

MRS. WILSON TELLS SEASONS FOR VARIOUS KINDS OF FISH

And Gives Three Good Menus for Meals on Sunday, With Some Helpful Recipes for New Dishes

By MRS. M. A. WILSON

CHLIFISH includes molluscous and crustacean species and are generally placed in the market list:

- Fresh and salt oysters. Hard-shell (quahog) clams. Soft-shell clams, beach clams, muskellunge, scallops. Then the green turtle, fresh and salt water terrapin, snappers, frogs, crabs, lobsters, shrimp and crayfish must be alive and strictly fresh.

Planning the Sunday menu for the Friday market basket for the last Sunday in March—Palm Sunday—should bring visions of a clear, balmy Sunday, full of glorious sunshine.

A SUGGESTIVE MENU

- BREAKFAST: Grapefruit, Bacon and Eggs, Bran Muffins, Water Cress, Coffee. DINNER: Stuffed Celery, Bouillon, Toasted Crackers, Broiled Steak, Parsley Butter, Baked Potato Cakes, Splanach, Bohemian Salad, Cornstarch Pudding, Chocolate Sauce, Coffee. SUPPER: Creamed Beef, Toasted cornbread, Potato Salad With Cheese Balls, Ginger Bread, Tea.

The market basket will require: One-half pound bacon, One-half dozen eggs, One bunch of watercress, One stalk white celery, One bunch basil, One measure cottage cheese, Two-pound steak, One bunch parsley, One-quarter peck white potatoes, One-quarter peck spinach, Small head of lettuce, One carrot, One beet, Two onions, One can corn, Small can molasses, and usual staples that the house purchases semimonthly.

Place in warm platter. Two ounces butter. One-quarter cup finely chopped parsley. Four tablespoons mayonnaise dressing. One teaspoon salt. One teaspoon paprika. Beat hard to mix—spread on steak when ready to serve.

Chocolate Sauce: Place in saucepan. One-half cup sugar. Three-quarters cup water. Four level tablespoons cornstarch. Four level tablespoons cocoa. Stir to dissolve starch—bring to boil—cook slowly for five minutes—remove from fire and add: One teaspoon vanilla, One-half teaspoon extract cinnamon.

Adventures With a Purse

CHECKERS, aside from being an interesting game, is one that is a good mental exercise for boys and girls. Only don't tell them that or they will forever eschew the game! And the price of the game of checkers I saw today is so reasonable that it is within the reach of every one. For the price is but twenty cents for the board, which folds up to hold the men, and the "men" themselves.

If you are interested in homes and interior decorating, you will have noticed that many of the upholstered velvet and tapestry chairs have placed on their backs pieces of beautiful flannel which imparts a very rich appearance. Well, one shop has these chairs back, in what I honestly took to be flannel, until I saw the price. The design is very fine, and through the middle goes a strip of delicately designed embroidery. Indeed, the value of these chair back covers is exceptional, for they are priced at \$1.35.



MRS. HOWARD M. INGHAM was formerly Miss Augusta Pemberton, is spending the winter in New York

The Woman's Exchange

An Informal Note To the Editor of Woman's Page: Dear Madam—Having noticed that you give much valuable information to others through your wonderful column, I have taken the privilege of asking you for some.

Dear Madam—Having noticed that you give much valuable information to others through your wonderful column, I have taken the privilege of asking you for some. Will you kindly print a form of letter to be inclosed with an invitation to a dance? C. R. W.

Dear Madam—Can you give me the address of a home for aged women? My husband and I are both strangers here. We have an aged mother whom we would like to place in a good home. She is eighty-eight and longs for quiet. We are willing to pay for her board, but have been told they require about \$300 for admittance, then keep them the rest of their lives. MRS. N. S.

Girls! Girls!! Clear Your Skin With Cuticura. Sample each (Soap, Ointment, Talcum) of Cuticura Laboratories, Dept. 2, Malden, Mass. Sold everywhere.

THE GLAD SURRENDER

By HAZEL DEYO BATCHELOR

(Graville Burton married Laurel Stone shortly after she interviewed him for the weekly. She loved him enough to surrender her work for him, but he did not love her at all. He was proud of her beauty and her brains and when she told him that she was all his, that was all. A year after their marriage a son was born and then she subtly withdrew her personality from him. It is then that he decides to cover how much he loves her. Their lives are at the breaking point when they give a houseparty and masked ball at their Island place. A mysterious man whom Laurel thinks she knows takes possession of her at this affair.)

IT WAS the third dance that she had with Dick and they had danced almost in silence. Laurel was silent, partly because she was worried at Dick's attitude. There was such a deadness about it that it frightened her. Why, she hardly ever noticed Dick when he was with her.

"Let's go out on the terrace," Dick said suddenly as the music ceased. "Oh, no, Dick," she protested, "it's damp tonight and my feet would be soaked." She glanced deprecatingly at her silver cloth shoes.

"I'm anxious to know what to do. Was I right to tell him I had to study?" LITTLE PURITAN PRUDENCE. You were right to tell him you have to study. If your mother allows you to have visitors on the evenings mentioned, of course, have him call.

No Offense Taken Dear Cynthia—I am very sorry if I offended you in my last letter. You may write me my letter so promptly. Thank you. FAY.

Forget Her High Private—You are foolish to waste time on this girl, who is evidently only playing with you. Your wisest course would be to drop her entirely. Do not write any more and if she telephones you, talk with her politely but do not suggest taking her out. You would do wisely to go about with other girls. She is not worthy of your love.

Some Poem Dear Cynthia—Here is a little poem I composed about you. How do you like it? The Eighth Wonder Her name is Cynthia, my dears; Give, don't you think her awfully queer? Every time we question who she is In a polite form she answers, "None of your business."

What Is Correct? Dear Cynthia—When a fellow calls upon a girl, should the girl take his overcoat and hat or should she show him where to hang it? O. G. J. It is usual for the man to take his coat and hat off and leave them in the hall, while the maid announces him. If the girl herself or a member of the family opens the door, however, it is usual to show him where to put his outer garments.

Our Exclusive Method of Cleaning Evening Gowns, Suits and Dresses is not an expense to you, for it adds to the life of your clothes while enabling you to enjoy the satisfaction of always being well dressed. No injurious chemicals nor destructive processes are used. We call and deliver. Men's clothes thoroughly cleaned. We cater to particular people.

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George Allen, Inc. 1214—Chestnut Street—1214 ANNOUNCE FOR FRIDAY AND SATURDAY Charming New Millinery of the Latest Vogue in Wonderful Variety

The most attractive display in town, of correct and becoming new styles in Easter Millinery is here at Allen's. Allen's Hats, always charming this Spring, are more so than ever, representing as they do the best thought of the most noted Parisian designers, blended with the style creations of our own artists. The immense variety will enable any Philadelphia woman to find a becoming hat for any occasion. And Allen's is the Most Economical Place in Town to Select Your Easter Millinery.

A Timely Sale of Gloves Well known gloves at remarkable price savings. Standard makes of dependable quality and fit.

Trefousse French Gloves—Special 8-Button-length Black Kid Gloves, usual \$6.00 grade, at \$4.50 a pair. 8-Button-length White Suede Gloves, usual \$5.50 grade, at \$4.25 a pair. 12-Button-length White Suede Gloves, usual \$6.25 grade, at \$5.00 a pair. 1-Clasp White Kid Gloves, white embroidery, usual \$4.00 grade, at \$3.50 a pair. 1-Clasp French Kid Gloves, overseam-sewn, black or white, usual \$3.75 grade, at \$3.00 a pair.

Kayser Washable Gloves Kayser Chamousette Gloves in White, Gray, Pongee, Sand, Mastic; serviceable and dressy—special at \$1.00 a pair. Dependable Cape and Mocha Gloves 1-Clasp Mocha Gloves in the new sand shade, \$3.50 quality, at \$2.50 a pair. Finest imported Capeskin Gloves in Tan, Gray, Beaver, Mastic, Brown, Pearl and Black, usual \$4.00 kind, at \$2.90. Odd sizes in strap wrist Capeskin Gloves. Tan, Brown, Gray, Beaver, usual \$6.00 grade, at \$4.00 a pair.

Toilet Article Specials Rigaud's Face Powder; the large-size compact powder in gold box with powder pad. Special for Friday and Saturday at \$1.15. Queligues Fleurs Toilet Powder in glass bottles; also "Ideal" at \$1.00. 25c each for these Toilet Articles Pure Bristle Tooth Brushes with bone or transparent handles; several styles. Pure Bristle Nail Brushes. "L'Amor" Face Powder. Odonoro for perspiration, usual 30c size. Kolynos Toilet Paste. Septo-Net Toilet Soap; usual 35c kind.

Veilings with Colored Spots at 65c and 85c a yard The new veilings are very attractive in the various shades of blue and brown, and have all the appearance of the much higher priced veilings. We are splendidly ready with a full assortment of all the novelty and staple veilings for the Easter Hat.

5-Inch Moire Ribbon, 58c yard A very nice quality in pink, light blue, electric and navy only; excellent values at this price. Special Lingerie Wash Ribbons are 95c for No. 1; \$1.45 for No. 1 1/2; \$2.00 for No. 2; \$2.75 for No. 3. The shades are white, pink, blue and violet.

Flouncers for Underskirts Silk, \$3.50 to \$4.25; Satine, \$1.75 to \$2.25. These flouncers are ready made, draw string to adjust to the old skirt top; a new petticoat at a small cost; they are cut full and well made; a splendid assortment of flouncers. FIRST FLOOR REAR

HE HAD PRESENCE OF MIND AND STOPPED THE RUNAWAY

While Other Men Looked on and Wished That They Had Thought of Doing What He Did—This Gift Can Be Pretended

A RUNAWAY! Shouts preceded it, and excitement followed it as it made its lumbering, dangerous way through the traffic of a busy street. There were two heavy horses pulling the truck and they were getting rapidly under way. Some men shouted "Whoa!" as they stood helplessly on the sidewalk; others ran out and waved their hats before the approaching horses, accomplishing nothing more than a few heart throbs on the part of the spectators for fear they wouldn't jump back in time.

The horses, in the meantime, went stolidly on, bumping the contents of the truck from one side to another. Then the man with presence of mind appeared. Running out from the curb, he grabbed the back of the truck, swung himself up and climbed up to the driver's seat. As calmly as if he had been walking in his garden on a Sunday afternoon he stepped over the seat, gathered up the reins and slowed the horses down to a walk. By that time two or three other men had joined him, and an excited, almost thrilled crowd had gathered on the street.

He had courage to do that thing. He might have been thrown out, he might have been hurled against the side of the truck as it swayed and badly injured. And many of the men on the sidewalk

to think of the right thing to do at the right time. But we can at least train ourselves to stand still and push back that frantic nervousness that arises with an emergency and chokes all coherent thought. We can learn to defy that overwhelming fright and conquer it with an assumption of calmness that is steady even if it isn't sincere. Even if we don't do anything, even if our shallow composure doesn't bring us a thought, it will at least impress those about us, strengthen them and possibly give one of them the thought that we cannot get ourselves. And so, if we don't think of climbing over the back of the truck we may at least look so serenely confident of stopping the horses that somebody else will wonder how we're going to do it and then rush out to do it first himself.

UNITARIANS TO MEET

"Layman's Responsibility" to Be Discussed at First Church The Layman's Responsibility will be discussed this evening at a mass-meeting of Unitarians which will be held at the First Unitarian Church, 2125 Chestnut street. The meeting will be held under the auspices of the local chapter of the Unitarian Laymen's League of the Joseph Priestley Conference. It will be attended by representatives of the Unitarian churches in Washington, Baltimore, Vineland, Wilmington, Trenton and Lancaster. Among the speakers will be Charles H. Strong and the Rev. William L. Sullivan, of New York, and Ernest G. Adams, of Boston.

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