#### MRS. WILSON SUGGESTS TONIC IN FORM OF EXTRA-GOOD MEAL

Oysters May Be Expensive, but the Healthful Effect of a Little Variety Is Worth Expense Now and Then

By MRS. M. A. WILSON

Prepare and bake the strudel and short-rights reversed.)

PRIL sunshine brings a harvest of A southern garden truck to the porthern markets, and this month is also the last for the succulent systemutil late by the full, so plan to treat the family on Sunday to some southern greens and systems. Ah! Madam, do I hear you say, "Most expensive; nay, buxuries,"? Ah! To be sure. Now, just think for a moment. Have you noticed that Friend Husband looks tired and worn out; that your daughter, too, looks a little run down? To be sure, you have, and perhaps you have thought which will purify the blood stream and

tonic, and I guess that perhaps I need Now, Madam Housewife, by all means have your physician on the job tonce and then plan to supplement his good advice by a generous diet of succu-lent greens, eggs and oysters—providing a change of diet from meat and po-

A SUGGESTIVE SUNDAY MENU

Grapefruit Juice Bohemian Omelet

DINNER Celery Oysters Supreme Spinach Southern Tomato Salad

Rhubarb Strudel SUPPER Deviled Eggs Pointo Salad Sliced Tomatoes Rhubarb Shortcake

The market basket will require for

Three grapefruit. One and one-half dozen cons Two stalks of celery.
Fifty stewing oysters. Three green peppers. One-quarter peck spinach.

can crushed corn. One head lettuce, One and one-half pounds of southern Three bunches of rhubarb.

One quart of potatoes. One bunch of lecks. One bunch of parsley. One quart of onions. Two large loaves of bakers bread.

Cut grapefruit in half and use orange reamer to ream out the juice. Strain into thin glasses and add little crushed ice and sugar. This may be easily pre-pared on Saturday, placed in pitcher in refrigerator, ready for serving Sun-

**Bohemian Omelet** 

Wash and chop very tine One bunch of leeks.

One-half bunch of paysley.

The green lops of the stalks of celery.

Now place one-half cup of cooking at in the frying pan and when hot add he herbs. Cover closely and cook stowy until the herbs are soft. Now place mixing bowl Eight eggs.

One-half cup of milk. One-half cup of fine breaderhubs, One teaspoon of salt. One-half teaspoon of paprika.

Beat well to mix, pour over the cooked herbs and place the pan in moderate oven to bake until tirm in center and lightly browned. Make toast and coffee while oneled is presented. coffee while omelet is preparing. Turn on large, hot platter and cover with three finely chopped and seasoned southern tomatoes.

#### Oysters Supreme

Take the course outside branches of the celery and cut into three-quarter-inch pieces. You will require two and one-half cups of parboiled celery. Now cut two large buck loaves of bread into three pieces each, trimming to shape with spoon. Dig n well in center, making product too soon.

To use—Cut into thin slices and parting a little casserole of the bread. Place boil for few minutes; add small piece of in oven and toast lightly. Set in place charcoal to remove odor. Then pan in a sary place. Tou are using product too soon.

To use—Cut into thin slices and parting a little casserole of the bread. Place boil for few minutes; add small piece of charcoal to remove odor. Then pan in a sary place. Tou are taught well the rules governing manthous. Again you must at some time or other have had a large number of acquaint-ances. Now familiarity, they say, breeds. where they will keep warm. Now look over oysters quickly for bits of shell. Wash and drain and parboil for six minutes. Now place to saucepan. Two and one-half cups of milk.

One cup of strained oyster juice One-half cup of flour. Stir to dissolve thoroughly. Flour them; bring to a boil. Cook five min-

utes. Add the oysters and

The prepared celery, Two green peppers chapped fine and

Two tenspoons of salt. One teaspaon of paprika.
One-quarter teaspoon of mustard.

Heat to boiling point and cook for an minutes. Now add

Three well beaten eggs Juice of one leman. Ting pinch of nuture.

Stir to mix thoroughly. Fill into the prepared bread casserole. Dust with paprika and serve

#### Rhubarh Strudel

Wash and chop fine one bunch of hubarb. Add One-half cup of seeded raisins. One and one-half cups of sugar. Phubarb.

Mix and let stand while preparing the strudel. Place in mixing bow! -ac and one-half caps of flour.

One half tenspoon of salt. Two tenspoons of baking pander, One tablespoon of sunac

Sift to mix. Now rub into the pre-pared flour six tablespeens of shorten-ing and mix to a dough with four table-speens of cold water. Roll out in ob-long sheet one quarter inch taick.

spools of con water. Roll all the de-long sheet one quarter inch taick. Spread with premied maxture Roll as for jelly roll. Choos in well greased par and bake in slow oven forty five min-utes. Brush straids with shortening and dust with commamon before putting Serve with rhubarh sauce,

#### Rhubarb Sauce

Wash and ent one tanch of rhabarb in small piece. Phys. in saucepub and add One cup of water Cook until soft. Now and

One cup of sugar. Fire tablespoons of flour

One egg. Four tablespoons of water,

Beat to blend before adding to hot shubarb. Cook three minutes and Rhubarh Shortcake

Cut rhubarh into pieces. Place in saucepan and add three quarters cup of sugar. Cover riosely and steam unof sugar. Cover closely and steam un-til rhubarh is oft. Do not add water. The Shortcake

Place

Two raps of flour. One lenspoon of salt.

Two level tablespoons of baking

powder. Four level tablespoons of sugar in mixing bowl. Sift to mix. Now ruo into the flour four tablespoons of shortening and mix to dough with one cup of water. Turn into greased, deep, layercake tin. spreading evenly on top, and bake in hot oven twenty minutes. Spiir, butter lightly and fill with prepared rhubarb. Pile with fruit whip and serve. Now, while this is quite and serve. Now, while this is quite an elaborate menu for Sunday, much of the entire three meals may be preared on Saturday.
Chon the herbs for omelet and place
bowl. Prepare sauce for supreme

rou have, and perhaps you have thought only to say. "I must have the doctor look John and Annie over and give them at tonic, and I guess that perhaps with the sure."

oysters. Prepare the bread casseroles.

#### Mrs Wilson Answers Queries

access to thousands of mussels at our Long Island home. They do not keep very long and I am wondering if they can be pickled. Will you tell me if they should be kept in salt water until they are boiled and are they all right if they open? Thanking you very much. MRS. W. F. Serve the mussels steamed with Hol

landaise sauce or sour cream sauce. As these scafoods are available the greater part of the year, it is not necessary pickle them, as they are best in their natural state. Dear Mrs. Wilson-Please let me

know how to make mayonnaise dressing so that the oil will not separate from the body after it stands one or two days. MRS. J. W. H. two days.

Use Eggless Recipe Place two tablespoons of evaporated

milk in a soup plate and add One-half tenspoon mustard. One-quarter teaspoon paprika. Beat to mix; then beat in slowly

three-quarters cup oil and add One teaspoon sugar, One-half teaspoon sait. One teaspoon vinegar. Beat to blend,

Dear Mrs. Wilson-Kindly publish recipe for jelly beans and also for butterscotch. READER. You will need special molds and machinery for making the jelly beans.

Butterscotch Three cups brown sugar.

One-half cup water, One-quarter cup milk

One tenspoon lemon juice or vinegar. Cook until it forms a hard ball when tried in cold water. Remove from fire

Dear Mrs. Wilson-Kindly advise how to make cocoa with sweetened canned milk for a large company. Also, can fudge be made with this sweetened canned milk, and cocoa and, if so, how? Thank you in ad-vance for an early answer.

MRS. M. C. One can condensed milk. Two quarts Soiling water.

Three-quarters cup cocoa. Stir to blend thoroughly. Bring to oil. Cook five minutes and serve.

Dear Mrs. Wilson-Kindly let me know what to do with bacon that tastes too smoky. It is from our own pig and we had it smoked at a local

#### The Question Corner

Today's Inquiries

to separate an egg? 2. Describe a popular style of sleeve for spring. 3. How can mildew stains be re

invitation with a visiting card?

4. Is it correct to answer a formal How should newspapers be wrap-ped about winter clothes for stor ing them away, in order to pre vent moths?
6. When a floor mop has worn out.

what use can be made of the han dle and flat wooden end? Vesterday's Answers

The government position of translator, as assistant tariff ex-pert, is open to women who have a knowledge of languages and ex-

perionce in economics. Buttonholing both sides of a rip

n a kid glove, then buttonholing sides together, makes th mended place stronger than be-

A pretty underslip for the sheer chiffon frock is made of silk with panels of wide flowered ribbon. A soft paint brush is more satis-factory than a whisk for brushing elour or velvet furniture and

hangings. novel belt is made of braided. twine, A comfortable hat that is shabby

and uneven round the brim can be separated, and the crown used a a foundation for a silk toque.

Beverages of other Nations and Periods

#### HER SPRING "BONNET"



The reason she bides one eye so coyly is because she wants to call your attention to the fact that her hat is made of government cartridge tilk. It is of light tan, faced with blue. The trimming consists of a band of the silk edged with navy blue organdie. Incidentally, her frock is made of the same good looking material, and the blanket stitching around the

#### Please Tell Me What to Do

She Can Qualify, Too

he has looked through eleven states and and spending the evening there and ge he has looked through eleven states and he ing to bed early.

Take my advice and do not judge all the my advice and the my advice and do not judge all the my advice all th wants one who is willing to be in at 12 Take my advice and do not judge all boys by the boys who come to see you and then go and visit some others. him that the 9 o'clock girl says that he will have to go through eleven more states to find the desired "she," though I am one who is in at 9 o'clock most every evening. But I do dance, though not lately.

I am twenty one and I can go any where and come home when I please. because I am one who will do what is right. Many say that I have "those winning big brown eyes," and I can have many men friends if I wish, but no. Cynthia, I only care to have the right one. I went steadily with a friend and found out he was a married man, and cared very much for him, but I Now, would it be proper to: in a gray georgette or a taupe

BIG BROWN EYES.

Look to Men, Not Boys

Three tablespoons butter.

Stir enough to mix. Pour into well-greased pans and mark in squares. If using candy thermometer, cook sirup 3 to 10 degrees.

Thunder and Lightning, what are boys good for? That is good. The conditions prevniling in which women hold men in contempt have been caused by the Now, if you know of anything else I war. Independent as never before, women have learned to rely upon themselves, and it really must be a man with very the suits are so terribly expensive I estimable qualities for a woman to appreciate him.

I have come to the conclusion that you are in the so-called class of big-

dressed, educated and well-bred young men instead of the "big-timers," who are the classy dressers, and who dress

what my intended husband should be dressed in?

MISS C. H.

A georgette dress would be very pretty

pig and we had it smoked at a local friendship you hesitate to cultivate, on of the other colors all summer, too, account of their plain dress, would couldn't you? Or you might wear dark surely please you, for they have been bloom with the colors all summer, too, account of their plain dress, would couldn't you? Or you might wear dark

overdose affect you. Make fewer friends, weigh them in the balance and decide whether they deserve your friendship. Then try never to lose the chosen few. whether they deserve your friendship.
Then try never to lose the chosen few. for true friends, as you seem to know, are hard to find. And these friends, I think, will change your attitude toward the first the house your attitude toward evening gown unless you are going to BLOWING.

lines to "Thunder and Lightning." You certainly have the wrong idea shout boys being flirts, unless you refer about hoys being flirts, unless you refer to the kind you appear to associate with.

The bridegroom should wear gray to the kind you appear to associate with.

The bridegroom should wear gray striped trousers with a cutaway coat, a

RUMBLE AND GRUMBLE.

A Good Boy, He

Dear Cynthia-Will you please put Dear Cynthia Will you an answer this letter in the paper as an answer to "Thunder and Lightning's" letter: Dear "Thunder and Lightning"—I read your letter titled "They Are Dis-gusted" in the EVENING PUBLIC

The distinctive American beverage today

game of pool, not any game in the back Dear Cynthia—"Acetylene" says that of the eigar stores. The other nights I divid between going to a fellow's house

HURRICANE STORM.

#### The Woman's Exchange

A Summer Wedding

Dear Madam-As I expect to be mar ried in June and am having a church wedding in the afternoon, I thought I

charmeuse, as I thought I could wear cither of those two all summer? What would be proper to wear with these Dear Cynthia—A reply to "Thunder and Lightning's" disparagement on boys toward which I hope you will look kind-in? Also, if there is such a place where

will be willing to take your advice. As the suits are so terribly expensive I From your slashing and lusty efforts Will you please tell me what I as I expect to go away for a few days. should take with me? I just mean top clothes. Will you kindly tell me But why not associate with the plinly- what my intended husband should be

in their way to cover up the lack of edu-cation and breeding, which soon becomes have it white or light blue or pink inapparent on short acquaintance,
Of course there are exceptions to the rule in both cases, but I am considering the majority. The former, whose second marriage. You could wear any blue georgette crepe, which you could wear all summer and then have it for dressy times next winter. Then your bridesmaid could wear any pretty dark ances. Now familiarity, they say, breeds have. You could both wear black tulle contempt. So in the same way does an or lace or Neapolitan braid hats, with black silk stockings and black pumps.

If you have a cont instead of a sui

a very fashionable place and it will be a little early for light summer dresses. Dear Canthia-We are two boys, both nineteen, and would like to write a few and waists, sweaters and so on, you will not need anything more than the like the work of the same and waists. not need anything more than these two dresses, the coat, a dressy hat and an everyday hat for just a short trip.

women tamps who coll their eyes to eatch men, but we never heard of men vamps. Did you?

We are hoping you will change your opinion about men soon.

#### Work in Texas

To the Easter of Woman's Page. Dear Madam-Could you inform me of kinds of employment to be found in Texas for young ladies? What is the average salary? Cost to room and average salary? Cost to room board there? What is the fare demona)? At some of the newsstands in the

LEDGER for Tuesday.

I do not think you hit the nail on the newspapers from all parts of the head by saying boys are no good because the boys left your house and went to you can look through the advertise-I not a laddle of a good many years.

I not a laddle of a good many years, and it is tene that I have never had a date, or gone out with a girl in my board. The fare to Gorman, which is board. go out a few nights a week. One 852.44 plus S per cent war tax, one pearest station to Deslemona. ight a week I go to the show alone, way. This is by way of Washington, one or two nights a week I go to an I You can also go by way of St. Louis ther had's house and play an innocent but the fare is just about the same.

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Place your order today with your grocer and please the entire family by serving this

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the fact that it is true ginger product-

aged and mellowed-with a distinctive

"What to Drink" in the Home

#### Adventures With a Purse

gloves-not your best white gloves; your everyday pair. The chances are ten to one they are showing signs of wear at the fingers. And it goes without saying that you should not wear shabby gloves. Have you ever curied your fingers shamefully at the knowledge that the singlers of your gloves are coming through? Well, anyhow, by this time fingers of your gloves are coming through? Well, anyhow, by this time you have probably guessed that I am going to tell you about a glove sale, certain other girl. Obviously he going to tell you about a glove sale, not of white gloves, but of everyday gloves. These are exceptionally nice-looking brown gloves—brown, of course, she didn't mind going to the theatre gloves. These are exceptionally nice-looking brown gloves—brown, of course, looking brown gloves—brown, of course, she didn't mind going to the theatre is just what you need for town and shopping—and the price is remarkable—only \$1.95 "while they last," as they a walk on Sunday afternoon, although sny in the advertisements.

you that "they" are wearing vests this spring, both in dresses and with spring suits. I do not claim to be a fashion expert. I can merely observe. That is, he did that until a certain pair and having observed, sally forth in of blue eyes, belonging to the sweetest quest of that which is being were, for quest of that which is being worn, for a price that will meet your purse. So, true to form, I have sallied forth in search of vests, and here is what I have found—white piquet vests, stamped with a very effective pattern for embroidering. Doine in solid work and embroidered with bright contrasting colors, such a vest would ensity add that little "extra" touch so eagerly sought by her who would be well-grouned. The vest can be bought for the way in love with her, and then gets grouned. The vest can be bought for the way in love with her, and then gets sixty cents.

Send a self-addressed, stamped man really more fields than a girl, or is

Send a self-addressed, stamped avelope to the Editor of Weman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purso

#### WHY DO ALL WOMEN THINK THAT ALL MEN ARE FICKLE?

CTOP before you read another word When Men Always Announce Bitterly After They Have Been Spurned That Women Are the Only Possessors of That "Vice"?

It is not necessary for me to tell out that "though and she was very sorry, but,"

"Now, I know all women are fickle!

a girl more fickle than a man? course a man doesn't often "rush" tw or three girls at once. A girl doesn' care how many men come to see her take her to parties and generally enter

Ma Never Says to Me -POST

TOASTIES cause she knows that's one good thing that don't bother a kid's tummy

-Bobby



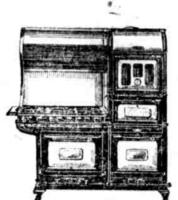
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do all my washing and use an awful lot of hot water. There are six in the family." The Lovekin Heater is approved by the U. G. I. cading builders and hundreds of home owners. Send

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went all the way to asking a woman to become his wife, and then two months later went all that distance with an other womans and then two months later found another to who o he gave that much traveled hear if his? Perhaps we don't all mean same thing when we say "fickle." The dictionary says, "inconstant;" "likely to change from caprice." There you are! It is necessary, or right, for a girl to be "constant" to a man, or men, when she hasn't said she loved him, or then? When a man loves a girl enough to marry her, and then loves another that way and still another that way (or thinks he does), isn't he likely to change—even though it isn't from caprice." hange even though it isn't from ca

Price?

However, what's the use of discussing it? As long as time has been, and as long as time lasts, women will say finally. "men," and men will say bitterly, "women," when the question is asked, "Which is the more fickle?" manage to include them both, or all, in the glances of her eyes and the tones of her voice. As a rule, however, she doesn't go so far as to love—actually fall in love with—more than one of them. (And that one is usually the one with whom she flirts with least). But

all the way up to his ears, he makes up his mind that she is fickle because she allowed him to become fond of her without returning his affection.

NOW how could she prevent him from falling in love with her, if he had set his heart on doing it? Was she fickle just because three or four men loved her (or thought they did)? Was she any more fickle than the man who

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because each one of them has fallen in

all the way up to his ears, he make up his mind that she is fickle because she allowed him to become fond of her

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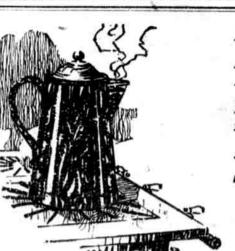
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