one and one-half cups of finely chopped suet and add one-half cup of cold water and a dash of salt.

Blend the dough, and fold until you have a quarter of an inch thick and then line an oval mold with pastry and fit it easily to the mold. Cut the cooked meat into thin slices and then place a layer of meat, then a thin layer of hard-boiled eggs, chopped fine, and repeat until the meat is all in. Then lift into the tin. Place on a lid or top crust and turn brush with beaten yolk of egg. Bake one and one-quarter hours in a very slow oven. This meat pie is usually served cold. Remove from the mold and then cut into slices; a china vegetable dish may be used in place of the tin mold, if desired. Use three hard-boiled eggs.

Aunt Louisa's Pudding Place in a mixing bowl Four tablespoons of shortening. Two-thirds cup of sugar. Yolks of two eggs. Juice of one lemon. Cream until light and fluffy and then add

One cup of fine bread crumbs. One teaspoon of grated rind of lemon. Mix thoroughly and then pour in slowly two cups of scalded milk. Grease a pudding or casserole dish thoroughly and then turn in the pudding and sprinkle one-half cup of coconut over the top and bake in a slow oven for twenty-five minutes. Cool, and when ready to serve spread with apricot or strawberry jam and pile high with meringue made from

White of two eggs. One glass of quince jelly. Beat with a Dover beater until the mixture holds its shape.

Left-over pudding may be cut in slices about one-half inch thick and then rolled in flour and dipped in beaten egg and then fine crumbs. Fry until golden brown in hot fat top crust with vanilla sauce. Individual custard cups may be used instead of the pudding dish for baking the pudding.

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Please Tell Me What to Do

By CYNTHIA

Must Refuse Charles S. M. Cynthia is sorry, but she cannot comply with your request. She cannot give any hints which would identify an writer to the column for another writer.

What is Cynthia? Dear Cynthia—We were having a little debate on the subject whether Cynthia was male or female. There was a vote of \$22 that you were a male and \$25 that you were a female. Kindly let us know through your column as soon as possible. ANXIOUS

Approves of "De Jure" Dear Cynthia—Just a word of approval of the letter of "De Jure." If more young men would invest in cars and take little trips around to the really worth seeing spots of our wonderful country and forget that they must forever leave the society of their ladies they would acquire a broadening, educating experience which would prove a source of much pleasure.

I enjoy the society of a pleasant, congenial sort of girl occasionally, but an even happier time when at the wheel of my little old roadster, with the miles adding by explaining some highway new to me. There are so many little spots of beauty always appearing, and if one really would know our country the way to learn it is to follow its highways.

I have been on every main highway in New York state and Pennsylvania, as well as many of the lesser ones. This summer I am going down into Georgia. If one so wishes he can find a girl that are wonderfully educational and lots of fun and still not very expensive. Since I first acquired my car I may not have been with the girls quite as much, but I've had more good times and seen more than ever I did before. As I said before, these trips need not be too expensive, but I consider it as money well invested. You're a man after my heart. "De Jure" and I wish that we could meet and swap a few "yarns of the road." GASOLINE GUS

"Happy" Approves of "Pep" Dear Cynthia—Please be good enough to print this letter. "Pep" whose letter appeared in your column Thursday evening.

"Pep"—To begin with, I want to tell you that I have been reading this column for a good long while, and have often thought the same as you do. I have wondered whether anybody else had the same idea, so you can imagine that I was quite a little surprised to see your letter. I agree with you in toto, and I want to say that Cynthia must have some patience to stand all those "lovesick" questions from "young maidens of seventeen summers" and give them answers that she does.

In my opinion Cynthia has a very keen sense of humor, and has also had some experience in dancing. I know a girl who would be a girl "ideal," but she will dance in the future. She is an ideal girl, but she would want you to be good-looking, although not conceited, lovable and an educated person. If you are such, I think there is a chance for you.

HAPPY. FRIEND OF "BLACK EYES"

Another Letter for "Acetylene" Dear Cynthia—I would greatly appreciate your kindness if you would forward this to "Acetylene."

Dear Unknown Friend—Your desire is

Dear Cynthia—Please be good enough to print this letter. "Pep" whose letter appeared in your column Thursday evening.

MARINELLO Shops. Muscle strapping for baby condition of the face and neck. Permanent Wave Done by Botocem—Latest Method Kapnek & Kapnek 1615 Walnut Street 163 N. Kensington, Atlantic City

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Making good teas— MAKING good teas isn't a question of discipline at all, at all. It's a matter of blending! Blend up a tea in the way it should go, and when it is made, if it's Tetley's Orange Pekoe which is backed by a blending experience of over a hundred years, you'll have a steaming fragrant cup of the most delicious tea you ever tasted! TETLEY'S TEA Makes good tea a certainty Good full flavor, clear deep color, delightful refreshing fragrance—all this you find in a cup of Tetley's Orange Pekoe Tea. Joseph Tetley & Co., Inc., New York

GEORGETTE COMBINED WITH ORGANDIE

The Woman's Exchange



It's pink, and that makes it all the more popular. The dress itself is of georgette and the collar, trimmed with lace, is white organdie. The little ribbon bows are an addition that is decidedly attractive and in very good style. The hat is pink, too.

There are a good many pretty girls, I don't mean paint, lipstick and peroxide or sage tea kind. I mean a girl that is "nature's beauty." But most of these girls dance, even if not at dance halls.

The only chance you have is a girl who is in mourning and cannot dance. I know a girl who would be a girl "ideal," but she will dance in the future. She is an ideal girl, but she would want you to be good-looking, although not conceited, lovable and an educated person. If you are such, I think there is a chance for you.

HAPPY. FRIEND OF "BLACK EYES"

On Ideal Occupation for Young Women Opportunities are frequently offered in Bell Telephone Operating for promotion to supervisory positions. Our chief operators, women occupying executive and important positions in our Company, all started as operators—as you can start to-day. One-half hour spent in talking things over with Miss Stevenson, 1631 Arch St., may mean future business success for you. The Bell Telephone Company of Pennsylvania

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To Whiten the Skin To the Editor of Women's Page: Dear Madam—Can you tell me of something to make my neck white? I am a dark-complexioned girl and my neck is very dark. It is not dirt for I wash it almost every time I have a chance, but it always stays the same color. Since you have given so much advice to others, I hope you will help me, too. "DARKIE"

If your skin is naturally dark there is little hope for you to make it white. There are skin whiteners sold in the drug stores that might help and rubbing your neck with lemon juice will whiten it if it can be whitened. Isn't your face, dark, too? If you are naturally dark-skinned, I'm afraid you will just have to be content with it.

The Birthday Verse To the Editor of Women's Page: Dear Madam—Will you please print the rhyme for the days of the week regarding the birth of a child? Will you please tell me on what day March 16, 1902, came? What the measurements should be for a girl of five feet ten inches to have a perfect figure? Should a public stenographer should charge for typing a letter of eighty words? MOLLIE

The birthday verse is as follows: Monday's child is fair of face, Tuesday's child is endowed with grace, Wednesday's child is full of woe, Thursday's child has far to go, Friday's child is loving and giving, Saturday's child works hard for a living, But the child that is born on the Sabbath day is blithe, and bonny, and good and gay.

March 16, 1902, came on Monday. The only girl I have been able to find of correct measurements stops at five feet eight. I am sorry to say. The measurements for that height are: Weight, 166; neck, 13 1/2; chest, 33 1/2; waist, 29; biceps, 12 1/2; forearm, 9 1/2; wrist, 6 1/2; hips, 41; thigh, 25 1/2; calf, 15 1/2. Perhaps you can get some idea from these proportions how you measure.

By writing to the Physical Culture Magazine or teacher, you can get the correct measurements.

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HAPPY. FRIEND OF "BLACK EYES"

PAT-A-CAKE Afternoon Tea Cake TAKE entire contents of package of Pat-a-cake and 1/2 cup of whole milk. Beat with an egg-beater until somewhat foamy and light. Bake in hot oven. C-A-GAMBRIILL-MFG-CO. PAT-A-CAKE a GAMBRIILL Product

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WHEN WE READ OF A CHILD WHO IS LOST OR "MISSING"

Our Hearts Go Out to the Mother Who Is Wondering Where He Is—There Is Such Uncertainty About His Fate

EVERY few weeks, it seems, there is a picture in the paper of a child who is "missing." Nobody knows whether he has been kidnapped or has wandered away and become hopelessly lost—or has been the victim of some tragic accident.

We all look at the picture of this child, read the description and the rest of the story and say: "Poor little thing, isn't he cute? It must be awful for his mother." For days we see this same child's name in the headlines. We skim over the story, frown sympathetically, and turn to something more cheerful.

Did you ever wonder how that child's mother must feel? Yesterday there was her child, happy, full of mischief, ready to laugh or cry without a minute's notice. Today, missing! What a dreadful word that is. There was a deep sadness about the lists of the sorrow during the war, but it carried with it a certain glory that lifted the sorrow a little. When we read about the "wounded" we suffered mentally in sympathy with their pain—but we hoped they would get better, and we knew they were getting as much care as possible.

But the missing? Oh, how we dreaded that word! How we prayed that any soldier of ours might rather be "killed" or "wounded" than "missing." There was such uncertainty about it. Was he a prisoner? We wondered about some one who was reported missing; had he been wounded and left behind to die alone? Was he lost, what had happened to him, and how would anybody ever know? It all seemed so desperately hopeless!

Now that the war is over most of us have forgotten the horror of that word "missing." Yet it still has its dreadful significance, its unbearable uncertainty. These mothers whose children are gone know the full horror of it. They must have realized it in those terrible twilights when they had had plenty of time to sit and dream before

the evening meal, with no chattering little voice to quiet down to sleepless, no naughty, pattering feet to halt and slide back into bed again.

They have wondered about that word "missing"—what does it mean? Did those little feet go too far and turn too many corners for the head above them to remember? Are they patting about in somebody else's house waiting for somebody to show them the way back? Or did they go far from home and people until they were so exhausted that they had to stop? And is that tiny little body still there all alone, where the tired feet dropped it?

Then there's that other possibility, that there was some one who carried away that sunny laugh, that tireless motion, that questioning voice. Could there be anybody in the world who would hurt a mother so—for money? And would any one so cruel as that take care of a child until he was willing to give him back? Was it an accident? Did those short legs walk too far into creek or too near the edge of a lake or river? What a torturous thought it is! "Missing"—the awful uncertainty of

it. A death by accident or disease is terrible to bear, but at least it is certain, final. Missing—there's nothing all a chaos of possibility and question. It must be awful for his mother. We say sympathetically, when we read of these tragedies, "I wonder whether we could ever realize how deeply, tragically awful" it really is for his mother. It would take all the sympathy in the world to measure up to this feeling.

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This food needs no sweetening for it contains its own sugar self developed from the grains.

While other cereals require more or less sugar to make them attractive Grape-Nuts own rich flavor is abundantly satisfying.

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