

MRS. WILSON'S GOOD IDEAS FOR THE MEALS ON SUNDAY

Strawberry Shortcake Is in Season Now and Here Is a Delicious Recipe—Bacon and Rice Croquettes

By MRS. M. A. WILSON
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Now that the markets are supplying us with reasonably priced southern green vegetables, let us keep in mind that when cooking these succulent greens very little water is used.

- Bacon and Rice Croquettes**
Wash one-half cup of rice in plenty of cold water. Then place in a saucepan and cover with two and one-half cups of boiling water. Cook until rice is soft and water absorbed. Now mince fine.
Four strips of bacon.
Four onions.
Cook onions and bacon until onions are soft and bacon lightly brown. Now add:
One teaspoon of rice.
One-half teaspoon of salt.
One-half cup of finely minced parsley.
Mold into croquettes and roll in flour. Dip in beaten egg and roll in fine crumbs. Fry golden brown in hot fat.
Celery, Lettuce and Tomato Salad
Mince fine
Three onion bunches of celery.
Eight leaves of lettuce.
Two tomatoes.
Turn in salad bowl and dress with French dressing.

A SUGGESTIVE WEEKLY MARKETING For Three Meals on Sunday
BREAKFAST
Grapefruit
Poached Eggs on Toast
Bacon Garnish
Watercress
Coffee
DINNER
Oyster Cocktail
Celery
Baked Tomatoes
Boiled Macaroni
Lettuce
Strawberry Shortcake
Coffee
SUPPER
Bacon and Rice Croquettes
Tomato Sauce
Celery, Lettuce and Tomato Salad
Rye Bread and Butter Sandwiches
Sponge Cake
Tea
The market basket will require for six persons:
Three grapefruit.
One pound of bacon.
One and one-half dozen eggs.
Three pounds of southern tomatoes.
One-quarter pound of cheese.
One package of macaroni.
One head of salad.
One bunch of watercress.
Two stalks of celery.
One bunch of scallions.
One bunch of asparagus.
One box of strawberries.
Twenty-five steaming oysters.
One bottle catsup.
One bunch of cauliflower.
One-half cup of rice.
One can of tomato soup.
One package of celery.
One-half pound of peas.
One average
Glass of jelly.

Baked Tomatoes
Scop out one large tomato for each person. Turn pulp into bowl. Now add:
Four hard-boiled eggs, chopped fine.
Three-quarters cup of bread crumbs.
One tablespoon of finely minced parsley.
One tablespoon of finely minced onion.
One teaspoon of salt.
One-half teaspoon of pepper.
Mix and pour sauce into greased custard cup and add one tablespoon of water to cup to prevent tomato from bursting. Fill with the mixture and sprinkle with fine breadcrumbs. Place in the oven and bake thirty minutes in moderate oven, basting each tomato with one tablespoon of bacon fat.

- Cheese Sauce**
Place in saucepan
One and one-half cups of milk.
Five tablespoons of flour.
Stir to mix thoroughly and now bring to a boil. Cook five minutes. Add:
Three well-beaten eggs.
One teaspoon of salt.
One-half cup of grated cheese.
One-half teaspoon of pepper.
Heat until cheese melts.
- Strawberry Shortcake**
Place in a mixing bowl
One cup of sugar.
Yolks of three eggs.
Cream well. Now add:
One-half cup of cold water.
One and one-half cups of sifted flour.
One level tablespoon of baking powder.
Beat to mix and then stir and fold in the stiffly beaten whites of two eggs. Turn into oblong or square pan and bake in moderate oven thirty minutes. Cool, split and fill with crushed and sweetened berries. Now pile high with fruit whip, which is made as follows:
White of egg left over.
One-half glass of apple jelly.

Please Tell Me What to Do

By CYNTHIA
Letter From T. B. P.
Dear Cynthia—Even though the buck private has been cast into Coventry (for some reason utterly unknown to him), won't you please do him the favor of publishing the following information? The name and address, if any, of a hotel in New York which has been established to care for women who are without escort.
Thank you.
THE BUCK PRIVATE.
What do you mean, Coventry?
We cannot recommend a place in the column. Send a self-addressed stamped envelope.
Admires "Plain Mary"
Dear Cynthia—I am interested in an article signed "Just Plain Mary." Now I'm like "Lots of Experience," and most women seem to want and expect too much and have no regard or feeling and show no appreciation for what is done for them. "Just Plain Mary" I would judge to be the "girl in a million" type, lots of sense, capable of a cheerful smile and an encouraging handshake; she'll make some "guy" a happy pal, who won't mind handing over his pay envelope in exchange for the privilege of working for her.
Little Mary, I wish you could slip your address under my front door.
JUST PLAIN JOHN.

IT'S MADE ENTIRELY OF BEAUTIFUL LACE



The Vogue for dresses made entirely of uncut lace is extremely popular. In this frock the pink sash with its wide bow and the pink roses on the hips are the only variations. There is a slight tendency to a bustle effect in the new dresses. The large bow achieves it in this model.

A Daily Fashion Talk by Florence Rose
THERE is something distinctly new in the way that lace is being used. It is not a trimming in the sense that I thought of it ten or twelve years ago—something to be applied after the frock was completed in a collar, bolero, applied straps or bandings. It is draped on as part of the frock itself. It is used with a lavishness and generosity that is really not consistent with the prevailing high prices. However, it may be that this method of using lace so general to-day originated with the requirement of aristocratic women of France who were willing to make use of precious quantities of real lace providing the dressmaker did not cut them.

She Loves Her Home
Dear Cynthia—Please print this letter in reply to "Anxious." I wish to state that I for one girl am in before 12 every night I go out, sometimes before 10. I would be satisfied with a box of chocolate every two weeks and I do like a good musical comedy, but I wouldn't go back on the movies, as I do like a good movie, too.
I do not dance, but often wish I did, as I think dancing is a good pastime if it is done in the proper way. I am not ashamed to say that I can clean a house from cellar to attic, wash and also cook a little. I am not the only girl who can do these things; there are more young girls like myself in this world.
I know some of them.
AMERICAN GIRL.

Questions 'One Who Knows' Motive
Dear Cynthia—With hope that an admirer of your column will not be refused I am asking you to publish the following:
To "One Who Knows": In reference to your letter published in Cynthia's column April 20, I have nothing to say but that you, claiming yourself an Italian, in giving such advice to "Anxious," a creature who purely loves a man and asks your counsel, you are nothing but the wife, maybe, of a low breed Italian. I am a young man of Italian birth and a proud citizen of this great U. S. A., but if there is any one to tell me that Italians do not give freedom to a woman, they are the ones that are ashamed to be Italians, and I am quite sure they are exaggerating. To you, my dear Anxious: Marry the man if you really love him, because a good Italian is well worthy of any girl's love, and love has no exceptions. Good luck to you, fair heart.
A BELIEVER IN TRUE LOVE.

The Woman's Exchange

Remedy for Frosted Feet
To the Editor of Woman's Page:
Dear Madam—Will you please suggest something which will heal frosted feet, as I am troubled terribly with them?
A. C.
You will have to consult a physician for a remedy for this, as I cannot recommend anything of that kind through the column. There are lotions sold that would be very soothing if you are in pain, but the doctor would have to prescribe a cure for this trouble.

On Being Introduced
To the Editor of Woman's Page:
Dear Madam—Please let me know through your column the manner in which to act in meeting a new friend. And kindly let me know how to start a conversation. I am a girl of nineteen years.
E. V. Q.
When you are introduced to some one simply bow and smile in a cordial way. Unless you are left alone with the stranger you will not have to say anything right away, for the person who introduced you will probably start the conversation. If you feel that it is "up to you," make some remark about the kind of weather there happens to be at the time, or where you are going or where you have been. If you have heard your friend speak of the person who has been introduced you can say, "I've heard a great deal about you, and that an always be counted on to start a conversation."

To Be a Child's Nurse
To the Editor of Woman's Page:
Dear Madam—I am a steady reader of your page and would like you to help me out if you can.
I am a young girl eighteen years of age and I would dearly love to become a child's nurse. Is there any organization that I could take a course? Have you any information as to how much? Some people told me that I have to take a six months' course before I can take a position. Is this so? I'm tall and thin, and I know I would look very neat in a white uniform.
I would also like to know on what day of the week October 1, 1922, fell on.
MISS E. R.
It is not absolutely necessary to take this training course in order to be a nurse for you to know the things that you would learn in taking it. Experience teaches you a great deal, but there are certain things in dressing, feeding and generally caring for a child that you could learn only by professional training. There is an eight months' course at the Babies' Hospital, 234 South Ninth street, and other children's hospitals have the same kind of course. Write to the superintendent of nurses at some of these hospitals to get the full details. October 1, 1922, came on Wednesday.

For Making Flowers
To the Editor of Woman's Page:
Dear Madam—Will you kindly tell me where dies for making flowers and foliage can be bought? I have tried to buy them, but so far have not succeeded. Will you also tell me where hand embroidery can be bought? MRS. A. Z.
I can quite understand your question. Do you mean the kind of die that is stamped on paper, or the kind of machine that colors materials, or simply the making of fabric flowers? You did not say whether you wanted it for printing, decorating or millinery. Of course, you can use any kind of die, and you can get your die and materials at a millinery or haberdashery store. The other kind would have to be made to order. You can sell hand embroidery on commission at the Woman's Exchange, 114 South Seventeenth street. Send a sample of your work to be passed on by the judges, and if it is accepted, your work will be put on sale there in the shop. You will find, from which to make your selections.

A "HAPPY HUSBAND" SAYS HOUSEWORK IS A BUSINESS

His Wife's Sister Never Complains About It, Either, but Then She Has Only Two Children, a Maid Twice a Week, and "Mother" Lives With Them

A CERTAIN "Happy Husband" has expressed his large and spreading ideas on the subject of housework. He is married to a woman who had a business education. They have no children. They live in an apartment and he makes a good salary. Their housework is carried on on a "fifty-fifty" basis; that is, he puts the cereal and coffee on in the morning and helps with the dishes in the evening. Their life is ideal. He is thoroughly happy. His wife never complains about housework. His wife's sister is also married. Her husband also makes a good salary. She has two children, no maid, excepting a cleaning woman twice a week—and, oh, yes, "mother" lives with them, too. They get along beautifully, too. There is never a murmur from either of these two married women about the work of housework, and so this "Happy Husband" asks why it is that women are constantly complaining about housework. Why can't it be made a successful business like any other business? he wants to know. His wife managed to make it so and so did her sister.

Well, now, why can't it? Suppose you're a "housewife." Suppose you say to yourself, "My husband having helped me with the breakfast and left for the office, I will now do an hour in getting one child off to school, another settled with his playthings and the dishes washed." Business like enough, isn't it, and perfectly possible, as it stands. But what would happen to that routine, if, as so often happens in most families, the older child developed a serious case of temperament and had to be coaxed, persuaded, threatened and commanded to school? That would take

about fifteen of your thirty minutes. That finished you would turn busily to your dishes, only to find that there was no hot water and you had to heat some. That would be easily attended to, but what busy woman ever got nicely started washing dishes without having to drop it and answer the telephone. "Wrong number; will you excuse it, please?"

IN THE meantime, unless Junior has been chained to a post, or is an unusual child, he is surely doing something or other by this time that must be stopped. And so it goes all day. No, not an exaggerated day, an average day. Isn't it, mothers and housewives? Suppose you're in an office all day, every day. You have a certain duty to perform at a certain time. You pass it along to some one else to finish up. The telephone rings. If it's your duty to answer it you do so, but nine times out of ten you don't have to finish the conversation. If it isn't your duty to answer it, you don't pay any attention to it whatever, no matter if you're the only person in the office. It doesn't interfere with your routine; it isn't your job. You have regular duties and regular times for them. You take a certain amount of time for lunch and you stop at a certain time. When you stop you're through. Could housework

ever be like that? Is housework ever finished? "Happy Husband" has an ideal wife, no doubt. If she has any household troubles she keeps them to herself. How does he know what goes on during his absence at the office? To the average man housework means washing a few dishes, dressing a few children and making a few beds. What in the world does he know about putting those dishes away, keeping those children clean, darning their socks, if the average man orders their food and his own, getting it ready to be cooked, getting all his socks on? Could all those details be made into a one-woman business, like a national automobile top? What do you think about it, housewives, does "Happy Husband" rave or does he know what he's talking about?

A Time-Saver
When stitching rows of ruffling on a net foundation a great deal of time and patience are saved and tedious measuring done away with if the following method is used: On a piece of paper draw lines the width apart you desire the ruffling to be when the garment is darned the paper will show the ruffles. The lines readily show, though the net and are easily followed either in basting or stitching on the machine. Tear the paper apart after the ruffles are sewed on. Georgette crepe or any thin material may be treated in the same way.—McCall's Magazine.

Discoloration
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