### **CANADIAN FISH RECIPES** ARE GIVEN BY MRS. WILSON

Fillet Trout Louisiana Is Dipped in Batter and Fried a Delicious Brown-Thousand Isles Dressing for Salad

By MRS. M. A. WILSON

ight, 1920, by Mrs. M. A. Wilson, All CANADIAN snow during the winter is frequently three, four and five feet deep and the snowshoe is the popular means of traveling about the sub n communities.

On an unbroken sheet of snow the dept Canadian makes spiendid time; requestly carrying a pack on his back fifteen or twenty pounds.

Along about the beginning of March

Along about the beginning of the southern winds begin to warm the atmosphere, and the frigal, happy-golucky Canadian begins his planning for his summer planting. For I would have you know that the good people of the St. Lawrence and Quebec district are of Franch extraction and the habitants. from the other nations—have lost none of their old-world lore in cookery; rather, they have added many improve-ments, as did the Creoles of New Orleans to their mother countries

choicest disher still plentiful to the ardent sportsman:

Make 'tis but natural that, with so many

Pish from these icy streams seem have a most delicious flavor. In fact, once having eaten these delicacies, one loses his desire for the fish of our

On the south side of the St. Lawrence the eastern townships, the soil is fertile and produces abundant ests. The entire locality is somewhat similar to a thrifty New England

Community.

Simple, casy living, with few wants outside of caring for his large family, having his land free from debt, able to pay both his due to state and church and a decent suit of clothes for Sundays and holidays, this eagle-eyed son of Canada then feels that the St. Law-rence valley is indeed a wonderful place to live in—working less hard than the New England farmer and as well satis-

d and more happy.

The war has brought a real awakening to this community, and today they are no longer satisfied with "what was for me." They are equipping their homes electrically and with all modern household and farm appliances. In many of the homes the electric grill is slowly surely replacing the tireplace of

SOME TROUT RECIPES Fillet Trout Louisiana

Cleanse and wash fish. Split down back and carefully remove meat from ones. Place in dish and cover with One tablespoon of garlic rinegar. Two tablespoons of finely minced

Two tablespoons of finely minced Turn fish frequently. Now lift to wire rack to drain. Dip in batter and crust fry in hot fat.

Batter to Dip the Fish One-half cup of flowr.
One teaspoon of salt.
One teaspoon of paprika.
One-half cup of water.

Beat to mix

This dish is usually made of left-

One-half cup of finely chopped pars-One teaspoon of salt.

Thousand Isles Dressing Juice of one-half orange.

Juice of one temon, Four tublespoons of salad oit. Two tublespoons of catsup.

Two tablespoons of green pepper finely minced. One tablespoon of green onion, finely

One tablespoon of garlie vinegar,

Baked Fish With Sweet and Sour

Dressing Clean two pounds of fish and place in greased and floured baking pan. Grease tish well with salad oil and bake in moderate oven forty-five minutes. Cut into pieces of suitable size, Lift. on small pieces of toast, garnish with watercress and serve with sweet and

Sweet and Sour Sauce Place in a saucepan

One-half cup of vinegar One-half cup of water. Two tablespoons of grated onion. Two tablespoons of cornstarch. Stir to dissolve starch, bring to a boil and cook slowly for three minutes

Now add One tablespoon of sugar. One teaspoon of salt, One teaspoon of white pepper,

The Loveliest Curly Hair-So Easy to Have!

Such pretty waves and curls, having all the appearance of "Nature's awa"—yes, you can have them, easily, quickly, if you will just apply plain liquid silmerine before doing up your hair. The hair will have such a lively justre and wholesome beauty. And it will be fine and fluffy when combed out.

If you will get a bottle of liquid silmerine at any drug store and follow the accompanying directions, you will be simply delighted with the result—which will be in evidence within three hours, and which will last a long time. The hair will be quite managrable, no matter in what fashlon it is worn. The liquid, which is perfectly harmless, will be appreciated also as a splendid dressing for the hair.—Adv.

Tiny piece of garlic, Three tablespoons of finely mineed parsley, One-quarter teaspoon of mustard. Beat to mix.

Cold Trout a la Bennitt Cleanse a three-pound fish. Place in piece of cheesecloth and place in deep

saucepan. Now add One carrot, cut in thin slices, One-half bay leaf. One clove. One branch celery

of French extraction, and the habitants, when cold and lay on plate in refriger-

Take five level tablespoons of gelatin and place in saucepan and add

Three cups of fish stock. to boiling point; strain and place in

waterways abounding the community, hold fish. Lay fish on potato salad. Spread fish thickly with mayonnaise. Now melt gelatin slowly and when just liquid set in bowl of ice water and commence and baste the fish with gelatin. pouring it over the fish very slowly and carefully. Serve by cutting in slices,

#### Mrs. Wilson Answers Queries

Dear Mrs. Wilson - Some time ago I made the mistake of sending a ago I made the histage of sending a self-addressed envelope for a per-sonal answer, so will now trouble you again to answer the following: How to make tomato paste as the Italians make it for soups and sauces. I always have so many tomatoes, so would like a variety of ways of put-ting them up for winter. Also how to make rasp rell, and will you give me explicit directions for making plain pie crust, as mine is so tough. Do I put too much water or not enough lard? Thank you in ad-vance for the information. You have helped me in so many ways, for your directions are so clear.

MRS. W. J. M. See the canning recipes in a last summer's issue. Recipes will be re-peated in time for the cauning season Limited space forbids dethis year. the rolls while they are warm. See the for the good time they show you. If Because you did not give the rocks. the rolls while they are warm. See the issue of August 5 for the pastry recipe. Because you did not give the recipe that you used I am unable to give you the cause of your trouble when making pie crust.

Dear Mrs. Wilson—Would you kindly let me know how to bottle.

A 9 O'CLOCK GIRL.

Dear Mrs. Wilson-Would you kindly let me know how to bottle catsup? The catsup I have is in a can, three-quarter-gallon one, purchased from the navy surplus goods. Thanking you very kindly, I am.

M. B. To bottle government catsup: Fill the catsup into sterilized bottles and This dish is usually made of leftover fried fish. Shred some lettuce
fine—about two cups—and turn in
salad bowl and add
One and one-half cups of fish.
broken into pieces and free from bones.
Two onions, grated.

Two onions, grated.

the catsup into sternized bottles and the bottles in a large saucepan and fill with cold water. Bring slowly to a bell and cook for thirty minutes. Remove the bottles and cork, using new corks. Let cool and then dip the tops of the bottles into melted parathe parameters and the bottles into melted parathe parameters and the bottles in a large saucepan and fill with cold water. Bring slowly to a bell and cook for thirty minutes.

Two onions, grated. wax and then store in a cool place. Also see issue of February 27.

One teaspoon of salt.

One teaspoon of paprika.

Toss gently to mix and serve with housand Isles dressing.

Dear Mrs. Wilson—A number of recent articles in the paper call for marshmallow whip. Will you kindly publish directions for making it from the marshmallow confections and oblige. MRS. W. B. Special machinery is required for making the marshmallow whip. Many brands of this whip, and also marshmallow cream, can be purchased at rea sonable prices.





McPhilomy's, 1624 Market St.

healthful food of for the kiddies as well as a tasty dessert for the whole family. Popular Flavors Chocolate Golden Vanilla At Your Grocers 12

THE RUBBER - TIRED

CASTORS allow the Deft to

glide easily over the rug re-

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Electric Washer

# Electric Cleaner

When a woman buys an electric cleaner, she pays for cleaning qualities whether or not she actually gets such qualities. The Deft always gives her the cleaning service that she has a right to ex-

> 9.50 Down This Month



## Please Tell Me What to Do

By CYNTHIA

How About a Little Introspection? Dear Cynthia-There has appeared quite a discussion in your column retion" and I wish to express my opin-

I am a young man eighteen years of age, fairly good-looking and well liked by my own as well as by the opposite sex. I became acquainted with a girl of my own age recently and have gone out with her often. The first night I took her home I kissed her. Sinca then have found her to be very sentimental and, although she is only eighteen years old, she is always talking of ove and marriage. This has turned

me against her.

Lately I met a girl I have known for some time and I became very intimate with her. When I tried to kiss her she refused to let me do so and I wish to say that this girl stands first in my thoughts.

Although I may be young myself, I want to offer advice to girls. Do not allow every one you meet to kiss you Let stand fifteen minutes. Now heat to boiling point; strain and place in bowl to cool.

Make three cups of potato salad and set in nest of lettuce large enough to hold fish. Lay fish on potato salad. Spread fish thickly with mayonnaise.

I am afraid, Jimmie, that Cynthia cannot let your remarks pass uppoticed Perhaps the girl was sentimental, but it seems to me she had the right idea, for she expected the man who took the liberty of kissing her to follow up that kiss with a proposal of marriage.

While your advice to girls about pro-

miscuous kissing is admirable. 2 little self-application would do no harm. The idea of a boy of eighteen being such a "fusser" over girls! Better spend your time in outdoor exercise

There Seem to Be Others

Dear Cynthia—Please print this so Acetylene" can read it. (Thanks.) Dear "Acetylene"—It seems funny that you haven't come across me yet; really I don't dance and am rather "cute" when dolled up, but quite nice looking when not dolled up and am willing to stay in evenings, or else my stock ings would not be mended and the but-tons would be falling off my coat suit But, without kidding, I go to movie twice a week and every two weeks to a good show, which I pay for myself and go to myself, so I can't understand why you baven't east your eyes my way yet.
I'm sure, 'Ace,' that you aren't very
good yourself. Fellows who always want a good girl are a pretty bad sort. (Where do you come in?) I am twenty one and I've had about five fellows call-

Knocks "Globe Trotter"

Dear Cynthia-I read the letter writ-"Globe Trotter" and I think he'd better keep on trotting until he trots out of this country. Is it any wonder some of our American people cannot bring themselves to like the foreigners? Give some the finger and they take the whole hand. I just would like to meet the foreigner that dures say anything about our dear country, and get away with it. America for mine; America forever, and the American man if I ever marry. It just makes me love the American men more when I read

Accessories A Daily Fashion Talk by Florence Rose



The popular Eton jacket demands a vest to fill in the space between jacket and belt. This one of beige tricolette is charming. The white organdic affair at the right, trimmed with filet lace, would be appropriate for warmer weather. At the left is a vest of georgette with pipings of white satin, and a jabot of lace. The high-collared one is of organdie. and the plain turnover collar is of linea

and keep your kisses till you are older. and see how they are always ready to stand up for our American girl. Many thanks to the American man for writ-ing the letter congratulating you and standing up for us. AMERICAN GIRL.

The Question Corner Today's Inquiries What is the All-American Club

How can discolored aluminum pans be cleaned? What is an attractive fad in sum-

. How can a worn place in a cloth garment be re-enforced? What trimming is new and unusual for hats? How should a wooden spoon used for cooking be washed?

> Yesterday's Answers Miss Michi Kawai is the general secretary of the Japanese Na-tional Y. W. C. A. The newest fad for trimming chil-

dren's dresses is wool embroidery of cotton material. In pressing a serge dress over a wet cloth, the precaution should be taken of not continuing the ssing until the cloth is dry, as this causes shininess.

When a crepe de chine waist is worn out under the arms, it can he cut down to be used as an underwaist. In washing a pan in which pota-toes have been cooked, rinsing

with cold water first will make the cleaning easier. A dilapidated wooden kitchen chair can be painted black, out-lined in gilt, and decorated with painted flowers to be used in a bedroom or on the porch.

#### Adventures With a Purse

THERE is that about a handbag of I purse that can make or mar a woman's costume. The air of shabby gentility that a worn purse can give is simply appalling. But for smartness you will go far before you find a bag like the newer bended ones I want to tell you about. They pull together at the top with a ribbon, and are made of lean upon loop of they brightly colored loop upon loop of tiny brightly colored costume, for they come in a number o shades-each is all one color, you understand-and the price of your choice

Here is a clock for little people that will bring joy in its wake. To look at it you would think it to be an alarm clock. But at the very second glance you would begin to notice a difference. For the face of the clock is painted with the jolliest eyes, nose and mouth ever. And the when you nick it was for a And ties when you pick it up for a closer examination you will notice a suspicious look about it that will probably result in your turning to the back. And behold, it isn't a clock at all. For the back comes off and there, huddled together inside, are twelve little toys and games—one for every hour in the day. Now isn't that quite the jolliest clock you can picture? The price is

# The Woman's Exchange

Ink Stains on Pillow Case Dear Madam—This is my first time writing to you. I read the column every evening containing your much valued in-

Am very much worried about some ink marks on my pillow cases. Can you please tell me what can be done to remove them? Also if a dark blue skirt will day a dang sai? will dye a deep red? MRS, J. E. O'B.

Try soaking the stains for a day or two in milk, changing it as often as it becomes discolored. If this does not remove the stain, soak it for a few secremove the stain, soak it for a few sec-onds in a saturated solution of exalic acid. Rinse it in clear water and then in water to which a few drops of am-monia have been added. The blue skirt would not take a good red. It might take purple, and it would take black.

Her Hair Is Bleached

the Editor of Woman's Page: Dear Madam—I am a reader of the EVENING PURILY LEDGER and never came for advice, but now I am. Can you please tell me how I can take care of bleached hair? It is getting brittle, and I would like to know if it will all

ANXIOUS WAITING. about this. Bleached hair very often becomes brittle if it is bleached too often. You will have to use a tonic of some kind to bring back its natural oils and make it soft again. You oils and make it soft again. Lou might try rubbing your scalp with liquid vaseline to stop your hair from falling out, but you had better have it looked at before it gets too bad to do anything with. It will not all fall out if you take proper care of it in time. And by all means do not bleach it assis to use of for you way injury if igain yourself, for you may injurg it.

Engagement Announcement the Editor of Woman's Page: Dear Madam—I am having a birthday party in June and want to announce my engagement while everybody is at the party. Will you kindly advise me how to go about this and also what to any corner, upsetting a box of buttons, write in the invitations?

BROWN EYES. Simply write a formal invitation in the regular form—"Miss Brown Eyes requests the pleasure of your company at a birthday party on, etc." But do not say anything about the engage-ment. You might write the announcement on small pieces of paper and either wrap the paper around June roses or conceal it in the buds or flowers of paper roses. Have the roses given out to the guests as favors, and make the announcement in this way.

That New Shoe

Does your brand-new, good-looking shoe just simply murder your heel every time you step? Well, don't stand for it. Sit right down and take that shoe If you like a touch of color on your bed, why not the pillow cases with the ends embroidered quite elaborately in old blue? One shop has some very effective patterns, for \$3.25 a pair. You will find that a pair of these goes far toward dressing up a bed. sure to put the nap side out, that is,

# WHEN THE BABY CAME MARJORY WAS UNHAPPY

Because She Thought That Mother Didn't Have Room Enough in Her Love for Both of Them-But Mother Had

it do ut she touched it had taken that place, and it was time for her to stand up alone and try the world without mother's hand. It hurt. She didn't understand what it was or why it was, but she knew that things were different and the control of what it was or why it was, but she knew that things were different. She didn't like this new thing that every-

A marjory was sitting on the noor in a corner, upsetting a box of buttons, putting them all away with great pains, then turning the box over again—it was a wonderful game. The bundle was lying on mother's bed, and mother came into the room and saw it. She passed right by Marjory and went over to the bed. "Oh, my darling!" she cried, and leaned over to drop a kiss on a fat hand.



THE baby isn't the baby any more; she's Marjory. There's a sweet-smelling bundle of blankets and long takirts that kicks now and then, and "talks" sometimes, and howls at other times as if it were twice as big as Marjory; that's the baby now. "Beeby," Marjory calls it. You see, "Beeby," Marjory calls it. You see, it "Beeby," Marjory calls it. You see, and Marjory is only two herself, and some words are pretty hard to say, although mother seems to understand whatever strange sounds she produces.

Marjory loves the "beeby" now. But first when she came back home after her visit to grandmother's house, and found mother's lap occupied by this strange new bundle she was very much surprised. Mother showed her the pink thing, inside the bundle, but it made a face at her and cried when she reached out an exploring hand to pat its cheek. Mother thought it was funny and cuddled the soft bunch up in her arms and quieted the frightened crying. She was so busy and her face was she woulded the soft bunch up in her she dould in blankets and things that she didn't notice how another jink chin quivered, or how a certain dimply hand was put up rather doubtfully to smear away a sudden tear. She didn't realize the hurt in a lonely little heart, she couldn't see the pride that kept back those grieved sobs and tried to make the staff embrace of a doll take the place of mother's love.

For Marjory for the baby any more in mother's love for her now, room in mother's love for her now.

Better biscuit ~Quickly made





make money by introducing MAKE-A-CAKE.

Write for particulars or ask any grocer.



the best of laundry soaps in her day.

She knows that Kirkman's is the best laundry soap today.

And she knows too that Kirkman's improves with age when dried on the shelf.

