

MRS. WILSON GIVES RECIPES THAT CANADIAN COOKS USE

Various Delicious Ways of Serving Fish—Cabbage Pudding and Pork Cake Are Unusual—Preserves and Rice Are Combined

By MRS. M. A. WILSON

VISITORS are expected in the province of Quebec to eat the menu of the day and enjoy the distinguished features of the community...

Some Delicious Old Canadian Recipes

Chop fine sufficient salt pork to measure one cup. Place in deep saucepan. Add...

One large carrot, cut into thin slices. Cook gently. Do not let brown. Now...

Bring to a boil and cook slowly for two hours. Now place in a bowl...

Two teaspoons of salt. One teaspoon of pepper. One-half teaspoon of thyme...

One-quarter teaspoon of sweet marjoram. One and one-half cups of water...

Stir to dissolve thoroughly the flour and add to the chowder. Bring to a boil and cook for ten minutes. Add...

Four tablespoons of finely chopped parsley and serve.

To use this chowder for fast days, the housewife uses one-half cup of bacon or ham fat in place of the pork.

Fish a la Mode. Select small fish or cut large ones in pieces. Cleanse and wash in cold water...

Then drain, but do not let dry. Roll fish lightly in flour and fry slowly until a crisp brown in hot fat. When done...

lift to a baking dish. Now place in saucepan. One-half cup of chopped onions...

Five tablespoons of vinegar. Five tablespoons of catsup. One teaspoon of salt...

One-half cup of water. Four tablespoons of flour. Stir to dissolve and cook slowly for three minutes...

Turn over fish and sprinkle lightly with grated cheese. Bake in hot oven fifteen minutes.

Cabbage Pudding. Shred one third head of cabbage as for slaw. Place in cold water containing one tablespoon of salt and let stand for one hour...

Drain and parboil fifteen minutes. Turn in baking dish and now mix fine...

Four ounces of salt pork. Six ounces of beef. Two green peppers. Place in a saucepan and cook slowly...

Do not let brown. When fat is rendered out of pork, add...

Six level teaspoons of flour. Stir to blend, then add...

Two cups of milk. Stir to blend. Bring to a boil. Cook five minutes and now serve with...

Two teaspoons of salt. One teaspoon of paprika. One-eighth teaspoon of thyme...

Three tablespoons of finely minced parsley. Three-quarters cup of finely chopped cold meat...

Mix, pour over the cabbage and then sprinkle two tablespoons of grated cheese over top and bake in hot oven thirty minutes.

Pork Cake. Place in a saucepan. One cup of finely-chopped fat pork. Simmer slowly to tender, taking care...

to brown pork. When pork is clear, turn into a mixing bowl and add...

One cup of walnuts. One-half cup of brown sugar. One cup of seeded raisins...

Two level teaspoons of cinnamon. One teaspoon of ginger. One-half teaspoon of nutmeg...

One-half cup of finely-chopped nuts. Two and one-half cups of flour. Two level tablespoons of baking powder...

Beat to mix thoroughly one-half cup of water. Turn into well-greased and floured pan and bake in slow oven one hour.

Preserve and Rice Pudding. Wash one-half cup of rice in plenty of water. Place in a saucepan and add two and one-half cups of boiling water...

Cook slowly until rice is soft and water absorbed; then add one and one-half cups of water with weight on it to keep firm. When cold, turn from bowl and cut into thin slices...

absorbed; then add one and one-half cups of water with weight on it to keep firm. When cold, turn from bowl and cut into thin slices...

Grease a pudding dish well and dust with finely chopped nuts. Now place a layer of sliced, cold rice in bottom of dish and sprinkle with brown sugar...

A few seeded raisins and little nutmeg; then spread with jam, jelly or preserves. Repeat until dish is full, but do not spread top layer of rice with the jelly.

Now place in saucepan. One-half cup of water. Two cups of milk. Six tablespoons of sugar...

Two tablespoons of melted butter. One-half teaspoon of nutmeg. Two eggs. Yolk of one egg...

Beat to mix thoroughly. Turn over pudding and bake in slow oven for thirty minutes. Serve ice cold with fruit-juice, marmalade or...

White of left-over egg. One-half glass of apple jelly. Beat until mixture holds its shape. Canadian hospitality means a host of good, appetizing menus to offset the cold climate, and then plenty of fun. These things go hand in hand and daughters of Monsieur le Cure tells me that to know and enjoy my acquaintance with his good parishioners, I must needs attend a wedding.

A Canadian Wedding Next Week

Please Tell Me What to Do

By CYNTHIA

Better Let Him Go. Shirley—If this boy insists on kissing you and yet does not ask you if you could do anything about renewing the friendship...

You might write him a little note and say that you did not intend to sever cold to his friendship, but you do not feel that he has the right to exact these outward marks of affection from you when there has been no question of love between you. If he refuses to be reasonable about it after that let him go, he is not worthy of your friendship.

They Did Not Ask Advice. Dear Cynthia—How is it that you don't give your decision in the articles of "Bam" and "Experienced"? To many girls, your "Experienced" is the right party, while "Experienced" is not. Now, Cynthia, why don't you explain to "Bam" and "Experienced" the reason for their difference.

CRUM. Stands Up for Boys. Dear Cynthia—In answer to Thunder and Lightning, who have extended the query "What boys are good for?" I venture to remark that this is a somewhat indefinite and vague question...

Boys are adaptable for numerous things in this world. It is understood that in the stage of life called boyhood, stability of mind and character is not highly developed, hence the so-called "lads" between you. If he refuses to be reasonable about it after that let him go, he is not worthy of your friendship.

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A boy among boys is either conspicuously or otherwise forgotten of many inconsistencies, such as keeping appointments, for example; yet in company with the average boy changes his spots with surprising alacrity; in other words, he assumes a character totally foreign to his former self. His conversation undergoes radical changes, his outlook upon things changes. There is very little of the romantic in the makeup of the average boy. As for the girl, well, they always are a gloriously sentimental set. In connection with kissing I personally am opposed to the practice providing there is some understanding, such as an engagement. In conclusion, we must always bear in mind that the saying, "Boys will be boys," is true to character. In our relationship with boys in any sphere we must exercise and exercise tolerance to their bad traits, and as for the girls, once they realize the above stated facts and do not expect a boy to do or act a man's part, the course of friendship will not be marked by bad sailing, as stated in the lament of Thunder and Lightning. "SOCRATES"

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FOR BETWEEN SEASONS

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It's not too dark for spring nor too light for cool weather. The crown is straw and the brim (tun up, of course) is faced with orange georgette crepe. Crocheted worsted edges the brim and the hat is finished with a "dash" of the georgette crepe. Incidentally, the little net collar with its rows of lace is very good, too, and the lace is continued down the front to form a vest for the Eton jacket that opens below the neck.

The main objection to buying black jewelry—pins and the like—is that unless it is very expensive the black generally wears off in its wake the shiny metallic substance underneath. But there is one shop that has some really stunning examples. It is a small shop, but I believe will not wear off, as they are made of a different kind of material from the others. I wear one with a tailored blouse and have had it admired many times. And I paid but fifty cents for it.

From jet pins to tops for milk bottles is a long jump, but here we go. The tops are made of heavy, solid rubber and fit snugly over the bottle, protecting its contents from all prying and inquisitive germs. It is easily taken care of and cleaned, and is very inexpensive, costing but twelve cents.

Blue suits are nice, but if worn very hard they do become spotty. Which is why you should find the cleaning dry I want to tell you about, a great one. It is just a tiny round pad about the size of a fifty-cent piece. All that is necessary for its successful use is to dampen it and rub it on the spot. And, behold, that spot disappears in a jiffy. You can buy one of these convenient little pads for fifteen cents.

For names of show address Woman's Page Editor, or phone Walnut 3090.

MISS DAY 139 SOUTH 13TH ST. After Easter Specials Smart Millinery At \$15 A superb showing of all the latest novelties and materials.

THE WOMAN'S EXCHANGE A Literary Contest. Dear Madam—We are giving a contest between the two literary societies of our high school. The opposite society has more, very many more members than we, therefore we will have to have quality, while they have quantity.

The contest is to consist of dramatic, musical and eloquent numbers. I should like very much if you would suggest a few titles for tableaux. We would like some unique numbers on our program while they are pleasing enough to arouse the people's attention.

If you will please give some suggestions in the three topics mentioned above I should be very much indebted to you. A. W. Write to publishing companies for catalogue of short plays that would be appropriate for your contest. They have a very good selection of these plays, and I am sure you could find something that would suit you.

I do not quite understand about the other two things, "musical and eloquent." Have you studied these arts during your school years? If so, you must know of some pieces that you could practice up on for this occasion. I cannot tell whether you can do difficult work or just easy work, and so I do not know what kind of thing to

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Adventures With a Purse

MY REASON for telling you about things like this is that I have always thought I should take such a keen delight in carrying surprises home to my own small son, and I one. And I have thought that you would feel the same way about the small son you have. This time I write of a marble pouch. It looks for all the world like father's tobacco pouch, of smooth, squeaky leather, brown, and in it are safely tucked twelve jolly marbles. The price is fifty cents.

The main objection to buying black jewelry—pins and the like—is that unless it is very expensive the black generally wears off in its wake the shiny metallic substance underneath. But there is one shop that has some really stunning examples. It is a small shop, but I believe will not wear off, as they are made of a different kind of material from the others. I wear one with a tailored blouse and have had it admired many times. And I paid but fifty cents for it.

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JOSEPHINE FEELS AS YOUNG AS SHE FELT FIVE YEARS AGO

And She Admires Ruth Because She Seems Just as Youthful at Thirty-five as She Was at Twenty-five

JOSEPHINE is twenty-six. Her best friend is thirty-five. Josephine, of course, feels just as she did when she was twenty-one, and two, and three and four. She likes the same things, does the same things, and still finds the same style of "clothes becoming." Although she and Ruth are best friends and go everywhere together, know the same people, have the same feelings about everything, Josephine still has that childish idea about being thirty-five. "As she stands upon the doorstep of twenty-six and looks forward along the road to thirty-five, she has the feeling that it is—oh, fifteen or twenty years distant."

"When I get to be thirty-five," she decides, "Why, oh, won't it be awful! But I have a long way to go." She has the greatest admiration for Ruth because she doesn't show her thirty-five years at all. She is just as full of life and energy and foolishness as she was ten years ago. Instead of looking upon Josephine as a mere child, as might be expected of a person of her age, she seems to accept her as an equal and a congenial companion.

But the other day Josephine had a shock. Ruth brought her niece, a girl of twenty-one, to the club where they always lunch together. Josephine was late for lunch, and joined them after they were seated at the table. To her amazement, the younger girl rose po-

litely and stood respectfully until she had sat down. As if she were an "older person!" It was too terrible! Josephine grasped her amused horror. But along with her amusement, there was a little misgiving—did she really seem so old as that? Somehow it wasn't a pleasant thought. But then, she consoled herself, at least she knew she wasn't really that old. She wasn't as old as Ruth, anyhow.

Oh, you do it yourself! You look upon these ages that are just five or ten years ahead of your own, and they seem to be still as far away as they were when you were in school. Yet somehow or other you always reach them finally—and it hasn't seemed such a long trip after all, has it? By the time you get to be forty, for instance,

you feel that it will be a long, long time before you're middle-aged, and treated with respect and consideration. But, before you know it, you'll be standing in the trolley some day, with lots of other people, hawking yourself gallantly against the jerks and bumps—and some young thing of twenty-something or other will get up and give you her seat! Then you will feel silly. You can't escape it. You look down that road of years and feel as if you were standing perfectly and safely still. But you're not, you're traveling right along it. You only realize it when some other poor mortal who also thinks she is standing still comes along back of you and from her complacent standpoint of five years younger than you remarks, "Well, I won't be her age for a long, long time!"

NOT that Ruth feels old. No, indeed. Ruth enjoys the same things she enjoyed when she was "only" twenty-five. She can still wear broad-brimmed hats with snappy wings at queer angles. She giggles almost as much now as she did ten years ago. No, sir! Ruth isn't feeling old age or middle age or anything else creeping up on her. She stands just outside the gateway of thirty-five, and looks down the road toward forty and says, "Well, when I'm forty, then I will feel middle-aged! But that won't be for a long time."

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