### ECONOMICAL DISHES-USING EMBROIDERY LOOPS-EXCHANGE-CYNTHIA ANSWERS LETTERS

### MRS. WILSON GIVES INEXPENSIVE RECIPES

Spice Cake Is Delicious for Any Meal, and the Molasses in It Takes the Place of Sugar

Bohemian Potato Salad Is a Tasty Dish Easily Made and Helpful From an Economy Standpoint

By MRS. M. A. WILSON

THE housewife-I like this Saxon term very much. 'The word "wife" means weaver, therefore the housewife

means weaver, therefore the housewife or houseweaver, in the deep sense of the word, means the weaver of the home and fortune. This, I really believe, is a woman's place and power.

The cheerful housewife whose spirits are not affected by little disappointments, wet days or other discouragements and who cheerfully strives to send forth men and women from her household who are able to cope with the world, is really accomplishing wounderful work.

Housewifely pride in preparing attractive and palatable foods should be the mission of every woman. Do not hesitate to boycott the high priced and expensive foods, rather prepare the lowcost foods in such a manner that the family will prefer them to those that you taboo because of their excessive.

Now the real housewife must know that if she is to feed her family efficiently she must bake good, palatable bread, pastries, cakes, etc., and not de-pend upon the delicatessen shops to supply her with relishes and sulads. These shops were intended for those people who, because or employed prepare other living facilities, could not prepare more than a pot of ten or roffee.

For you, Mrs. Housewife, with your

cheery, sunny kitchen and its rows of shining utensils, these shops should hold no charm. Then, too, the pur-chasing of foods that are already pre-pared is expensive and does not help to cut down the high cost of living. SOME INEXPENSIVE RECIPES

Place in a mixing bowl; One and one half rups of molasses, One-half cup of shortening, One cup of rater.

Spice Cake

Four cups of sifted flour, Three level tablespoons of baking One teaspoon of cinnamon extract.

One-half teaspoon of allspice. One-half teaspoon of cloves.

One-half teaspoon of clotes.

One teaspoon of ginger.
One cup of finely chapped nots.

Beat to a smooth batter and then pour into a greased and floured pun and bake in a moderate oven for forty-five minutes. Part may be baked in muffin pans and the balance in loaf-shaped cans.

Milk Biscuits

Place in a mixing bowl: Three cups of sifted flour. One tenspoon of salt. Three level tublespoons of baking Sift to mix and then rub into the

flour three tablespoons of shortening and then add: One cup of milk. to form to a dough Roll out three-fourths inch thick and

then cut and bake for fifteen minutes in a moderate oven.

Bohemian Potato Salad

For four persons. Boil six medium-sized pointoes until tender and then drain. Cool and peel. Now cut into thin slices. Place in a bewl and add: One cup of finely chapped celery, Four onions, chapped fine,

### Mrs. Wilson Answers Queries

My dear Mrs. Wilson-Will you be good enough to give me the recipe for dilled green tomatoes? With many

Dilled Green Tomatoes

Place the tomatoes in a large crock, filling the crock about two thirds full of tomatoes, and sprinkle with

About two ounces of dill,

About two ounces of dill,

Four allspice.
One dozen of dried pod peppers,
and a brine that will float an egg.

Weight the tomatees down with a bourd or a light weight and cover with a cloth. Keep in cool place.

My dear Mes. Wilson-Will you kindly give me a recipe for shrimp a latercole? (Mrs.) W. G.

Shrimp a la Creole

Place in a chating dish One cup of think cream stace. One tomato, cut into tray dise. Two onions, chapped fine. One green pepper, chapped the. One teaspoon of salt. One teaspoon of papeika.

One teaspoon of chili pander One large can of shrimp. Tipo tablespoons of butter.

Heat to the boiling point and then to the last two centuries of our co-let simmer slowly. Serve on toust, tumery, You can't imagine a Your

e My dear Mrs. Wilson-Will you please write a recipe for sweet-potato pie, southern style, and what does your fagot of soun herbs consist of?

A READER.

Southern Sweet-Potato Pie

One-half cup of brown sugar. Four tablespoons of shortens One and one half cups of grated succet the very idea of a Japanese kimono or a Chinese fronser costume with ruffles is One well-beaten egg.

One cup of milk, One-half teaspoon of nutmen. Beat to mix thoroughly and then pour

nto deep pie plate which has been ined with plain pastry. Bake in a slow yep until firm in the center. To Make Fagot of Herbs Divide a bunch of potherbs into tour nall bundle or fagets.

t cles on food and recipes I have greatly appreciated. Would you be kind enough to print a recipe for My dear Mrs. Wilson-Your argreatly appreciated. Would you he kind enough to print a recipe for making sauerkraut, and also please advise if Raldwin apples can be kept till late in the winter by wrapping each apple separately in paper and then storing in a cool place. Thanking you in advance for the kind information and again expressing my percention of your column, I am,

(Mrs.) D. L. S. the recipe for October 21 on cab-Baldwin apples may be wrapped, paper and then stored in a cool, are about 50 degrees Fahr.

### Ask Mrs. Wilson

If you have any cookery prob lems, bring them to Mrs. Wilson, She will be glad to answer you through these columns. sonal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEUGER,

One teaspoon of mustard seed. One half teaspoon of celery seed, One and one half teaspoon of salt,

One and one half tenspoon of sait, One traspoon of paprika, One half tenspoon of white pepper. Toss gently to mix and then mines ne four slices of bucon. Brown bacon slightly and lift from the fat. Add to the prepared potatoes. Now to the fat of the frying pan add:

One half cup of vinepar, One-half cup of cold water. One-half cup of evaporated milk, Five level tellexpoons of cornstarch. Two level telexpoons of mustard. Stir to dissolve the starch and mustard and the tard and then bring to g beil and cock slowly for five minutes. Now add: One teaspoon of paprika. One teaspoon of salt,

Two traspoons of sugar. Beat to mix and then pour while hot ver the prepared potatoes.

#### Italian Salad

Cook one-half bound of macareni in two quarts of boiling water for twenty Drain and then turn into a and turn into a mixing bowl and add Tico-thirds cup of finely chopped

One cup of finely chapped celery. One-half cup of finely chapped par-

Four pimentos, chopped fine, Two teaspoons of salt.
One teaspoon of paprika.
One-half teaspoon of white pepper
One-half teaspoon of celery seed. One transpoon of mustard seed

Toss to mix and then turn into a nest erisp lettuce and serve with boiled dressing and garnish with nicely browned strips of bacon. Boiled Dressing

Place in a saucepan: One-half cup of rinegar, One cup of wilk, Four tablespoons or flour. Stir to dissolve and then bring to a boil and cook slowly for five min-utes. Now add:

Four tablespoons of bacon fat.
One teaspoon of saft,
One teaspoon of paprika,
One and one-half teaspoons of mus-

Beat to mix, then cool and pour over

### ALL RUFFLED AND



The color is light blue, except for the sash and the roses, which are corn color. Taffeta makes the perky little ruffles stand out in their complacent way

A Daily Fashion Talk by Florence Rose D1D it ever occur to you that ruffles are distinctly occidental and distinetly modern? They seem to belong tumery. You can't imagine a Venus de Milo in a ruffled chitna or a Roman matron in beruffled draperies. You may look and look in vain through the pieture galleries for ruffles on the clothes of the women of the Middle Ages or the Renaissance. To be sure, in the later period material began to be frilled and fluted and perhaps that was where the

And lately we have been taking our inspiration from the Middle Ages and from the Orient. And that may be why we have had so few ruffles. But when we come to revive Pompadour fashions from old-time France or seek for inspiration the costumes that were for inspiration the costimes that were worn by the fine ladies of mid-Victorian days then we come to ruffles. And apparently it is in that direction that the pendulum of fashions is swinging. If we have bouffant hips and an extended shirt silhouette generally, if we to have a fitted waist line, then it lows that we shall revive frillings

ruffle idea came from. And, of course,

and flutings and ruffles.

In the aketch shown today I am giving you an idea of such a charming little light blue frock that I saw recently in the wardrobe of a young woman who was going south for the remainder of the cold weather. It was decidedly mid-Victorian, with its little upturned ruffles on the bodice that is cut higher at the front than on the shoulders. The only touch of color consisted of the sash and the roses at the belt, both of which were of corn yellow. and flutings and ruffles,

### "Cinderella's Daughter" By HAZEL DEVO BATCHELOR

At boarding school the paths of Virginia West and Kathleen Foster merged and then divided. Virginia married a poor man and Kathleen broke her engagement to a poor man. broke her engagement to a poor man. Immediately Virginia began to meet problems while Kathleen's life was entirely free of worry. Poverty and the sordid problems of life lost Virginia many of her illusions. Her mather married again and went to Japan and Virginia had no one to turn to but Jimmy's mother, who did not understand the girl at all. Then came Jimmy's illness and death and the birth of the baby. At first Virginia of the baby.

the birth of the baby. At first Vir-ginia was prostrated under everything, but slowly that magical something that was youth began to stir in her, and she decided that life was of over T came to Virginia in the night with

a sudden burning conviction that there was just one thing that she could do and that was act. The thought of going on the stage filled her with de-licious fear. She knew nothing about it save through stories she had read, but she realized that she was without talent any other line, and that there was a chance of making good in this one way. All night she tossed from side to side and turned the matter over in her mind and by morning she was convinced that she ought to try to see what she could

At breakfast she seemed to have more At breakfast she seemed to have more determination and firmness about her than usual. Mr. Anderson finished his second cup of coffee and was about to go to his study when Virginia stopped him. "I want to tell you and Mother something," she began.

He dropped back in his chair.

Virginia's approximement that she

He dropped back in his chair.
Virginia's announcement that she was going to the city to look for a job was received in stony silence by Mrs. Anderson, who had more or less expected something of the kind.

"And what do you propose to do with Barbara?" she asked abruptly.

"I was coming to that. I thought that verhaps you would keep her just until I got settled. I can take care of her after that." thin thinks she sounds pretty nice. And hopes she will write to her. She would like to read the successful story. Tell Billie she's right—he is beautifully "broken in." Perhaps she'd like some pointers. her after that.

intil I got settled. I can take care of her after that."

"But, my dear," expostulated Mr. Anderson, mildly. He did everything mildly. His entire outlook on life was tentative, and although he did not know it, everything he did was governed and held in check by his more positive wife, who always planned beforehand just what he should do. "My dear, what do you propose doing? You've never worked. It seems like a risk that you oughtn't to take. You're very young, you know."

"But I can't stay down here for the rest of my life," Virginia protested." I want to live. I must get away."

"Some people are made to be sacrificed, my dear," said Mr. Anderson, "Perhaps it's your duty to stay here. You could be a great help to Mother."

"Not if I couldn't be happy." Virginia insisted. "Oh, please try to understand," Something in the intensity of the remark away as a long lest dearn in the intensity of the remark away as a long lest dearn in the intensity of the remark away as a long lest dearn in the intensity of the remark away as a long lest dearn in the intensity of the remark away as a long lest dearn in the intensity of the remark away as a long lest dearn in the lates in the couldn't be happy." Virginia protested. "On please try to understand," Something in the intensity of the remark away as a long lest dearn in the lates in the lates in the couldn't be happy." Virginia protested. "On please try to understand," Something in the intensity of the remark away as a long lest dearn in the lates in the late of the lates in the

Certainly, speak to him and apologize for your behavior. Why you girls and boys listen to tales

ginia insisted. "Oh, please try to understand." Something in the intensity of the remark awoke a long-lost dream in the heart of Mr. Andersen. Once he had been young, with all of life before him, with fierce dreams and tierce longings smoldering in his heart. Life had changed him sadly and he had become weak and easy-going, but once he had been as determined as Virginia was this moment.

was this moment.

"Well, Mother," he said, turning to Mrs. Anderson. "I guess we'll have to let the child have her way. You're a woman, Virginia," he said, turning to the girl, "and you must do whatever you think best." Unconsciously he said, the country. So you see, dear reading the country. So you see, dear reading the country. squared his shoulders and held them more erect as he walked off to his oftice, leaving Mrs. Anderson staring

thee, leaving Mrs. Adderson starting after him in amazement.

Virginia wrote that very day to Bill Lyons. She told him that she was determined to get work, and that she had termined to get work, and that she had termined to get work. And that she had termined to get work and that she had termined to get work. The she had the she an idea of something she could do. She sked him if he would get her a place sked him if he would get her a place, where she could stay, and Bill answered her letter immediately, promising his help. He met Virginia at the train and with him was a tall, very smartly dressed young woman. She had a small hat which came down over her eves and a beavily dotted veil, and Virginia did not know that it was Kathleen until she was kissed lightly and caught the fragrance of the delicate French perfume that hung about Kathleen always. Then quite suddenly and incongruously Virginia felt shabby. Her blue suit was smartly failored, but it out with any one else. I never went out with any one else, I never was kissed. blue suit was smartly tailored, but it had been dyed black and somehow Vir-ginia did not feel comfortable in it. She felt travel-weary, too, and there was a freshness about Kathleen that smacked of scented baths, the confidence born of silken lingerie, and careful grooming of one's entire appear-

smacked of scented baths, the confidence born of silken lingerie, and care; ful grooming of one's entire appearance.

'I just made Bill bring me,'' Kathleen was bubbling delightfully.

Bill had grasped Virginia's bag and caught both her hands for a moment in a strong, comforting clasp. She looked up into his very blue eyes and they were full of protection. But vaguely she wished that he had come for her alone. Why was it that at every turn of her life Kathleen seemed to appear and to play an important part?

(Monday—Virginia starts her guest.)

Singulars, I told him to forget the past and live in the future. Well, he did, for he stopped calling and went around with one steady, so I gave him his ring back and told him never to call again. Now I do not judge all men allike, for I trust the Lord has a mate somewhere for me who is worthy of me. Why was it that at every turn of her life Kathleen seemed to appear and to play an important part?

(Monday—Virginia starts her guest.)

Pope Thanks Mr. Hoover Rome, Jan. 17,—The pope has writ-ten a letter to Herbert Hoover, director general of the inter-Allied relief organi-zation, congratulating him on his work done in favor of the peoples who suf-fered as the result of the war. The pontiff especially thanks Mr. Hoover for services in behalf of the 3,000,000 children who were innocent victims.

### The Question Corner

Today's Inquiries 1. How should starched clothes be dried in cold weather? 2. What is a popular cut for the skirt of a chemise? 3. How can the odor of kerosene in

no oil stove be prevented?

Describe a pretty powder box made from a champagne glass.

What is an easy and pretty way to make a handbag from a square

of velvet or silk? What can be made from an embroidered bureau scarf that worn in the center?

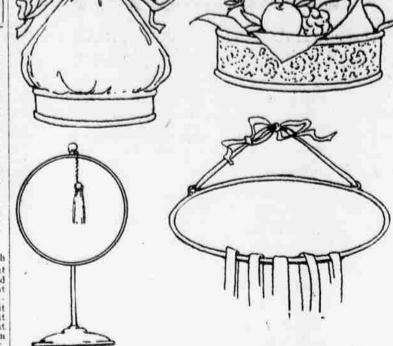
### Yesterday's Answers

If chandeliers of wall light fix tures are shabby and dingy look ing they can be improved with a coat of black or white paint. Burlap is very attractive as a material for midwinter sport

An unusual bedspread is made with a plain white center and a border of black-and-white-striped material, the seam being covered with appliqued flowers of cham-

A nam's linen handkerchief that has gone into holes but is still good is just the right thing to use us a washcloth for the tiny bab...
A pretty bandeau for evening wear can easily be made by hand out of gauze ribbon, with Mercury wings on both sides. An auburn hair net brings out all the gold gilnts in dark hair under electric lights.

## ""N'T THEY CLEVER?



Did you ever think of using embroidery hoops to make all these pretty things? The base of the bag is made with two of them of the same size, inclosing heavy decorative paper or silk-covered cardboard. The fruit basket is made on the same plan, omitting, of course, the silk top. The boop stands up to make the light screen and encircles silk, cretonne or

Well! So she came, did she? Cyn

and see what you would do as you read tell

out with any one else. I never was kissed by or kissed any man except Jim. One

night Jim said he wished his lips were as clean as mine (for he kissed "billions" of girls). I told him to forget the past and live in the future. Well, he did.

BLACK-EYED BILLIE.

You have nothing to regret, dear. You intended to marry this man, who

had asked you to do so. Because he was not true to you is no reason why you should grieve over your having allowed him to kiss you. Just forget it and never have anything further to do with him.

To "Orlean"

with her, rather than go out to a show.

It proves that the woman is attractive

and charming in nerself. Of course it would be nice to go out once in a while,

and it would be a simple enough thing to

Of the Plays of Today

Dear Cynthia—I am writing in criticism of the legitimate stage of today, but cannot say that I expect reply in refutation to anything I may say in this letter, for surely no fair-minded person could defend our present day stage performances, contaminated as they are with suggestive thought. I do not speak solely of vaudeville and burlesque, but also of the best theatres (so called), where the un-

best theatres (so called), where the un-clean thought of these former is exposed, with a trifle less boldness, it is true,

but with its veneer covering very, very transparent. It is in truth a sad state of affairs

when one cannot take to the theatre a girl for whom he has any degree of re-spect without fear of not only shock-ing her, but of being himself embar-

MARY A. WILSON

School of Cooking 241 South 23d St.

Late | U.S. Naval Commissary School Instructor | Dumestle Science Sum, School University of Virginia

bring it about if you are tactful.

It seems to Cynthia that a young woman should rather take it as a com-pliment than otherwise if a man wants to talk to her and spend an evening

They Write of Many Things to Cynthia

Have Done the Same?

E. B.

Dear Cynthia-I am not nineteen

years old. My friend is two years

my senior. We passed a group of

fellows on a corner. They began

to whistle at us. My friend told me to go on, and he went back and started a fight. Do you think he

sinsm than the impure one. Am right? JAPHKI.

She is Lonesome, Too

LONESOME BLUE EYES.

Would the Readers

did right?

fault of mine

### Adventures With a Purse

S YOU enter the dark doorway you A must stoop slightly and edge your way in carefully. That is because it is so check-full of lovely, lovely things there is but tiny space in which to move around. Queer old necklaces, cuicously wrought rings, lovely satiny malogany chests of drawers, pictures, butters lanterns—everything you can

There is but tiny space in which to more around. Queer old necklaces, cui-iously wrought rings, lovely satiny make the course of growing trings, lovely satiny make hogany chests of drawers, pictures, between the course of the

### KEEPING DISAPPOINTMENTS ENTIRELY TO OURSELVES

Requires More Than Just Silence-If Self-Pity Is Allowed to Take Charge We Show Our Depression by Not Talking

THERE was gloom throughout the things to ourselves. We grieve and whole household. The dinner table mourn and worry-and flatter ourselves

### THE WOMAN'S EXCHANGE

because he does not care for dancing? He says that if he can't get a girl to go out with him because he can't dance he will not bother with them at all. And he swears that he will never dance. He would like to get a girl who doesn't care for dancing, as he says that is all the girls now care for. I can't seem to understand why such a fine young man can't get a girl to go out steady with him. They will go with him orce, but that is all, and he is a gentleman and treats a young girl with

Use Facial Soap the Editor of Woman's Page:

Dear Madam—Kindly print in your one. Decolumn what is good for blackheads on There must be moths in the fur the nose.

S. C.

Use a good facial soap every night and once or twice a week steam your face with a very hot cloth. Apply cleansing cream afterward. Whenever the face with a very hot cloth. Apply cleansing cream afterward. Whenever you have been in town all day or traveling, apply a thick coat of cleansing cream, allowing it to remain for some time before wiping it off with a soft

"Cinderella's Daughter"

publish the date of the first and second Friday, of January, 1904.

· The first of January in 1904 came on Friday, and the second Friday was the

Did you know any of these boys who To the Editor of Woman's Page: It is never wise for two girls to go

You've Worried Her, "Dan B."

# gentleman and treats a young girl with respect. He certainly would make a model husband for some nice girl. E. J. J.

rassed by the "smutty" suggestion so prevalent in our twentieth - century It would seem to be the young man's Has the mind of the theatre-goer degenerated that it can no longer accept the pure, the innocent, the simple thought contained in our old English

miracle plays and their subsequents, the masques and interludes? Can it be satisfied only with plots insinuative of all that is unwholesome and immoral? I do not claim that our playwrights should model their productions after anything so old-fashioned as the masques and interludes, but I do maintain that the thought could be kept as fresh and pure in a modern, up-to-date setting as it No matter how dear this girl friend is the boy has a right to a fair judgment from you until it is proved that he said the things she says he did.

I am inclined

ception.

I am inclined to give the theatregoer
the benefit of the doubt and firmly believe that good, pure and wholesome
production is not with more true eathuordinary Americans. We are both good dancers, having taken lessons from one of the well-known professors teaching in the city. The other night we attended a dance at one of the balls given for the benefit of a society. Now we sat there all night, as we hadn't brought any of our own boy friends. As we do not look babyish, can you or any of the readers of your column tell why the Dear Cynthia—I am a young girl any of our own boy friends. As we do about twenty years old and not bad looking and considered an all-round 'good fellow' by all my friends; but semehow I seem always to be lonely. I am very tall and slender and thought purched that accounted for my nor being.

BROWN EYES AND BLACK EYES.

BROWN EYES AND BLACK EYES. world is against me. Won't you please tell me how to overcome this great

Let me ask Dan B. a few questions in your valued paper.

I don't want to fight. Why use the word combat? Is Dan B. a nom de plume? What is a live wire, a good salesman or a returned spirit? Who are members of the snappy organization? Why can't you fathom my letter? Is it as deep as the sea? Have you read Rupert Hughes's "The Unpardonable

own fault since he does not persevere in asking the girls to go out with him. But why do the girls have to be taken out? Why can he not call on them and spend an evening at their hone? Girls who are unwilling to a tertain

Why Don't They Dance With Them? Dear Cynthia—We are two young girls, sixteen and seventeen years old; ordinary Americans. We are both good

to a benefit dance without a chaperon and some men to dance with. Benefit affairs are apt to have an audience of Take long, brisk walks in the air, go skating in winter, play tennis in summer and, above all, stop thinking that you are lonesome.

He is Too Independent

Dear Cynthia—I would like to ask if you would be so kind as to print a problem of a dear friend of mine, to be answered by your readers. Here is the subject: I have a friend, a young man, twenty-five years of age, not bad looking, and he does not go to any dances, does not use tobacco or liquor in any form. He works every day and he never goes out at night excent on a Dear Cynthia—Through a misunder-standing I have lost a dear friend. I thought Dan B. might be he, so I an-swered his letter containing the poem. "To One Who Has Forgotten."

He thinks me some giddy young thing without brains. I am troubled. I have wounded and been wounded.

DAN B.'S "FAIR HONEY."

# TABELLE CHOOLANGE Dinner Supper

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what is good to stop fur from falling out? Every time I wear it, it gets my clothes full of fur; it is an expe

Turkish Dress Trousers are being discarded by Turkish women and girls in favor of the American one-piece dress.

Miss Elsie Tanner, of New York. Young Women's Christian Association worker with the American relief mission in the Near East, is authority for the statement. Miss Tanner is one of the directors of a home for Armenian girls who have been rescued from Turk. Request for Addition of Woman's Page:

Dear Madam—Will you please for ward to me the address of the Bureau of Occupation for Trained Women?

The Bureau of Occupations for Trained Women is at 302 South Thirteenth street.

Starts on Friday

Starts on Friday

Bage:

Worker W. Sion in the Near Plass.
Starts on Heaveau of the directors of a home for Armenian girls who have been rescued from Turkish harems in Harpoot, Turkey.

After the girls have been in the Rescue Home for one month they are given cloth enough for a dress. Miss Tanner has reported to Y. W. C. A. headquarters in New York that recently seventy-five girls were given enough for a dress and for underclothes headquarters in New York that receptly seventy-five girls were given enough cloth for, a dress and for underclothes, and that they were all busy sewing. A tailor had been found to cut out the dresses from an American pattern for a one-piece dress. These will be worn in place of the Turkish trousers of va-

iegated hue now worn by the women. The women in these homes range from fourteen to thirty-five years of age. Miss Tanner says. They came originally from the villages and many of them Dear Madam—Can you please tell me have been brides of Turkish soldiers. whether the story in the EVENING PUB- while others have been servants and LIG LEDGER. "Cinderella's Daughter, have worked very hard.

### **GIRLS! BEAUTIFY YOUR** HAIR WITH "DANDERINE"

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