

ONE-DISH MEALS—WOMAN'S EXCHANGE—CYNTHIA'S ANSWERS—FASHION TALK—HELPFUL PRAISE

MRS. WILSON TALKS ABOUT HOT DISHES

These Consist of Meat and Vegetables With Gravy, Nothing Else Is Necessary

Corned Beef With Penobscot or Horseradish Sauce With "Fixings" Is a Meal in Itself

By MRS. M. A. WILSON

BUILDING a meal around one hot dish need not be hard. It is an old-time menu of the days when the housewife used wood as a fuel.

SOME SUGGESTIVE MENUS

- Home-Made Relish Braised Liver With Vegetables Celery Salad Tea or Coffee

Wipe three-quarters of a pound of liver with a damp cloth and then roll in flour and brown in hot fat.

Two cups of sliced onions. One-half cup of thinly sliced carrots.

Lay the slices of browned liver on top; cover closely and cook slowly until tender.

Select one and one-half to two pounds of nice stewing beef.

Three carrots cut in pieces. Six onions, whole.

Three turnips, cut in half. One potato for each person.

Bring quickly to a boil and then cook slowly until the meat is tender.

One cup of cold water. Three level tablespoons of cornstarch.

Dissolve the starch and spices in the tomatoes before adding to the gravy.

Bring to a boil and then lift to a hot platter. Garnish with finely chopped parsley and then serve.

Wipe one and one-quarter pounds of neck of lamb with a damp cloth.

Two cups of boiling water. Two carrots, cut in half.

Bring quickly to a boil and then cook slowly until the meat and vegetables are tender.

This is usually the delight of the family. Select a piece of corned beef, about three and one-half pounds.

Place six tablespoons of fat in a frying pan and add.

Four tablespoons of flour. Stir to blend until a very rich dark brown, and then add.

One and one-half cups of water. One teaspoon of salt.

Bring to a boil, cook for five minutes and then strain and use.

The Question Corner

- 1. What color is popular in early spring clothes? 2. Describe a pretty decoration for the nursery or sickroom. 3. How should rips in black gloves be mended? 4. What will clean tapestry furniture? 5. How can crocheted table mats be kept flat and unruined on the table? 6. In marking linen with indelible ink, what will keep the ink from blurring?

Yesterday's Answers

- 1. A civil service examination for the position of warehouseman, which will take place on January 17, is open to women. 2. A cap for a doll can be made from the toe of a worn-out stocking, and a sweater can be cut from the leg. The neck and sleeves should be bound with ribbon. 3. An inexpensive wooden picture frame and other articles can be decorated with conventional designs with "jewels" made of sealing wax. 4. A striking manner of achieving the popular long lines in a short-waisted evening dress is by adding a long stole of tulle bunched about the shoulders and reaching to the hem of the skirt. 5. Cotton crepe makes the most desirable glass towels. 6. The newest style of lace collar is made of square or oblong pieces of lace, separate except at the lockhead.

Ask Mrs. Wilson

If you have any cooking problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns.

Penobscot Horseradish Sauce

Place in a saucepan three-quarters cup of liquid from the pot in which meat and vegetables were cooked and also.

One-half cup of milk. Four tablespoons of flour. Stir to dissolve and then bring to a boil and add.

Four tablespoons of grated horseradish. One-half cup of vinegar. One teaspoon of salt.

Let the mixture come to a boil; then cook slowly for five minutes and serve.

Mustard Sauce

One-half cup of stock from boiled dinner. Six tablespoons of vinegar. Two tablespoons of flour.

One tablespoon of grated onion. Two teaspoons of mustard. One teaspoon of salt.

One teaspoon of paprika. Two teaspoons of sugar. Dissolve the flour and spices in the vinegar and then add to the stock.

A Good Starch

An excellent starch is made by adding one cup of water to from one to four tablespoons of starch, according to the stiffness desired.

THIS COULD BE WORN FOR SEVERAL SEASONS



It is black, of a heavy serviceable material and the trimming is black braid.

A Daily Fashion Talk by Florence Rose

"CHARMING—yes, but serviceable" wrote an acquaintance of mine back to me when commenting on the clothes that she was seeing at one of the fashionable resorts where you can see now pretty much what will be the fashion tendencies later on when spring comes to more northern climes.

Women have given up hope apparently of getting clothes at the good old ante-bellum prices.

Safe Milk for Infants and Invalids

HORLICK'S THE ORIGINAL MALTED MILK

Rich milk, malted grain, in powder form. Pure nutrition, upbuilding the whole body.

Substitutes Cost YOU Same Price

Please Tell Me What to Do

By CYNTHIA

Should She Thank Them? Dear Cynthia—At an informal evening party should one thank one's escort and other boys after dancing with them, especially if one knows the boys only slightly? Should a girl ever thank a man for dancing with her?

What is the correct thing to say when one is asked for a dance? READER.

The right thing is to be natural. Do not say stilted things. It's awkward to say anything set.

Now, as I have never dined out before, I am ignorant as to the etiquette of such places. I would be more than grateful if you will answer the following questions on or before January 7.

Who enters the restaurant first, and who does the ordering, etc., etc.?

What would be the most appropriate thing to order at that time of the evening? IGNORANT.

The man enters a restaurant first, and if the waiter does not come forward and show the way to the table, the man leads the woman.

She is So Refined

Dear Cynthia—I am a young girl, nineteen years of age, possible in looks, and I have no friends in the real world.

My dear little girl, you have lit the nation on the lead. You are "too refined."

Here is another sale I want to tell you about. One of the smaller shops which is not exclusively a furniture shop has a number of odd pieces left over from the Christmas stock.

To Use Bluing

If clothes are dried in open air and sunshine, bluing should not usually be necessary; but if white clothes have become very yellow or if they must be dried indoors, bluing must be used in the final water.

LIFE-RENU By Means of Muscle Strapping

KAPNEK & KAPNEK MARINELLO SHOP 1615 WALNUT ST., PHILA.

MARY A. WILSON School of Cooking

241 South 23d St.

Evening Gowns Suits and Dresses Cleaned

ON SHORT NOTICE

BARG CLEANERS AND DYERS

1616-28 N. 21st Street

Making Money

Many opportunities for making money come to girls who belong to the clubs organized by the United States Department of Agriculture and the state agriculture colleges.

The Cleaner That Really Cleans

Without beating, without pounding and without raising any dust, your carpets, rugs and draperies are left scrupulously clean, and you haven't worked at all. The

OHIO-TUEC ELECTRIC CLEANER

Leaves no "tracks." It gets all the dirt. No lint too light, no raveling too small. See it at your electric dealer's or ask us where to find it.

H. C. Roberts Electric Supply Co. Philadelphia

IT'S MADE OF GABARDINE



You couldn't describe the ins and outs of this coat if you were "writing home" about it, but you would have to say that it is almost as attractive as it is unusual.

Adventures With a Purse

I THINK there is nothing more desirable in the way of bathroom purtenances than good-looking towels, particularly Turkish towels.

Send a self-addressed, stamped envelope to the Editor of Woman's Page, or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

There is a pin I saw today that I like very much. It is bow-shaped, silver backed, and is set with French crystals, which everybody knows are only picked up in the state of California.

Was She a Poor Sport? Dear Cynthia—On New Year's, Eve I went to a dance where they had mistletoe. Now, I asked the boy I went with, and who was mostly my partner, not to try to kiss me at all.

My dear little girl, you have lit the nation on the lead. You are "too refined."

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The Woman's Exchange

To "A Devoted Reader" The Editor of the Woman's Page wishes to extend her sincere thanks for the pretty little New Year's card. It was a much-appreciated thought.

Hands Hurt by Housework Dear Madam—My hands have become very rough and hard from doing the housework and washing the dishes.

A paste of myrrh, honey, yellow wax and rosewater is said to be very helpful to the hands. You can have this made at the drugstore or buy the ingredients and make it yourself.

Dates of Shipyards Dear Madam—I am desirous of knowing the dates or approximate dates of the establishment of the following plants, and would appreciate it very much if you would publish them:

Cranps Shipyards, American International Shipbuilding Corporation, Merchant Shipbuilding Co., Chester Shipbuilding Co., Sun Shipbuilding Co., Bethlehem Shipbuilding Corporation, Pusey & Jones, J. H. Mathis Shipbuilding Co., New York Shipbuilding Corporation, Pennsylvania Shipbuilding Co., New Jersey Shipbuilding Co., and also the Navy Yard at League Island.

I have not been able to find the dates of the establishment of the Chester, Bethlehem or J. H. Mathis Companies. Perhaps some of the readers of the column will give you this information.

The dates of the other shipyards given in order as you named them and leaving out the three in their given order are as follows: 1890; 1917; June, 1917; March, 1916 (Sun); 1916 (P. & J.); October, 1890; 1916; May, 1917, and January, 1876.

Reckless showering of praise over to any one, for it lacks sincerity. But when good work has been done, this encouragement seldom harms. It acts merely as a friendly push to the climber in the game of tag; there is a sense of security that comes from it, it is a moment of breath-taking before starting on a fresh dash. It is a refuge from discouragement, a source of self-confidence, and a spur to further exertion.

ON the other hand, discouragement does not always show. There are many hard workers who seem to be thoroughly contented and satisfied. But way down deep in their hearts there is a stone. "I don't seem to be doing well," they worry. "If I did, somebody would tell me. But how can I do any better? I don't know how."

A single word of commendation, an easy "Well done," an off-hand "That's good," which would cost only a second's time, a half-ounce of trouble, is just the medicine for that heart-sickness.

Try Freezeone! Your druggist sells a tiny bottle for a few cents, sufficient to lift your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezeone is the mysterious ether discovery of a noted Cincinnati genius. Great!

YOU'LL LAUGH! DOESN'T HURT TO LIFT CORNS OUT

Magic! Costs few cents! Just drop a little Freezeone on that touchy corn, instantly it stops aching, then you lift the bothersome corn off with the fingers. Truly! No humbug!

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THAT PAT ON THE BACK NEVER HURTS ANYBODY

In Spite of the Old "Superstition" That Praise Causes Conceit and Turned Heads—It Often Is a Necessary Good

"THAT girl is doing very well," said the head of the department. "But don't let her know I said so. I don't want her to get pleased with herself."

The person to whom the remark was addressed reassured her that she would never tell the girl in question. But it was only human nature that made her seek out a special friend of that girl and tell her, so that the news would be sure to get to the person who deserved it.

So many heads of departments, managers, teachers, even parents, have this feeling that they must never let an employee, pupil, or a child hear praise of himself. They think that it will cause conceit, overconfidence and a tendency to sit back and let the place of day's commendation take the place of today's work. Perhaps in many cases it would cause this. But surely the person who has had experience in dealing with people of acquired ability to judge them and know whether or not it is safe to express approval.

In any case a pat on the back occasionally cannot hurt anybody. If it does it's not the pat, it's the anybody. She would have liked herself anyhow, either natural or acquired ability to judge them and know whether or not it is safe to express approval.

It is easily done away with if it is concealed in time, and a few words calculated to illuminate will do more good to such a person than all the harm that was done by the praise.

ON the other hand, discouragement does not always show. There are many hard workers who seem to be thoroughly contented and satisfied. But way down deep in their hearts there is a stone. "I don't seem to be doing well," they worry. "If I did, somebody would tell me. But how can I do any better? I don't know how."

A single word of commendation, an easy "Well done," an off-hand "That's good," which would cost only a second's time, a half-ounce of trouble, is just the medicine for that heart-sickness.

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