HYDRATED VEGETABLES—ADVENTURES WITH A PURSE—EXCHANGE—CYNTHIA'S ANSWERS

MRS. WILSON TELLS ABOUT DRIED FOODS

Hopping John Is Made With Cow Peas. Rice. Onions, Pork and Various Kinds of Seasoning

Vegetables a la Valenciennes Are of Many Varieties, Boiled for Three Hours or More

By MRS. M. A. WILSON wright, 1920, by Mrs. M. A. Wilson, All rights reserved.)

MANY housewives dried both fruits ind vegetables last summer during the harvesting season. While others are gladly purchasing these products, which are soon to solve the canning problem, the prudent and foreseeing busewife has hers right on hand.

I have had repeated requests for ethods of cooking these foods, and this leads me to believe that if more people understood the success of these various dried products, it would materially reduce the cost of necessities.

Various foods are dried by the means of gently evaporating their watery contents by warm air. These products, if packed in either tin or glass or cardboard containers and then wrapped in wax paper, will keep until used.

How to Prepare Hydrated Foods Cover them with water about 100

sour readily if left in warm rooms too

How to Freshen

Cover two cups of dried apples which had been placed in a china dish with six and one-half cups of water. Apricots, prunes, plums, cherries, peaches and pears may be used in place of the apples. For raspberries, blackberstrawberries, cranberries and huckleberries use two cups of fruit and seven cups of water.

SOME UNUSUAL RECIPES

Hopping John Seak one cup of cow peas in one quart of warm water overnight. In the morning wash well and then place in a saucepan with three pints of boiling water. Cook slowly until soft and then

one green or red pepper, chopped

teaspoon of salt

One-half teaspoon of paprika, One-half teaspoon of white pepper.

Braised Spinach

Soak two cups of spinach for two and one-half hours. Turn into a saucepan and cover with boiling water. Cook until tender and then drain. Now mince fine four slices of bacon. Place in a saucepan and add one onion, cut fine, brown the onion and add the well-drained spinach. Toss to mix and then season with salt, white pepper and dust two tablespoons of flour over the spinach. Toss gently when well blended. Add one-half cup of milk. Bring to a boil and stir frequently. Let cook for five minness. Dish and dust with paprika. Vegetables a la Valenciennes

Soak
One-half cup of dried carrots,
One-half cup of dried peas,
One-half cup of dried tomatoes,
One-half cup of dried turnies

One-half cup of dried turnips
in three pints of warm water for three
hours. Now turn into a saucepan and
cover with boiling water. Cook gently
until tender and when ready to serve
add one beef bouillon cube dissolved in
one-half cup of liquid in which the
vegetables were cooked and
One-half cup of finely chopped onions.
Let water evaporate away until little
remains and then place in a small bowl
Three tablespoons of cornstarch.
One-half cup of water.
Stir to dissolve the starch and then
add the vegetables. Cook for five minutes and then season with
One and one-half teaspoons of salt,
One teaspoon of paprika.
One-half teaspoon of black pepper,
Four tablespoons of bacon fat.
Serve in place of vegetables.

Serve in place of vegetables. Stewed Cow Peas

Stewed Cow Feas

Soak one and one-half cups of cow
peas overnight. In the morning cover
with boiling water and cook slowly until
tender. Drain and then add

Two tablespoons of flour,
dusted very lightly over the peas. Toss
to mix and then add

One cup of milk,

One-half cup of liquid drained from
tow peas,

One and one-half teaspoons of salt,

Neuralgia yields at once to

ANALGÉSIQUE

pleasant relief. Get a tube today

Ask Mrs. Wilson

If you have any cookery problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER,

Simmer slowly for ten minutes and then serve with a slice of boiled ham.

Adventures With a Purse

-shoes, for instance. A shop that is it's too late to have it filled. onsidered rather exclusive and which carries beautiful shoes of all kinds and styles has reduced the entire stock. I think. Beginning with \$5.90, there are some lovely pairs, in mostly small sizes. Then right on up the line go the prices—\$8.90, \$9.90, \$12.90, wit the price of the last named having originally been \$18. Among them are tan walking shoes, smart pumps, cloth top shoes, and plain black dress shoes. You will find many unusual values.

A READER.

The sooner you go back to the dentist the better. You might possibly be able to save the tooth. Your jaw will not decay, but the tooth will cause you a great deal of annoyance and perhaps suffering, if you do not have it attended to. Do not have it pulled unless the dentist says it is necessary, but do by all means go to the dentist and find off what can be done about it, it.

Cover them with water about 100 degrees Fahrenheit and let stand from two to six hours. These foods will only absorb just the actual amount of water that they held when in their fresh state, so for this reason do not drown them by flooding with water.

The older and tougher vegetables require longer soaking than the young, tender product. After freshening the product, cook at once, for these foods sour readily if left in warm rooms too long. got here to purchase your neckwear you have a feeling of comfortable assurance as you enter its doors that you will find something that both is good and looks good.

as if the more it is washed the snowier and prettier it becomes, and the more effective the contrasting hue. Nor need For cabbage, turnips, tomatoes, spinach, string beans, carrots, soup vegetables, squash and onions, add nine cups of water to every two cups of but for me to point out where such nap-Vegetables.

To cook bring to a boil and simmer slowly until tender. Let the water evaporate as much as possible. Drain, season and serve.

Use bacon or ham fat for seasoning the dried vegetables. This gives them a splendid flavor. Dried peas, beans and lentils also may be included on this list, not forgetting the soy beans and cow peas.

Use the water and are priced at \$1.25 a dozen—one of the best values I have seen for some time.

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles.

in Adventures with a Purse may be

Making Dyes

Yellow is the most abundant color in nature, from the first crocus in the earliest spring to the many shades from lemon to orange that light up the fields of the dying year. Pale, clear yellow comes from peach leaves or bark and alum; hickory bark and alum; hickory park, laurel leaves and alum. A wild coreopsis blooming on mountain heights in midsummer yields a very fast and useful yellow. It mixes well with indigo to make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow, fast but not pretty when next. It is Toss gently and let heat. Now brown lightly three-quarters of a pound of country pork and cut into thin slices.

Add four tablespoons of the pork fa to the hopping John and toss gently to mix. Pile on a hot platter and lay the pork over the top and serve. This is nice for luncheon. Cold boiled ham or cooked sausage may be used in place of the country pork.

"useful yellow. It mixes well with indigo to make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. To make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. To make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. To make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. To make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. To make green. Of puccoon root, with its deep orange hue, we have already spoken. It needs no mordant. Touch-me-not yields a dullish yellow. just let it soak, others boil. Other yellows are obtained by using wild crabapple bark, or black oak bark, both set

Purple is secured from what the natives call "hemlock," but which is really a species of spruce; the addition really a species of spruce; the addition of copperas producing a purple tone a bit more on the lavender. Sourwood, mountain laurel, sassafras bark, all yield purples. A dull olive green is made by using copperas alone and boiling the thread until the desired depth of color is obtained. This is a handsome color for any warp.-Modern Priscilla.

The Woman's Exchange

Superintendent of Schools

To the Editor of Woman's Page: Dear Madam-Will you kindly answer the following question: The name of the superintendent of schools and also the supervisor of manual training of Buffalo, N. Y.

A CONSTANT READER. Mr. Ernest C. Hartwell is the superintendent of schools in Buffalo, N. Y. One teaspoon of paprika,
Three fablespoons of finely minord I have been unable to locate a record parsley,
Two tablespoons of finely minced training. If you want to write to him of the name of the supervisor of manual his title will be sufficient address. If you want to find out his name, write to Mr. Hartwell and state your reasons for requesting the name.

Better Consult a Dentist

Dear Madam: -Kindly print in the Woman's Exchange my letter: I have You do not need the adventures to tell you that right now a great many shops are having very remarkable sales. Seems that most everything has been reduced. Which leads to the logical conclusion that now is the time to buy —shoes, for instance. A shop that is it's too late to baye it filled.

Painting Woodwork To the Editor of Woman's Page

Dear Madam :- In the near future we expect to move into a house which we bought quite some time ago.

Now, what I would like to know is, how can I get the wood clean in the interior of the house? It also is very dark; would like to have it lighter. The wood is supposed to be dark ask. wood is supposed to be dark oak.

Also can you tell me how to paint a bathroom? The wood in the bathroom is also dark oak. I would like to have it all white. Will you kindly tell me what kind of paint to use, also how

many coats of paint to put on?
(Mrs.) K. C. K. Rub the woodwork in this house with blue and white Japanese toweling makes this may lighten the dark oak by reuseful, pretty and practicable table moving the surface dirt, but if you want as if the more it is washed to stain it a lighter shade. moving the surface dirt, but if you want to stain it a lighter shade, you will have to remove the finish that is on have to remove the finish that is on now and put on a new one. This is very tedious, difficult work, and is not always done successfully by amateurs, as the stain dries quickly and is apt to be rough and uneven. I think you will find it more practical just to clean the woodwork and leave it the same color, or else let a painter change it for you, unless you have done this before.

To paint the hathroom woodwork.

To paint the bathroom woodwork, remove all the paint that is now on it with a patent remover or with washing soda. Then put on two coats of flat white house paint, letting each coat dry thoroughly, and add finally a coat or two of white enamel.

The Question Corner Today's Inquiries

Who is Dr. Alice Armand Urgon? What line is now in style in evening skirts?

ning sairts.

3. How should embroidery be clequed?

4. What is the fourth wedding anniversary?

be appropriate for this anniversary. What attractive bag for soiled collars and cuffs can be made with the aid of an embroidery

Yesterday's Answers White is a popular color for early

spring clothes.
A pretty decoration for the nursery or sickroom is a paper bas-ket of fruit. Cut two baskets exactly alike from green or brown exactly alike from green or brown paper and paste them together, leaving the top open. Then make banapas, oranges, apples and a bunch of grapes from pa-per and arrange them in the bas-ket. The arrangement can be hanged at times.

Rips in black gloves should be mended on the inside, in order to keep the weedle from pushing the white lining through the outside and making the stitches conspicu-Tapestry furniture can be cleaned

ith carbon tetrachloride. with carbon tetrachloride.
Crocheted mats for hot plates can
be kept flat and unruffled on the
table if they are weighted with
white beads around the edge.
6. In making linen with indelible

starch the linen first to keep the ink from blurring.

The Fur & Millinery Shop

1423 Walnut Street

NEW

MILLINERY

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Trip

Is Now Ready

TOPCOATS WAISTS

NOVELTY BAGS

BLACK AND WHITE Please Tell Me FOR SPORT WEAR



Stripes go around, these days, in-stead of up and down. The plaits in this skirt give the necessary long lines. The coat is plain black wool jersey with white collar and cuffs.

clusive. You see it affected in the morning by the very smartly dressed women at the fashionable winter resorts. In the sketch you will see a coat of black jersey with cuffs and collar of white wool jersey, held in trigly at the waistline by means of a white patent leather belt. The plaited skirt with which it is worn is of black and white wool with the stripes going around in the way I have just spoken of.

Copyright, 1920, by Florence Rose Y. P. A. Elects Officers

way I have just spoken of.

Clarksboro, N. J., Jan. S.—At the annual meeting of the Y. P. A., of the Evangelical Church, the following offi-cers were elected: President, Charles H. Urban; vice president, Maximilian Boll; treasurer, Alfred Schober; sec-



Standard Electric Supply Co.

What to Do

By CYNTHIA

Asks Advice P. A. M .- As a general rule marriage without love is a thing to be be perfectly open and aboveboard and teasing her, hurting her feelings and should tell him just what she fears and laughing at her, said. "I just think It would be impossible for me to give it was almost Christmas before they

you a personal answer, as I do not know spoke to each other again. either one you speak of, and character Silly, wasn't it? There were so has a great deal to do with future hap- many embarrassing times when she was piness. Twenty-four is not old-many with a girl and they met her cousin. The marry after thirty. The fact that a man is not good-look- and Eileen sailed by with her chin in

ing is rather an asset than otherwise. the air. His friends talked to her, and Beauty is only skin deep, remember, and as soon as he joined them her back a love founded on respect is better than a passing feeling of attraction.

It comes down to this: No one can leases her, humiliates her, worries her,

It comes down to this: No one can decide such a question but those most vitally interested.

He is Jealous

May I ask for your

He has Jealous

He is Jealous

Dear Cynthia—May I ask for your kind and helpful advice after giving you a few details in the matter?

The persons concerned are twenty The persons concerned are twenty are persons concerned are twenty two years I have a few details in the matter?

The persons concerned are twenty years old. For about two years I have been going with a fine chap whose love for me has been shown in virtually every instance. We expect to announce our engagement within a few months. Now, dear Cynthia, what puzzles me is this: We are both liked very much by all of our friends and consequently are invited to many parties. lines. The coat is plain black wool jersey with white collar and cuffs. The waist and hat are appropriately simple and severe

A Daily Fashion Talk by Florence Rose and that was to wear them up and down. No one but convicts wore them the other way. But it is different now. In the skirt shown in the sketch today you will see what I mean. I have seen several very smart skirts cut in this way with the stripes going round and round, while the necessary up and down alignment was achieved by the plaits. Needless to say the effect is better when the stripes are far apart. In the skirt in the sketch only three of the stripes show below the end of the jacket with which it is worn.

And before I say any more I must tell you that this combination of plaid wool skirt and wool jersey coat is extremely smart. It is moreover, extract the content of the stripes are far spart. It is moreover, extraction that he deserves. Once, after a party, he said that he was tired of it. that he knows he is jealous and he doesn't care what I do. He is a broad-minded chap, but I can't make him see that I don't do things intentionally to work on his jealousy. However, we talked the matter over and we both decided to do everything possible to please each other and be happy. We were getting along very well for a few months until we went to a party and the same thing followed. I know he loves me and yet I fear that we will part when he is in one of these moods. Please understand, Cynthia, that I love him too much to let our affair come to naught and 1 don't do things intentionally to work on his jealousy. wool skirt and wool jersey coat is to let our affair come to naught and I extremely smart. It is, moreover, exdon't want to think of it because from clusive. You see it affected in the morn-our many talks together we felt sure our many talks together we felt sure that our married life would be a happy

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one.

Will you please give me your thought in the matter? I shall appreciate anything that you will have to say. INNOCENCE.

Jealousy is the cause of great un-happiness in married life. You should consider the matter very carefully be-fore you take this step. And if you find he cannot overcome this jealousy and you still want to marry him, it will be 'up to you' to do nothing to make him

OLD WOOL DRESS

"Diamond Dyes" Make Faded, Shabby Apparel Like New

Don't worry about perfect result Use "Diamond Dyes," guaranteed t give a new, rich, fadeless color to au fabric, whether it be wool, silk, linen. cotton or mixed goods—dresses, blouses. stockings, skirts, children's coats, feathers, draperies, coverings. The Direction Book with each pack-

age tells so plainly how to diamond dye over any color that you can not make a

On the other hand, much in common in pursuits and likings often leads to love. A woman always does well to be perfectly honest with the man who honors her with his love. It is wise to tell him that she respects him and will try to learn if he is willing. But she should have been added about having so much to do learn if he is willing. But she should have been added about having so much to do learn if he is willing. But she should have been added about having so much to do learn if he is willing. But she should have been added about having so much to do not depress you, because it need not reach your full consciousness. I hope you're awful to kick about that." And

avoided. Money may not always stay and very often God does not bless a A WAY back last fall some time person who is constantly thinking up and very often God does not bless a Kileen's mother was ill with grip. disagreeable things to say. It is a waste marriage with children, and if there is and Elleen had to carry all hef meals of time to try to contend with him. no love to fall back on, where are you? upstairs because there was no maid. The easiest course to take is just to let On the other hand, much in common in At the same time she had to get the him enjoy himself to the utmost being

EILEEN TAKES TEASING

TOO MUCH TO HEART

She Worries Herself Almost Sick Because Her Cousin Bullies

Her So—She Could Surprise Him Out of the

Habit by Indifference

A WAY back last fall some time person who is constantly thinking up again!

Eileen will try this "stunt." I enough like to see the worried look on ber cousin's face when he finds that his bullying has no effect. I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but also is not even landing on the target at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but also is not even landing on the target at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but also is not even landing on the target at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but also is not even landing on the target at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at all. And I should like to see that leering smile turn to a sickly grin when he finds that his bullying has no effect. I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at all. And I should like to see that leering smile turn to a sickly grin when he realizes that he is not only not hitting the bullseys, but at al

Skin Tortured Babies Sleep Mothers Rest After Cuticura



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