MRS. WILSON ADVISES HOME-MADE SWEETS

Gingerbread With Banana or Cocoa Filling Will Take the Place of Candy With Any Child

Cookies Are Easy to Make. Last a Long Time and Taste Delicious to the Hungry Youngster

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DOCTOR Eric Pritchard, in the

Practitioner, a publication of London. England, suggests that the lavish use of sugar, either in foods or candies, makes folk subject to many infectious. This fact is of vital importance to every mother. Overcating of starchy and sugar foods will invariably cause many digestive disturbances. Teach children to eat the plain, substantial, health-producing foods of long ago.

Hastily cooked foods are poorly cooked foods, not only for the child, but for the adult also. Only a short time ago I questioned a woman as to her reason for slicing potatoes so thin before cooking them. She replied that she couldn't see the use of spending such a long time in cooking a whole potato, when if they were cut thin they could be done in half the time.

This woman never knew that she lost much of the food value of the potato by this method. To cook potatoes successfully either pare them very thin, for the real mineral matter lies very close to the skin, or boil them in the jacket. Place them in a saucepan, cover well with boiling water and cook until tender. Drain, cover with a clean towel or a piece of cheesecloth and let steam for ten minutes. Lift to a bot platter, cover with a napkin and serve.

Make the old-fashioned desserts and

Make the old-fashioned desserts and let the children have plenty of them. The habit of giving them a few pennies, a nickel or a dime to satisfy the craving for sweets is little short of criminal. Rather let us be of the type of eld-fashioned mother who proudly asserts that her children enjoy the homemade sweets better than those bought outside.

outside.

In a large national institution the article of commerce or the coin of the institution is gingerbread. All the "regular guys" are proud of the fact that they transact their important business with this coin.

Think this over, ye Modern Mother. Institutional boys love real gingerbread and they value a slice three inches aguare equal to twenty-five cents. Then get out your mixing bowl and make enough gingerbread to last a healthy lot of youngsters for a week. If you have three children, use this recipe:

Place in a mixing bowl
Two cups of dark sirup.
One-half cup of shortening.
One tablespoon of cinnamon.
One teaspoon of ginger.
One teaspoon of cloves.
One-half teaspoon of allspice.

Ask Mrs. Wilson

If you have any cookery prob-lems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given.
Address questions to Mrs. M. A.
Wilson, Evening Public Ledger,
Philadelphia.

Four tablespoons of cocoo.
One-half teaspoon of bakina soda.
Stir to mix thoroughly and then add
One and one-half cups of milk or

Five cups of flour.
Three Livel tablespoons of baking

By MRS. M. A. WILSON

wight, 1979, by Mrs. M. A. Wilson. All large well greased and floured baking pan. Bake in a moderate oven for forty-five minutes. Cool. This bread is most delicious, if split and spread with any of the following fillings. Use any jelly or jam, marshmallow whip or split into layers and use 3e olde type banana or other cream filling.

Banana Cream

Place in a saucepan Three-quarters cup of sirup One cup of milk.
One-half cup of water.
One-half cup of cornstarch.
Three crushed bananas.

Stir to dissolve thoroughly then bring beil and cook slowly for five min-Cool and then use for a filling. RIBBONS GIVE THIS

Coroa Filling The one half bup of cocoa in place of

Cocoanut Filling

Use one cup of shredded cocoanut in place of the bananas.

Finely chopped peanuts or other nuts may also be used.

Cookies

Place in a mixing bow! One cup of sirup, One-half cup of shortening. One-quarter cup of water. Two tablespoons of cocoa. One tablespoon of cinnamon.

One teaspoon of ginger, One-half teaspoon of allspice. Two teaspoons of baking powder. Two and one-half to three cups of

flour.

Work to a smooth dough. Now grease the hands well, form the dough into balls the size of a small walnut and then flatten until thin between the palms of the hand. Place on a baking sheet of the flour sight minutes in a hot and bake for eight minutes in a hot

Place in a mixing bowl One cup of sirup, One-half cup of shortening. One cup of finely chopped nuts.

One cup of finely chopped nuts.
One-half cup of milk or water.
One teaspoon of nutmen,
Two teaspoons of baking powder.
Four to fice cups of flour.
Form to a stiff dough and then knead well. Form into balls the size of a small walnut and press very flat between the palms of the hands. Brush with sirup and dip in finely ground nuts. Bake for twelve minutes in a moderate oven.

moderate oven.
Greasing the palms of the hands well with salad or corn oil and then using a spatula to lift from the hand to the pan will make for quick and easy work.

Mrs. Wilson Answers Queries

My dear Mrs. Wilson:
Kindly let me know through your
columns how to make lemon and
chocolate lellypops, for I don't like
to give my children the bought ones.
MRS. L. M.

My dear Mrs. Wilson:

I was told that you would probably be able to tell me of some way to use barberies, and as I have some, would like to make use of them and would highly appreciate it if you could allekten me.

MISS J. B. enlighten me. MISS Use them for making candles.

My dear Mrs. Wilson:

I have been glad to read your instructions telling just how to do certain things. Now will you tell just how to use egg and bread crumbs for average counters, etc., so as not for oysters, croquettes, etc., so as not to waste either? When the price of eggs is almost prohibitive, is there any substitute for them in preparing

food for deep frying?

In many cases the directions say, rub the fruit or vegetable through a sieve. What kind of a sieve? At home we had a hair sieve and a wire one, each with a wooden rim, but it never seemed possible to ret it perone, each with a wooden rim, but it never seemed possible to get it perfectly clean around the edge. What does one rub the vegetables or fruit with? I try to use an aluminum colander, but it is an almost endless task and waste half the material. It seems as though there should be some kind of revolving utensil, working like a flour sifter or meat chopper for sifting. What make of food chopper really does chep instead of grinding?

Die the eysters, cronnettes, etc., in

Dip the oysters, croqueties, etc., in flour first and then in egg and crumbs. Hee a wire strainer, usually a spoon, to work food through. See strainers in the housefurnishing departments of the large stores. All makes are advertised to rut or chop the food. Do not overload, only put a small amount in the chopper at one time.

No. 16 No. 10
My dear Mrs. Wilson:
I made grape jelly from underring grapes and it would not jell. It is very soft and tastes more like monasses and grapes. I cooked it over but it seems worse than before. Is there anything that can be done with it, as I have thirty-five glasses and we cannot eat it as it is? Thanking you in advance.

MRS. F. H. R. Place three quarts of sliced tart ap-lex do not remove the skins or cores-in the preserving kettle and add one ozen glasses of jelly. Bring to a beil ad simmer slowly until apples are soft. Strain and then fill into the glasses, store in the usual manner for jellies.



on. And herein lies the magic hold there appears before delighted eyes "nanimal." It may be a fierce lion. lumbering old elephant, or a shaggy bear, for each page conceals a differ-

four inches in length. The price of the set, which would be very attractive on the dresser, is \$1.

A small pocket flashlight has any number of uses. It's nice to slip under the pillow at night, and—well, there's no need for telling you the many ways in which you can use a flashlight. It's much more to the point to tell you about a flashlight-you can buy for thirty cents. The price puts it in reach of every one. And I know that they are dependable, for I have used one.

For names of shops address Woman's

Adventures

all. Complete with the crayon, the book the ribbon is used, but with very good A most unusual vanity set is made of the entire frock, giving it design and of ribbon, and although quite difficult to adding length that is usually desired by describe, is most enchanting. It is the short woman or the woman who made of ribbon, and consists of a mir- is too rotund. For the eye, in looking ror and a powder puff-two pieces. The at this dress, follows one line of riblittle round mirror-pocketbook size-is bon from the shoulder to a point belittle round mirror—pocketbook size—is backed with satin ribbon, and has a straight little handle also bound in ribbon. And the powder puff, of soft lamb's wool, is just as large around as the mirror, and is also backed with ribbon, and has a convenient handle. Both the same size measuring perhaps it is feature to the frock.

lins System.

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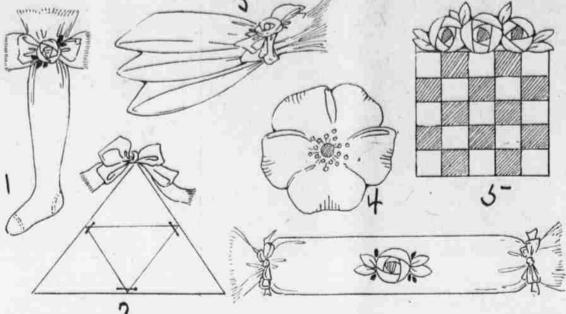
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EASILY MADE CHRISTMAS GIFTS

Each one of these attractive sachet bags is made of small pieces of ribbon. Lett-overs from sashes or dress trimmings or remnants bought at ribbon counters can be transformed with ease into dainty gifts that would please the most fastidious. The first one is a stocking filled with sachet. Four triangular bags fastened to gether with gold safety pins make the second. The third combines several different colors of the same width ribbon. The fourth is a wild rose, not hard to make and lovely to see. The fifth is the interlaced narrow ribbon making the popular lattice work, and the sixth is to lay in your slove box

ALL OF ITS CHARM

"CINDERELLA'S DAUGHTER"



in this dainty frock are made of ribbon, reaching straight from the shoulders to a point below the bot-tom of the tulle skirt. If your tulle buy a few yards of ribbon, drape it becomingly, and you have a dress that looks as if it came straight from Paris

Daily Fashion Talk, by Florence Rose

In today's sketch I am showing you a frock where only comparatively liteffect. It comprises the decorative note tive feature to the frock.

Tired minds and fatigued bodies respond instantly to the gentle, stimulating and healthfully revivifying Col-

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By HAZEL DEVO BATCHELOR

West enters boarding

had arrived that afternoon, Kathleen, who somehow always managed to discover things without the help of any one had heard that the Wests had money. She had seen the large touring car drive away and had determined while she was described to cultivate the new girl.

light brown hair, which she were drawn away from her face and coiled in a seeing the brave effort, turned to her soft knot behind, curled around her face,

seeing the braye effort, turned to her soft knot behind, curled around her face, and her smile, that beautiful smile with so little mirth behind it, was dazzling, It showed her strong white teeth and broke up into little dimples under hereyes and at the corners of her mouth. Kathleen took Virginia immediately under her wing. She arranged to sit next to her at the table, and she kept every one talking so generally that at the end of the meal Virginia had lost nearly all of her first shyness. Afterward, Kathleen stole into Virginia's room and sat on the bed talking white Virginia undressed. Virginia had a small room to herself at the end of the corridor and the two girls were alone. Kathleen watched the younger girl brush out her short, very dark hair. It stood out all around her face and gave her an elfish expression. Kathleen dark eyes were beautiful, and all she needed was more assurance to bring her out. There wasn't a girl in Palmertown school who did not accept Virginia fafter this. They followed in Kathleen's footsteps and Virginia was "rushed" for the strongest sorority there. Every one knew that she would go into this sorority to be with Kathleen, and she did, but it was on the night of the inlitiation that she first saw Kathleen in a new light. For one thing, Kathleen in the mind just the some.

Table Etiquette To the tech and fork when the without atting for Virginia any feeling gainst us. are you? "She exclaimed. And then without withing for virginia any feeling gainst us. are you?" she exclaimed. And then without atting for Virginia to the girls to the mind to the first shund to the firm the first shund. The mean the girls the first shund to the f

initiation that she first saw Kathleen in a new light. For one thing, Kathleen made no exception of Virginia in the treatment accorded the freshmen during

Virginia West enters boarding school against her will, and is snubbed by her schoolmates.

JUST after Virginia and her mother had become temporarily obsessed with the one idea of putting Virginia through the third degree. She showed no mercy, and a thousand little humiliations were devised for Virginia mainly because she was somehow always managed to discovered and always always and always always and always always and always always and always and always and always and always and always and was game and showed no disposition to cringe and be afraid.

dressing to cultivate the new girl Kathleen had always had plenty of money herself, but she nevertheless liken others to have it. When she saw Virture of the knowledge that the same of the dignities and the knowledge that between

Virginia tried to smile and Kathleen,

(Tomorrow-The Case of Edna

The Woman's Exchange

Dear Madam—Kindly print in your paper proper wearing apparel for lady and gentleman to be worn at an evening wedding and reception at hotel.

A. B. M. Formal evening dress is correct for both the man and the woman at an

You can get books of this kind at the Public Library at Thirteenth and Lo-cust streets, if you have a card there, or you can buy them at any of the book departments of the large department

How to Clean Spats

Dear Madam-Will you kindly tell me how to wash or clean a pair of fawn-colored spats without injuring them? Also whether a dark brown georgette waist could be dyed dark blue-DAILY READER.

Washing spats is a very difficult matter, and unless you have had experience in cleaning such things yourself, it would be more sensible to send them to a cleaner. Gasoline will clean them or rubbing with carbon tetrachloride which can be become or rubbing with carbon tetrachloride, which can be bought at the drug store, would be safer, as gasoline is inflam-

To Wash Angora

to cringe and be afraid.

After it was all over, Kathleen came up to Virginia in her old impetuous way, just as though nothing had happened, and Virginia shrank a little. Her spirit was still sore at some of the things she had suffered, small insupervisit strength of the Editor of Woman's Page:

Dear Madam—Will you please let me know how to wash and dry an angora than? I don't want to have it dryclened. Thanking you. R. R. F. Wash the tam in lukewarm soapsuds, supervising it not subject to the Editor of Woman's Page:

Dear Madam—Will you please let me know how to wash and dry an angora wash to the Editor of Woman's Page:

Dear Madam—Will you please let me know how to wash and dry an angora wash to have it dryclened. Thanking you. others to have it. When she saw Virginia anchored to Miss Patten, she drew away from the dark girl who held berby the arm and hurried across to Virginia.

Virginia never forget the impression she had of Kathleen crossing the floor toward her. Kathleen were a white flannel suit with a huge black tie. Her light brown hair, which she were drawn.

Things she had suffered, small indignative, and the knowledge that Kathleen or between the hands. Rinse it in cold water and hang it to dry in a bag so treat them impression was somehow impossible for them. It was somehow impossible for Virginia to treat them impression was somehow impossible for them. It was for between the hands. Rinse it in cold water and hang it to dry in a bag so treat them impression was somehow impossible for them. It was somehow impossible for the

Table Etiquette

To the Editor of Woman's Page: Kindly tell me what is the correct

WHY IS TRUE FRIENDSHIP SO SELDOM FOUND IN GIRLS?

It Is Unnecessary to Show How Much You Love a Girl or How Well She Takes Your Criticism in Order to Prove This

paper proper wearing apparel for lady and gentleman to be worn at an evening wedding and reception at hotel.

Formal evening dress is correct for both the man and the woman at an evening wedding at a hotel. The woman should wear a low-neck gown with short sleeves, silk stockings and evening slippers, and no hat. The man should wear a dress suit pumps, silk stockings, white vest, white bow tick and a stiff shirt.

Books of Toasts

To the Editor of Woman's Page:

Dear Madam—I am writing to you again for advice. As I am invited to a party I would like to have your help. Can you please inform me as to where I can buy a book of declamations and also a book of toasts.

A READER.

Years we keeks this kind at the least the standard paper in the real when they are together they are together they.

WHY is it that girls so seldom have the real wholesome, give and take the real wholesome, give and take that we have and take with a bit of new trimming—the other stands her up and looks her over. "It's stunning," she announces reluctantly that the least suggestion of criticism on the part of their friends? I know of just two girls who have the real Friendship with a capital "F". They are not forever hanging around ach other's necks to show how loving they are, and they never make unkind remarks to each other to show how far they can go without starting a quarrel. That is simply understood between them. When they are together they

That is simply understood between them. When they are together they wear an expression of perfect content. They are serenely certain that if one of them says something she is in no danger of hurting the other's feelings.

One of them invited a few girls to the house for tea not long ago. "I call it 'tea,'" she explained to one of her guests, "but there really is no teal because we can't use any of our precious sugar to sweeten it."

"Well, I'm sure that we would all much prefer whatever you're having," replied her guest, conscientiously trying to say the right thing.

"Not I,' broke in the Girl Who Understood. "I'm just crazy for tea, but I suppose I'll have to be satisfied with this!" and she stopped to laugh at the shocked expression of the other guest. But the hostess was not worried. She understood, She knew that her friend's feeling for her was not influenced by what she gave her for tea.

Thought was expected of her, she would have paid no further attention to the matter.

It isn't saying what you think people wanter.

It isn't saying what you then saying it hon-dendership. It's thinking what you feel and then saying it bon-dendership. It's thinking what you deal fine like yo



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On. And herein hes the magic very carefully little hands rub the crayon back and forth over the page. And heent animal. There are twenty-four in

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