FRIDAY'S MARKETING—WOMAN'S EXCHANGE—PRETTY UNDERWEAR—ADVENTURES WITH A PURSE

MRS. WILSON SUGGESTS MENUS FOR SUNDAY

And Gives Description of Various Vegetable Plants and How They Are Prepared

Cinnamon Toast Is Delicious for Breakfast and Can Be Easily Made in Short Time

By MRS. M. A. WILSON

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THE Jamaica cucumber, or the gherkin, is an oval-shaped, light-green fruit from the West Indies. It has a surface covered with fleshy spikes or prickles and it is used for pickling. It is quite similar to the cucumber.

Horseradish is a common kitchen herb, thact root of which is grated and covered with vinegar. It furnishes a pungent seasoning. In many parts of Europe the greens or tops of the young horseradish are used for cooking greens.

To prepare the horseradish, pare the root and then grate and cover with a white wine vinegar and place in a bottle or jar that can be sealed securely. The one-half pint jar, all glass, is ideal for keeping horseradish.

Many soups, sauces, gravies, stews and goulashes are improved when flavored with the prepared horseradish. Be sure to use only the white wine vinegar for covering the horseradish, for the cider and malt vinegars cause it to become discolored.

Kale, sometimes called sea kale, belongs to the spinach family. It is used as a vegetable green. Kohl rabi, turnip, cabbage or Dutch turnip came originally from Egypt; they have a nice flavor and it is said that they are better flavored than either the cabbage or turnip.

Leek, or the flag onion, so called because of its large flaglike leaves, which run up from threadlike roots, is a member of the onion family. The French cook and serve the leek the same as they cook asparagus.

Lentil, a seed or bean, used daily among the working classes in Europe. Is very nutritious and quite low priced. It is quite a favorite for helping to cut the high cost of living.

Mushrooms, when served as a vegetable or as a garnish, can be used in soups, stews, goulashes, sauce, etc., and nearly all the mushrooms on the market are products of cultivation in the hothouses.

Okra—These green pods are originally from the West Indies, where they are used as a vegetable in gumboos, with stews, soups, etc. There are three popular varieties on the market, namely, short green, long green and white ribbed.

Onions—These well-known vegetables need very little description. They are indispensable in cooking. There are several varieties; White, or silver skin; yellow, red and the large Spanish or Bermuda onions.

In the olden times onions were sold in the markets in ropes, and in 1761 a law was enacted by which the weight of all ropes of onions should not be less than four pounds net. This was due to the fact that customers complained that some ropes were shorter than others.

Planning a suggestive menu for three meals on Sunday:

BREAKFAST

Baked Apricots
Cereal and Cream
Cinnamon Toast Sirup
Coffee

DINNER

Celery Soup
Ye Olde-Tyme English Shin of Beef
With Vegetables
Mashed Potatoes
Celery Salad
English Noodle Pudding, Fruit Sauce
Coffee

SUPPER

Emince of Beef
Potato Salad
Cocoanut Cake Stewed Apricots
The market basket will require

Tea

One pound of apricots.
Two stalks of celery.
Four and one-half pound piece of shin beef.
Piece of suet and marrow bone.
Four carrots.
Five turnips.
One quart of onions.
One-quarter peck of potatoes.
One package of noodles.
Three eggs.
Two bouillon cubes.

Order the shin of beef early, telling the butcher you want it with the bone in it; this will give you a thick, oval-shaped piece of meat.

To prepare the apricots, wash well in plenty of water and then soak overnight in just enough water to cover. In the morning simmer slowly until tender and then use a part of them for breakfast and the balance for supper.

Cinnamon Toast

Cut the loaf of bread in slices one-half-inch thick and then place in a mixing bowl

One egg.
One and one-half cups of water.
One cup of flour.
One teaspoon of salt.
Two tablespoons of sugar.
One teaspoon of cinnamon.

Beat to mix and then dip the slices of bread in this batter and fry quickly until a golden brown in hot fat.

Celery Soup

Remove the coarse outside branches of the celery, and with leaves chop fine. Place in a saucepan and add

Three pints of cold water,
One carrot, cut fine.
One turnip, cut fine.
Three onions.
One faggot of soup herbs.

Cook slowly until the vegetables are soft, then rub through a sieve and return to the saucepan; add

Two bouillon cubes.
One and one-half teaspoons of salt.
One teaspoon of white pepper.
Three tablespoons of washed rice.

Simmer for fifteen minutes and then serve.

To Cook Ye Olde-Tyme English Shin Beef

Wipe the meat with a damp cloth and then tie securely with a string. Now put three-quarters cup of flour into the meat. Chop the suet fine, place in a saucepan and render. When smoking hot add the meat and brown well. Now add the marrow bone and

Three carrots, pared and cut in half.
Four turnips, pared and cut in half.
Six onions.
Seasoning as desired.
Four cups of boiling water.

Cook slowly for three hours and then lift to a hot platter and place the vegetables as a garnish. Add sufficient boiling water to make three cups of gravy.

Noodle Pudding

Cook one package of noodles in one quart of boiling water for ten minutes and then drain. Now open one can of condensed milk and add one quart of warm water and stir until blended. Add one egg and beat again. Flavor with vanilla and nutmeg and two tablespoons of butter. Turn in baking and bake in slow oven for thirty-five minutes.

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

Mrs. Wilson Answers Queries

My Dear Mrs. Wilson—Will you please answer my questions and tell me what will keep pepper sauce from turning dark? I put up five jars and it all turned dark. MRS. M. C.

Use white wine vinegar instead of cider vinegar.

My Dear Mrs. Wilson—Will you kindly print a working formula for making marshmallows that require gum arabic in their composition?

MRS. C. W.

You would require special machinery for beating the mixture, as it would be entirely too heavy for the ordinary egg beater.

My dear Mrs. Wilson—Please give me an idea how to preserve apples and pears without using any sugar at all, as some members of my family do not use any sugar even with tea or coffee. Thanking you in advance, I am MRS. E. H.

Can the apples and pears in the usual manner, filling the jars with boiling water; pears may be placed in jar in quarters, halves or whole or fill jars with stewed apples or pears. Adjust the rubbers and partially tighten the lids. Process in hot-water bath for forty minutes. Seal and then store in the usual manner.

My dear Mrs. Wilson—Will you please tell me how much lettuce and chicken will be needed to make salad for forty people? Thanking you very much, I am G. C. H.

Use

Ten pounds of chicken.
Three pounds of veal, cooked with chicken.
Five pounds of celery.
Two quarts of salad dressing.

The Question Corner

Today's Inquiries

1. What honor has been bestowed upon Miss Maud Cleveland, of the Y. W. C. A. overseas?
2. How did court plaster get its name?
3. What material can be used to make a pretty dressy sweater that is almost a blouse?
4. In using alum what precaution should be taken?
5. What useful favors at a children's party can be used during the affair and given to the children afterward?
6. Describe a novel way to make invitations for a Valentine party.

Yesterday's Answers

1. Miss Agnes Gleason, of Boston, is said to be the first woman who was ever made manager of a first-class hotel in the United States.
2. "Atlantic" is a soft shade of peacock blue.
3. A pretty suit of jersey cloth for spring is made in the sport style with a stole collar, cuffs and pockets of brushed wool.
4. An unusual and attractive nightgown is made with a round neck laced with black velvet ribbon like a medieval gown, and long sleeves that lace at the wrists.
5. The superstition connected with the wearing of sapphires is that the wearer will be proof against deceitful suitors.
6. A turned-up hat of black velvet or silk can be brightened up by the addition of a row of diamond-shaped patches of contrasting color.

Please Tell Me What to Do

By CYNTHIA

What She'd Do

Dear Cynthia—I never wrote to you before, but I know you're so kind to others I'm sure you will print this letter in your column for the girl who wants to know what the reader would do if she owned $1,000,000.

If I saw some one giving me $1,000,000 I would be so shocked I wouldn't be able to open my eyes.

FRANCES B.

Isn't the Navy Respected?

Dear Cynthia—I would like you to help me solve this mysterious problem:

I am a young girl and I do not make a practice of going with nothing but sailors, but I have gone with three who have treated me as kindly as my brother would. Would you kindly tell me why some people always have a knock for the boys in the navy and the persons who go with them? The people should respect the boys who are just at the age that they should enjoy the life they give to the country. Why don't the people of this country encourage the boys in the navy? We would have a much better navy if the people did not talk so much.

I was reading a piece in the EVENING PUBLIC LEDGER of the death of a girl, and for the simple reason she was seen last with a sailor there are rumors going around that she was murdered by a sailor.

I beg you to publish this in your column, as I have been trying to solve this problem for two years.

AN AMERICAN.

Speak up, readers. Have you found this to be the case? Don't people respect the navy and honor the men who have offered their lives to their country?

Adventures With a Purse

IN THE four short years of Sophie's checkered career she has achieved great-grandmotherhood, an accomplishment which beyond the shadow of a doubt should be accompanied by a sedate and dignified bearing and serious frame of mind. But not thus does she conduct herself when presented with the gift we bought her. She, the progenitor of so many little Sophies and Tommies, crouches and springs, rolls upon the floor with her feet waving wildly in the air and caverts and frolics like her youngest grandchild. Mistress Sophie, you see, is a sleek gray pussycat and our gift is a wee little mouse of catnip, which we purchased for ten cents. The antics of your own pet cat, when confronted with one of these mice, will afford you lots of fun.

There are a great many things about cooking of which I am totally ignorant. Two things I am familiar with, however. One is the fact that there is a certain culinary superiority in a double roaster, the other that there is a certain physical advantage in the use of aluminum cooking utensils. And so I bring this knowledge to bear on the aluminum double roasters I saw, and, adding two and two, announce my result as $1.49. This $1.49 is a special sale price for the double roasters, which are of generous proportions and which seem like a very good purchase.

Children love surprises. I can remember that when I was in the early days of reading, writing and rithmetic we were taught a song, in one part of which we all placed our little heads on our desks. And I never failed to look up hopefully afterward with the thought that the teacher might have planned a surprise for us to see on looking up. Well, because, then, I maintain that little people love surprises, I want to tell you about some surprise walnuts that would make jolly party favors, or a gift for the little girl or boy who must stay in the house because of a cold. These walnuts are made, I fancy, of papier mache, and each contains a funny little toy. There are a dozen in a box which can be had for the small sum of twenty-five cents.

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

Dainty Lingerie

A Daily Fashion Talk by Florence Rose

Most of these models are made of flesh-color crepe de chine. Lace and fine tucks trim one pretty nightgown, while hemstitching suffices for the other. The combinations are charming in their severe plainness, with the popular strap shoulders

DOESN'T it sometimes seem as if you could tell just by the way a woman carries herself, by the way she talks, by her whole bearing, whether or not she is a wearer of pretty, dainty lingerie? Now here is a woman tripping along the avenue covered from the tips of her ears to her dainty ankles in a voluminous duvetyn wrap. You can just tell that she is the sort of woman who wears dainty underthings, and it isn't just because she is dressed expensively; because the woman just ahead of her who is wearing a sealskin wrap that—well, you hesitate to say that it must have cost $2000—there is something about that woman that makes you feel that she cares less for these things.

And you know yourself that when you are dressed with dainty, well-fitting, silken lingerie, you have a feeling of well-being that you cannot help but reflect in your manner. The simplest suit seems to "set" better. Your frocks are more comfortable. It gives you a feeling of being well dressed that you could never acquire by wearing much fine jewelry or expensive ostrich feathers or priceless sables.

Please don't think that I am preachy. I'm just saying this to excuse the girls you know who, even on a small dress allowance, will insist on getting dainty underwear. Why don't girls in their position wear knitted lisle? Good, substantial muslin "corset covers" and combinations would be well enough. They don't show? What difference does it make so long as they are clean and whole?

Well, it makes a lot of difference, and although it is, of course, silly to put all your dress allowance into your underthings I am entirely in sympathy with the young woman who feels that she can't be content without some finery in the way of lingerie.

Flesh color persists among women of taste in spite of the green and blue and rose and mauve that you see. For my own part I think that there is nothing nicer than a good quality of crepe de chine, which wears so much better than georgette.

In the sketch there are two nightgowns. One is trimmed with lace and fine tucks and the other, a good warm-weather model, is trimmed only with hemstitching. The two combinations are to be found among the new models, although they are much the same as usual and the underbodice is the usual strap model that still holds the favorite place with the well-dressed woman.

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EGGS DROP TO 70 CENTS

Fresh Over Fifteen Cents Cheaper Than on January 1

Eggs are coming down.

Fresh ones are selling at 70 cents a dozen, a drop of 15 cents from the price at the beginning of the year.

Selected eggs have dropped from 63 cents a dozen to 60 cents.

In New York, prices are lower than in Philadelphia, owing to the dumping of cold-storage eggs on the market there. In many places eggs are being retailed at 50 cents a dozen.

The Woman's Exchange

Has Talent for Dancing

To the Editor of Woman's Page:

Dear Madam—I am a girl of twelve years and I am taking lessons in dancing. Many people say that I have a well-developed talent. I ask you to give me advice as to where I should venture to try to find whether my talent is good.

THE TWELVE-YEAR DANCER.

Since you are taking lessons, your teacher is the one who can tell you where to go to continue your work. She is the only one who can tell you whether you have enough talent to become a dancer. You might go to one of the ballet teachers who have studios here. You will find a list of dancing teachers in the business directory of the telephone book, and you can pick out a ballet teacher and go to him, if you do not rely upon the teacher you have.

Two Girls Want to Swim

To the Editor of Woman's Page:

Dear Madam—We are steady readers of your column and would appreciate it very much if you would direct us to some swimming pool in the central part of this city where the swimming lessons are not too expensive.

TWO GIRLS.

In the business directory of the telephone book, under "Swimming," you will find a list of swimming pools and instructors. There are not many of them, but I am sure one of these will be convenient to you. You will have to call them up on the telephone to find out about the hours for girls and the charges. I hope you will enjoy yourselves. Swimming is fine exercise and lots of fun.

Look in Night Extra

To the Editor of Woman's Page:

Dear Madam:—I always read the continued stories in the EVENING PUBLIC LEDGER. They are clever and I enjoy reading them.

The story entitled "The Daughter of Two Worlds" was not in print Saturday (January 31), according to my search, as I looked on every page throughout the paper, but if it was in print will you please let me know through the Woman's Page, on Tuesday, February 3, on what page it made its appearance, as I am very much interested in this story? K. P. S.

This story appeared on Page 4, in the Night Extra edition of the paper, on Saturday. Your letter did not arrive in time to be answered on Tuesday.

MOTHER NEVER RUNS OUT OF ANSWERS OR ENERGY

To Give to Daddy and the Children—She Can Always Manage to Be Interested in Several Things at Once

MOTHER and Daddy and the two little ones boarded the trolley car and settled down with a little flurry. The youngest was only four and very full of song and dance. The other sat down, rested her head on the window back of her and took in all the beautiful advertisements above the opposite windows. Daddy immediately started describing a new tool that he would like to have for his tool chest.

"It's a beauty," he said, as Mother listened attentively. "It works this way," and he showed her with his hands.

"Oh, yes," Mother answered understandingly, as she put out a restraining hand to keep Alice from climbing off the seat.

"It costs a good deal," Daddy went on, "And I told the man I didn't know whether I could afford it now——"

"What does that say, Mother?" Jane inquired dreamily. And so Mother looked up and read the verse on the advertisement for chewing gum. Jane smiled politely, obviously gave up trying to understand what it meant and turned to the next picture.

"How much was it?" Mother asked, turning back to Daddy. No, she hadn't forgotten. Daddy hesitated—hesitated too long. For the car had stopped, and the motorman, getting off in great excitement, discovered that a motorman on the car ahead had been taken sick. This roused great interest among the family. Daddy stood up to see what was going on, and Mother had both hands full keeping Alice on the seat. If Daddy could stand up, why shouldn't she? Jane had forgotten the advertisements and in looking out the window had become absorbed in the pictures made by the streaks on the glass. The excitement calmed down and the car started.

"MOTHER, who was sick," inquired Jane, suddenly. Mother told her, moving her handbag out of reach of the exploring hands of Alice.

"Well, so I told the man I'd be in in a day or two," Daddy was going on.

"This is our street," Mother said, standing up. And Daddy, finding himself with a jerk, started out. Mother stood up, guided Alice's jumpy little feet to the floor, interrupted her song long enough to tell her to call Daddy to take her hand, broke the spell of Jane's reverie, and got them all safely off the car.

Mother had had a busy trip. But then mother always has busy trips. It's always been, "Mother, what do you think about that?" and "Mother, who was?" and "Mother, why did it?" and "What does that say, Mother?" And Mother always knows. She is never expected to run out of answers for energetic minds, never expected to be too tired to attend to several things at once. If she failed the bottom of the world would drop out. The children don't know it, and Daddy doesn't realize it. They just take it for granted. Why shouldn't they turn to her for everything? She's Mother, that's all. When she bears that magic name, children and Daddy ascribe to her all the powers of a fairy godmother. And sometimes, when the world is full of questioning voices, pattering feet, mischievous hands and clattering tongues, I wonder if Mother ever yearns for that fairy cloak that would make her invisible—just for a little, restful while?

To Wash Ribbon

In washing ribbons spread them on a table or marble slab and scrub them well with soapsuds to which a little ammonia has been added. This method will keep them from creasing and will help to remove the traces of their having been bowed or knotted. Never iron ribbons, as they become stiff and hard; but after rinsing them well in clear water spread them out very smooth while still very wet on a sunny windowpane, mirror or a heated marble slab. Even a painted wall will answer almost the same purpose. They dry perfectly and look like new, being also soft and pliable as before. Care must be taken to place the wrong side next the marble or glass.—People's Home Journal.

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