MRS. WILSON GIVES RECIPES AND MENU FOR DANISH FOOD

The Smorgasbrod Is an Original Custom of This Country Which Calls for Dainty Dishes

By MRS. M. A. WILSON purisht, 1919, by Mrs. M. A. Wilson, All rights reserved.)

fy dear Mrs. Wilson-What do Danes eat? I recently read an My dear Mrs. Wilson—What do the Danes eat? I recently read an article in a newspaper about a gentleman who has spent the last summer in Denmark. He did say this word—if you want to eat well, go to Denmark—you have given us so many wonderful recipes from different European countries, but I never saw any from Denmark. MISS C.

Denmark is essentially a farming country with great dairy herds, along the coast facing the sen. The Norsemen and the Danes are intropial fishermen—thus bringing to the home larder not only the products of the soil, but also the denizens of the deep.

People in Denmark are natural lovers of home life and for this reason all their pleasures radiate from the home. Entertaining during the holidays for weeks at a time is one of their customs.

An original custom is the Smorgasbrod, a service of appetizing pickups that are served from several small tables, before the regular meal; they sharpen the appetite and stimulate it.

The Danish Smorgasbrod is somewhat similar to the horse doesn't is usually an ice or endive may be used with a french dressing.

Dessert is usually an ice or c with a spongecake with a lemon and sauce and a cup of delicious to coffee.

While this meal is considerably that most of the people in this reason share and large three-pound pike.

Spongecake With Lemon Custar Sauce made to conform to the regulations, during 1917.

One-third cap of honey.

Yalk of one epy.

Cream well and then add

Three tablespoons of mate.

SIMPLE BUT SMART IS TODAY'S KEYNO

petite and stimulate it.

The Danish Smorgashrod is somewhat similar to the hors d'oeuvres of the French, only the dishes are served in larger portions. In large gatherings several tables are placed about the room, so that the guests may have a wide choice.

Sweet Butter
Fresh and Tonsted Brend
Raw and Pickled Oysters
ines Smoked and Saited Tongue Sardines No. 2

Sweet Butter
Rye and Roasted Bread,
Caviar Baked Ham
Cold Fried Fish Beverages
The usual beverage, silvervatten, or
carbonated water, is served quite cold.

A DANISH MENU MINDRE MIDDAGAR

Ostron i Skal Loksoppa sma Klimpar
Gadda Eller Gos a la Financiere
Steks Hjarpar Med Salade
Sparres Och Franska Arter SMALL DINNER

Oysters on Half Shell
Onion Soup with Small Dumplings
Pike a la Financiere.
Baked Guinea Hen with Salad
Asparagus
French Peas Asparagus Coffee Dessert Onlon Soup With Small Dumplings

Allow two medium-sized onions for each person. Peal the onions and cut into thin slices. Place five tablespoons of pork or ham fat in the frying pan. Cook the onions until tender, browning very lightly. Now add six tablespoons of flour. Brown the flour well and then add four cups of water and One bouillon cubc.

One teaspoon of salt.

One teaspoon of salt, One-eighth teaspoon of sweet mar-

One-half teaspoon of cayenne pepper. One small carrot, cut into tiny dice. Cook slowly for thirty minutes and en serve with tonsted bread cut into ay dice. Add a little finely minced parlsey to each service. Chicken, fish or meat stock may be used to replace the water and bouillou cube.

Pike a la Financiere

Split the pike and remove the bones. A Dally Fashion Talk by Florence Rose

Sauce a la Financiere One cup of rich brown sauce,

One cup of rich order sauce,
Juice of one lemon.
One-half cup of mushrooms cut into
bits and parboiled,
Two ripe olives, cut into bits.
One teaspoon of salt. One teaspoon of paprika, One-half teaspoon of oni. estract. Heat to the boiling point and serve.

Baked Guinea Hen

Have the poultry man split the heu down the back and then fiatten. Wash and wipe dry and then rub well with shortening and dust lightly with flour. Hake in a hot oven for fifty minutes, basting with a little hot water; just ten minutes before removing add four strips of bacon. strips of bacon.

In Europe it is the custom to scree mind with the roast. Lettuce, cabAsk Mrs. Wilson

If you have any cookery prob lems, bring them to Mrs. Wilson She will be gind to answer through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEBGER

While this meal is considerably larger than most of the people in this country would care for, the Danish housewife serves much smaller portions, usually obtaining six portions from the guinea hen and large three-pound pike.

Spongecake With Lemon Custard

Sauce made to conform to the war cook for three minutes and then add regulations, during 1917.

One-third cap of honey.

Folk of one cyp.

Cream well and then add

Yolk of one cyp.

Yolk of one cyp.

IS TODAY'S KEYNOTE



The beight of the hip decoration is the noticeable feature of this frock.

The higher the smarter is the rule in the method of trimming. Musk-rat is the fur used in this way. This and the simplicity of the lines make the necessary touch of style

Split the pike and remove the bones. Place in a baking pan and brush well with sain, oil. Bake in a hot oven, basting every five minutes with boiling water. When ready to serve cut the fish into four filets and lift to the service plates. Cover with sauce a la Financiere, garnish with three potato balls and finely minced parsley. when you strove to appear well dressed merely by adding trimming and elaboration to your costume you were defeating your own ends. So few women who make their own clothes either with or without the aid of the little home dressmaker realize that the essential thing to achieve is line. If they can handle their material so as to give the right silhauette they have achieved success. What boots it, then, if they are not equal to the task of adding intricate trimming? Trimming is too often used to concent bad designing and often used to conceal bad designing and

nd dressmaking.

Now take the little frock in the sketch—satin brocade trimmed with dyed muskrat. 'I don't see why that should be so expensive.' said one woman when she saw the frock. woman when she saw the frock. Nothing there to tax the skill of a great dressmaker—just the same old plain, loose, short-sleeved bodice, the drawn-in skirt—no trimming except the few bits of fur."

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Are you tired and out of sorts? Try a good hot cup of fragrant, full-flavored Tetley's Orange Pekoe Tea. It's stimulating and refreshing! Tetley's Tea Tetley's Tea is blended from 15 or more different teas - each the choice leaves from the world's finest gardens. That's why it's such downright good teal

Small Dinner Includes Such Delicacies as Baked Guinea Hen and Sponge Cake With Lemon Cus-

Two level tenspoons of lucking powder. bage or endive may be used with plain
French dressing.

Dessert is usually an ice or cream with a spongecake with a lemon custard sauce and a cup of delicious black control of the contro sirup may be used to replace the honey Lemon Custard

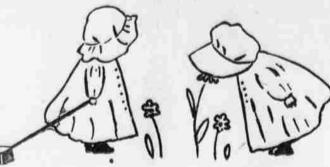
Grate very lightly the rind of one-quarter lemon. Place in a saucepan and add

Fire tablespoons of flour, One cap of milk, Stir to dissolve flour. Bring to a boil,

Many of the designs resemble grown-up bathrohes. They are nicely boxel for Christmas and are priced at \$3.50° and \$3.95. You can easily picture ad \$3.95. You can easily picture our small son's shout of delight were to find a set for him under the Dear Wadam—As Christmas

Von have heard me speak of lielen before. Helen it is who always has the little extras for her home and who in consequence has one of the most charming and delightful little homes I have ever visited. And it was at Helen's that I first saw the Individual powder-puff holders. It is this way; you frequently have company, even if you don't go in much for hig parties, and invariably some one forgets her powder puff. Well, the individual puff holders of which I speak are made of delicately colored net or matine, with round tops, ribbon trimmed. They are filled with six or sight finy puffs made. round tops, ribbon trimmed. They are filled with six or eight tiny puffs made. I believe, of absorbent cotton—so inexpensive that they are easily replaced when your supply is used up and so easily made that it takes only a minute to peach a tiny how on each one. When company comes this little bag with its bevy of fluffy joily juffs is just one of the little attentions everyhody appreciates. You can get them, filled, for \$1.

THE BABY WILL LOVE THIS





Juine of one lemms,
From grains of sell.
For grains of sell.

This little "luncheon set" for a child is a most attractive and useful gift for Christmas. One need not be an artist, either, in order to paint the tiny figures.

With a Purse

With a Purse

I SHALL never forget Bolby," said
Dorothen, "strutting around the lieing room with his bright red curly bin and plate solly and by the paint. Faste two tapes to the bin and then they are mighty warm and sang for end mernings and winteringsts. One skep has sets of they bathrobes with warm bootees to match. Many of the designs resemble grown up bathrobes, They are nicely boxed.

THE WOMAN'S EXCHANGE

THE WOMAN'S EXCHANGE

here soon, I would like to know of

From a Bridge Club To the Editor of Woman's Page:

Christmas Gifts for Girls

o the Editor of Woman's Page:

Denr Madam—As Christmas will be and bridge, so if you could give us the name or names of such persons would appreciate same very much, indeed. MRS. E. R. F.

Teachers of bridge do not seem to advertise. The best thing for your clul to do would be to advertise in the "wan ads." If there are no professions Some pretty, inexpensive gifts for young girls are collar and cuff sets, lingerie pins, handkerchiefs with initials or colored borders, good luck garters, powder puffs in fancy styles, pow-

Remedy for House Fleas To the Editor of Woman's Page: plain gold sewing cases, sewing or knitting bags, bud vases or a toilet article for the dressing table.

From a Bridge Club

The dressing table asking for advice as I have got so much through the woman's page. I am through with house fleas, little black fleas, not like an animal flea. MRS. M. L.

Dear Madam—I understand you answer different questions, and different ones have gained help through your columns, so would like to know if you could tell me of a lady teacher of bridge.

A club of six desires to learn auction

Sprinkle your rugs and carpets with powdered alum to exterminate the fleas. Wash the floors with strong soapsuds and rub oil of pennyroyal in every crack that they appear from to prevent their coming again.

-all for a few cents.

miss them.

It is also quick. Simply add

boiling water, as directed on

package, then the fruit-juice

flavor from the vial, and let cool.

quick, economical fruit des-

Try These Flavors

Try Loganberry and Pine-apple for desserts. Try Lime-

fruit flavor. It makes a tart,

green salad jell. Mix in your

salad before cooling. Or mix

in meat scraps and make an

a zestful mint jell to serve with

Try Mint flavor. It makes

Try them now. Then send

us the end labels which men-

tion the flavor, and get the

Jiffy Cup and any of our molds.

See the coupon, Cut

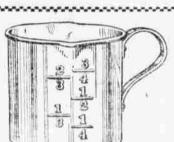
it out so you won't

appetizing meat loaf,

meats or as a side dish.

serts, and no home now should

Millions are using these

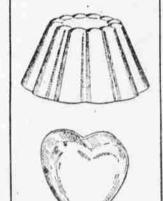


THIS CUP FREE

This Jiffy Measuring Cup is free to users of Jiffy-Jell. Just send us the end labels from two Jiffy-Jell packages — the labels naming the flavor — and we will mail the cup.

This aluminum cup holds exactly one-half pint. Fill twice with boiling water to dissolve one package Jiffy-Jell. It also holds exactly one cup, as called for in many recipes. Ordinary cups so vary in size that many recipes are spoiled. So this exact cup, with markings showing fractions of a cup, is essential in every home.

Crushed Fruit Desserts Delightful Dainties at Trifling Cost



Free Dessert Molds These Individual Des-

sert Molds come in assorted styles, six to the set. The six will serve a

full package of Jiffy-Jell.

We send the full set for 5 end labels. The molds

We make these offers to and twelve if you whip the jell show more women what Jiffy-Jell means to them.

Jiffy-Jell differs vastly from other quick gelatine desserts. Each package contains a bottle of condensed fruit juice. We crush the fruit, condense

the juice, and bring you real fruit in abundance in these Jiffy-Jell desserts. That's the important point.

Flavor is mere taste, and often artificial. The fruit itself is rich in earthy salts. Everybody needs it every day.

For a Few Cents

Fresh fruit and canned fruit are expensive. Here are rich fruit dainties which are not. And they are rich in fruit. Half a pineapple, for instance, is used to flavor one Jiffy-Jell dessert. Then almost a whole lemon is used to acidulate the mixture.

Yet a package of Jiffy-Jell serves six people in mold form,

10 Flavors in Vials Each Fachage



are aluminum, and the set is worth 60c. Mint Raspberry Cher Loganberry Strawberry Lime Pineapple Orange Lemon Coff

The labels called for are the end labels - the one on each package which mentions the flavor. Send the coupon with the labels called for and check the molds you want. ... Jiffy Measuring Cup (2 ... Pint Dessert Mold (5

Other Free Molds

... Pint Salad Mold (5 ...Set of Six Individual Molds, as pictured (5 labels).

THIS Waukesha, Wis. I enclose labels as called for.

Send the molds I check at side

SHE NURSED HER MOTHER AND NEVER WAS PAID FOR IT

Her Friends Think She Should Put in a Claim-They Forget That Love Is the Only Price for Service Like This

THEY sat in the waiting room at the station, waiting for the train. One of them was rather stout, and wore found something vastly interesting to a handsome fur coat, fancy veil and to the station of th station, waiting for the train. One of them was rather stout, and wore a handsome fur coat, fancy veil and many rings on her ungloved hands. The other was smaller, but just as much be-

other was smaller, but just as much bejeweled.

"She'll tell you herself," the stout one was saying in tones that carried her words to every one in the waiting room. "But, of course, I wouldn't want her to know that you know, until she does tell you. But this is what it was. Her brother wrote to her at the hospital and said "There's no sense in our paying another nurse to take care of Mother when you could come home and do service that her mother has given her all these years, the opportunity of giv-ing something to express that love for her, oh, I wish that money would be cr when you could come home and do it yourself.' So, she did. And do you know,' she paused impressively, 'do you know, she never was paid one cent. And after her mother died they never offered to pay her a thing!" "How dreadful!" exclaimed the MARY A. WILSON

smaller woman.
"Not one cent, my dear." repeated
the other. "and it was fifteen weeks!"
"Why, she ought to put in a claim!"
decided her companion. Then the train
came in and they got on and disappeared.

TTHEY were gone, but no one who I heard that conversation will ever forget it. I wonder whether that stout woman has forgotten the time when she woman has forgotten the time when she was a little girl, sick in bed with measles, and the doctor wouldn't let her have any light in the room because it would hart her eyes; that time when her mother gave up everything else and devoted her whole time to telling interesting tales and reading stories in the dim light to her restless young patient, getting up in the middle of a much-needed rest to sit beside that tossing, feverish little body to try to soothe it into sleepiness.

I wonder whether the smaller woman repembers now that painful time when

remembers now that painful time when she fell from her bicycle when she was cleven, and had to lie in bed for weeks with her broken leg propped up in a queer

TEA served The Palette 3to 5.30 p.m. Luncheon andleaRoom 116 S. 18th DINNER 6 to 7.30 p.m.

like the money in fairy tales, and turn into burning coals every time she touch-es it!

Won First Case

Signora Elisa Orsi Comani has the honor to be the first woman in the history of Italy to plead a case before a court of that country. Signora Comani won her case, which was in defense of a soldier, and the decision was cheered by all assembled in the courtroom.

The Gift That Says the Most, Means the Most and Wears the The New Edison

Call, phone or write, or, better yet, stop in our at-tractive salesroom this evening, but do not delay. W. C. STIVER CO

SALESROOMS FOR THE 64 W. Chelten Ave. OPEN EVENINGS

Late U. S. Naval Commissary School Domestic Science Sum. School University of Virginia
Phone Soruce 753 Registration now open; classes start Jan

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Imperfect circulation is the cause of most bodily ills. Massage is the best-known

The New-Life Vibrator

applies the Massaging in the most scientific manner. Gives both the rubbing and percussion strokes so necessary to success. Let this gift restore some friend to health.

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Victor Tastes Different Because It Is Different

any other Bread Baked

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Modern Bread Baking Skill

The Product of Our Own Ovens-Three of the Most Modern Bakeries in America. Sold Only in Our Own Stores and Meat Markets

A Loaf without competition either in point of Quality or Value

Victor Pan Victor Hearth Victor Rye



Victor Raisin Bread, loaf 10c (Baked with Luscious Raisins)

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