LINEN FOR SCHOOLGIRLS

SOME SWEETS-WOMAN'S EXCHANGE-FASHIONS-ADVENTURES WITH A PURSE-ELOPEMENTS

RECIPES FOR HONEY GIVEN BY MRS. WILSON

This Sirupy Product Takes Place of Sugar and Contains Some Body-Building Materials

Candied Sweet Potatoes. Icing for Cakes. Gingerbread or Apple Roll Can Be Made With It

By MRS. M. A. WILSON

requests for recipes using honey. Honey is the most ancient sweetening in the history of foods—meeting the need for sweets of the people of biblical times. Honey, which is a natural sweet, causes less fermentation in the stomach and is a desirable sweet, as it requires no digestion to prepare it for the blood stream. It is available at once for the hole to use for supplying heat, energy body to use for supplying heat, energy and fuel. Hency also contains some material which the body can use for building and repair.

building and repair.

Food cooked with honey keeps more moist than that cooked with the usual aweets. Honey as a spread for bread. cereals, waffles, hot cakes and teast may

Honey Candied Sweet Potatoes Place in saucepan

Three-quarters cup honey. Tico tablespoons bacon fal-One-half teaspoon cinnamos One-quarter teaspoon nutney. Bring to boil and cook until the honey forms a soft ball when tried in cold water. Cook one dozen sweet potatoes.

sirup, basting potatoes frequently. Honey Cream

Place in saucepan Two cups milk One-half cup honey

One-half cup cornstarch. Stir to dissolve starch. Bring to boil. Cook slowly for fifteen minutes and add One-quarter teaspoon salt.

One teaspoon vanilla.
Riuse mold. Turn in the custard and set aside to mold. Turn from mold on platter and serve with honey sauce.

Honey Sauce Three-quarters cup honey.

One cup water, Three tablespoons of cornstarch. Stir to dissolve starch. Bring to beil. One well-beaten egg. One teaspoon vanilla

Honey Icing for Cakes Place in deep saucepan one cup of honey. Cook slowly until it forms a soft ball when tried in cold water. Then pour in fine stream of stiffly beaten white of egg. Beat and spread on cake.

One-quarter teaspoon nutmeg

Flemish Pudding

Wash one-half cup of Pearl tapioca in plenty of warm water. Place in saucepan and add two and one-half cups of boiling water. Cook until the tapioca is clear and soft. Now add

One-half cup honey. One-quarter teaspoon salt One cup evaporated milk, One cup of raisins, One-half teaspoon nutmeg Simmer slowly for twenty minutes.

Cool and serve Honey Gingerbread

Place in mixing bowl Three quarters cup honey. One quarter cup shortening,

Two cups flour Four level teaspoons baking powder. One feaspagon cinnamon. One teaspoon ginger.
One half traspoon allspice.

One-quarter traspoon cloves. Beat to smooth batter. Pour in wellgreased and fluted pans and baked in

moderate oven for 35 minutes. Honey Apple Rell

Pare and chop three apples fine. I'lace in bow! and add

One-half cup seeded raising. One-half cup honey. One tenspoon cinnamon. One-quarter tenspoon natures.

Mix and let stand while preparing the One and one-half cups flour.

One teaspoon sait.
Two level tublespoons baking paider.

Four level tablespoons sugar. Sift to mix. Now rub in two table-

The Question Corner

Today's Inquiries Describe an unusual cover for a

2. What is an easy way to remove seeds from a grapefruit or

In what novel, attractive way is a split train on an evening dress arranged When the bemetitching in a bu-ream scarf warrs out what can be substituted for it?

Is it correct for a woman to have merely her husband's initials on her calling eard instead of his

chole name 6. What is the latest fad for the dressing table?

Saturday's Answers

A pretty centerpiece for the Washington's Birthday party can be made by cutting the top of the crown from a tricorne bat and filling it with favors wrapped in red, white and blue,

To facilitate matching stockings on their return from the laundry mark each pair with a number, putting the same number on both stockings of a pair. Frozen fingers can be avoided in

hanging hundkerchiefs on the line in cold weather if the handkerchiefs are pinned flat on towels in the house before the towels

are hung on the line.
4. A pretty gift for the winter in

A pretty gift for the winter invalid is a growing primrose plant in a pot wrapped in crepe paper the color of the blooms.
 The calling card of a married woman is larger than that of a young girl.
 A striking use of contrasting color on a dress which has a sidefastening to the blouse is in a wide lapel terminating in a sash end.

Some New Recipes!

Mrs. Wilson has just returned from northwest Canada, where she has been getting some brand-new recipes. They are really not new at all; they are old ones that Canadian women have been using for years, but they will be new to you, and they are delicious. Mrs. Wilson is going to write them up with some of her own tasty, economical touches added. and they will appear in this column in the near future.

WATCH FOR THEM!

jelly roll. Place in well-greased pan and bake in moderate oven 35 minutes.

Mrs. Wilson Answers Queries

My Dear Mrs. Wilson-Will you kindly publish a recipe for cranberry felly? All my cookbooks have a different way of doing it. MRS. H. B. LYONS.

Place one pound of cranberries in a saucepan and add one cup of water; saucepan and add one cup of water; cover closely and stenm until tender, rub through a sieve, return to a saucepan, bring to a boil, add two cups of sugar, stir thoroughly, dissolve sugar, bring to a boil and cook ten minutes; pour into glasses and mold.

A SMART SUIT FOR EARLY SPRING



It is of navy blue tricotine with a novel arrangement of plaits as trimming. A touch of color is added in stitching of orange (giving the color combination of navy blue and orange that is quite the newest) on the end of the peplum, the sleeves and the side panels. The hat is of blue in the turned-up sailor shape that is a promular sailor shape that is so popular

A Daily Fashion Talk by Florence Rose

THERE is a wide variety in the suits that are offered for your spring se-lection, and from those that have seen chosen by smart women so far there will be less tendency to monotonous uniformity than in recent sensons. smart suit this season will not neces-sarily be like every other smart woman's suit : among discriminating women

there will be an inclination to achieve

there will be an inclination to achieve a little originality.

Of course, the Eton jacket has taken well and will appeal to many. It has the advantage from the manufacturer's point of view of requiring a scant amount of fabric. Among the very spoons flour and add one-half cup water high-priced suits imported and made in to mix to a dough. Roll out 14-inch America, there are many with the exto mix to a dough. Roll out 3, inch America, there are many with the exthick on floured pastry board, spread tremely long coat, but the woman who with prepared mixture. Roll as for buys a suit to wear into summer will buys a suit to wear into summer will think twice before buying one that pro-

ides so much warmth.
I am showing an original little mode teday that has some of the most interesting of the new features and yet decidedly distinctive. The use of plairing marks it with the stamp of 1920 for it seems as if the clever dres-makers had used plaiting whereas they could this season. Of course, it mayy blue-it is so desperately hard ead you women away from that cold when it comes to selecting your spring sait, and, truth to tell, you show good judgment in refusing to be led. The jacket consists of a blouse-like sec-tion of the navy blue tricotine with a plaited peplinn of the same insterial.
There is a plaited vest of the same material and a youthful little turn down
collar, finished with a black satin tie. The little string belt that fasters inosely over the peplum of the jacket is also of black satin.
I knew the skirt would appeal to

you, for it is short and scant with the necessary side drawer, introduced in the form of plaited side panels that give the out departing from the long lines so dear to the heart of American women. And there is a touch of color, which consists of orange stitching that frims the edge of the planted perform and side panels and is used again in groups of three, four and five on the edges of

he sleeves. The orange combined with navy blue quite the newest thing, newer in fact, than the henna or mahogany with mavy blue, which is a deep characterful shade, and is quite as smart in appearance as the henna.

Whether you like the sailor hat with Whether you like the sailor hat with its up turned brim or not, I want you to know, if you do not know already, that it is quite the newest and smartest sort of sailor. It is a model that has been worn successfully by some of the smart women at the winter southern resorts and that will be popular, but at the same time exclusive this spring and summer. In this case the sailor is of passy blue trimmed, with a regulation summer. In this case the sallor is on navy blue trimmed with a regulation

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Please Tell Me What to Do

By CYNTHIA

She Has a Problem

Dear Cynthia—May I congratulate you on your splendid column? I am one of many who follow your advice and benefit by so doing. Really I buy the EVENING PURILE LEDGER mostly because of your column.

because of your column.

I wish to start a subject that, I am positive, has been bothering young folks.

May I? Here goes then: Getting acquainted without being introduced.

I would be pleased to have the opinion of every one following your page RUTH.

Opinions will not change the right of it, dear. Only under very unusual cir-cumstances is it ever to be condoned ordinarily it is to be condemned.

Since the scarcity of sugar and the philip process of same. I find in my mail philip process of same. I find in my mail mon. Beat to mix before starting to baste the roll.

By MRS. M. A. Wilson. All and bake in moderate oven 35 minutes. Dear Cynthia—I would like to say a few words in favor of the boys in blue. An one who has neither near or discups of water and one tenspoon of cinnamon. Beat to mix before starting to baste the roll.

Dear Cynthia—I would like to say a few words in favor of the boys in blue. An one who has neither near or distant relatives in the navy. I must say that the boys I have met have been perfect gentlemen in every respect, and I fect gentlemen in every respect, and I have been with quite a few. A few weeks ago I read a letter in a paper where there were two girls riding on a car, and two sailors tried to get in conversation with them. And they felt very much embarrassed over the fact. Well I wouldn't be afraid to bet that they started it and then were afraid to finish it when the sailors took them up. Well I for one will always have for a friend a boy in blue if I can.

TRUE BLUE NEVER FADES.

Secretly Engaged

Dear Cynthia-Like many others. I also come to you for advice. I am a girl seventeen years of age and can pass through a crowd with a hard push. Two months ago I met a very nice young man. This young man told me of his love, but wants to keep our engagement a secret until next winter when he will be in a fixed po-sition to marry.

Now Cynthia dear, he always wants to kiss me but I object. I think it is wrong because our engagement is a secret and when I tell this to him be thinks I do not love him. What shall

A few words to Alice T.—Alice T.

If I knew who you were I'd shake you so hard you would have to say "uncle."

I'd like to know how you were brought up speaking that way to a person un-known to you. Shame on you! Readers, don't stand for that. Take up for our good friend Cynthia.

If you have promised the young man o marry him, there is no reason why he hould not kiss you. Even though your engagement is not to be announced, that s a matter between you two. But. dear.

Nests

T FELT the thrill before my eyes could see. The quickening at the heart of every-

thing. And, lo. while yet I marveled it was spring. All palpitant with birth and mystery. Busy the long day through on tireless wing.

Two sparrows building in a leafing Drunken with bliss though garbed most quakerly. Chirped of the rapture that they could not sing. And I !- I thought me of a country

Where even now the crocuses must Jeweling all the startling green again And in the wee, brown, snugly hidden

My eager fancy leaped to clasp her-With our small fledgling safe upon her breast.

Anna Spencer Twitchell, in the

YOU CAN BEAT

THE "PROFITEER"

by cutting out the expen-

sive foods (so lacking in

real nutriment) and eating

the simple, natural, inexpen-

sive foods that contain the

largest amount of digest-

ible nutriment. Shredded

Wheat contains more real

nutriment than ineat or eggs,

is more easily digested than

potatoes or other starchy

foods. Two of these little

loaves of baked whole

wheat with hot milk (or hot

water and butter) make a

nourishing satisfying meal at a cost of a few cents.

Pink linen it is, trimmed with white pique collar and cuffs, tiny white pearl buttons and embroidered flowers. The plaited skirt, of the most comfortable and becoming kind for a girl of this age, and the blouse is

Adventures With a Purse

they seemed to like the doll. Always they would love best the soft, cuddly kind, no matter how beautiful a waxen sister might be. Well, these dolls that I want to tell you about are the soft,

have your own home or whether at pres-ent the home of your heart is a home be very justly proud. ent the home of your heart is a home of dreams, you will enjoy peeping at this cunning spick-and-span little place. In the bedroom you will perhaps get an idea as to the kind of spread you would like for your own bed this summer. The tiny den may give you an idea of how you can furnish that little average you have and the little extra room you have. And the kitchen—ah, that will indeed delight you, with its shiny pots and pansits blue and white cleanliness. Y nioy it, and too, maybe you will

are you sure you love this young man about children and dolls. It is said that a certain doll manufacturer, in designing a new doll, would always give one to several children and see whether they seemed to like the doll. Always T ONCE read a very interesting article, a minute to steal a glance at some of the

hugable kind, and are simply irresistible. To tell you the truth, I sort of wanted to have one for myself. They are covered with a soft, woolly material, and some are dressed in quite the fussiest little dresses you ever beheld. If you are interested in dolls, for your own small child or for your little niece, be sure to stop and see these.

You know those luncheon sets with the round doilies? Well, I don't want to tell you about them anyhow. I want to tell you of a set I saw that has obloing doilies, curved at the top, so that, fitted around the round centerpiece, they form a regular cloth. This set is stamped on what looks to be an unbleached material, and the one sample set was embroidered in pinks blues. If you are going to be in town any time during the next few days I want you to do something for me. I want you to go to a certain shop, the name of which I will tell you, and see the suite of rooms they have completely would not take you long to enbroidered. of which I will tell you, and any leady it, either, and I feel sure that you would have your own home or whether at pres-

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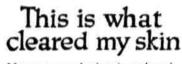


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The Woman's Exchange

No Such Word as This Dear Madam-Is there such a word as "cychological"? Please give me its A READER. definition.

There is no such word as "cycho-

ribbons, and her sleeves are all in points at the ends. A bright kerchief binds her hair, and she wears bangles and many rings. Then there are flowers. Mother Goose characters and old-fashioned costumes that are all pretty, but require more preparation than these. I hope these suggestions will be helpful.

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THEY WERE SO MUCH IN LOVE THEY RAN AWAY TO MARRY

And When They Came Back They Were Put "on the Shelf" by Their Young Unmarried Friends as Soon as the Glamour Faded

the Glamour Faded

There is no such word as "cychological." but there is a word "psychological." but the sick of the "circume of the mind or of metals actaced and processes: mental science," and the "circume of the mind or of metals and processes: mental science," and the "circume of the mind or of metals and processes: mental science," and the psychological really means have a single to the Century Dettonary, so that psychological really means have a single to the continue of the mind the psychological really means have a specific acred of a large organization. The organization is giving a maque ball March 31. The various clubs are working for prizes. I would appreciate greatly in the psychological really means have a specific acred to the psychological really means have a specific acred to the specific acre and they are scattered here and there over the costume.

A pirate maid wears a simple waist and skirt, with a leather belt and a kerchief about her neck. Her skirt is torn and slashed into picturesque ribbons, and her sleeves are all in noints.



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