SOME RECIPES-GREEN-AND-SILVER GOWN-ADVENTURES WITH A PURSE-TALKATIVE SHOPPER

MRS. WILSON GIVES SOLUTION
OF A NUMBER OF PROBLEMS Pea and Bean Soup Made With Water in Which Ham IV as Boiled Is ${ }^{\text {D }}$.
licious and Economic

The Woman's
Exchange

apenut Pudding Is Un. usual and Makes Good Dessert: Recipe for Fried
Spanish Onions

Mrs. Wilson Answers Queries


Adventures With a Purse

Please Tell Me What to Do By oxntua

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THE SHOPPER WHO TELLS THE 'WHY' OF EACH PURCHASE
Has a Remarkable Faculty of Reaching the Center of a Counter That Is Lined Three Deep With Struggling Crowds


REOPENING MARY A. WILSON COOKING SCHOOL LATE INSTRUCTOR UU. S. Naval Commissary School Domestic Science, University of Virginia CLASS AND PRIVATE INSTRUCTION SCHOOL REOPENS FOR CLASS WORK JAN. 5, 1920 MARY A. WILSON COOKING SCHOOL



I
MILK will help your child gain in weight A child who does not add to his weigh every few months is being robbed of his birthright. For underweight surely means under
ourishment.
Never think that thinness is more or less natural- that the child will grow out of it, fo


Help your child gain
steadily in weight-include steadily in weight-include
at least a pint of fresh
MILK daily in the diet for a MILK daily in the diet for a month. Then take his up children. Prove for yourself that milk does contain food elements that are absolutely essential to health, and that help to ward of

## Supplee.Wills-Jones

Fresh Milk-Vital Food for Children

