EVENING PUBLIC LEDGER-PHILADELPHIA, MONDAY, 'APRIL 5, 1920

MRS. WILSON SUGGESTS A ONE-PIECE FROCK FOR WARM WEATHER **BOARDING-HOUSE MEALS**

Careful Planning and Occasional Variation of Menus Will Make Table Fare Wholesome and Good

By MRS. M. A. WILSON Copyright, 1928, by Mrs. M. A. Wilson, All vights reserved.)

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ONFRONTED with the problem of high cost of living and the essity of earning more money to meet ever-rising expenses. I decided that would not care to leave my home, nor ould I specialize in the industrial could I specialize in the industrial branches to meet this increased cost of the bare necessifies of life. Many peo-ple, I knew, must be seeking a home with congenial surpoundings, willing to pay well for a comfortable home and good, attractive food. After making several minor alters.

After making several minor alterations. I was ready to open my doors. and from a beginning with six people household of twenty four people. an equal number taking table only. I soon found that I had to work out a definite system is planning

Haphazard methods and guesswork that a womap who has paying guests must have at her fingertips a real knowledge of how to plan her menus how and when and where to purchase her supplies.

The guests themselves must be co.;idered when planning a menu, and the Rub b nust be taken into consideration for

If a smaller number of paying guests are members of the household it is natu-ral that the housewife will be somelimited Whereas, if she has fifteen or tweaty people, with a good biscuit cutter or cut into squares. Ba It feel that once she places her home a business basis she will surely on a place and lift on the stew, then succeed

planning a menu and keeping the Pour over a little gravy and garbish local market conditions in mind you will with finally choped parsley. are yourself real money. Also remember Do not plan to serve peas and beaus. that when purchasing cauned foods it either navy or lima beaus, and macaroni will be a real economy to use the No. 10 cans or the hotel size.

SUGGESTIVE MENU Orange or Canned Fruit Cereal and Cream Bausage and Hot Cak * or Broiled Mackerel Hashed Browned Poratoes

Coffee In the season for fresh frhit allow six or eight portions to the quart car, apperite if they know that there are rise of fruit and four portions to the certain set dishes for certain days, and pint box of raspierries. Allow a mint ressure of oatment to each five pints of same food each day of the week is a water for making the second, and this detriment to success. mount will serve from twenty to twenty-five people.

Ready to serve cereal is expensive. in the fireless it will be not and ready

One pound of sausage serves four exple. Four hot cakes constitute a service and, while talking about hot nakes, let me give you a real and eco-nomical bint about sirup. Place the sirup in a pitcher and aid a humo of butter and then place the pitcher in a pan of worm water. Beat occasionally to blend theroughly, and when the but ter is melted and the mixture cream: send to the table. Substitute waf fles and bacon in summer in place of

the bot take and sausage. Other breakfast suggestions: Serv. treamed beef in corn nuffins, corned milk to make a dough. Roll out three-beef bash with create sauce: French masters of an inch thick, cut and then toast and housy, pourfield tgg on toast, with cream pimento same, becom overla-and toast, broiled ham and hashel town potatoes; codfish croquettes with Spanish sauer,

Luncheon should be a light next that not overtax the kitchen. Plan to use a soup, preferably a cream and an with one vegetable, saind and a caused or tresh fraits. dessert

SUGGESTIVE MENUS

Brown Gravy Mint Sauce Braised Short Ribs of Beef Brown Gravy Browned Potators Peas

Colesiaw Apple or Fruit Pie Coffee Serve six portions for one quart of

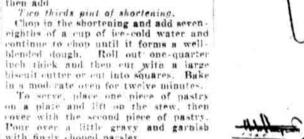
to eight portions to each quart. One small can of neas w neas will serve eight portions. Cut the butter forty-eight chips to the bound and use small apples in oreference to the large ones for making dumplings and for baking. Standardize your recipes and vary the

eou, using the cheaper cuts of meat. which, if they are cooked in the fireless. which, if they are cooked in the precessing cost of things makes it vitally important to serve motified Directions. Try this way to serve potpics : Place in a mixing Two nints of flour.

Tico traspoous of salt. Two level tablespoons of baking powder

blended dough.

Rub between the hands to mix and



It is made of navy blue Poiret twill It is made of navy blue Poiret twill trimmed with tan cloth. Red leather is applied in a striking way to give a touch of color, and red silk forms the embroidery. The belt is red leather. The hat is blue straw with wheels of scarlet taffeta lima beans and cowpeas, like the navy bean, also forming into croquettes. See son with a little finely diced bacon and brown ulcely ; add some onion which has been cooked in the bacon fat, as a trimming

Remember that uniform and standard recipes will prevent waste. Try not to get into a rut. People soon lose their appetite if they know that there are the rivalry between the one-piece was, all flushed with rosy color, certain set dishes for certain days, and dreadful monotony of having the

When speed is necessary use weight for simply that there is ample room for correct amounts of ingredients. One wip of lightly sifted flour in one gallon each type of costume. breakfast cereal is cooked of equal parts of stock and milk can be eream soups with white pepper, sail, and add a little finely chopped parsley.

One and one-half curs of flour to two quarts of milk for thick cream sauce one can of flour to each quart of milk for cutiets croquettes to mold.



Anne Carter's Home Life

This is the first installment of a new serial that is just as absorbing and " brilliant as Mrs. Batchelor's other storics. With her clever touch, she "Never mind, darling, next year

makes you see Anne Carter, love her, suffer with her and long for the fulfillment of her dreams for happiness.

Aunt Martha and father used to talk together every night. It was always always cheerful and ready to smile

Lake girls never had anything but their

There are the city streets teening looks, There are the city streets teeming with people who jostle and push as they hurry along, there are the little side streets that we journey into, short cuts where we sometimes go astray and iourney days before we sometimes go astray

the hope that tomorrow they may en-boarder and mother cringed when all the surface of the inevitable bumps of socket. When father looked at her he did not seem to see mother's prettiness, the glimpse of something unknown that they may glimpse just around the cor-the socket at the surface of the inevitable bumps of but only the weakness that. Aunt Mar-the glimpse just around the cor-the socket at the surface of the inevitable bumps of but only the weakness that. Aunt Mar-the socket at the surface of the inevitable bumps of cheeriness that must drop of like a cloak state on his face now and mother's eyes had a haunted look.

ner. It is always that way with life. There is always the tomorrow. had not been that way with Anne Car ter, she sometimes felt that she would not have had the courage to go on. Anne remembered her mother as something beautiful that had been hurt. In the dreary days of her childhood her mother had been the one bright spot of

color, shielding her from her father's stony grayness. She had been seven when her mother died and subsequent happenings were rather jumbled in her mind. Anne remembered a long gray house set in a rolling country, a house with many rooms, far too many rooms for her mother to manage. She re-membered her mother at the huge kitchen stove, her pretty face reflected

A Daily Fashion Talk by Florence Rose in the glare of the coals as she removed a lid to put something on to boil. THERE really is no such thing as remembered thinking how lovely she for 11 frock and the suit in a woman's spring was only over the store that her face was drug to brilliance and she looked so face is at rest.

one has an undoubted supremacy, but beautiful. Anne remembered the hot Junë day when her mother fell on the kitchen floor. She did not move as Anne bent or lightly sifted flour in one gallon of courd parts of stock and milk can be used for making cream soups. Season first of all because of its newness, for cream soups with white perper, sait and add a little fuely chopped parsley.

of the year that is not right up to date. fing behind him, her childish heart filled You will probably want to wear it with fear. Through the cooler days of summer and In the big bot kitchen he had lifted You will probably want to wear it through the cooler days of summer and possibly into autumu. Then I was in-fluenced in picking this frock from among the many, many charming ones that I have seen because it would be such a convenient frock to wear with-out a wrap. The sleeves are of the three-quarter length, that solves the glove. After that Aunt Martha had come to problem so nicely. All you need to have

SHE CAN ALWAYS SMILE AND SHE'S NEVER UNHAPPY
 And She Lives Up to the
 Name—Sometimes It Must Be Hard to Keep Her
 Troubles to Herself
 Aunt Martha and father used to talk
 (I DON'T believe she's ever had any
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 Aunt Martha and father used to talk
 (I DON'T believe she's always hppp)
 (I DON'T believe

She

CHAPTER I THERE are all kinds of streets in try roads, bordered with sumach and wild trailing vines where the stroller along life's roadway may tread a path so straight and uneventful that he may glimpse bis own tombstone at the other end.

and journey days before we reach the wider thoroughfare again. Watch the wayfarers on life's roadway. Always their eyes are strained ahead. They tread the stony pathways unbeeding in the hope that tomorrow they may en-ter a fairer, broader road. They hurry

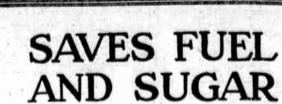
at any time, "I don't believe she's ever had day of unhappiness in her whole life." people say about her. And yet how people say about her. And yet how foolish that is. She must have had un-happiness in her life. She must have had those dull, gray days when the happy past hurts, the present is dreary and depressing and there doesn't seem to be any possible future. We all have those times when our hearts have gone down with a when our hearts have gone down with a plunk that we could almost hear on account of some trying prob-

lem, some threatening possibility. Most Dear Madam-Will you kindly adof us can't smile then because our vise me in your valuable column if there is anything that will make thick lips thinner? DAILY READER. our hearts. But she smiles because

ups thinner? DAILY READER. Perhaps a beauty specialist would be able to suggest some remedy for thick lips, but otherwise I cannot sug-gest anything that would do it. Some-times if the lips are not too thick they can be formed into firmer straighter. can be formed into firmer. straighter us. tines by constant shaping and thought-ful holding of the muscles when the face is at rest. grief which seems to demand unrestrain-ed expression, yet finds it no relief, has never felt that deep sadness which

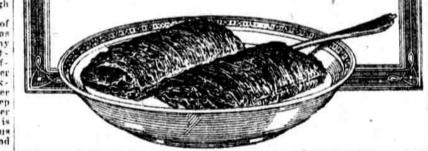
Ink on a Rug To the Editor of Woman's Page:

Dear Madam-I am a daily reader of fills the soul and dulls the mind? column and have found it very must have had these feelings, for how ul. Now I must come with a probhelpful. Now I must come with a prob-lem of my own to you. The other day a bottle of black ink was spilled on one of my rugs. It is old rose in color, with some brown coloring also. I would be very much obliged if you would print in your column a means by which I can remove this stain without injury to the rug. A CONSTANT READER. helpful.



(+ + (+ -)

The problems of house-keeping in these troublous times are lightened by serving Shredded Wheat Biscuit, a real whole wheat food, ready-cooked and ready-to-eat. Contains the natural sweetness of the whole wheat berry with all the elements necessary to sustain strength at top-notch efficiency. Two of these crisp little loaves of baked whole wheat with hot milk or cream (or hot water and butter) make a satisfying, strengthening meal at a cost of a few cents.







Remedy for Thick Lips

to the Editor of Woman's Page:

clery and Shrimp Sal Teast Charlotte Russ-

Cold Cuits of Ment Cold Cuits of Ment Viewer Potato and Celeri, Salad Rolls Tan

DINNER

Radishes Soup or Consonance Radishes Religio Reast Roll-d Shoupdes of Lamb

Two tablespoons of vinsanon, Over tenspoon of natures, Over and our-half tenspoons of alls.

ther ten pans at clover. Core indicespone of annary. Longunation of niced Anno. Sie level tablespones of baking

Rest or n ix thoroughts and then pour juto we'll-greased and floured pans.

Please Tell Me What to Do By CANTHIA

Try West Phila, Y. M. C. A. of the United States Lecause we upset W. C. B. - Have you ever gone to the T. M. C. A. in West Patholophan: their theories about our being dollar jury Both men and guis so there and 1 and Both men and guis go there and 1 and to use our money, and now they would sure the director or directers there, like a to cancel all their debts. Bewill see that you must some mix give, thought have not quite so soft as they thought they sail at us. They mistook introduced. They that and lat us have her generosity the weakness. introduced. Try that and let use loan

"Globe Trotter. the American won-on art to best in the world, and I would like to laud on any foreigner's

DOMESTIC: NO. DOMESTIC:

of them

Congratulates Cynthia on Answer law man are they are note Dear Cynthia Congratulations to And let me tell yet, the men in America are not afraid of the women. you on the manner in which too at suits him very well, as all his energy has been concentrated in his feet. For tainly there is no evidence of any active brain cells in his food. There is noth

ing more examineting that to have these foreigners come to our country and try to erite 20 our laws and ers toms about which they know minuter. When Americans go to Europe they

what we are talking about and do not show your ignorance as in this letter they can show them then they do not see the do not see they can show them they do not see tend to know everything and show off et cours. What's the matter with Eu-nope's 1: 11 is so fine, what are son-doing needs 1 could tell son a lot more. unit/montrs. by criticizing out there is not snalle.

The Question Corner Today's Inquiries

What interesting facts are known about Mrs. Walter C. Heals, of Seattle, Wash,"

L Descritor a pretty gitt for a little

3. What concentral nationald takes the place of an inspecta for the teaveling woman .

How should have dust he or moved from linea or cotton suits order to present rubning it in deeper

At a formal church wedding who should enter the church first, the mother of the bride or the protection

of the bridegroom? 5. How can a failor's cushion for pressing roats and dresses in made?

Saturday's Answers

The civil service examination for the position of laboratory assist had laboratory experience.

White enameled woodwork should be cleaned with a soft wool doth meistened with a solution of one half tablespoon of boras to a basin of water.

In making a spread for the four post bed the corners should be out out to make the spread fit smooth-ly around the posts.

A wire frying basket can be used as a substitute for the wire dish

drainer.
B. If an evening dress is worn it is not correct to wear a hat to an evening concert or recital, but a hat should be worn with an after-

moun dress. Waxed ribbon is a novel trim-ming for new hats and dresses,



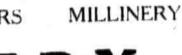


The Fashion Ideal

An ideal is best achieved by the aid of simplicity, the simple foundation superimposed by the trimming in vogue, the choice of a material, the drape of a new model.

GOWNS

FURS



Fre De Man

302 Walnut Street

In the business directory of the tele phone book you will find a list of facial experts who will give you the treatment ou want. I cannot recommend any one of this kind through the column. I hope you will find a satisfactory treatment

The DIET during & after INFLUENZA Ath For Horlick's The ORIGINAL Malled Milk Rich Milk Malted Grain Extract Digestible Nutritious Instantly prepared - no cooking Used successfully over 1/3 century Ask for Horlick's

Thus Avoiding Imitations



Be Beautiful Long Silky Eye Lashes **Improve the Looks** USE

Eyo? Eyo? Eyo? At All Drug Stores

Anything

Easy FRAMBES & CLARK 1112 Chestnut St., Phile.

\$12 Guarantes Tr. Bidg., Atlantic Cuts 50 N. Third St. Camden

AMERICAN MAN. Girls Themselves to Blame

CSEU

That Buy

Dear Capthin -1 have often won dered what would happen to our girls. 50 per sent of them, if the use of arti-ficial complexions were denied them. It certainly is annising to see some of the girls with about a quarter of no luch of powder around their poses and painted bys and checks. To cap it off, they wear clothes which are certainly not modest. Then they wonder why may are talked about. When men set

they are talked about. When new see girls practically half-clothed, using powder and paint to the extreme, they

ertainly are not going to think good

The fact of one going to church or a dame is not the cause of the male set jumping at conductors, but the fr-

male sex's seanty clothes and action

SHOP WITH

be suse dies have no need to be. How ever, Contain has answered that ques

that for the satisfaction of all and I

In regard to government, no foreign

non dive, legislative or indicial depart-ments. Next time he sure you know

to a slighte to any part in managing to affairs of our government, either in