MRS. WILSON MAKES A CHANGE FOR FRIDAY'S MARKET BASKET

Broiled Perch 1s Something Different for Sunday Breakfast, Creamed Sweetbreads for Dinner and Savory Eggs for Supper

By MRS. M. A. WILSON

(Copyright, 1929, by Mrs. M. A. Wilson, All right reserved.) TIHIS is just the season of the year when the family appetite is most A when the family appetite is most capricious. The members of the family are finicky and really do not know just what they want to eat. Now, Madame Housewife, put on your bonnet and his ye forth to fresh markets; away from the usual places where you secure your daily portions of food; for you know, from the usual places where you secure your daily portions of food; for you know, from only that the daily and the province of the control of frequently that tired feeling sets in he cause of the food and way it is served. Here, no doubt, you will find foods add

I have just returned from a market trip and plan to have the menu for three meals on Sunday:

THE MENU BREAKFAST

Baked Prunes and Cranberries Broiled Perch Watercress Garnish Potatoes a la Princess Clover Leaf Biscuits

DINNER Savory Tomato Soup Scallions Salted Peanuts

Radishes Creamed Sweetbreads, Flemish Style Peas a la Dowling Lettuce Asparagus Peach Dumplings

SUPPER Sardine Canape Sarory Eggs Macaroni an Gentin

Prune Short Cake. The market basket will require One pound of prunes.
One half pound of evanherries.

Two pounds of perch. One quarter neck of potators. One bunch of leeks.

Two bunches of scullions. One bunch of radishes. One bunch of parsley. One head of salad. One bunch of asparagus

One-half pound of dried peut. One can of lomate sorp. One half pound of pranuts. One box of sardines. One dozen eggs. One package of uncaroni.

Two large succetbreads.
Bix French or Vienna rolls Baked Prunes and Cranberries Soak brunes over night and now lift

twenty four prunes into baking dish. One cup of cranherries. One cup of brown sugar or sirup. One-half cup of water in which primes

were baked Place in oven and bake slowly. To Broil Perch

Cleanse the fish and split. Remove the bones; lay flat on baking pan and brush with plenty of shortening. Dust lightly with flour. Place in broiler and broil in usual manner. Baste frewith well season left French As soon as fish is well place in the oven to finish dressing. cooking.

Potatoes a la Princess Out six cold, boiled potatoes into Now add

Two onions. Two green peppers, chopped fine. Mix potatoes, onions and peppers and turn in casserole dish. Now

One and one-half cups of cream sauce One-quarter cup of finely-chopped

Tues teaspoons of sait, One teaspoon of white pepper Pour over the potatoes. Make smooth on top and der with tiny bits of butter. Place in hot oven and bake twenty-five minutes.

Clover-Leaf Biscuits Place in a mixing bowl Three cups of sifted flour.

One teaspoon of salt. Three level tablespoons of baking Two level tablespoons of sugar.

Sift between fingers to mix. Now add seven eighths of a cup of milk or water and work to a smooth, clastic dough in the mixing bowl. Form dough into balls the size of a walnut and place three in every cup in wellgreased muffin pan. Press slightly to gether. Bake in hot oven fifteen

Savory Tomato Soup Turn into saucepan one can of tomato soup. Add two cans of water

Small piece of bay leaf. One-quarter teaspoon of allapics Four tablespaons of cornstarch. Two onions chopped fine.

Stir to dissolve the cornstanch. Bring to a boil and simmer slowly for ten minutes. Serve in bouillon cups. Creamed Sweetbreads

Soak the aweethreads in cold water, adding the juice of one-half lemon, for two hours. Drain and place in saucepan and cover with boiling water. Bring to a boil and cook for ten minutes; then turn in colander under cole



A Nutritious Diet for All Ages Quick Lunch at Home or Office Avoid Imitations; and Substitutes



gunning water. When cold, remove the tabes and fatty particles. Now cut crust from rolls and carefully scoop out the crumbs, making a bread casserole. Brush inside of bread casserole, rolls lightly with good salad oil and

in saucepan Two and one half cups of milk,

in oven to brown

One-half cup of finely chopped para-

Two tenapoons of sall One jeaspoon of paprika, Juice of one-half lemon, wo well beaten raw eggs.

Beat hard to mix and now add three hard holled eggs cut into quarters and the sweetbreads cut into inch pieces. Heat to the boiling point and fill into the prepared rolls. Dust with paprika and place in oven for five minutes.

Peas a la Dowlings Wash and soak over night one-half bound of dried peas. In morning, cover with cold water and cock until

tender, taking care not to have much water when nearly cooked Now drain; rub peas through col-ander into howl. Season with Two tablespoons of butter, One teaspoon of salt.

in vegetable dish and pour two tablepoons of melted butter over top.

Savory Eggs

Miner line One bunch of lecks.

Four onions, Two branches of paraley, Place in saucepan six tablespoons of what I am talking about, as I also bacon fat. Add herbs and cook slowly have had experience. If girls would

One tablespoon of rinegar,

Three tablespoons of tengar.

One rup of ceram sauce.

Stir to blend. Now grease a custard cup well and put two tablespoons of sauce in a cup. Break in egg. then add two tablespoons of the prepared sauce in a cup. Stir to blend on tablespoons of the prepared sauce in a cup. Break in egg. then add two tablespoons of the prepared sauce. Set cups in pan of warm nates. add two tablespoons of the prepared sauce. Set cups in pan of warm water and bake in moderate oven for twenty girls to do it; there are too many minutes.

Mrs. Wilson Answers Queries

Dear Mrs. Wilson - Every evening I take great pleasue in reading your valuable recipes, for which I thank I have a quantity of dried mush-

rooms (Ceper). I do not know how to use them. Would you kindly tell me? MRS. N. S. D. Wash well, sonk in cold water for one and one half hours, parboil and use as for fresh mushrooms,

Dear Mrs. Wilson-Will you kindly give me recipes for honeycake and cookies? MRS. E. W. See recipes February 23.

Mrs. N. M. and Mrs. W. H .- Received your letter too late to have reply reach you in time; come again and allow two weeks for answer.



9714

APiece of Ice

that Measures

12 in on Each Side

Weighs

57%_lbs.

Please Tell Me What to Do

By CYNTHIA

Is This Kind, "L. of E."? Dear Cynthia-One of your correspondents, who signs herself "Experienced," requests an answer from some of the readers of your columns.

To begin the subject, "Experienced" claims all fellows like to make fools out of girls. Does "Experienced" ever think of the girls who make fools out When ready to serve dinner, place of us fellows? We are like the proverbial fool and his money. All girls think of at this present age is to get some poor simp and fleece him for a vians were the first Europeans to One-half cup of flour.

Stir to dissolve flour. Bring mixture good time, and when he can't show to a boil. Cook three minutes. Now them a good time any longer, it is gaining it as early as 1863.

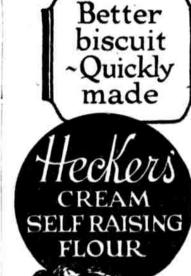
"so long, kid," and they hunt up another. Now, in regard to kissing: This kissing business is what I call puppy love: nothing to it. In fact, it is a sample of weak-mindedness, soft stuff. fickleness. You say you would have died for this man. In what manner would you have given your life for him? if he got down financially, would you go get a position, too, and help him get on his feet? Or would you hunt some corner and sit down and bemoan your fate, and wonder why you ever married such a man? All these ques-tions I ask you are the questions of true love. You know, "Experienced," that they all spring that stuff about dying for each other; and often after marriage they are trying to knock each other's head off. Sit back and wait, you say One-half teaspoon of pepper.

One-half teaspoon of onion extract, but how hard to find them. Eight out to be been the beautiful teaspoon of onion extract, but how hard to find them. Eight out to be been the beautiful teaspoon of onion extract, but how hard to find them. Eight out to be been to be are not worth powder enough to blow their own heads off. While they may girls of good morals, honest and good companions to go around with, so far as marriage is concerned, they would wreck a man's life. I know stop this puppy love business, use com-mon sense and study well before they

> among you now. a man; then you girls or women act as romen should act.
>
> A man generally pays a good price

for a good article, but a poor article is paid for accordingly. The good girls of today are the old-fashioned kind, who don't sit in a car and pull out a powder puff, or make their faces look like Indians on a warpath; who don't wear dresses up to their knees; who will enjoy and appreciate a fifteen cent movie as much as a sate a fitteen-cent movie as much as a \$2 or \$2.50 musical comedy, and who are never throwing out hints for a feed nor asking "Where are we going next week?" Lots of them have the uerve to ask a fellow: "Where do we go from here?" The kind of girls we sensible fellows are looking for are not the dear bath, nor the deal nor the the jazz baby, nor the doll, nor the

LOTS OF EXPERIENCE.



Ice Saves Worry

"Oh, my! Butter melted, milk soured, fruit rotting, meat spoiled, cheese oily! Was ever a woman so put about?"

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to be economical. Now see the results.

Exchange Woman Suffrage To the Editor of Woman's Page: Dear Madam-Kindly answer our column the dates woman suffrage movement was first begun in the United States of America; also in England. Did

The Woman's

any other country introduce it pre-viously to above-named ones? E. G. G. The end of the Revolution marks the beginning of the campaign for woman suffrage, but it was not until 1848 that the first convention was held. England also started in 1847. The women of England were not denied the franchise until 1832, however. The first ad-

Name for a Club

To the Editor of Woman's Page; be suitable for such a club?

THE ? CLUB. THE ? CLUB.

How would some of these names do:
The Friendship Circle, the Leisure
Hour, Playtime Club, the Civil Social
('ircle (only you could spell them all
with an S). You might use blue, the
color of loyalty, and white, the color of
purity, for your colors, and let your
motto be "Loyalty and Purity." You
could take "Friendship and Fun,"
"Good Times, Good Manuers and Good
Sports" or "Happiness and Health"
for your motto. You might get more
ideas by requesting each member to submit a name, color and metto and
choosing the best. mit a name, cold choosing the best.

Write to Washington

Dear Madam-Could you kindly advise me through your column as to where I would have to write for pernission to have my aged mother, who lives in Germany, come into this country? My mother is a widow and has the first place, a man wouldn't be car-

rather hard to find nowadays in Ger. The gentleman who said that women many, you know. However the Immi-gration Burcau will tell you just what you can do and how to do it. aren't inventors was all wrong. Why, in one day a woman makes three or four inventions. Perhaps it would take longer

A MAN ONCE REMARKED

He Was Badly Mistaken-Women Are Inventing Little Short Cuts and Conveniences in Housework Every Day.

second somebody was a woman.

That seemed to be about all he could do. The spark plugs seemed to be right, opened those little spigot affairs on the ylinders-petcocks, are they? cylinders—percocks, are they? Automobiles have such queer names for their
parts. Finally he discovered that something or other had gone dry. There
was no grease on it, and it should have
been concealed in grease. They were
miles from a garage, and no cars seemed

nobody but myself. I am an American rying cold cream. He might have shavelizen.

A. P. ing cream but—use his perfectly good shaving cream for an automobile? No.



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MORNING SIP

THAT WOMEN DO NOT INVENT

Then somebody else, entirely separate and distinguished from the other two. but also a woman, came out with some-thing that proves it over again. It's only a little incident, but it's typical of a woman and the quickness with which her mind moves when necessary. It's the tale of a woman and her husband. who went for an automobile trip. They Dear Madam—Please tell me a suitable name for a social club of boys and girls. What color and motto would be suitable for such a club?

> to be going their way.
>
> Then the woman in the car had a "hunch." One of those "hunches" that women get! Without a word she opened her handbag, Pulling out a large tube she handed it to her husband. "Would it do?" she asked. He tried it. It would do. The car moved on smoothly its fractions parts lubricated by deb cately scented complexion cream. Their trip was saved.

You will have to write to the Immishaving cream. Dut—use his perfectly good shaving cream for an automobile? No. gration Bureau. in Washington. D. C., indeed. And, in the second place, the for instructions in this matter. It is two ideas of automobile grease and very difficult to arrange this, for it is necessary to get a passport and have it his mind. Anyhow, perhaps shaving it visced by a consul. Consuls are cream wouldn't lubricate.

about getting me any other lunch when she's got Post TOASTIES in the house

Ma don't bother

Sold by Grocers
Everywhere

Made by Postum Cereal Ca. Inc. Battle Creek, Mich.

ter's shoes have to be buttoned and she has lost her buttonhook. Out comes the hairpin to button Sister's shoes. Seven-Passenger Touring ; special body and paint; 6 tires; full factory equipment; attractive price.

Then Buddy drops his washcloth back of the bathtub and nobody can reach it—nobody except mother. She just gets out the hairpin, bends it at one end, and hooks up the washcloth. The refrigerator pipe gets clogged up. Mother wraps the hairpin up in a cloth and opens up the pipe. Lexington Motor Company of Penne, Loxington Building, 851-53 North Broad Se



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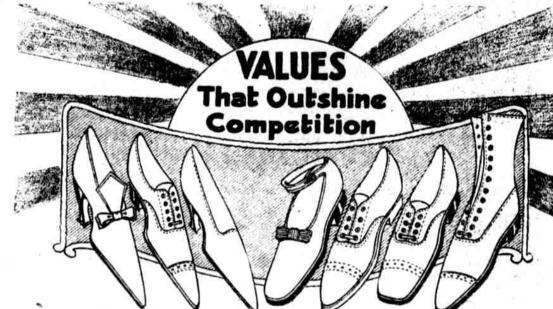
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Children's Russia Calf
Oxfords, Goodyear \$2.98
welt, sizes \$14 to 11... \$2.98
Misses' Brown Vici Oxfords, Sizes 11½ to 2
M.sses' Patent Mary
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