

## RECIPES FOR PASTRY AS GIVEN BY MRS. WILSON

With Fillings Made of Fresh Strawberries, Rhubarb and Raisins or Cherries. These Pies and Custards Are Delicious

### PRIZE MENU CONTEST!

**LISTEN TO THIS, HOUSEWIVES!** Here's a chance to show how clever you are at cutting the high cost of living. Can you feed four people for dinner on \$1.50? If you can—

**SEND IN YOUR MENU**

And join the contest in the EVENING PUBLIC LEDGER for the best menu each week. There will be cash prizes.

- First—\$2.50.  
Second—\$1.00.  
Third—\$1.00.

Rules: The foods mentioned in the menu must be staple, reasonable foods, and the winner must be able to present the sales slip for the materials used. Write your name, address and the date distinctly. Address all menus to—

**MRS. WILSON'S MENU CONTEST, EVENING PUBLIC LEDGER, INDEPENDENCE SQUARE.**

Show others how you fool the H. C. of L. and make some pin-money into the bargain. THE CONTEST STARTS ON MONDAY.

By MRS. M. A. WILSON

**MANY** inquiries for an easy and reliable method of making pastry have led me to repeat the pastry lesson today. Successful results may only be obtained by careful measuring and then closely following the method used in each individual recipe.

Sift the flour into the bowl and with a tablespoon fill a cup, piling the flour high. Now, with the cutting edge of a knife level the flour on the top of the cup. Take care not to shake or pack. Careless or indifferent methods of measuring will give poor results in the finished product. So, for this reason, measure all ingredients in this way—keep this fact in mind—all measurements must be level.

**The Recipe**

Place three cups of flour in a mixing bowl and add—

One teaspoon of salt.  
One level tablespoon of baking powder.

Drop three-quarters of a cup of cold water. Chop and fold over until the mixture forms into a firm dough. Do not handle, but cut right down through the mixture and then fold over the dough, pressing together very lightly. When ready to roll, use the medium-sized pie plate, or three pieces of four pieces for the small or seven and one-half to eight-inch size.

Do not use any flour during the rolling process. A marble, slate or a white-cloth-covered pastry board is best. Roll out the pastry the desired size and then fold and lift to a pie plate. Cover the plate with the pastry, ending the filling in the center as necessary. If the pastry is stretched over the plate, it will shrink from the edge and side during the baking process.

In order to prepare the bottom crust so that the top of the pie will be soft and soggy, brush the bottom crust after the pastry has been neatly fitted into the pie plate—brush lightly with egg and cover the surface evenly with the unbroken whites of egg. Let this dry for a few minutes and then brush liberally with a salad oil. The pastry is now ready to receive its filling.

**SOME FRESH FRUIT FILLINGS**

**Southern Strawberry Filling**

Wash one quart of ripe strawberries and then place in a bowl and crush. Fill into the prepared crust and then place in a smaller bowl.

Four level tablespoons of flour.  
Two level tablespoons of sugar.  
Five level tablespoons of water.

Place three-quarters of a cup of cold water. Chop and fold over until the mixture forms into a firm dough. Do not handle, but cut right down through the mixture and then fold over the dough, pressing together very lightly. When ready to roll, use the medium-sized pie plate, or three pieces of four pieces for the small or seven and one-half to eight-inch size.

**Rhubarb and Raisin Filling**

Wash two bunches of rhubarb and cut in half-inch blocks. Place in a saucepan and add—

One cup of sugar.  
Five level tablespoons of flour.

Simmer slowly until the rhubarb is tender. Cool. Now place—

Three-quarters cup of sugar.  
Six tablespoons of flour.

In a small bowl mix together the rhubarb mixture and beat just enough to mix. Turn into a pie plate, which has been lined with pastry and prepared for the fresh fruit filling. Add up to the position and brush with beaten egg wash. Bake for forty minutes in a slow oven.

**Cherry Pie**

Stone the cherries, or use about one

**The Question Corner**

Today's Inquiries:

- How can peach stains be removed from a tablecloth?
- What method of watering plants in pots is most successful in making them grow?
- Describe a novel and attractive whisk and holder?
- How can a flaring top be put on a hat from a hatband? Will it hold over the band without pinning or sewing held close?
- When the chain of a watch is broken in which to check to find the edge of the plates? The chain and top back of the dishes, how can a substitute be made?
- If the pattern key that supports a fan can't get stuck and will not turn, how can it be made to work properly?

Yesterday's Answers:

- The newest and most fashionable is a long shaft of pincushions, feathers.
- When making a hatband, use a flimsy material, sewing round the edge of the sewing machine will make a flimsier surface to work on.
- Ribbon made of raffia is attractive for hatbands.
- A novel porch pillow can be made by making a black cover and attaching flowers of various colors, cut from scraps of cotton, linen or muslin.
- When the chain of a watch is broken in which to check to find the edge of the plates? The chain and top back of the dishes, how can a substitute be made?
- If the pattern key that supports a fan can't get stuck and will not turn, how can it be made to work properly?

## Please Tell Me What to Do

By CYNTHIA

**Try to Ward Off Divorce**

A "Steady Reader"—If your mother goes with you would not be interested to accept this family friend's invitation to a show. Can you not ward off getting into a divorce by a good move? Is there no possible way to bring about an understanding? Think it over.

**Lucky Girls**

Dear Cynthia—Kingston Girl wanted to know why blonde and red-headed girls get the most attention. I would like to say that we are both brunettes, and although we do have more attention as the blonde and red-headed girls of our neighborhood.

**Wants to Take Her Out**

Dear Cynthia—I am a young man in an office position, and I desire to ask you a question.

There is a very refined girl in the office with whom I'd like to become acquainted. Now, would it be proper for me to ask her to go to the theatre some evening? I do not know just what to do, as I am really a stranger to her.

**Elkton Marriage Questions**

Dear Cynthia—The fare to Elkton, Md. Two. The time it takes to get to Elkton is about an hour and a half. It is a beautiful city, and I would like to go there to obtain the marriage license. Please—What time should I go to the Elkton Court House. Please—Consult the license clerk.

**He's Grown Cool**

Dear Cynthia—I am a young girl of twenty years of age, and was going with a young man thirty years old last summer. He was very attentive, and now he has grown quite cool. I think an awful lot about him. Now, Cynthia, ever since that time, I have been very nervous. Please, Cynthia, tell me what to do.

**Scolds "Anxious"**

Dear Cynthia—Will you kindly publish this in your column as answer to one who loves a Lieutenant. I am a 100 per cent American girl, and have had a very hard time of it, and I am sure you will be glad to know that I am not a scold. I have a very kind and thoughtful young man, and I am sure you will be glad to know that I am not a scold. I have a very kind and thoughtful young man, and I am sure you will be glad to know that I am not a scold.

## Separate Blouses

A Daily Fashion Talk by Florence Rose



It's dotted Swiss, the one in the center, with a vest of white organdie. The smocked blouse at the left is made of cotton voile with long sleeves. Abbreviated sleeves are shown in the pretty waist of organdie and lace at the right.

## THE STREETS OF LIFE

By HAZEL DEVO BACHELOR

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**A Confession**

Anne Carpenter, one of the beautiful women in the little town where Anne had lived from childhood, helped to lead some happiness into Anne's gray life. Her father had brought her up with no friends and with none of the usual pleasures of a girl's life. She had never had a young man, and she had never had a young man, and she had never had a young man.

ON THE Saturday afternoon that Mabel Hill and Dore Grey were expected with some other people to spend Sunday, Geraldine spoke again to Anne about her situation at home. It was the day after Anne's experience with Bill Snyder, and she was still depressed with the ignominy of his coming there, of playing the possessive with her when she had always given him to understand that any relation that she might ever have with him would be because they were forced upon her. She knew that Anne would not be done about it, and she hated herself for being so coward and holding back. Yet she was so afraid of what he might do, she might take Anne for ever into the life that her father had chosen for her.

Dear Cynthia—I have never gone through college and the private education that you had, and I am sure you will be glad to know that I am not a scold. I have a very kind and thoughtful young man, and I am sure you will be glad to know that I am not a scold. I have a very kind and thoughtful young man, and I am sure you will be glad to know that I am not a scold.

**Y. W. C. A. "Saloon"**

An old saloon in the Italian section of New York has recently been taken over by the Y. W. C. A. and turned into a community center for Italian women and girls. The brown woodwork has been painted blue and lively chandeliers have been hung at the windows. The old place is hardly recognizable. This center is being used during the day as a nursery for children whose mothers are working, for a babies' clinic, and for mothers' club meetings. In the evening the saloon is open to the girls who work during the day.

**Flypaper**

Flypaper may be prepared in the following manner: Take two pounds of rosin, one pint castor oil and heat together until it looks like molasses. Take an ordinary paint brush and smear the preparation on any kind of paper—an old newspaper is best—and place several sheets about the room. A dozen of these may be made at the cost of one cent.

## The Woman's Exchange

**Special Delivery Boys**

To the Editor of Woman's Page:  
Dear Madam—I would like to work as a special delivery boy, and my bicycle is out of shape, and would like to know if the company has bicycles and lends them to the boys.

**The Sixtieth Wedding**

To the Editor of Woman's Page:  
Dear Madam—Kindly let me know at your earliest convenience what decorations are used for the sixtieth wedding anniversary.

**Essay on Prohibition**

To the Editor of Woman's Page:  
Dear Madam—I am a pupil in one of the high schools. We, the pupils of the high school, were asked to write a thousand-word essay on "How Would You Enforce Prohibition?"

**Selling Fancywork**

To the Editor of Woman's Page:  
Dear Madam—Would you please tell me through your column how I could sell embroidery work that I have done, and where and what kind of things do they accept? Dollies, squares, centerpieces, etc.

**Getting Rid of Rats**

To the Editor of Woman's Page:  
Dear Madam—We are annoyed with rats or squirrels in the walls of our house. Would you kindly advise us how we can rid ourselves of them?

**In the Kitchen**

I am not very strong and find I can hold out to do my work so much better when I sit down to iron, wash dishes, prepare vegetables, etc. I have no kitchen stool, but find my little daughter's high chair, with the tray thrown back, even better, as it has the back to lean against. It is just the right height for ironing-board and sink.—Pictorial Review.

## SATURDAY MORNING HAS LOSERS ITS THRILL FOR SCHOOLGIRL

The Warmth of the Air and the Fragrance of Flowers Bring With Them a Pleasant Laziness That Makes School Life Delightfully Restful.

HOW do you feel about Saturday morning nowadays, schoolgirl? Do you still open your eyes and moan, "Oh, what do we have first period?" or do you know my Latin—oh, it's Saturday, thank heaven?" Or has the soft charm of this last term taken the terror out of first periods and Latin composition and geometry?

**Baby's Petticoats**

When making infants' petticoats both the flannel one and the nainsook one of the same body. It saves trouble of making two yokes and another of putting the little arms through so many armholes.

**Hand Knitting Wool**

Direct From the Mill  
For Making Sweaters and Novelty SO DIFFERENT \$4.00  
COLORS \$4.00  
PURITAN WORSTED MILLS  
121 No. 7TH ST., PHILA.  
Special Discount to Women Who Make Sweaters to Order  
Bell Phone—Market 888

**Adventures With a Purse**

FOR your porch this summer, a magnum basket! But they are smart, these baskets. The one I have in mind is a rich, deep blue and reminds one of a big graceful garden hat with a ribbon that curls down the sides. The basket, of course, forms the handle. These baskets are very graceful and pretty, to say nothing of their being very useful.

**Salada**

If you love tea and your quest is ever for the perfect cup, you will find it in "Salada."

If you've never before cared for tea, "Salada" will make you as great a devotee as Samuel Johnson, "who with tea amused the evening, with tea solaced the midnight, and with tea welcomed the morning."

**POMPEIAN OLIVE OIL**

Sold Everywhere

**Do Your Sewing Anywhere**

For that cumbersome, old-fashioned treadle machine substitute this up-to-the-minute, portable electric, which may be carried from room to room with ease.

**FREE-WESTINGHOUSE Electric Sewing Machine**

Costs only one cent to operate for three hours. Easy, Swift, Efficient. The only electric machine with a built-in motor. See it demonstrated at your electric dealer's or ask us.

**H. C. ROBERTS ELECTRIC SUPPLY CO.**

Wholesale Distributors  
11th & Race Philadelphia

**Make your breakfast cereal a substantial part of the morning meal. An energy builder in an attractive form is Grape-Nuts**

**Grape-Nuts**

for this food of pleasing taste is made of selected wheat and malted barley and is full of nourishment.

**Grape-Nuts is unusual among ready-cooked cereals as it contains its own sugar, not added in making but self-developed from its grains.**

**Grape-Nuts saves sugar "There's a Reason"**

Made by Postum Cereal Co. Battle Creek, Mich.

## Phone Baring 205

The getting of really good milk for your table has no more bother for you than picking up the telephone. Merely phone Baring 205.

## ABBOTT'S A MILK

is a scrupulously clean, rich, pure milk. Try a bottle tomorrow—see if your judgment is not in accord with ours in saying that Abbotts' "A" Milk is the best milk you ever tasted.

Phone Us to Deliver a Bottle Tomorrow—Baring 205

**ABBOTT'S ALDERNEY DAIRIES, INC.**  
31st and Chestnut Both Phones  
Branches—Atlantic City, Ocean City, Wildwood  
Have You Tried Abbotts Ice Cream?

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