MUFFIN RECIPES—ADVENTURES WITH A PURSE—WOMAN'S EXCHANGE—FLORENCE ROSE—CYNTHIA

MRS. WILSON'S RECIPES FOR PANCAKE FLOUR

Many Good Ideas for Various Kinds of Muffins, Biscuits, Waffles and Shortcake Are Given

Quick Bread Is Popular Because Easily Made and Adaptable to Many Variations

By MRS. M. A. WILSON

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MANY requests have come to me lately asking for methods of using the pancake flour. This leads me to believe that many housewives have laid in a goodly supply of this flour. Pancake flour can be used for muffins, biscuits, waffles, shortcakes, pie crusts and quick breads.

How to Make Muffins

Place in a mixing bowl
Two cups of pancake flour,
One and one-quarter cups of water,
Two tablespoons of sirup.
Beat to mix thoroughly and then bake in well-greased muffin pans for twenty minutes in a hot oven.

Rice Muffins

Add one cup of cold boiled rice or wheat cereal to the muffin mixture and beat hard to mix thoroughly and then bake as usual.

Bran Biscuits

Place in a mixing bowl
Two cups of pancake flour,
One cup of bran,
Two tablespoons shortening.
Rub between the hands to mix and then add
Two tablespoons of sirup,
Three-quarters cup of milk.
Work to a smooth, elastic dough and then roll out three-quarters of an inch thick. Cut and brush the tops of the biscuit with water. Bake in a hot oven for fifteen minutes.

Biscuits

Place in a bowl
Two and a half cups of pancake flour.
Rub into the flour two tablespoons of shortening and then mix to a dough with two-thirds cup of milk or water and work until smooth. Roll or pat out three-quarters inch thick and then cut and bake as for bran biscuits.

Waffles

Place in a mixing bowl
One and one-half cups of pancake flour,
Three-quarters cup of water,
One egg,
One tablespoon of sirup,
One tablespoon of shortening.
Beat to mix and then bake in hot waffle irons.

Shortcake

Place one and one-half cups of pancake flour in a mixing bowl and then add four tablespoons of shortening and rub into the flour thoroughly. Now add two-thirds cup of milk and work to a smooth dough with a spoon. Spread in well-greased and floured pan and bake in hot oven for eighteen minutes. Remove from the pan and split open. Butter and fill with crushed and sweetened fruit and serve with cream custard sauce or fruit whip.

Almost endless variety of shortcakes may be prepared from this recipe, using the canned or dried fruit, stewed figs, raisins, dates, etc.

Pastry

Place two cups of pancake flour in a bowl and add six tablespoons of shortening; rub into the flour thoroughly and then add five tablespoons of ice water and mix to a dough, then roll on the floured pastry board.

Quick Bread

This style of bread is becoming very popular, due to the fact that it is easily and quickly made and that the addition of nuts, raisins and other dried fruits, when chopped fine, furnishes a splendid variety. This bread is at its best when one day old.

To make the bread, place in a mixing bowl
Two and one-half cups of pancake flour,
One cup of milk or water,
Three tablespoons of sirup,
Two tablespoons of shortening.
Work to a smooth dough and then turn into well-greased oblong loaf-shaped pan and bake in a moderate oven for forty minutes.

This bread can be toasted and is delicious. The prepared pancake flour needs no salt or baking powder and is ready for instant use by simply adding water or milk. Usually these prepared flours contain the dried and prepared milk and eggs.

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

Mrs. Wilson Answers Queries

Mr Dear Mrs. Wilson—Will you kindly give me the recipe for making brown betty? Is it to be eaten warm or cold, with or without sauce? Also how to clarify fat. Thanking you in advance for your kindness to a

DAILY READER.

Brown Betty

Brown betty may be eaten either hot or cold, usually with a sauce or stewed fruit. Place in a mixing bowl
Two cups of bread crumbs,
One teaspoon of nutmeg,
One-half cup of brown sugar,
Six tablespoons of melted shortening.
Rub between the hands to mix thoroughly, and then grease a baking dish and place a layer of crumbs in the bottom and then a layer of thinly sliced apples. Repeat until the dish is full, using about one quart of thinly sliced apples. Sprinkle each layer of apples with brown sugar and cinnamon. Have a layer of bread crumbs on top. Now pour three-quarters of a cup of water over the betty, place in a moderate oven and bake for forty-five minutes; cover the pudding for first twenty minutes.

To clarify fat: Cut the suet or fat into pieces and place in a saucepan with plenty of cold water. Bring to a boil and cool until melted down. Strain and let cool. Reheat and then strain through a piece of cheesecloth and let cool. It is then ready to use.

My Dear Mrs. Wilson—Will you kindly favor me with a recipe for an old-fashioned molasses cake? Thanking you for your kindness.

MRS. C. L. P.

Old-Fashioned Molasses Cake

Place in a mixing bowl:
One cup of brown sugar,
Three-quarters cup of shortening,
Two eggs.
Cream well and then add
One cup of molasses,
One cup of strong black coffee,
Five cups of sifted flour,
Three level tablespoons of baking powder,
Two level tablespoons of cinnamon,
One level tablespoon of ginger,
One teaspoon of allspice,
One teaspoon of cloves.
Beat to mix and then bake in well-greased and floured pan in a slow oven for fifty minutes.

My Dear Mrs. Wilson—Will you kindly insert in your column a correct formula for a cake recipe?

A CONSTANT READER.

You failed to state the variety of cake desired. See the cake recipes, coming, and those for the holidays.

Adventures With a Purse

WE ALL of us have our peculiarities. Here is one of mine—I always notice a person's hands and nails. I honestly believe, for instance, that if all my school teachers, beginning with my first-grade teacher, were to place themselves behind a sheet, displaying only their hands, I could recognize each one by her nails. But, although of an innately credulous mind, I hardly believe that they could be persuaded to do that, so my statement goes unchallenged. However, to continue, my purpose in this adventure is to tell you of a nail polish that will be greatly appreciated by the woman who understands the importance of having well-kept nails. The beauty of this polish is that it lasts so long. I have known myself to rub some on my nails and have them retain their polish for two or three days. It is a dry paste, very easily applied, and one jar lasts forever and a day. The price is fifty cents.

Of all the Old World stones for necklaces, pendants and rings, I think that cool green jade is the loveliest. Not only does it make such effective jewelry, but it brings out all the whiteness and softness of a well-shaped hand or rounded neck. And of all the jade settings I have ever seen I think the pendants I saw today are the most exquisite. They are set with real Chinese jade, these pendants, mounted in gold. One has a tassel of baroque pearls. Another is encrusted with a queer gold Chinese insignia. The pendants have all been repriced because the shop is about to be moved. Prices begin around $15.

The minute the first seductive hint of spring comes into the air, it leaves me, not pining for green hills and sunny streams—not until later. Its first influence is to fill me with an overpowering desire to wash curtains and buy all sorts of new things for the tiny little place Peter and I call home. Perhaps that is why I was particularly impressed with the linen luncheon sets. But that is not the only reason, for I also recognized a bargain. The sets are of thirteen pieces, linen-colored, with tiny fine scallops in dull green or old blue—the very thing for the early spring luncheon table. The price of these sets is $4.50 each.

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

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BEAUTIFUL FLOWERS
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THE CENTURY FLOWER SHOP
12th St. below Chestnut St.

Please Tell Me What to Do

By CYNTHIA

"Black-Eyed Billie" Is Happy

Dear Cynthia—I want to thank you for your advice, and Alpina's, too; it was greatly appreciated. I do not feel so badly now, for I feel, that it happened for the best (for I did miss Jim), and every one advised that I should be thankful, which now I am. In my other letter I forgot to tell you that Jim disapproved of dancing, so I didn't learn. Now that we have parted, some of my girl friends are teaching me, and I like it very much, but I wouldn't think to go to any public "dances" or "dance halls," not that they aren't respectable places to go to, but because I don't care for such; so you see I just like dancing for my own pleasure and to entertain my friends. Then, too, I'm a great lover of music and am considered a good player.

Alpina, I have a brother, kind and loving, who greatly grieved over Jim's action and said he would like to tar and feather him, and Alpina, do you know that I think you are a real sensible man, the kind I greatly respect and I hope you may meet your "ideal girl" soon and that she will do all in her power to make you happy, for you deserve it. Get the idea out your head that you are not a marrying man, for you are, and you'll meet her some day, for God is good. Do you love music? I would like to place you in a comfy chair and play you off to Dreamland, but I guess I must have sent Jim to Dreamland too much and he must have met another girl, don't you think?

Cynthia and Alpina, will you both please tell me if you think it unladylike to whistle? I'm a great whistler, for I cannot sing. While I'm working around home doing housework I'm whistling and I feel as though I wouldn't want any of my friends to catch me. BLACK-EYED BILLIE.

You're lucky to be able to whistle, my dear. Plenty of girls would be willing to be considered unladylike if they could do more than groan and blow when they try to whistle. No, I don't think it's unladylike to whistle around the house, although it would not do on the street.

I am glad you look at this thing so sensibly. I know you will be happier.

She Answers Several

Dear Cynthia—R. F. K., you are blind I must say; surely that girl you speak of can't love you as she says. If she wants you to furnish a home, she should help you in all the ways she can. Stop buying her candy and don't take her to dances and shows so often. I know, as I have a friend who married one of those girls. Look to your own judgment and don't marry her.

A few lines to "Buck Private": I really had to laugh when I saw what you wrote about girls. Do you know, "Buck Private," a girl has not so much boldness as to stare into a fellow's eyes when being kissed? Fellows always seem to be bolder. I certainly would like to meet you, "Buck Private." Some of your letters are so sensible, even if that one you wrote about kissing did sound so kiddish!

Do forgive my answering many letters at once, but I hope you will print them. My "Dear at Sea": I, too, must be a fool, for I love some one, and I have met him only once. But it isn't another girl, but all girls. It's a new face and new fancy with him. I was out with him once; I honestly felt out of place with him. He kept staring down into my face when I was with him. This sounds silly, but surely some one must know what I mean. "At Sea," it is easy enough for people to say, try to forget him, but can you? I never expect to hear from him or see him again. Sometimes when I am working, or doing anything else, I find I am crying. There is always a lump in my throat when I talk to any one. People ask me if I am going to cry. You can hardly tell any one how you feel about a person you care for, can you, "At Sea"? It is very hard to find a true friend in any one. But, Cynthia, I feel sure if one were to know you personally you would be a real friend indeed. Your letters to the readers seem ot motherly. Don't they, readers?

ROXBOROUGH AND PHILLY.

Now Do You Understand, T. B. P.?

Dear Cynthia—I have been reading the different answers to "Buck Private's" letter on "Why do girls close their eyes when they are being kissed?" I am going to try to answer that question, and see if I can succeed.

When I take my baby in my arms and kiss her I could just take a wee bit of her dear little cheek, so great is my love for her. When I feel this way I just close my eyes for fear I might.

Some girls who are really in love have the same passion for their lover as I have, or any other mother has for her babe. If the boys were a bit smaller they would pick them up and hold them tight in their arms.

The mother in every girl shows when she really has found the one she loves. Those who think it is just foolishness should just wait until they are really honest-to-goodness in love.

I close my eyes when my big boy kisses me, for I love him.

A LITTLE MOTHER OF NORRISTOWN.

THE ANNUAL FROCK OF DARK BLUE SERGE

There is a touch of color on this attractive street dress in the wool embroidery which trims the shoulder straps. The arrangement of the wide pockets is unusual. The simple little hat is of dark-blue taffeta

A Daily Fashion Talk by Florence Rose

JUST as sure to come in the spring as the crocuses that stick up their pretty purple or yellow heads in the suburban gardens and city parks as soon as winter snows abate is the one-piece navy-blue serge street frock. And, like the spring flowers, you don't ever seem to get tired of it. It always looks smart, and smartness year after year is the thing that the well-dressed American woman wishes to achieve.

For my own part, I am very glad that the fashion for wearing organdie and other washable collars and cuffs with our blue serge frocks has been revived. For the woman who must make one dress do for many occasions there is undoubted advantage. Never fail to have two sets made for the frock at the outset so that you may always have one on hand to use when the one on the frock becomes soiled or mussed.

There is the touch of color—which seems to be playing such an important role in the clothes this year. In this case it consists of colored wool used to ornament the straps on the waist of the frock.

The hat is of dark-blue taffeta, which, by the way, is about the best selection that you can make for a hat to put on now and wear for several months. The taffeta hat is light in weight. The chances are that it will be lighter than some of the summer hats that you get later, and for that reason it is an excellent sort of hat to have on hand to use for traveling and long motor trips.

But I am downright sorry for the woman who with only one hat a season selects one that is bright colored. She is marked by it. Her friends tell her that they can spot her easily now "on account of her hat," and years from now friends will recall this season to her as "the year you had that lemon-colored or jade green or flame-colored hat." So if you are getting along with only one hat, select something like the one in the picture—something that is not striking in color or in trimming.

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Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings.
The Direction Book with each package tells so plainly how to diamond dye over any color that you can not make a mistake.
To match any material, have druggist show you "Diamond Dye" Color Card.—Adv.

The Woman's Exchange

More Calculations

To the Editor of Woman's Page:

Dear Madam—Can you tell me on what day October 24, 1907, came on?

A READER.

October 24, 1907, came on Thursday.

List of Syndicates

To the Editor of Woman's Page:

Dear Madam—Will you kindly send me the names of syndicates to which I can send short stories for magazines? Also is "Chicago Poetry" a magazine devoted exclusively to poetical articles, and is the address simply Chicago?

R. H. G.

I am sending the list of syndicates. There is a magazine called "Poetry," which is published at 543 Cass street, Chicago. It is not devoted exclusively to poetry, although there are a number of poems in it. But there are also reviews, comments on various subjects and events and informal essays.

No Charge for This

To the Editor of Woman's Page:

Dear Madam—Kindly tell me what it would cost to have a picture and the engagement of a friend announced in the EVENING PUBLIC LEDGER.

Where I could send it and how, and do you have to show proof?

A. R. T.

There is no charge for publishing either the picture or the announcement in the society columns. Send the picture to the Society Editor, EVENING PUBLIC LEDGER, accompanied by the announcement and your telephone number, so that the engagement can be verified. There are no promises made about using all the pictures sent in, for space may be scarce, or the picture may not be the kind that will reproduce in the paper, but whenever it is possible then pictures are used, free of charge.

The Question Corner

Today's Inquiries

1. Who is Miss Agnes Gleason, of Boston?
2. What color is "Atlantic"?
3. Describe a pretty suit of jersey cloth for spring.
4. How is an unusual and attractive nightgown made?
5. What superstition is connected with the wearing of a sapphire?
6. How can a turned-up hat of velvet or silk be brightened up?

Yesterday's Answers

1. Alum melted in an iron vessel makes a good cement for broken china or glass.
2. The wall behind the sink in the kitchen can be kept spotless and fresh if a sheet of easily cleaned white oilcloth is tacked over the wallpaper.
3. Pretty trimming for the front of a nightgown or underwaist is a figure eight made of shirred footing with a tiny edging of lace.
4. A long-handled dustpan is a convenient household help for cleaning.
5. Many of the new suits for spring are made in the Eton style.
6. A pretty hat for the girl with a piquant face is turned back off the face in front, with two bunches of ostrich feathers drooping over the hair on the sides.

THE "PEST" WHO PUSHES THROUGH A DENSE CROWD

Never Gets Any Satisfaction Out of Causing So Much Disturbance and Only Gives Her Victims a Chance to Laugh at Her

THE crowd waiting for the subway car was dense enough. The car, when it came along, was full enough. The discomfort of pushing into the car and finding room in which to stand was bad enough. And then two women felt that they had to add to all this by pushing and tearing the crowd apart to get in first. They must have thought that they could get seats if they did that. But if they had looked inside first they would have seen that all the seats and almost all the standing room had been filled some time ago. But they have formed the habit of pushing frantically and they can never break themselves of it. And so they fought and hurried and made life generally miserable for everybody around them—and when they got inside there was nothing for them to do but stand there.

People like this are the ones who cause panics. In a dense crowd at a street corner, during the passing of a parade, they are the ones who push and pull and screw themselves up toward the front of the pavement. With each push they give, some one has to give way a little, and before long there is one of those breath-taking and utterly unnecessary crushes in which other women faint and have to be carried out. And the women who have pushed so hard can see no better than they could before they started their senseless driving.

When you are standing with a group of people in the entrance to a store, taking refuge from a passing shower, this kind of person is always in evidence. She comes out of the door and is much annoyed at the crowd. So she takes you by the elbows to put you aside, fights her way frantically out to the street—and discovers that it's raining. And then she has to come back.

SOMETIMES it isn't a she, it's a he. You stand at a street corner in the rain, waiting for the trolley. When it comes along you start to close your umbrella as you put your foot on the step. But the fussy little man next to you is afraid you will freeze that way and keep him standing out in the rain, or else he thinks that the motorman will start the car while your foot is on the step and go off without him, or perhaps he thinks you will get the seat that he wants. Whatever he thinks, he pushes up, getting in the way so that you cannot put down your umbrella, and steps hurriedly into the car ahead of you, brushing your handbag almost out of your hand as he does so. Then when he gets in, he finds the car so crowded that he has to stand on the platform, anyhow, and you stand back of him and smile. And you want to say, "Ha, ha, smarty!"

Fortunately there's always that! The innocent sufferers who have been shoved aside by people like this, thrown back, and treated like any other underbrush can always follow after, stand in the background and laugh. The annoyed expression of the man or woman who has won a place at such cost to others when he or she finds that now that he or she has it there isn't anything to do with it, makes up for some of the discomfort. Perhaps, after all, that's a better punishment than you could possibly think up yourself, much as you would like to, for this greatest of all human pests!

For Flowers

Japanese jars and bowls in blues and greens are pretty for holiday indoor flowers. Many of the new inexpensive potteries come in good shapes and soft dull tones. A basket is always good, whether it be an inexpensive one from Japan, a round, rich brown one from Normandy or a woodsy one from Deerfield.

If you are planning a long box for a window, you may have one that sets on the sill or one that stands on legs of its own.

Boxes painted to match your woodwork are pretty, too. Perhaps you will like a white or black box, trimmed with flowers, the colors to match your curtains. Flowering plants are best in plainer boxes. Gray-green is a good neutral color. Plain black is effective. Boxes of any kind of wicker are pretty.

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Fresh Hams {Whole or Cut} 28c lb.
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Cottage Hams {2 to 4 Pounds} 32c lb.
Picnic Hams {4 to 8 Pounds} 20c lb.
Fresh Sausage..... 25c lb.
Boneless Bacon {3 to 4 lb. Pieces} 28c lb.
All Kinds Steaks, 28c lb. Rump, Round, Sirloin
Chuck Roast {Best Cuts} 18c lb.
Lean Rolled Pot Roast..... 18c lb.
Stewing Beef {Brisket} 12½c lb.
Rib Roast {Best Cuts} 25c lb.
Shoulder Yearling..... 22c lb.
French Yearling Chops, 28c lb.
Legs Yearling..... 36c lb.
Loin Yearling Chops... 38c lb.
Hamburg Steak..... 18c lb.
Special Sale! Celebrated A. K. N. Table Butter, 70c lb.
Oleomargarine {Popular Brand} 40c lb.
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