# MARKETING HELPS-WOMAN'S EXCHANGE-SOME PRETTY SLEEVES-TAKING IT EASY-CYNTHIA

# MRS. WILSON MAKES PLANS FOR SUNDAY

And Also Gives Some Timely Hints About Seasonable Vegetables and How to Select Them

Green Suabian Dumplings and Include Many Appe- to cook the dumplings. tizing Ingredients

By MRS. M. A. WILSON

(Copyright, 1928, by Mrs. M. A. Wilson, All rights reserved.) MOTHER nature is a bountiful provider for her human family. Each season has its own products that are sufficient for the thrifty housewife, if she will avail herself of these

To purchase strawberries, new notatoes and other hothouse specialties when they are out of senson is very that are forced and out of season have little real flavor. When marketing for food, become familiar with the various canned packs of peas, beans, corn and Place in a frying pan:

Do not buy foods because of their fat faucy labels.

When buying fresh vegetables you should know that asparagus should bave firm, close heads and tender stalks and it should be in a strictly fresh condition. Old asparagus, the kind that the produce man trims and stands in a real stands. stands in a pan of water, will be lack-ing in flavor and tough in texture.

Early turnips, blood beets, small or medium sized, are best and sweetest. Large beets are frequently apt to be tough. Brussels should be picked when the bads are closed and they are in best condition when the bads are the circum and they are in best condition when the bads are of a large walnut, with fresh.

Beans, string, snap and butter, should be quite fresh. Wilted beans are hard to make appetizing, as they frequently require long cooking to make them tender. Beans should break brittle, with a snap. Carrots of medium size are sweetest and they should be firm. Cabbage should be selected in sedium sized in beads and should be medium-sized heads and should be ite solid and crisp.

The exceptions—red cabbage, curly

cabbage, also new cabbage. The cauliflower heads are best when The cauliflower heads are best when the attractive flowerets are white, firm and crisp. Old or trimmed cauliflower is strong flavored. Medium-sized cu-cumbers, in which the seeds are not overdevelopet, are best; they should have a good green color. Wilted or partially a stronger than the seeds are not overdevelopet, are best; they should have a good green color. Wilted or partially a seed a

tially yellow cucumbers are not desir-able.

Corn must be fresh and not allowed heat in the sun or in a pile; it should

be free from worms.

Eggolant—The long purple is most desirable. To test for freshness, press the skin with the fingers and if wilted it will give considerably. Unless the plant is fresh, it is quite apt to have a bitter kind of taste.

When the particularly

A SUGGESTIVE SUNDAY MENU Planning the Sunday menu to pro-ide suitable food for the season of the year means much to the thrifty house-

BREAKFAST

Clear Tomato Soup Braised Shoulder of Lamb Green Suabban Dumplings Lemon Meringue Pie Coffee

SUPPER Rice Cakes Tomato Sauce Potato Salad Colesiaw Cherry Shortcake Scrapple Cakes

Mash the scrapple and then form into thin round cakes. Brown in hot fat. Corn Dodgers

These should be made ready on Sat-urday and then baked for breakfast for Sunday. Place in a saucepan:

Two and one-half cups of boiling One teaspoon of salt,
Three-fourths cup of cornmeal.
Cook until thick like mush and then

turn inte a mixing bowl and let cool.

One-half cup of flour, One level tablespoon of baking pow-One level tablespoon of shortening. One level tablespoon of sirep.

Mix thoroughly to blend and then rol Mix thoroughly to blend and thee roll in sticks three inches long and one linen thick. Set aside until meded to bake. Place in a baking pan one-half cup of shortening and then place in oven until very hot. Place the corn dodgers in the prepared hot baking pan and bake for thirty minutes in a hot oven. These Kentucky corn dodgers are delicious for breakfast. Braised Shoulder of Lamb

Select a small sheulder and have the butcher bone the roll. Wipe with a damp cloth and then mach into the meat one-half cup of chapped onions, then pat in one cup of flour. Brown quickly in hot fat and add

One cup of sliced onions, Two cups of bailing water, One fagget of soup herbs.

Cover closely and then cook slowly for two hours. Sensou and add suffi-cient water to make a gravy and then

To Make the Dumplings Place the bones from the shoulder of

mb.
Two onions,
One clove.
One faggot of soup herbs.

Three pints of water in a pan, bring to a boil and simmet

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Turkeys
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#### Ask Mrs. Wilson

If you have any cookery prob bring them to Mrs. Wilson. She will be glad to answer you through these columns. No persoral replies, however, can be given. Address questions to Mrs. M. A. Vilson, EVENING PUBLIC LEDGER,

Are a Dish in Themselves slowly for one and one-half hours. Strain into the pan in which you wish

Green Suabian Dumplings Place in a mixing bowl: One-half cup of finely chopped pars

One-fourth cup of finely chopped One-fourth cup of finely chapped One-later cup of many enoppea eeen celery leaves,
One and one-half teaspoons of salt.
One-half teaspoon of white pepper,
One-half teaspoon of thyme.
One and one-half cups of mashed

One and one-half cups of flour. level tablespoons of

One egg, Four tablespoons of milk One tablespoon of shortening.

morning's breakfast." For around a corner that is not too inconvenient and out-of-the-way for you, too, is a little shop, a bake shop. And there may be had coffee cakes, fat and succulent. Aromatic chanamon, in thick layers, is tucked in among their many folds and corners and begings out in all sarts.

Dear Cynthia—I have read to the corners of the corners and begings and the corners of the co Sliced Oranges
Cereal and Cream
Corn Dodgers

Coffee

Aromatic cinnamos.

tucked in among their many folds and trucked in a reason to the content of the c cake is a rich, creamy feing, thick and "gooey," The coffee cakes may be had for your breakfast and luncheon for thirty cents a dozen. And if you could see Peter's smug expression when he sees them, you would know that when I say they're good, they really are!

> Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be



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### Please Tell Me What to Do

By CYNTHIA

Suggests Anna C. Is Kidding Dear Cynthia:

Dear Cynthia-1 started reading you paper a few nights ago and seem interested in it. Well, here goes to "Anna C." As far as kissing is concerned, I do not think much of you for a young lady. I wouldn't doubt you are the kind that kisses anything that comes along, as long as it is a man. And after be fails for you, you then give him the aid; excuse the expression, please, but, "Anna C." I do not believe you kiss as much as you say you do. I am from Missouri—you've got to show me. Seeing is believing, kiddo. I think you just like to kid the readers of this column along. How about dropping the matter and talking about something sensible? So long, Cynthia; wish you good luck, for you are one out of a million that has common sense. million that has common sense

FRENCHY FROM SUNNY FRANCE. Says Girls Are Cheaters

Dear Cynthia-I am a doctor-rather young and unmarried, but with enough practice to be comfortably busy and inanced-and to come in contact with all sorts of people and all sorts of conditions. Because of your large number of readers I am asking you to print two little paragraph stories which have a moral that may mean a great cal or little-as the render takes

sperialse with the following mixture.

If the single pair is a fring pair:

If the single pair is a fring pair is a fring pair is a fact that the single pair is a sound that pair is a fact that the single pair is

Wouldn't you believe that any face cream which had in it any part of the soft, cleansing milkweed would be good?
Well, this cream has some in it, although I cannot pretend to know just how it is made, and so soft and lovely is this cream and so efficacious in bleaching and softening the skin, to say nothing of cleansing it, that a came out of one of those ment. You can buy a jar for forty seven cents.

When the Honoruble Peter has been particularly dutiful, and is deserving of recognition for his virtue, then is he given a special treat for "comorrow morning's breakfast." For around a corner that is not too inconvenient and out-of-the-way for your work of the seven exaggerate. Leville and the company of the blouse and N.Y.S.

Approves of 'Star Dancer' and N.Y.S.

Dear Cynthia—A few nights ago a soften—more often than in Parisport of the many of the blouse and nor cuff. Some drawn down into a band or cuff. Some drawn down i

No. Vivian, you exaggerate. Lots of nice girls go to cufes, but if they do

"N. Y. S.' Answers

Dear Cynthia—I have read the letter by a fellow whose uniform 1 will respect all the days of my life. My brother leves it is right nack a fellow in the face, and i justice mack a fellow in the face, and i justice for the face for the fac er, as my last letter was really di coted to the other girl who wrote an aid she had a habit of smacking fe ows in the face, and to the "Star I also read the "High School" girl

Which Do You Prefer? A Daily Fashion Talk by Florence Rose



kimono sleeves, all short! The long sleeve seems to have gone into hiding for a while. But when short ones can be as attractive as these, who cares?

Dear Cynthia—I wish to thank "A Sallor of the Suicide Fleet" for his promptness in answering my letter.

really is somewhat encouraging to think that some one answered my letter, and

MARY A. WILSON

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### The Woman's Exchange To Stiffen a Vell

To the Editor of Woman's Page: .

Dear Madam-Will you please answer the following questions in your

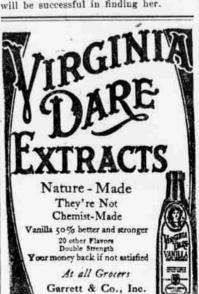
wer service on the buffet or cut glass if there is not so much that it looks like display. No piece of furniture looks well if it is piled with things on top, but if it is carefully arranged so that the buffet does not look crowded it looks very well. Two or three small silver bud vases or glass bowls on the shelf would be perfectly correct.

Wants to Find Census Taker
To the Editor of Woman's Page:

Dear Madam—I wish to see a lady

Saleswohan or Schlething of Wall and in Schlething of the Altity and in glass and just sit back at her case and let the mo eyy pour into her lan.

At first we all think. "Well, who wouldn't like to do that?" But when we stop and think it over, carefully, slowly, and imagine ourselves sitting back with nothing to do but spend unnery—wouldn't it be wonderful for a few months? But after a few months, when everything in sight is bought, and there is nothing to do but wear some of it, and look at some of it, and eat the rest of it—oh, wouldn't it be tiresome? Wouldn't we long for just one some? Wouldn't we long for just one some? Wouldn't we long for just one some?



## BEATRICE NEVER LIKES ANY POSITION SHE GETS

There Is Always Something Wrong About Every Place in Which She Works-Some of Us Feel That Way About Life

swer the following questions in your columns: How to stiffen a veil, navy blue of good quality, all right in every way but has lost its stiffness. Also, I have read that it is not correct to have a silver service or cut glass on display on the top of a buffet. Please tell me what should be placed on the top and what to do with a shelf over the mirror of the buffet. Is it best to leave it bare, on it?

R. A. R.

Bush Madam—will you please at your pour pour pour pour pour pour position. She never can find anybout of the nidst of getting to the office on time, working all day long, thinking up things to order for meals, preparing the position, but when you meet her about six weeks later she says disgustedly, "Why, I wish you could see the got home till six, busy every minute of the day. Not-for mine, nothing like that!" And off she goes on the lookout they turned out perfectly. Wouldn't. on it?

R. A. R.

Sugar would be the best thing to use to starch the veil, but it does not seem quite right to use that now, when sugar is so scarce. Borax or gum arabic is a good starch for fine materials, and if used in a very weak solution would be satisfactory for the veil.

It is perfectly proper to have a silver service on the buffet or cut glass ver service on the buffet or cut glass if there is not so much that it looks like that. Not-for mine, nothing like that it would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. Wouldn't would not we get so used to it after while they turned out perfectly. would.

would.

Beatrice will never find her ideal position until she changes her ideal and substitutes a little more will for the too much want in her nature. We who want life to come easily to us really get more pleasure out of fussing about the difficulties of it than we would get out of sitting back and having it handed to of sitting back and having it handed to us on a silver platter. Don't you think we do?

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garine are only to cover up the care-

lessness or the ignorance of the

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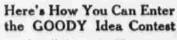
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