

VARYING THE DIET—EXCHANGE—FASHIONS FOR SPRING—CYNTHIA'S ADVICE—ADVENTURES

SOME CHEESE DISHES GIVEN BY MRS. WILSON

Wise Plan to Reduce Quantity of Meat and Substitute This Other Food to Lighten Diet

Croquettes Fried in Bread Crumbs Are Delicious, and Many Other Recipes Are Tasty

By MRS. M. A. WILSON

THE heavy protein or meat diet during the winter months is necessary for the body upkeep, but as spring approaches it is wise to make a change in the character of this part of our diet...

Cheese Croquettes: Grate sufficient amount of cheese to measure one-half cup...

Cheese and Corn Pudding: Place in sauceman one and one-half cups milk...

Cheese Fondue on Waffles: Prepare and bake waffles. Place in oven with door open to keep warm and crisp...

Cheese Souffle: Place in sauceman one and one-half cups milk...

Spanish Roast: Mash one-half cup baked beans...

Toasted Cheese: Cut bread in slices, toast in pan...

The Question Corner: Today's Inquiries: 1. How can I make a dress of fabricating dress shields in place...

Yesterday's Answers: 1. Start with a small dress, dress neck and collar and shoulder...

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Ask Mrs. Wilson: If you have any cooking problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns...

Armenian Rabbit: Mince very fine one-half cup ground beef...

Cheese Sauce: Place in sauceman one and one-half cups milk...

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Please Tell Me What to Do

By CYNTHIA

Stands Up for Buck Privates: Dear Cynthia—Just a few lines in answer to Betty Bonnet's advice...

As I sit here smoking my faithful pipe, many different things flit through my mind...

But I never saw the heroes are for you. Hardly a day goes by that I do not see a soldier...

Why is the soldier so despised? Why is the man who has sacrificed so much for his country so despised?

Dear Mrs. Wilson: Will you kindly tell me how to make butter cakes such as are made in the white dishes of restaurants...

LONG STRAIGHT LINES WITHOUT BOUFFANCY: I have a dress which I have made for myself...

A Bit From T. B. P.'s Letter: Dear Cynthia—Last night was my first opportunity to see your column for some time...

THE BECK PRIVATE: Never heard such a romance! Did you certainly all right...

Feb. Sale Antiques: Furniture, Decorations, etc. at 25% Discount. Dulaski, 18th St. and Walnut.

FOR BAD WEATHER



What does she care for storms or piercing winds? She's well protected against anything like that with her good-looking cover-all coat of plaid wool, lined with waterproof material...

A Time Saver: The busy housewife who lives in a two-story dwelling will find the following device of great service...

Economy: Has the ruffle of your best silk Petticoat worn into ribbons that catch in the buttons of your spats when you go upstairs?

For Spring: Draped hips are still in good style, although the tendency is to have them of light fluffy material that will give a bouffant effect without interfering with the long lines of the dress.

Ask for Mrs. Morrison's Puddings: Solve the dessert problem. No bother, no delay, ready in a few minutes.

The Juliet: 1126 Walnut St. Special Values Spring Millinery \$10. Models of exquisite charm with distinction, grace and originality always characteristic of Juliet Hats.

Supplee Ice Cream: It's a food too! For besides its appetizing goodness, Supplee Ice Cream is a true maker of bodily energy...

Supplee Ice Cream: That's why there's sound logic to the advice—"Eat a plate of ice cream every day."

Supplee Ice Cream: SUPPLEE ICE CREAM "Has a Better Flavor" Supplee-Wills-Jones Milk Co. Philadelphia, Atlantic City, Ocean City, Chester.

Adventures With a Purse

At THE present time, in New York, there is a play that is described as a "romantic play with music."

I know of a shop that is having one of those interesting pre-inventor sales. Right around this time there are a number of them having these sales...

And another thing this shop has that would make a particularly nice wedding or engagement gift is a most unusual hat box...

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

AFTERNOONS OFF: When You Use the VITAL AUTOMATIC CLEANER. The best and most up-to-date Vacuum Cleaner on the market today...

BUY THE VITAL NOW: Price Advances MARCH 1st. Write, call, or phone Market 1390.

PASCHALL SALES CO.: 15 So. 8th St. And Branches—See Phone Directory. NOT SOLD BY Dept. or Other Stores. Sold direct from Factory Branches only.

HE WANTS TO BE AN ARTIST, BUT HE MUST LEARN A TRADE

His Father Does Not Recognize Ernest's Right to Develop What He Thinks Is a Talent or Find Out Whether He Has One

ERNEST loves to draw pictures and electric lights do not light when they are expected to, they blunt his sensitive fingers, dull his imaginative mind and break his heart by compelling him to learn a trade...

Ernest's mother is the only one who takes any interest in this "foolishness" of his. She lets him draw her picture and then she laughs because it looks so much like her...

Why should Ernest's soul be cramped and confined with work he hates and scorns? Why couldn't he be successful as an architect or an illustrator?

HOW often tragedy—for it is a tragedy—occurs in everyday lives! A child shows a decided talent for one of the fine arts that require more brain and imagination than physical strength...

HAIR GOODS: Wigs, Toupees, Etc. KAUFFMAN: 501 Penfield Bldg. Junior & Chestnut.

Do Your Sewing Without Labor: No headache, backache or footwork when you use the modern sewing machine, the FREE-WESTINGHOUSE Electric Sewing Machine.

H. C. ROBERTS ELECTRIC SUPPLY CO.: Wholesale Distributors Philadelphia.

Light as a typewriter, it can be carried from room to room and attached anywhere. See it at your electric dealer's or phone us. See also the Ohio-Tuec Electric Cleaner.

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It'll pick you up: A steaming, fragrant cup of Tetley's Orange Pekoe is the kind of tea that'll pick you up without giving you a let down afterwards!

TETLEY'S TEA: Selected with care, blended with patience, packed with skill. That's what gives the full flavor.

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