PARTY REFRESHMENTS
Please Tell Me
What to Do

Appetizing Menu for Fort Men Is Given, With DiVarious Dishes

Potato Salad and Peach or Apple Shortcake FollowWill Be Welcomed

Mrs. Wilson
Answers Queries


"CINDERELLA'S DAUGHTER"


Adventures
With a Purse

## 

MARY A. WILSON
241 South 23d St.


|  | Baby's Things |
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|  | $\begin{aligned} & \text { FRAMBES \& CLARKK } \\ & 1112 \text { Cheotout St., Philt. } \end{aligned}$ |
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| EVENING GOW |  |
|  |  |
|  | SUITS AND DRESSES CLEANED |
|  |  |
| MARY A. WILSON |  |
| School of Cooking 241 South 23d St. <br>  |  |
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## PUTTING OFF THAT TRIP TO THE DOCTOR'S OFFICE


Why Is It So Much Easier to Go On Suffering With An Ail-


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## Exchange







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## SCHOOL-DAYS ARE JOY-DAYS

for youngsters whose bodies are made strong and stundy by rational exercise and proper food. The boy that is stuffed with foods that have been robbed of min . eral salts is a dull boy. Shredded Wheat is the perfect food for growing children because it contains all the brain-making, tissuebuilding material in the whole wheat grain. Abreakfast of two ShreddedWheat Biscuits with hot milk gives a zest for study and playcosts only a few cents.


## Easy to prepare

Delicate grains from the heart of selected wheat. Delicious - when served hot for breakfast or as dainty desserts - Farina Pudding and Farina Jelly. A nutritious
delicacy when fried and served delicacy when fried and served with syrup.


