SOME FOREIGN DISHES—WOMAN'S EXCHANGE—ADVENTURES WITH A PURSE—CYNTHIA'S ADVICE

MRS. WILSON GIVES ARMENIAN RECIPES

Herissa Is an Interesting Dish Made With a Specially Prepared Wheat and Lamb or Chicken

Two Delicious Desserts Are Given That Are Easy to Make and Different From the Ordinary

By MRS. M. A. WILSON

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ARMENIA lies in Central Europe, and by nature the sunny sons and daughters of this land of Bohemia are fond of good food. Simple tastes make it easy for these good people to enjoy plain foods.

To understand these people one must know that they are taught how to prepare their foods from the time they are children from recipes that are centuries old. The flavoring and seasoning play an important part.

Economy, rigid economy has always been a necessity to these people; they have learned from the hard school of experience to make the most of what they have.

Fish, chicken and lamb are the popular meats that are cooked in plain, simple ways and served with a variety of flavoring and seasoning. In the manner of cooking the Armenian makes a stock from the bones, scraps and meat trimmings and seasons it to taste.

Many varieties of soups are made much after the manner of our own style. Eggs and lemon juice are freely used for thickening and flavoring.

Pilafs

While pilaf is of Oriental origin, it is extensively used throughout Armenia. In many parts, cracked wheat and barley are used in place of the rice.

Pilaf of Fish

Place in a deep saucepan

Five tablespoons of cooking oil.

When smoking hot add

One and one-half pounds of nice cod or trout.

Brown on both sides quickly. And then add

One quart of boiling water.
One teaspoon of salt.
One cup of well-washed natural rice.

Cover closely and steam gently until the rice is tender and the water absorbed. Now lift the rice to a hot platter and then the fish. Season highly with paprika. Now place in a saucepan

Three tablespoons of cooking oil.
Three onions, minced fine.

Cook until the onions are soft and then add

Three tablespoons of fine bread crumbs.

Brown the crumbs gently and spread over the pilaf.

Herissa

This is entirely an Armenian dish; among the aristocracy chicken is used, while the peasants use lamb. These good folk use a specially prepared wheat to make herissa. You may use puffed wheat.

Select one and one-half pounds of neck of lamb. Wipe with a damp cloth and place in a saucepan. Add one quart of boiling water and cook gently until the meat is tender. Remove from the stock and cut the meat in small pieces. Discard the bones. Now heat the stock to the boiling point and add

One and one-half cups of puffed wheat.
The meat.
One teaspoon of salt.

Cook gently for twenty minutes and then add

Pinch of cinnamon.
One teaspoon of paprika.

To serve mince sufficient parsley fine to measure one-quarter cup. Now place three tablespoons of butter or shortening in a frying pan and add

Four grated onions.
The parsley.
One tablespoon of lemon juice.

Cook gently until the onions are soft. Sprinkle over the herissa and dust thickly with paprika.

Boiled Chicken

Select a medium-sized stewing chicken and then singe and cut as for fricassee. Wash well and then roll in flour and brown in hot cooking oil. Lift to a saucepan and add six tablespoons of flour to the fat in the pan and brown. Now add

Three cups of boiling water.
Juice of one large lemon.
Five branches of parsley chopped fine.
One cup of celery, cut in inch blocks.
Two-thirds cup of finely chopped onions.

Cover closely and cook very slowly until the chicken is tender. Then add one cup of mushrooms, peeled and cut into pieces. Cook for ten minutes longer and then season with white pepper and salt and then lift to a hot platter and dust well with paprika. A tiny bit of garlic the size of a pinhead can be added if desired.

Apple Cake

The Armenian has a sweet tooth and among the desserts I have selected two that are quite easy to make. Place in a mixing bowl

Three tablespoons of melted butter or shortening.
One egg.
One tablespoon of sugar.
One tablespoon of water.

Beat with a fork to mix and then add sufficient flour to make a stiff dough as for noodles. This usually takes about one cup and two tablespoons of flour. Roll on floured board until as thin as paper. Dust well with cinnamon and cover with finely chopped apples and a few raisins. Sprinkle with one tablespoon of lemon juice and five tablespoons of brown sugar. Roll as for jelly roll, tucking in the ends securely, and then bake in a slow oven for forty-five minutes and serve with cherry sirup.

Armenian Rice

Wash one-half cup of natural rice. Now grease the bottom of the saucepan and then place in a saucepan

One cup of milk.
One and one-half cups of boiling water.

Bring to a boil and cook. Now add the washed rice and cook until rice is soft and liquid absorbed. Now season with sugar, cinnamon and a tiny bit of grated lemon peel.

Turn in a dish to mold. Let cool and then cut into blocks and serve with a fruit sirup. Pineapple is generally used with little blocks of the pineapple floating in the sirup.

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

The Woman's Exchange

Stunts for a Dinner

To the Editor of Woman's Page:

Dear Madam—I belong to a foreign missionary society called "The Standard Bearers." We expect to have a dinner next month, and while we are still sitting at the table we usually have some kind of entertainment. I would be very grateful if you would suggest some kind of fortune or games that would interest girls from sixteen to twenty-five years of age. I expect from thirty-five to forty girls.

M. A. L.

Teacup fortunes would be fun for your dinner. When the banquet is over have teacups passed on a tray and ask each guest to take one. Inside have little fortunes written on a piece of paper carefully folded up. Let no one read a fortune until everybody has a teacup. You can arrange the cups in one of several ways: the drawing may be haphazard, or you may have the ones for the women tied with a pink ribbon, while men draw the blue-ribboned ones; or you could have a tag attached to each cup, bearing the name of the person for whom it is intended. If you used the third idea it would be better to have the tray placed upon the table, so that it can be passed down the length of the table in full view of every one. This ought to take up a good deal of time.

In the same cup you might have slips, just for certain persons, asking them to perform in some way for the entertainment of the guests. That is, if you know that one person sings, inclose in her teacup a request for a song; or if some one plays or some one recites, call upon each of them for a "stunt."

Another stunt that is lots of fun is to ask each guest to tell a story, announcing that a prize will be awarded for the best one. Then, as soon as the story is begun, interrupt with questions and exclamations that take so long that the time limit is used up without any story being told. After several persons have gone through this ordeal the rest will get "on" to the game, and it will be a lucky person who manages to get any story in at all.

I hope these suggestions will help you with your entertainment.

Please Tell Me What to Do

By CYNTHIA

Stop Lending Him Money

Dear Cynthia—I am a young girl and have been in the habit of lending my boy friend money when he told me he was short of ready cash. Lately I have found out that he wants this money to use in entertaining another girl, but I am so much in love with him I am afraid to tell him I know of the use he puts the money to. Shall I continue to give him money when he asks or tell him I know all?

YVONNE PERLEY-CROSS.

You should never have lent money to the young man unless he pays you back in a day or two. Has he paid what he owes you? In any case, do not lend him any more.

Why Won't They Dance With Her?

Dear Cynthia—Would you be so kind as to print my problem in your column to be answered by some of your readers? Indeed, I take great interest in your column and wish you every success.

Here's my subject: I am a rather stout girl, though not huge, in fact, I am tall and carry it well, but when I go to a dance generally with a brother, none of his friends ask for dances. I am considered good-looking and sweet, also light on my feet, as a good many fat people are, but I can't understand why this is. I am not a "vamp," neither am I an old maid, but just a regular girl who is a good cook and has good common sense, in other words, just "an old-fashioned girl."

Please speak up, boys, and tell me, through Cynthia, why you object to dancing with stout girls.

Good luck to you, Cynthia, and the K. U. H. C. GERMANTOWN.

Save the Kisses

Dear Cynthia—May I say a few words to "Anna C."?

"Anna C.," why not save your kisses till the right man comes along?

I agree with "Baby" when she says that those boys wouldn't, for a minute, think of asking you to be their wife. You are all right just for a good time in their opinion, and when they are tired of you you are the only one who is hurt, not they.

I am only young myself and I used to think the same as you along in 1917, but one night one of those kind of boys who only want you for a while until their ship sails told me a few things, and one bit of advice he gave me was "save your kisses, sister, until you are old enough and you meet the right one, yours are too nice to give away." Anna, it was a pretty decent chap who told me that and he was a sailor. I can tell you I took his advice and I have met the right one, and I feel repaid for waiting.

Save your kisses. You won't regret it and the boys will think more of it. We all differ in our opinions, of course, but that is mine—save them, Anna, till the "man" comes along. ENGAGED.

Finds She Loves Him

Dear Cynthia—I have known a young man my own age for more than three years. Before the war he used to take me out quite often. When he went away he started corresponding, and I answered his letters. In some of them he told me that he cared for me, but in answering I never said whether I cared for him or not. I have only seen him twice since his return, as he went to his home town to live and work. He started corresponding again, but not very regularly. I didn't hear from him for two months until Christmas time; then he sent me a nice booklet and I sent one in return. I haven't heard from him since. What I want to know is, do you think he cares for me? Would you send him a nice, friendly letter, thanking him for his booklet, or would you wait until you heard from him? There has never been any love-making between us, just good friends; but I find I really love him. STELLA M.

The young man must certainly like you, or he would not try to continue the friendship by mail. Certainly write and thank him for the booklet. You have never encouraged him into thinking you care. You can, therefore, safely write friendly letters to him.

Be careful not to be sentimental in your letters, but if he tells you again he cares, be honest and say you care, too.

DOTTED SWISS AND ORGANDIE

You can't see her face, but she turned away purposely, so that you could see that big bow of white organdy that finishes her sash. Her ruffles are all of organdy, too, but the frock itself is of French blue dotted swiss. The hat matches the dress and, like it, is adorned with a floppy organdy ruffle

Adventures With a Purse

"DO YOU think there will be any left?" I asked her anxiously. "I don't know," she replied, rather discouragingly. "There are only a few sets remaining." But I am going to tell you about them, anyhow, and I think perhaps you can get them if you look sharp. "They" are a salt and pepper shaker. "I don't see anything in that," you sniff disdainfully. Yes, but wait just a minute. They stand about three inches high, are of oxidized silver finish, and they are cunning little kewpie dolls, with holes in their heads for the pepper and salt to sift through. Your baby would adore a set, if he is old enough to have attained the dignity of the use of salt and pepper. The set costs $2.50.

It has been claimed by those who have made the study of feminine beauty a serious matter that relaxed and tired muscles and tissues are the cause of wrinkles. Naturally, then, the way to prevent wrinkles and lines is to keep the facial muscles and skin tissue in healthy condition. One way to do this is by means of a lotion I know of. The claim is that the lotion will not only help to prevent wrinkles, but that it also will frequently cause small lines and wrinkles already started to vanish. The price is $1, and certainly, if it will do all that is claimed for it, it is well worth the price. And surely it is worth a trial.

There is no particular reason why you should use a wooden salad fork and spoon, for, of course, you can serve salad with any fork and spoon. But just the same, if you are a woman who rejoices in perfect appointments in your home, you will like to have one of the Japanese wooden salad sets, which may be had for seventy-five cents. I know you will like them.

I guess my statement would go unchallenged were I to assert that every shop in the city which sells any kind of lace also sells filet lace. It becomes merely a question of finding where the assortment is best, with the prices most reasonable. Well, then if you are looking for filet lace for a dress, or for collar and cuffs or for any other trimming, you had better ask me about the shop I have known about since only very recently. The filet lace is exquisite, and the assortment quite large.

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

THE NEWEST INDOOR SPORT OF STANDING IN EMPTY CARS

Is a Game That Is Played Only by Men, but Women Are the Proverbial Innocent Bystanders That Always Get Hurt

THERE is a new "indoor sport" which is indulged in exclusively by men. The game can be played only on trolley cars which have long seats running lengthwise of the car. The rules are unwritten; in fact, the game itself is not a recognized one, but it must be a game. There is no other name to give it.

The object is to fool the greatest possible number of riders about the number of empty seats in the car. I saw the game played this morning. A woman got on the car, finding it crowded, with a double line of men standing in the aisle. They were talking Big Business in flowing terms, as men do in trolley cars in the morning, as they swayed and swung on the straps. "How nice of them!" the woman thought. "They have given all the seats in the car to women." For there was not a woman standing up.

Then a "foul" was made. Some one who was sitting down got up and edged her way through the double wall of men to get out. And the woman in the aisle pushed in and took her place. Then she looked about her in astonishment. She and two other women were the only ones on that whole long seat! The only other occupants were the knees of the men standing up.

WHY? Men have grumbled for years about having to get up and give seats in trolleys and trains to women who give no thanks, etc. In these long, empty cars the men have a chance to sit down, there would be room for them to sit down and not even be compelled to move up to make room for a woman. But they stand up. For blocks and blocks they stand up. They beckon to a woman who is standing to show her that there is a seat for her. But the woman cannot accept their gallantry because she cannot get through this line of them standing up, with their knees braced against the edge of empty seats.

It is one of the wonders of the modern world. If they must stand, why do they insist that others shall stand? If they cannot stand without bracing themselves, why wouldn't they be more comfortable sitting down? The tables have been turned now. Instead of fussing because men fail to get up, women are now making human question marks of themselves because the men won't sit down, or stand somewhere else—or something!

Perhaps the habit of standing is so strong that they cannot overcome it. Perhaps that former habit of failing to let women sit down is equally strong. Perhaps the combination of the two makes a man reason, "If I can't sit down because women have talked me out of it, I certainly won't give them the satisfaction of sitting down in my place." He wants to eat his cake and have it, too, and he has found a way of doing it. It may satisfy him. I wonder if he would be glad to know that the thoughts of women in trolley cars nowadays are simply an endless chain of "Why?" And that when they say it out loud, echo sends back her answer — from all the other trolley routes—"Why?"

Brushing Silk

Use a piece of velvet for brushing silk. It will wipe away perfectly all traces of dust from frills and ruffles. Any brush, however soft, acts as an irritant to silk, but the velvet removes all dust without injury to the material.

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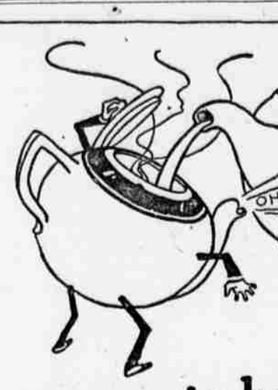

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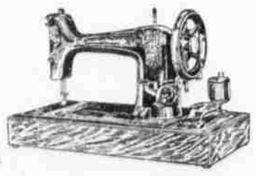
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